



This workshop is for Parents/Guardians of those swimmers competing at County Championships for the first time (primarily aged 10/11 years old).

For further information please contact:

Lesley Capstick

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or

Graham Pearson

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Key Themes:

- Understanding the Competitive Swimming Pathway
- Supporting the Developing Young Swimmer



This workshop will take approximately 60 minutes, and will allow parents to ask questions to the County Head Coach, Graham Pearson.