

2009 Cumbria Autumn Graded Series



Session - 3

EVENT 17 Girls 09 Yrs/Over 200m Breaststroke

09 Yrs Age Group

Place	Name	Club	Time		50	100	150
	Laura Davison	9 Co Carlisle	3:54.82	Speeding Ticket	56.01	1:56.49	2:56.18
1	Rebecca Fell	9 Ulverston	4:01.15		54.53	1:55.98	2:59.94
2	Georgia Easdon	9 Carlisle WP	4:07.85		57.16	1:59.52	3:04.06
3	Victoria Swan	9 Ulverston	4:10.94		57.33	2:03.50	3:08.67
4	Sophie Dodd	9 Co Carlisle	4:15.13		57.52	2:04.90	3:09.13
5	Charlotte Stamper	9 Copeland	4:15.38		59.26	2:04.75	3:10.90
6	Katie Richardson	9 Troutbeck Br	4:20.53		1:01.88	2:09.03	3:17.50
7	Zara McKie	9 Lancaster	4:20.93		59.22	2:07.21	3:15.00
8	Emily Reay	9 Kendal	4:24.02		1:00.22	2:10.48	3:18.12
9	Imogen Burrow	9 Kendal	4:27.22		1:03.03	2:12.38	3:22.82
	Lauren Domville	9 Kendal	DQ T-6L				

10 Yrs Age Group

Place	Name	Club	Time		50	100	150
	Phoebe Wilson	10 Co Carlisle	3:30.76	Speeding Ticket	50.90	1:44.19	2:39.46
	Zara McKnight	10 Co Carlisle	3:38.89	Speeding Ticket	51.25	1:47.64	2:45.79
	Rebecca McMinn	10 Workington	3:39.05	Speeding Ticket	50.8	1:47.42	2:45.74
1	Amber Patterson	10 Co Carlisle	3:47.11		52.23	1:52.02	2:50.74
2	Chloe Carr	10 Copeland	3:48.19		54.41	1:53.57	2:53.09
3	Isabel Postlethwaite	10 Copeland	3:49.03		52.70	1:52.10	2:51.58
4	Rhiannon Ellis	10 Barrow	3:51.67		53.11	1:52.17	2:52.70
5	Sophie Little	10 Workington	3:52.51		53.64	1:52.39	2:53.88
6	Sarah Lightowler	10 Carlisle WP	3:54.89		53.00	1:53.25	2:54.89
7	Annalise Younghusband	10 Cockermouth	4:04.80		55.65	1:57.91	3:00.70
8	Rebecca Semple	10 Cockermouth	4:25.01		1:01.55	2:07.90	3:16.58
9	Lauren Coulson	10 Cockermouth	4:25.11		59.54	2:06.70	3:16.82
	Amy Dalzell	10 Kendal	DNC				

11 Yrs Age Group

Place	Name	Club	Time		50	100	150
	Grace Farr	11 Crewe Flyers	3:21.50	Speeding Ticket	44.74	1:34.94	2:28.50
1	Chelsea Atkinson	11 Cockermouth	3:37.34		51.70	1:47.25	2:42.97
2	Rebecca Clark	11 Cockermouth	3:38.12		48.27	1:43.99	2:41.38
3	Larissa Watson	11 Workington	3:43.99		51.09	1:48.10	2:47.41
4	Jordan Brooks	11 Barrow	3:54.57		53.87	1:54.43	2:57.04
5	Aisling McCracken	11 Barrow	3:57.76		54.79	1:55.68	2:58.63
6	Caitlin Wren	11 Barrow	4:03.15		53.25	1:56.02	3:00.37

12 Yrs Age Group

Place	Name	Club	Time		50	100	150
1	Lucinda Macmillan	12 Carlisle WP	3:26.25		46.23	1:39.13	2:33.96
2	Ellen Jones	12 Penrith	3:26.52		47.28	1:39.34	2:34.60
3	Lauren Graham	12 Copeland	3:30.00		46.47	1:39.11	2:35.12
4	Rebecca Lightowler	12 Carlisle WP	3:30.85		48.48	1:43.59	2:38.68
5	Hannah Carroll	12 Blackpool	3:33.16		47.80	1:43.88	2:41.07
6	Lois Jefferson	12 Barrow	3:36.79		50.81	1:46.74	2:42.93

13 Yrs Age Group

Place	Name	Club	Time		50	100	150
1	Victoria Edgar	13 Barrow	3:17.69		46.59	1:37.15	2:27.12
2	Lauren Watson	13 Co Carlisle	3:18.95		47.83	1:38.32	2:29.29
3	Justine Marshall	13 Kendal	3:24.76		46.41	1:38.69	2:32.15
4	Laura Garrick	13 Troutbeck Br	3:31.97		47.84	1:41.72	2:38.81
	Rosie Russell-Cohen	13 Troutbeck Br	DQ ST-				

14 Yrs/Over Age Group

Place	Name	Club	Time		50	100	150
	Anna Broadbent	14 Cockermouth	2:58.14	Speeding Ticket	41.68	1:27.04	2:13.09
1	Rebecca Bailey	14 Cockermouth	3:05.46		41.85	1:28.89	2:17.63
2	Laura Potts	15 Co Carlisle	3:09.33		42.14	1:30.97	2:20.59
3	Lauren Munro-Bennett	14 Troutbeck Br	3:10.88		43.40	1:32.50	2:23.40
4	Shannon Mossop	14 Copeland	3:11.71		43.33	1:31.81	2:21.91
5	Vicky Little	14 Carlisle WP	3:23.85		46.91	1:39.44	2:32.68
6	Emma Studholme	15 Carlisle WP	3:24.52		44.45	1:35.85	2:31.04

EVENT 18 Boys 09 Yrs/Over 100m IM

09 Yrs Age Group

Place	Name	Club	Time		50
	Robert McSkeane	9 Co Carlisle	1:37.75	Speeding Ticket	44.67
	Daniel Cooper	9 Workington	1:38.55	Speeding Ticket	47.33
	Ben Gilmore	9 Workington	1:38.95	Speeding Ticket	47.66
1	Connor Joyce	9 Workington	1:41.45		46.88
2	Nathan Watson	9 Workington	1:41.93		46.15
3	Adam Leech	9 Lancaster	1:43.12		48.38
4	Mason Minnican	9 Barrow	1:45.84		50.16
5	Thomas McNeil	9 Carlisle WP	1:50.69		55.28
	Josh Millburn	9 Workington	DQ SA-1L		
	Samuel Wicks	9 Ulverston	DQ T-2L		

10 Yrs Age Group

Place	Name	Club	Time		50
	Morgan Cookman	10 Copeland	1:27.88	Speeding Ticket	39.95
1	Jack Phillips	10 Co Carlisle	1:34.26		44.78
2	Daniel Armstrong	10 Kendal	1:34.42		43.89
3	Jordan Cooley	10 Cockermouth	1:35.44		43.75
4	Gregor Rothwell	10 Kendal	1:35.90		44.87
5	Campbell McNaughton	10 Co Carlisle	1:37.66		43.89
6	Keiran Watson	10 Cockermouth	1:37.77		46.20
7	Christopher Elliot	10 Cockermouth	1:39.58		48.93
8	Michael Lewis Horrax	10 Troutbeck Br	1:40.31		46.43
	Jake Fabi	10 Penrith	DQ T-2L		

11 Yrs Age Group

Place	Name	Club	Time		50
	Andrew Mullins	11 Co Carlisle	1:22.94	Speeding Ticket	36.87
1	Thom Noonan	11 Cockermouth	1:27.48		42.21
2	William Adams	11 Barrow	1:27.63		41.52
3	Daniel Ryan	11 Co Carlisle	1:28.86		43.29
4	Toby Gibson	11 Co Carlisle	1:29.46		39.64
5	Max Graham	11 Co Carlisle	1:29.81		42.13
6	Benjamin Cornwall	11 Co Carlisle	1:30.24		42.10
7	Matthew Swan	11 Ulverston	1:30.37		41.50
8	Josh Russell	11 Co Carlisle	1:32.43		44.41
9	Liam Studholme	11 Carlisle WP	1:32.64		44.32
10	Jack Earl	11 Workington	1:32.68		44.6

12 Yrs Age Group

Place	Name	Club	Time	50
1	Ben Carhart	12 Copeland	1:25.33	39.58
2	Christian Balmer	12 Cocker-mouth	1:27.17	42.40
3	Michael Studholme	12 Carlisle WP	1:27.27	40.55
4	Robbie Harris	12 Carlisle WP	1:27.85	40.37
5	Jamie Edmondson	12 Workington	1:29.47	42.84
6	Jamie Briggs	12 Barrow	1:30.63	40.64
7	Benjamin Farnworth	12 Workington	1:30.70	44.78
8	Tom Robinson	12 Copeland	1:34.29	43.2

13 Yrs Age Group

Place	Name	Club	Time	50
1	Kieran Harrison	13 Carlisle WP	1:18.55	38.79
2	Paul Baldueza	13 Copeland	1:19.00	38.07
3	Michael James Cheetham	13 Ulverston	1:19.13	36.04
4	Andrew McAlinden	13 Barrow	1:25.12	39.36
5	Max Edgecombe	13 Troutbeck Br	1:28.35	40.06
	Alistair Campbell	13 Co Carlisle	DQ ST-	

14 Yrs/Over Age Group

Place	Name	Club	Time	50
1	Alexander Rose	15 Carlisle WP	1:08.13	31.67
2	Ben Clarke	15 Kendal	1:08.41	32.21
3	David Elliot	15 Cocker-mouth	1:10.23	32.49
4	Anthony Ryan	14 Co Carlisle	1:10.51	31.90
5	Ben Davis	18 Troutbeck Br	1:10.93	32.23
6	Jack Glenholmes	15 Carlisle WP	1:11.04	33.60
7	Sam Fleet	17 Workington	1:11.26	31.87
8	Haydn Birkett	14 Copeland	1:11.49	33.02
9	Jason Bell	15 Carlisle WP	1:12.81	34.18
10	Ryan Wilkie	15 Carlisle WP	1:13.50	34.06
11	Oliver McMurdo	14 Blackpool	1:14.23	35.53
12	Cameron Jeal	14 Penrith	1:15.63	34.60
13	Callum Bond	14 Ulverston	1:20.00	36.22

EVENT 19 Girls 11 Yrs/Over 100m Backstroke

11 Yrs Age Group

Place	Name	Club	Time	50
1	Grace Farr	11 Crewe Flyers	1:25.11	41.71
2	Rebecca Titterington	11 Penrith	1:26.68	42.55
3	Stephanie Booth	11 Troutbeck Br	1:26.88	41.35
4	Connie Bowman	11 Co Carlisle	1:30.37	42.66
5	Aisling McCracken	11 Barrow	1:30.75	43.83
6	Chelsea Atkinson	11 Cockermonth	1:31.45	43.78
7	Jordan Brooks	11 Barrow	1:35.91	47.12
8	Elizabeth Perkins	11 Kendal	1:37.14	46.30
9	Lucy Gregory	11 Barrow	1:38.59	46.47
	Natasha Hall	11 Carlisle WP	DQ T-3L	

12 Yrs Age Group

Place	Name	Club	Time	50
1	Emily Wild	12 Troutbeck Br	1:22.13	40.07
2	Lucy Mather	12 Penrith	1:24.26	41.08
3	Courtney Watson	12 Cockermonth	1:24.55	41.54
4	Bryony Whitehead	12 Carlisle WP	1:28.12	43.00
5	Hannah Carroll	12 Blackpool	1:28.64	43.61
6	Rebecca Lightowler	12 Carlisle WP	1:29.53	44.25
7	Lucinda Macmillan	12 Carlisle WP	1:29.66	43.06
8	Lauren Graham	12 Copeland	1:32.06	43.08
9	Bethany Clark	12 Co Carlisle	1:32.62	51.69

13 Yrs Age Group

Place	Name	Club	Time	50
1	Justine Marshall	13 Kendal	1:16.96	36.83
2	Rebekah Booth	13 Troutbeck Br	1:25.47	42.12
3	Aimee Mann	13 Barrow	1:25.94	41.48
4	Lauren Watson	13 Co Carlisle	1:26.13	42.13
5	Josephine Horner	13 Copeland	1:26.21	42.69

14 Yrs/Over Age Group

Place	Name	Club	Time	50
1	Bethany Titterington	14 Penrith	1:14.64	35.26
2	Chloe Ashe	14 Blackpool	1:15.31	36.33
3	Kirkby Kavanagh	14 Barrow	1:16.01	36.76
4	Courtney Mossop	17 Copeland	1:16.85	37.34
5	Rebecca Bailey	14 Cockermonth	1:18.10	37.67
6	Michela Kellet	14 Cockermonth	1:19.49	38.48
7	Emma Studholme	15 Carlisle WP	1:19.79	38.98
8	Alexandra Armstrong	15 Carlisle WP	1:20.91	38.92
9	Lauren Munro-Bennett	14 Troutbeck Br	1:21.40	39.11
10	Shannon Mossop	14 Copeland	1:27.27	42.79
	Charlotte Horner	15 Copeland	DQ ST-	

EVENT 20 Boys 10 Yrs/Over 400m Freestyle

10 Yrs Age Group

Place	Name	Club	Time	Speeding Ticket
	Joseph Sharpe	10 Barrow	5:52.75	Speeding Ticket
		50m 39.65	100m 1:24.62	150m 2:10.24
1	Morgan Cookman	10 Copeland	6:07.50	200m 2:55.52
		50m 41.91	100m 1:28.65	150m 2:15.14
2	Jack Phillips	10 Co Carlisle	6:20.86	200m 3:03.21
		50m 41.86	100m 1:29.43	150m 2:18.89
3	Jordan Cooley	10 Cockermonth	6:28.24	250m 3:50.80
		50m 42.87	100m 1:32.53	150m 2:22.79
4	Daniel Armstrong	10 Kendal	6:36.44	300m 4:46.63
		50m 44.03	100m 1:33.99	150m 2:23.60
5	Jake Stockdale	10 Barrow	6:46.67	350m 5:35.17
		50m 46.18	100m 1:37.86	150m 2:30.79
6	Adam Ellis	10 Barrow	6:47.40	400m 6:20.86
		50m 45.54	100m 1:37.95	150m 2:29.89
	Alistair Jeal	10 Penrith	DNF	200m 3:14.64
				250m 4:06.38
				300m 4:58.86
				350m 5:50.39
				400m 6:36.44
				400m 6:46.67
				400m 6:47.40

11 Yrs Age Group

Place	Name	Club	Time											
	Thomas Millburn	11 Workington	4:58.27 Speeding Ticket											
		50m 32.55	100m 1:10.09	150m 1:47.96	200m 2:26.36	250m 3:04.14	300m 3:42.72	350m 4:21.41	400m 4:58.27					
	Andrew Mullins	11 Co Carlisle	5:21.54 Speeding Ticket											
		50m 36.27	100m 1:18.51	150m 2:00.16	200m 2:42.17	250m 3:23.82	300m 4:04.69	350m 4:44.95	400m 5:21.54					
	Matthew Ivison	11 Workington	5:23.47 Speeding Ticket											
		50m 35.97	100m 1:17.08	150m 1:59.37	200m 2:40.95	250m 3:22.15	300m 4:03.36	350m 4:44.42	400m 5:23.47					
1	Daniel Ryan	11 Co Carlisle	5:43.04											
		50m 40.60	100m 1:24.10	150m 2:08.31	200m 2:52.32	250m 3:35.37	300m 4:18.74	350m 5:02.70	400m 5:43.04					
2	Edward Baxter	11 Cockermouth	5:44.80											
		50m 39.05	100m 1:23.55	150m 2:07.86	200m 2:52.57	250m 3:36.70	300m 4:21.67	350m 5:05.50	400m 5:44.80					
3	Nicholas Carlton	11 Troutbeck Br	5:48.92											
		50m 38.89	100m 1:23.21	150m 2:07.77	200m 2:52.24	250m 3:37.59	300m 4:21.24	350m 5:06.16	400m 5:48.92					
4	Toby Gibson	11 Co Carlisle	6:04.87											
		50m 38.36	100m 1:22.41	150m 2:09.80	200m 2:56.67	250m 3:43.72	300m 4:31.05	350m 5:19.93	400m 6:04.87					
5	Benjamin Cornwall	11 Co Carlisle	6:08.87											
		50m 40.68	100m 1:27.87	150m 2:14.97	200m 3:02.53	250m 3:49.66	300m 4:37.40	350m 5:25.07	400m 6:08.87					
6	Josh Russell	11 Co Carlisle	6:21.61											
		50m 45.44	100m 1:34.38	150m 2:23.37	200m 3:10.75	250m 3:59.03	300m 4:47.85	350m 5:35.58	400m 6:21.61					
7	Liam Studholme	11 Carlisle WP	6:29.36											
		50m 44.54	100m 1:35.20	150m 2:25.37	200m 3:16.57	250m 4:07.11	300m 4:57.14	350m 5:46.54	400m 6:29.36					
8	Max Graham	11 Co Carlisle	6:44.99											
		50m 1:36.06	100m 2:34.80	150m 3:24.46	200m 3:43.74	250m 4:18.02	300m 5:07.36	350m 5:56.54	400m 6:44.99					

12 Yrs Age Group

Place	Name	Club	Time											
1	Vincent Sue	12 Barrow	5:21.59											
		50m 34.61	100m 1:14.12	150m 1:54.94	200m 2:35.93	250m 3:17.93	300m 3:59.65	350m 4:42.12	400m 5:21.59					
2	Scott Munro-Bennett	12 Troutbeck Br	5:30.49											
		50m 37.35	100m 1:20.31	150m 2:04.53	200m 2:47.89	250m 3:30.20	300m 4:11.87	350m 4:53.12	400m 5:30.49					
3	Benjamin Farnworth	12 Workington	5:31.44											
		50m 37.06	100m 1:18.02	150m 2:00.06	200m 2:42.63	250m 3:25.23	300m 4:08.27	350m 4:50.58	400m 5:31.44					
4	Christian Balmer	12 Cockermouth	5:31.91											
		50m 37.58	100m 1:20.16	150m 2:03.19	200m 2:46.04	250m 3:28.54	300m 4:11.07	350m 4:53.10	400m 5:31.91					
5	Ben Carhart	12 Copeland	5:33.46											
		50m 37.41	100m 1:19.21	150m 2:01.91	200m 2:44.84	250m 3:27.50	300m 4:10.44	350m 4:52.81	400m 5:33.46					
6	Michael Studholme	12 Carlisle WP	5:54.85											
		50m 37.66	100m 1:21.00	150m 2:05.84	200m 2:51.45	250m 3:37.90	300m 4:24.77	350m 5:10.41	400m 5:54.85					
7	Tom Robinson	12 Copeland	6:29.67											
		50m 42.27	100m 1:31.00	150m 2:22.24	200m 3:13.59	250m 4:04.61	300m 4:55.43	350m 5:45.46	400m 6:29.67					

13 Yrs Age Group

Place	Name	Club	Time											
	Kieran Harrison	13 Carlisle WP	4:58.80 Speeding Ticket											
		50m 34.82	100m 1:13.28	150m 1:51.59	200m 2:29.75	250m 3:07.72	300m 3:45.59	350m 4:23.21	400m 4:58.80					
1	Andrew McAlinden	13 Barrow	5:16.81											
		50m 35.41	100m 1:15.73	150m 1:56.76	200m 2:37.05	250m 3:17.54	300m 3:58.17	350m 4:39.09	400m 5:16.81					
2	Alistair Campbell	13 Co Carlisle	5:32.56											
		50m 38.18	100m 1:20.50	150m 2:03.41	200m 2:46.75	250m 3:29.69	300m 4:12.64	350m 4:54.31	400m 5:32.56					

14 Yrs/Over Age Group

Place	Name	Club	Time											
1	Alexander Rose	15 Carlisle WP	4:36.35											
		50m 30.03	100m 1:05.09	150m 1:40.41	200m 2:16.56	250m 2:52.24	300m 3:27.82	350m 4:03.15	400m 4:36.35					
2	Ben Clarke	15 Kendal	4:40.57											
		50m 30.66	100m 1:05.44	150m 1:40.32	200m 2:16.65	250m 2:52.65	300m 3:28.79	350m 4:05.73	400m 4:40.57					
3	Anthony Ryan	14 Co Carlisle	4:47.77											
		50m 30.65	100m 1:05.56	150m 1:42.14	200m 2:19.61	250m 2:56.97	300m 3:34.55	350m 4:11.43	400m 4:47.77					
4	Ryan Wilkie	15 Carlisle WP	4:52.07											
		50m 31.24	100m 1:07.20	150m 1:44.92	200m 2:22.71	250m 3:01.34	300m 3:40.09	350m 4:16.56	400m 4:52.07					
5	David Elliot	15 Cockermouth	4:52.21											
		50m 33.02	100m 1:09.65	150m 1:47.92	200m 2:26.42	250m 3:03.75	300m 3:41.31	350m 4:17.62	400m 4:52.21					
6	Oliver McMurdo	14 Blackpool	4:55.88											
		50m 32.43	100m 1:08.78	150m 1:46.75	200m 2:25.14	250m 3:03.78	300m 3:42.44	350m 4:20.61	400m 4:55.88					
7	Ben Davis	18 Troutbeck Br	4:56.05											
		50m 31.51	100m 1:07.70	150m 1:45.25	200m 2:23.40	250m 3:02.69	300m 3:40.92	350m 4:19.05	400m 4:56.05					
8	Haydn Birkett	14 Copeland	4:57.80											
		50m 34.11	100m 1:11.83	150m 1:49.65	200m 2:28.00	250m 3:05.84	300m 3:44.06	350m 4:21.20	400m 4:57.80					
9	Jason Bell	15 Carlisle WP	4:59.58											
		50m 32.29	100m 1:08.71	150m 1:46.69	200m 2:25.05	250m 3:04.24	300m 3:42.44	350m 4:21.43	400m 4:59.58					
10	Callum Bond	14 Ulverston	5:12.46											
		50m 33.62	100m 1:12.81	150m 1:52.58	200m 2:32.57	250m 3:13.74	300m 3:54.65	350m 4:34.58	400m 5:12.46					

EVENT 21 Girls 11 Yrs/Over 100m Freestyle

11 Yrs Age Group

Place	Name	Club	Time		50
	Amy Richardson	11 Troutbeck Br	1:11.94	Speeding Ticket	35.61
1	Caitlin McNaughton	11 Co Carlisle	1:16.01		36.96
2	Rebecca Clark	11 Cockermonth	1:16.46		36.36
3	Caitlin Wren	11 Barrow	1:17.69		37.50
4	Claire Foster	11 Carlisle WP	1:18.72		37.77
5	Rebecca Titterington	11 Penrith	1:19.48		39.47
6	Stephanie Booth	11 Troutbeck Br	1:19.93		38.34
7	Chelsea Atkinson	11 Cockermonth	1:20.43		38.53
8	Alex Younger	11 Copeland	1:20.97		38.39
9	Evie Russell-Cohen	11 Troutbeck Br	1:21.05		39.31
10	Connie Bowman	11 Co Carlisle	1:21.29		37.88
11	Lucy-Jane Wilson	11 Carlisle WP	1:23.13		39.22
12	Elizabeth Perkins	11 Kendal	1:24.27		37.70
13	Jordan Brooks	11 Barrow	1:25.70		40.31
14	Natasha Hall	11 Carlisle WP	1:26.05		39.90

12 Yrs Age Group

Place	Name	Club	Time		50
1	Courtney Watson	12 Cockermonth	1:12.46		35.32
2	Hannah Carroll	12 Blackpool	1:15.75		36.84
3	Emily Wild	12 Troutbeck Br	1:16.09		36.48
4	Lucy Mather	12 Penrith	1:16.28		36.77
5	Ellen Jones	12 Penrith	1:17.51		36.76
6	Bryony Whitehead	12 Carlisle WP	1:19.22		37.81
7	Bethany Clark	12 Co Carlisle	1:20.69		40.00
8	Lois Jefferson	12 Barrow	1:21.70		39.65
	Lauren Graham	12 Copeland	DQ ST-		

13 Yrs Age Group

Place	Name	Club	Time	50
1	Victoria Edgar	13 Barrow	1:10.52	34.1
2	Justine Marshall	13 Kendal	1:11.70	34.67
3	Josephine Horner	13 Copeland	1:12.65	35.67
4	Laura Garrick	13 Troutbeck Br	1:12.70	35.91
5	Louise Bell	13 Carlisle WP	1:13.91	35.48
6	Aimee Mann	13 Barrow	1:13.94	36.24
7	Rosie Russell-Cohen	13 Troutbeck Br	1:21.87	37.40
8	Martina Taylor	13 Cockermonth	1:22.70	39.09
	Lauren Watson	13 Co Carlisle	DQ ST-	
	Hazel Marsh	13 Troutbeck Br	DQ ST-	

14 Yrs/Over Age Group

Place	Name	Club	Time	50
	Kirkby Kavanagh	14 Barrow	1:04.45	30.87
1	Charlotte Horner	15 Copeland	1:05.15	31.26
2	Jenny Mather	14 Penrith	1:06.94	31.61
3	Chloe Ashe	14 Blackpool	1:07.25	31.80
4	Rebecca Bailey	14 Cockermonth	1:07.48	31.97
5	Hannah Noble	19 Troutbeck Br	1:08.51	32.02
6	Bethany Titterington	14 Penrith	1:08.72	32.16
7	Michela Kellet	14 Cockermonth	1:09.91	33.92
8	Courtney Mossop	17 Copeland	1:10.48	33.83
9	Shannon Mossop	14 Copeland	1:13.26	34.89
10	Alexandra Armstrong	15 Carlisle WP	1:13.68	35.43
11	Emma Studholme	15 Carlisle WP	1:14.07	35.57
12	Vicky Little	14 Carlisle WP	1:20.54	38.86

EVENT 22 Boys 09 Yrs/Over 200m Backstroke

09 Yrs Age Group

Place	Name	Club	Time	50	100	150
	Ben Gilmore	9 Workington	3:23.90	50.49	1:41.92	2:34.78
	Nathan Watson	9 Workington	3:25.72	49.03	1:42.43	2:36.15
	Mason Minnican	9 Barrow	3:31.35	49.98	1:43.71	2:38.30
1	Josh Millburn	9 Workington	3:33.76	50.03	1:44.82	2:40.01
2	Connor Joyce	9 Workington	3:34.74	49.97	1:45.09	2:40.80
3	Samuel Wicks	9 Ulverston	3:40.08	51.40	1:49.04	2:47.11
4	Thomas McNeil	9 Carlisle WP	3:58.73	55.93	1:57.72	3:00.07
	Robert McSkeane	9 Co Carlisle	DQ T-6L			

10 Yrs Age Group

Place	Name	Club	Time		50	100	150
	Morgan Cookman	10 Copeland	3:11.94	Speeding Ticket	44.79	1:33.54	2:24.84
1	Jack Phillips	10 Co Carlisle	3:16.43		45.42	1:35.67	2:27.46
2	Jordan Cooley	10 Cockermonth	3:22.29		49.40	1:41.75	2:34.67
3	Daniel Armstrong	10 Kendal	3:24.42		48.76	1:41.94	2:35.75
4	Andrew Jeal	10 Penrith	3:25.25		47.94	1:42.10	3:25.25
5	Campbell McNaughton	10 Co Carlisle	3:26.51		46.85	1:41.09	2:34.58
6	Jake Stockdale	10 Barrow	3:26.85		49.84	1:44.36	2:38.63
7	Keiran Watson	10 Cockermonth	3:34.42		50.35	1:45.82	2:41.90
8	Gregor Rothwell	10 Kendal	3:41.09		52.68	1:48.83	2:47.24
9	James McDougall	10 Carlisle WP	3:42.04		51.96	1:50.35	2:46.45
	Jake Fabi	10 Penrith	DQ T-3L				
	Adam Ellis	10 Barrow	DQ T-6L				

11 Yrs Age Group

Place	Name	Club	Time		50	100	150
	Matthew Ivison	11 Workington	2:56.18	Speeding Ticket	41.57	1:27.40	2:12.50
1	Matthew Swan	11 Ulverston	2:59.61		41.19	1:27.73	2:13.82
2	Edward Baxter	11 Cockermonth	3:04.03		44.42	1:31.66	2:19.23
3	Benjamin Cornwall	11 Co Carlisle	3:10.61		45.90	1:35.25	2:24.53
4	Josh Russell	11 Co Carlisle	3:13.32		46.01	1:35.62	2:25.63
5	Daniel Ryan	11 Co Carlisle	3:16.34		47.95	1:38.40	2:27.62
6	Liam Studholme	11 Carlisle WP	3:23.22		49.01	1:40.97	2:33.00
	William Adams	11 Barrow	DQ T-1L				
	Andrew Mullins	11 Co Carlisle	DQ T-5L				

12 Yrs Age Group

Place	Name	Club	Time		50	100	150
1	Scott Munro-Bennett	12 Troutbeck Br	2:50.22		40.36	1:25.65	2:09.80
2	Ben Carhart	12 Copeland	3:03.04		43.74	1:30.10	2:16.86
3	Michael Studholme	12 Carlisle WP	3:10.84		44.54	1:34.33	2:24.89
4	Robbie Harris	12 Carlisle WP	3:11.60		45.08	1:35.89	2:26.22

13 Yrs Age Group

Place	Name	Club	Time		50	100	150
1	Michael James Cheetham	13 Ulverston	2:43.72		38.29	1:20.74	2:04.45
2	Scott Bailey	13 Copeland	2:50.47		39.34	1:23.52	2:08.61
3	Kieran Harrison	13 Carlisle WP	2:51.88		41.84	1:27.14	2:11.37
4	Andrew McAlinden	13 Barrow	2:56.02		40.80	1:26.67	2:14.42

14 Yrs/Over Age Group

Place	Name	Club	Time	50	100	150
1	Ryan Wilkie	15 Carlisle WP	2:31.87	35.25	1:14.75	1:55.32
2	Anthony Ryan	14 Co Carlisle	2:32.11	35.31	1:14.44	1:54.12
3	Alexander Rose	15 Carlisle WP	2:32.67	34.72	1:14.77	1:54.80
4	Ben Davis	18 Troutbeck Br	2:36.95	37.05	1:17.13	1:58.32
5	Haydn Birkett	14 Copeland	2:38.58	36.42	1:16.81	1:58.68
6	Jack Glenholmes	15 Carlisle WP	2:39.88	36.81	1:16.77	1:58.79
7	Oliver McMurdo	14 Blackpool	2:42.78	38.87	1:20.78	2:04.63
7	Cameron Jeal	14 Penrith	2:42.78	36.54	1:18.01	2:00.88
9	Callum Bond	14 Ulverston	2:49.33	39.52	1:22.31	2:06.87

EVENT 23 Girls 09 Yrs/Over 100m IM

09 Yrs Age Group

Place	Name	Club	Time	50
	Emily Reay	9 Kendal	1:40.44	45.04
1	Sophie Dodd	9 Co Carlisle	1:45.49	51.11
2	Charlotte Stamper	9 Copeland	1:46.60	50.31
3	Victoria Swan	9 Ulverston	1:47.63	51.90
4	Georgia Easdon	9 Carlisle WP	1:47.88	50.40
5	Lauren Domville	9 Kendal	1:49.61	53.62
6	Imogen Burrow	9 Kendal	1:53.32	54.98
7	Katie Richardson	9 Troutbeck Br	1:55.97	53.78

10 Yrs Age Group

Place	Name	Club	Time	50
	Zara McKnight	10 Co Carlisle	1:31.00	42.92
	Phoebe Wilson	10 Co Carlisle	1:31.06	43.27
	Amie Ivison	10 Workington	1:31.34	42.34
1	Laura Moore	10 Copeland	1:33.69	44.32
	Hannah Messenger	10 Co Carlisle	1:36.12	43.58
2	Isabel Postlethwaite	10 Copeland	1:36.39	46.82
3	Lois Carhart	10 Copeland	1:37.53	45.29
4	Annalise Youngusband	10 Cockermonth	1:37.79	45.61
5	Amber Patterson	10 Co Carlisle	1:38.07	47.65
6	Sarah Hilton	10 Workington	1:38.28	46.17
7	Sophie Little	10 Workington	1:38.64	45.09
8	Katie Suitor	10 Workington	1:38.85	45.11

9 Rhiannon Ellis	10 Barrow	1:41.94	48.37
10 Lauren Coulson	10 Cockermonth	1:43.01	46.27
11 Mia Senior	10 Co Carlisle	1:46.38	51.61
12 Kayleigh Egglestone	10 Penrith	1:49.00	51.62
13 Rebecca Semple	10 Cockermonth	1:49.20	50.47
Chloe Hall	10 Workington	DQ SA-3L	

11 Yrs Age Group

Place	Name	Club	Time	50
	Grace Farr	11 Crewe Flyers	1:27.02	41.45
1	Rebecca Titterington	11 Penrith	1:28.69	41.01
2	Caitlin McNaughton	11 Co Carlisle	1:28.85	40.93
3	Rebecca Clark	11 Cockermonth	1:29.44	39.13
4	Caitlin Wren	11 Barrow	1:32.47	44.13
5	Rebecca Telford	11 Copeland	1:33.16	43.47
6	Chelsea Atkinson	11 Cockermonth	1:34.29	46.03
7	Elizabeth Perkins	11 Kendal	1:34.60	43.71
8	Claire Foster	11 Carlisle WP	1:35.21	44.88
9	Evie Russell-Cohen	11 Troutbeck Br	1:35.24	45.38
10	Connie Bowman	11 Co Carlisle	1:36.25	46.73
11	Lucy Gregory	11 Barrow	1:37.56	45.91
12	Lucy Fleming	11 Cockermonth	1:40.90	45.68
13	Jordan Brooks	11 Barrow	1:41.52	46.60
14	Aisling McCracken	11 Barrow	1:41.57	45.79
15	Amy Reay	11 Kendal	1:48.90	53.95

Speeding Ticket

12 Yrs Age Group

Place	Name	Club	Time	50
1	Emily Wild	12 Troutbeck Br	1:25.07	38.54
2	Courtney Watson	12 Cockermonth	1:25.34	42.47
3	Ellen Jones	12 Penrith	1:27.76	41.31
4	Lucinda Macmillan	12 Carlisle WP	1:28.52	42.83
5	Hannah Carroll	12 Blackpool	1:29.54	43.98
6	Bryony Whitehead	12 Carlisle WP	1:29.58	41.60
7	Hannah Haney	12 Workington	1:29.75	41.36
8	Rebecca Lightowler	12 Carlisle WP	1:29.83	44.83
9	Lois Jefferson	12 Barrow	1:34.67	47.08
10	Bethany Clark	12 Co Carlisle	1:36.25	46.10

13 Yrs Age Group

Place	Name	Club	Time	50
1	Josephine Horner	13 Copeland	1:20.13	40.21
2	Louise Bell	13 Carlisle WP	1:24.27	40.39
3	Hazel Marsh	13 Troutbeck Br	1:25.10	40.52
4	Holly Rothwell	13 Kendal	1:27.58	40.61
5	Rebekah Booth	13 Troutbeck Br	1:29.07	40.59
6	Aimee Mann	13 Barrow	1:29.12	43.39
7	Rosie Russell-Cohen	13 Troutbeck Br	1:29.57	44.44

14 Yrs/Over Age Group

Place	Name	Club	Time	50
1	Chloe Ashe	14 Blackpool	1:16.29	34.43
2	Courtney Mossop	17 Copeland	1:16.39	36.45
3	Bethany Titterington	14 Penrith	1:16.82	35.99
4	Rebecca Bailey	14 Cockermouth	1:17.01	36.17
5	Jenny Mather	14 Penrith	1:18.59	36.73
6	Hannah Noble	19 Troutbeck Br	1:19.44	37.15
7	Emma Studholme	15 Carlisle WP	1:21.86	36.91
8	Laura Potts	15 Co Carlisle	1:22.07	36.99
9	Michela Kellet	14 Cockermouth	1:22.47	37.37
10	Lauren Munro-Bennett	14 Troutbeck Br	1:23.43	37.67
11	Alexandra Armstrong	15 Carlisle WP	1:26.52	38.76
12	Vicky Little	14 Carlisle WP	1:28.37	42.03

EVENT 24 Boys 12 Yrs/Over 100m Butterfly

12 Yrs Age Group

Place	Name	Club	Time	50
1	Luke Greenbank	12 Cockermouth	1:19.24	37.55
2	Richard Stamper	12 Copeland	1:24.69	40.35
3	Ben Carhart	12 Copeland	1:28.37	40.37
4	Jamie Briggs	12 Barrow	1:31.44	42.61
5	Michael Studholme	12 Carlisle WP	1:41.10	44.49

13 Yrs Age Group

Place	Name	Club	Time	50
1	Michael James Cheetham	13 Ulverston	1:19.73	36.43
2	Paul Baldueza	13 Copeland	1:21.85	39.04
3	Scott Bailey	13 Copeland	1:25.33	38.31

14 Yrs/Over Age Group

Place	Name	Club	Time	50
1	Alexander Rose	15 Carlisle WP	1:08.41	31.97
2	Ben Davis	18 Troutbeck Br	1:09.47	32.08
3	Anthony Ryan	14 Co Carlisle	1:11.58	32.72
4	Oliver McMurdo	14 Blackpool	1:13.05	33.76
5	Jason Bell	15 Carlisle WP	1:13.06	35.10
6	Haydn Birkett	14 Copeland	1:14.68	34.82