**SWIMMING COMMITTEE MEETING HELD AT PENRITH LEISURE CENTRE ON SATURDAY 23rd JULY 2016 at 11.00am**

**PRESENT –** Martin Tickner, Keith Chisholm, Mark Ralph, Paul Messenger, Graham Pearson

This meeting was arranged to discuss and finalise details for the 2017 Age Groups and County Championships.

Keith gave a brief overview of the 2016 competition which involved 17 ½ of pool time equating to 16 hours swimming and 1 ½ hours of presentations an average of 2 ¼ hours per session. By using an 8 lane pool in 2017, swimming would take 12 hours plus presentations.

It was agreed to have only County Finals.

A lot of work had been carried out prior to the meeting and Graham produced a table with qualifying times equivalent to the 800th time in the national rankings which would allow an increased entry but retaining the quality of swimmers necessary for a Level 2 competition.

It was agreed to use the 800th time in the rankings for 10 year olds across every event.

It was agreed to move the qualifying times used in 2016 up by an age group for 11 and over age groups across every event.

Dates were confirmed as Saturday 14th January 2017 at Workington, Saturday 28th January and Sunday 29th January 2017 at Workington.

SATURDAY 14th JANUARY

Session 1 - Heats

B 50m Fly, G 100m Back, B 100m Free, G 200m Breast, B 200m IM

Finals

G 10-12 Medley Relay, B 10-12 Medley Relay, B 13-14 Medley Relay, G 13-14 Medley Relay

B 50m Fly, G 100m Back, B 100m Free, G 200m Breast, B 200m IM

Session 2 - HDW

G 800m Free (HDW), B 1500m Free (HDW)

Session 3 - Heats

G 50m Fly, B 100m Back, G 100m Free, B 200m Breast, G 200m IM

Finals

B 10-12 Free Relay, G 10-12 Relay, G 13-14 Free Relay, B 13-14 Free Relay

G 50m Fly, B 100m Back, G 100m Free, B 200m Breast, G 200m IM

SATURDAY 28th JANUARY

Session 4 - Heats

G 100m IM, B 50m Back, G 200m Fly, B 100m Breast, G 50m Free, B 400m Free (HDW)

Finals

Junior Womens Medley Relay, Junior Mens Medley

G 100m IM, B 50m Back, G 200m Fly, B 100m Breast, G 50m Free

Session 5 - Heats

B 100m IM, G 50m Back, B 200m Fly, G 100m Breast, B 50m Free, G 400m Free (HDW)

Finals

Junior Mens Free Relay, Junior Womens Free Relay

B 100m IM, G 50m Back, B 200m Fly, G 100m Breast, B 50m Free

SUNDAY 29th JANUARY

Session 6 - Heats

G 200m Free, B 200m Back, G 50m Breast, B 100m Fly, G 400m IM (HDW)

Finals

Open Mens Medley Relay, Open Womens Medley Relay

B 200m Back, G 50m Breast, B 100m Fly, G 200m Free

Session 7 - Heats

B 200m Free, G 200m Back, B 50m Breast, G 100m Fly, B 400m IM (HDW)

Finals

Open Womens Free Relay, Open Mens Free Relay

G 200m Back, B 50m Breast, G 100m Fly, B 200m Free

It was agreed that 4 coaches’ passes will be issued to each club for each session. Mark Ralph will organise lanyards and passes.

Amendments were also made to the promoters conditions and Appendix C of the rules which will be published in due course.

Meeting Closed at 15.20pm