**Cumbria ASA - Diddy League Rules 2022**

1. OBJECTIVES

To provide a fun and exciting introduction to competitive swimming for 9, 10 and 11 year olds.

1. JOINING and MEMBERSHIP
2. The league will include teams from the following clubs : Cockermouth SC, Barrow ASC, Carlisle Aquatics, Copeland ASC, Kendal ASC, Ulverston ASC, Workington ASC and Penrith SC
3. A joining fee shall be paid by all teams joining the League for the first time or after a period of absence.
4. SCOPE
5. The competition will comprise a maximum of twelve teams competing in two league rounds usually in April and May.
6. Where more than 6 teams enter the League, the rounds will be divided into 2 galas with as near as possible an equal number of teams in each gala.
7. The rounds will be swum in 25 metre pools.
8. Where two galas are held, the allocation of teams in Round 1 will be on a geographical basis and a draw for lanes, at each venue, will be made at the Annual Council Meeting of Cumbria ASA.
9. Where two galas are held, teams will be allocated to venues in Round 2 based on their league position after Round 1 (see Rule 5 - Scoring). The odd placed clubs will be allocated to one venue and the even placed clubs allocated to the other venue, or as determined by the League Secretary. Lanes will be spearheaded according to league position.
10. The venues for Round 2 will be allocated by the Diddy League Secretary, taking into account the teams involved in each gala.
11. The Final will be based upon league rankings after the first two rounds, and lanes will be allocated in a spearhead formation. All 8 teams will compete.
12. EVENTS
13. All events shall be swum under Swim England Rules and Swim England Technical Rules of Swimming.
14. There will be no diving permitted from the shallow end under any circumstance. Relay takeovers at the shallow end must be performed in the water.
15. The programme of events and distances to be swum are as follows:

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| --- | --- | --- | --- | --- | --- | --- | --- |
| Individual Events | 9 years | | | 10 years | | 11 years | |
|  | Boys | Girls | | Boys | Girls | Boys | Girls |
| Freestyle | 50m | 50m | | 50m | 50m | 50m | 50m |
| Breaststroke | 50m | 50m | | 50m | 50m | 50m | 50m |
| Backstroke | 50m | 50m | | 50m | 50m | 50m | 50m |
| **Butterfly** | **25m** | **25m** | | 50m | 50m | 50m | 50m |
|  | **Start at shallow end of pool** | | |  |  |  |  |
| Relays | 9 years | | | 10 years | | 11 years | |
|  | ‘A’ Team \* | | ‘B’ Team\* | Boys | Girls | Boys | Girls |
| Freestyle Relays | 4 x 25m | | 4 x 25m | 4 x 25m | 4 x 25m | 4 x 25m | 4 x 25m |
| Medley Relays | 4 x 25m | | 4 x 25m | 4 x 25m | 4 x 25m | 4 x 25m | 4 x 25m |
| Free Cannon | Girls & Boys (separate) 6 x 25 metres - 2 from each Age Group | | | | | | |
| Mixed Free Cannon | 6 x 25 metres (1 girl + 1 boy from each age group in ascending order). | | | | | | |

\* For 9 Years ‘A’ and ‘B’ Teams – the team shall consist of 4 swimmers of any gender and/or combinations of genders. It is expected that the fastest four 9 year olds will be swum as the ‘A’ Team.

1. Order of Events

|  |  |
| --- | --- |
| 1. Girls 6 x 25m Freestyle Relay (2 girls each Age Group) can swim in any order | 1. Boys 6 x 25m Freestyle Relay (2 boys each Age Group) can swim in any order |
| 1. Girls 10yr 50m Freestyle | 1. Boys 10yr 50m Freestyle |
| 1. Girls 9yr 50m Breaststroke | 1. Boys 9yr 50m Breaststroke |
| 1. Girls 11 4 x 25m Freestyle Relay | 1. Boys 11 4 x 25m Freestyle Relay |
| 1. Girls 10yr 50m Breaststroke | 1. Boys 10yr 50m Breaststroke |
| 1. ‘A’ 9yr 4 x 25m Medley Relay | 1. ‘B’ 9yr 4 x 25m Medley Relay |
| 1. Girls 11 50m Backstroke | 1. Boys 11 50m Backstroke |
| 1. Girls 10yr 50m Backstroke | 1. Boys 10yr 50m Backstroke |
| 1. ‘A’ 9yr 4 x 1L Freestyle Relay | 1. ‘B’ 9yr 4 x 1L Freestyle Relay |
| 1. Girls 11yr 50m Breaststroke | 1. Boys 11 yr. 50m Breaststroke |
| 1. Girls 10 4 x 25m Freestyle Relay | 1. Boys 10 4 x 25m Freestyle Relay |
| 1. Girls 9yr 25m Butterfly | 1. Boys 9yr 25m Butterfly |
| 1. Girls 11 50m Butterfly | 1. Boys 11 50m Butterfly |
| 1. Girls 10 4 x 25m Medley Relay | 1. Boys 10 4 x 25m Medley Relay |
| 1. Girls 9yr 50m Backstroke | 1. Boys 9yr 50m Backstroke |
| 1. Girls 11yr 4 x 25m Medley Relay | 1. Boys 11 yr. 4 x 25m Medley Relay |
| 1. Girls 10yr 50m Butterfly | 1. Boys 10yr 50m Butterfly |
| 1. Girls 9yr 50m Freestyle | 1. Boys 9yr 50m Freestyle |
| 1. Girls 11 50m Freestyle | 1. Boys 11 50m Freestyle |
| 1. Mixed 6 x 25m Freestyle Relay 1 Girl & 1 Boy each Age Group in ascending order. | |

1. SCORING
   1. Individual Galas: Preliminary rounds will be scored to determine the winner of the gala. Where 8 teams compete, gala points will be awarded 8, 7, 6, 5, 4, 3, 2, 1 for each event. If 7 teams compete points will be awarded 7, 6, 5, 4, 3, 2, 1 and so on.
   2. Rounds will be scored by ranking the times achieved across all teams and in all galas competing in the round.
   3. Where 2 or more swims have equal times in an event:

* At the same gala, the points shall be in accordance with the official placings in that event at that gala.
* At separate galas in the same round, the points shall be added and divided by the number of teams involved in the tie; with each team being awarded the same number of points notwithstanding the placing’s awarded at one of the galas where 2 or more teams have recorded equal times.
* A “count back” rule will be applied in the event of equally scored teams. The first count back will be on the number of first places achieved, if this cannot separate the teams then the number of 2nd places will be looked at, failing that the number of 3rd places etc.

1. Final: All clubs will compete in the final round. See Rule 3g as appropriate.
2. Points for the final will be awarded the same as the Preliminary rounds.
3. Trophies will be presented at the Final:

* The Karen Bowes Cumbria Diddy League Trophy will be awarded to the team scoring most “League” points after rounds 1 and 2.
* The Hoad Monument Trophy will be presented to the team who win the Final.
* The Tommy Messenger Trophy will be presented to the team who come 2nd in the Final.
* The Alex Hannah Memorial Shield will be presented to the team who come 3rd in the Final.

1. TEAM MANAGEMENT / CHAPERONES
   1. A management team up to a maximum of 5 will be allowed on poolside with each team, and must consist of both male and female team managers/chaperones.
   2. A Chaperone may escort competitors to their starting end of the pool, but shall withdraw once competitors come under the Referee’s control or the start of an event. Swim England laws will be applied to MC (Multi – Classification) swimmers.
   3. There may be no more than 1 Team Manager/Chaperone at both ends of the pool during the gala.
2. GALA OFFICIALS
   1. The Referee and Starter will be appointed by the League Secretary for each gala.
   2. The League Secretary will allocate duties to participating teams to provide 1 Announcer, 1 Recorder, 1 Check Recorder and 2 Door/Raffle.
   3. Each participating team shall provide at least 3 officials. From each team, 2 officials must be at least J1/T and the other can be a TK.
   4. The Referee may dispense with Timekeepers for the Final if AOE is used.
   5. The competing clubs shall be responsible for the organisation of the warm-up in that club’s lane.
   6. A Gala Director may be appointed by the League Secretary to act as the promoter's representative. The person will be responsible for the conduct and management of each gala in association with the referee.
3. AGES AND LIMITATION OF SWIMS
   1. The age groupings shall be 9 years, 10 years, and 11 years and all ages for the whole competition shall be as at the 1st March of each competition year.
   2. 9 and 10-year-old swimmers are restricted to 2 individual events in their own age group and 1 individual in the age group above.
   3. There is no limitation on the number of relay events in which a swimmer may participate in their own age group; each swimmer may swim in 2 relays in an age group higher than their own.
   4. The Single Gender Cannon must consist of 2 swimmers from each of the age groupings.
   5. The Mixed Cannon must consist of 1 girl and 1 boy from each of the age groupings and be swum in that order (this is not included in the specified relays in section 8c).
   6. A team sheet showing the full names of swimmers and dates of birth of swimmers competing in each event, signed by the Team Manager shall be handed in to the recorders at the start of each gala.
   7. Amendments to the swimmers participating in each race may be made before the start of event 1. Any further amendments must be passed through the Gala Director and one of the Referees.
   8. Penalty for illegal Swims: The Recorders shall maintain a check on the number of swims per swimmer. In the event of the Recorders finding that a swimmer has swum an illegal swim that swimmer shall be disqualified from all events he/she wrongly competed in. The points gained from such events shall be deleted from his/her team score. It may be necessary to re-allocate points to the other competing teams. In addition, twelve (12) points are to be deducted from the overall team score of the team penalised for the illegal swim.
4. LEAGUE REGISTRATION OF SWIMMERS
   1. This competition is an open competition within the meaning of Swim England Law.
   2. The term ‘competition year’ refers to the period from 14 days before the 1st March of each competition year until the conclusion of the Final round; a swimmers age will be at the 1st March of each competition year.
   3. A competing club is not required to register the details of swimmers taking part in the competition with the League Secretary, but competing clubs are reminded that they must comply with the current requirements of Swim England regarding registration of swimmers taking part in an open competition.
   4. A club with more than one team in the League is not permitted to interchange swimmers between its teams during the competition year.
   5. Competing swimmers must be members of the club they represent in the League.
   6. Swimmers may not represent more than one club in the League in any one competition year.
   7. Clubs may only enter more than one team in the League if spaces are available.

10) GALA STARTING TIMES

* 1. All galas will start promptly at the times notified by the League Secretary. No points will be awarded for events missed.
  2. Clubs failing to appear at a gala without 14 days’ prior notice to the League Secretary shall be fined £100

11) FINANCIAL

* 1. Each club shall be responsible for its own expenses in attending galas.
  2. The host club is to provide float for the door money.
  3. Cumbria ASA shall reimburse the League Secretary, or representative, necessary expenses incurred in administering the League.
  4. Cumbria ASA is responsible for the cost of pool hire.
  5. The admission charge for spectators attending galas shall be determined annually at the Annual Council Meeting of Cumbria ASA
  6. All monies received by the organising clubs in respect of spectator entrance are the property of Cumbria ASA and must be sent to the County Treasurer together with a statement of account of the gala, within 7 days of the competition.