EVENT 501 Open/Male 10 /Over 200m Backstroke

10 Yrs/Over Age Group - Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Max Henderson 17 Cockermouth 2:12.96 501 29.91 1:03.26 1:37.79

2. Fergus Bell 17 Ulverston 2:13.54 494 30.59 1:04.47 1:39.41

3. Elliot Routledge 27 Workington 2:16.16 466 31.56 1:06.20 1:40.93

4. David Pugh 23 Workington 2:17.17 456 31.44 1:06.27 1:42.00

5. Adam Stansfield 20 Kendal 2:19.85 430 31.35 1:07.06 1:43.78

6. Adam Jones 20 Ulverston 2:21.27 418 33.09 1:10.02 1:46.18

7. Tom Bell 16 Barrow 2:21.30 417 32.22 1:08.31 1:45.93

8. Matthew Foley 16 Ulverston 2:24.50 390 33.19 1:09.64 1:47.13

9. Matthew Bell 17 Carlisle Aq 2:25.40 383 33.68 1:11.38 1:48.94

10. Joseph Todhunter 15 Copeland 2:29.27 354 34.38 1:13.05 1:52.77

11. Farron Bigrigg 14 Cockermouth 2:29.81 350 35.33 1:14.21 1:52.56

12. Oliver Glaister 14 Workington 2:32.13 334 35.76 1:14.30 1:53.48

13. Reuben Dorey 13 Carlisle Aq 2:33.68 324 35.38 1:15.63 1:55.90

14. Noah Woodyatt 14 Ulverston 2:34.47 319 36.32 1:15.47 1:55.44

15. Malachy Kenny 17 Ulverston 2:37.70 300 35.05 1:14.69 1:56.56

16. Leo Critchley 16 Barrow 2:37.97 298 35.59 1:14.60 1:56.25

17. Dylan Cowen 16 Ulverston 2:38.25 297 1:58.17 2:38.42 3:19.05

18. Luke Goddard 14 Copeland 2:40.22 286 38.18 1:20.30 2:01.96

19. George Kinnear 14 Kendal 2:42.31 275 36.67 1:19.16 2:01.94

20. Jacob Wilson 13 Kendal 2:42.43 275 38.74 1:20.76 2:02.89

21. Harry Burke 15 Penrith 2:43.74 268 37.46 1:19.32 2:02.50

22. Alastair Buis 13 Carlisle Aq 2:46.51 255 39.49 1:22.23 2:05.58

23. Alfie Leahy 14 Barrow 2:46.76 254 39.98 1:22.92 2:06.05

24. Ben Davidson 11 Workington 2:53.33 226 41.61 1:26.71 2:11.96

25. Olly Swarbrick 12 Barrow 2:58.03 208 41.68 1:27.69 2:14.13

26. Daniel Skyrme 12 Ulverston 3:00.77 199 42.69 1:29.08 2:16.01

27. Drew Cunningham 13 Cockermouth 3:03.76 189 44.61 1:31.62 2:18.37

28. Kit Grandison 12 Kendal 3:04.57 187 42.11 1:29.97 2:18.14

29. William Edward Brough 12 Ulverston 3:15.91 156 45.26 1:36.15 2:27.89

30. Freddie Welsh 12 Workington 3:16.95 154 45.80 1:37.44 2:27.46

31. Oscar Frankham 12 Workington 3:18.84 149 46.92 1:38.86 2:31.65

32. Luke Blackwell 12 Workington 3:19.69 148 48.37 1:40.46 2:33.07

33. Max Nixon 11 Carlisle Aq 3:30.23 126 51.39 1:45.23 2:39.89

34. Leo Sullivan 11 Barrow 3:49.01 98 56.06 1:55.34 2:53.83

Daniel Foley 11 Ulverston DQ 6 .4L

George Moss 11 Barrow DQ 6 .4L

Kit Nicholson 15 Penrith DQ 6 .4L

Kaloyan Nedyalkov 13 Workington DQ 6 .4L

11 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Ben Davidson 11 Workington 2:53.33 226 41.61 1:26.71 2:11.96

2. Max Nixon 11 Carlisle Aq 3:30.23 126 51.39 1:45.23 2:39.89

3. Leo Sullivan 11 Barrow 3:49.01 98 56.06 1:55.34 2:53.83

Daniel Foley 11 Ulverston DQ 6 .4L

George Moss 11 Barrow DQ 6 .4L

12 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Olly Swarbrick 12 Barrow 2:58.03 208 41.68 1:27.69 2:14.13

2. Daniel Skyrme 12 Ulverston 3:00.77 199 42.69 1:29.08 2:16.01

3. Kit Grandison 12 Kendal 3:04.57 187 42.11 1:29.97 2:18.14

4. William Edward Brough 12 Ulverston 3:15.91 156 45.26 1:36.15 2:27.89

5. Freddie Welsh 12 Workington 3:16.95 154 45.80 1:37.44 2:27.46

6. Oscar Frankham 12 Workington 3:18.84 149 46.92 1:38.86 2:31.65

7. Luke Blackwell 12 Workington 3:19.69 148 48.37 1:40.46 2:33.07

13 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Reuben Dorey 13 Carlisle Aq 2:33.68 324 35.38 1:15.63 1:55.90

2. Jacob Wilson 13 Kendal 2:42.43 275 38.74 1:20.76 2:02.89

3. Alastair Buis 13 Carlisle Aq 2:46.51 255 39.49 1:22.23 2:05.58

4. Drew Cunningham 13 Cockermouth 3:03.76 189 44.61 1:31.62 2:18.37

Kaloyan Nedyalkov 13 Workington DQ 6 .4L

14 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Farron Bigrigg 14 Cockermouth 2:29.81 350 35.33 1:14.21 1:52.56

2. Oliver Glaister 14 Workington 2:32.13 334 35.76 1:14.30 1:53.48

3. Noah Woodyatt 14 Ulverston 2:34.47 319 36.32 1:15.47 1:55.44

4. Luke Goddard 14 Copeland 2:40.22 286 38.18 1:20.30 2:01.96

5. George Kinnear 14 Kendal 2:42.31 275 36.67 1:19.16 2:01.94

6. Alfie Leahy 14 Barrow 2:46.76 254 39.98 1:22.92 2:06.05

15 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Joseph Todhunter 15 Copeland 2:29.27 354 34.38 1:13.05 1:52.77

2. Harry Burke 15 Penrith 2:43.74 268 37.46 1:19.32 2:02.50

Kit Nicholson 15 Penrith DQ 6 .4L

16 Yrs/Over Age Group - Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Max Henderson 17 Cockermouth 2:12.96 501 29.91 1:03.26 1:37.79

2. Fergus Bell 17 Ulverston 2:13.54 494 30.59 1:04.47 1:39.41

3. Elliot Routledge 27 Workington 2:16.16 466 31.56 1:06.20 1:40.93

4. David Pugh 23 Workington 2:17.17 456 31.44 1:06.27 1:42.00

5. Adam Stansfield 20 Kendal 2:19.85 430 31.35 1:07.06 1:43.78

6. Adam Jones 20 Ulverston 2:21.27 418 33.09 1:10.02 1:46.18

7. Tom Bell 16 Barrow 2:21.30 417 32.22 1:08.31 1:45.93

8. Matthew Foley 16 Ulverston 2:24.50 390 33.19 1:09.64 1:47.13

9. Matthew Bell 17 Carlisle Aq 2:25.40 383 33.68 1:11.38 1:48.94

10. Malachy Kenny 17 Ulverston 2:37.70 300 35.05 1:14.69 1:56.56

11. Leo Critchley 16 Barrow 2:37.97 298 35.59 1:14.60 1:56.25

12. Dylan Cowen 16 Ulverston 2:38.25 297 1:58.17 2:38.42 3:19.05

EVENT 502 Female MC 10 Yrs/Over 50m Freestyle

10 Yrs/Over Age Group - Full Results

Place Name AaD Club Class Time WA Pts

1. Olivia O'Mahony 17 Cockermouth 27.00 612

2. Jamie-Leigh Tyson 19 Ulverston 27.76 563

3. Scarlett Robinson 17 Ulverston 28.47 522

4. Lilly Broadfoot 15 Ulverston 28.50 520

5. Isabella Fowles 15 Cockermouth 28.53 519

6. Lily Smith 20 Ulverston 28.73 508

7. Chloe Cowsill 15 Ulverston 28.96 496

8. Amara Rose 19 Penrith 28.97 495

9. Peri Watson 17 Penrith 29.10 489

10. Yasmin Burrow 16 Carlisle Aq 29.15 486

11. Leah Rose 17 Penrith 29.34 477

12. Annie Bottomley 17 Kendal 29.52 468

13. Abigail Caine 16 Ulverston 29.60 464

14. Emily David 13 Cockermouth 29.64 462

15. Ruby Stewart 16 Cockermouth 29.67 461

16. Macee Wiggins 17 Cockermouth 29.80 455

17. Isobel Marsh 15 Carlisle Aq 29.87 452

18. Joanna Sutton 14 Copeland 30.03 445

19. Isla Bell 16 Carlisle Aq 30.12 441

20. Rose Yearnshire 15 Ulverston 30.25 435

21. Maisie O'Mahony 15 Carlisle Aq 30.26 435

22. Lily Sparshott 14 Cockermouth 30.29 433

23. Lily Clifford 13 Cockermouth 30.41 428

24. Ellie Woodcock 14 Cockermouth 30.49 425

25. Emily Sibbald 18 Workington 30.53 423

26. Evelyn Kinnear 16 Kendal 30.56 422

27. Isla Cooper 17 Penrith 30.75 414

28. Esme Wilson 13 Cockermouth 30.79 413

29. Isabelle Sullivan 16 Barrow 30.97 405

30. Indie Brookes 13 Kendal 31.05 402

31. Isla Robertson 16 Ulverston 31.09 401

32. Evie-Rose Sugden 18 Carlisle Aq 31.10 400

33. Holly Relph 13 Cockermouth 31.12 400

34. Ava Dixon 13 Kendal 31.17 398

34. Hannah Carradice 15 Kendal 31.17 398

34. Keisha Parkinson 16 Copeland 31.17 398

37. Lily Bailey 15 Cockermouth 31.24 395

38. Brooklyn Hale 15 Cockermouth 9 31.36 390

39. Emelia Cox 15 Carlisle Aq 31.40 389

40. Imogen McAllister 15 Workington 31.41 389

41. Nikola Lejbt 14 Cockermouth 32.60 347

42. Ashton Wood 14 Ulverston 32.62 347

43. Lucy Williams 13 Kendal 32.69 345

44. Islay Atkinson 13 Kendal 32.70 344

45. Lucy Dix 11 Cockermouth 32.75 343

46. Alice Fowles 13 Penrith 32.84 340

47. Sian Morgan 14 Carlisle Aq 32.93 337

47. Megan Carroll 15 Carlisle Aq 32.93 337

49. Norah Graham 12 Barrow 33.01 335

50. Jessica Atkinson 13 Kendal 33.04 334

51. Niamh Green 12 Ulverston 33.15 330

52. Layla Thurstan 12 Carlisle Aq 33.17 330

53. Chloe Hunt 13 Barrow 33.20 329

54. Isabel Pearson 14 Workington 33.25 327

55. Aisling Robertson 13 Ulverston 33.29 326

56. Isla Robertson 12 Carlisle Aq 33.36 324

56. Zoe Sanderson 11 Cockermouth 33.36 324

58. Lucia Smigiel 13 Penrith 33.54 319

59. Sophia Campbell 13 Carlisle Aq 33.59 318

59. Lois Mahony 14 Barrow 33.59 318

61. Lua Swami 14 Kendal 33.65 316

62. Evie Clifford 11 Cockermouth 33.82 311

62. Maisie Ross 12 Carlisle Aq 33.82 311

64. Polly Walker 12 Cockermouth 33.97 307

65. Maisey Wilson 13 Kendal 33.99 307

66. Scarlett Mayne 12 Workington 34.15 302

67. Holly Bailey 11 Cockermouth 34.18 301

68. Megan Turner 12 Kendal 34.21 301

69. Daisy Ballantyne 14 Carlisle Aq 34.26 299

70. Orlaith Treacy 12 Kendal 34.34 297

71. Emelia Parker 14 Barrow 34.41 295

72. Isla Grimshaw 13 Workington 34.42 295

73. Isabelle Coward 13 Ulverston 34.94 282

74. Mollie Thomas 13 Kendal 34.96 282

75. Ellia Payne 13 Copeland 34.99 281

76. Isla Hamilton 13 Kendal 35.22 275

77. Isabelle Tyson 12 Ulverston 35.48 269

78. Ariana Dorey 11 Carlisle Aq 35.54 268

79. Ruth Locke-Brown 11 Carlisle Aq 35.57 267

80. Esmay Dart 12 Kendal 35.67 265

81. Lillie-Rae Jones 12 Ulverston 35.87 261

82. Arielle Armstrong 12 Carlisle Aq 35.98 258

83. Wiktoria Kazmierczak 12 Carlisle Aq 36.00 258

83. Phoebe Hunter 13 Ulverston 36.00 258

85. Amelia Pearson 12 Workington 36.11 256

86. Macie Bell 11 Carlisle Aq 36.35 251

87. G Galloni-Wilkinson 10 Cockermouth 36.69 244

88. Jessica Smith 12 Kendal 36.80 241

89. Quinn Bower 11 Barrow 37.44 229

90. Luna Roberts 12 Ulverston 38.04 219

91. Maggie Foster 11 Carlisle Aq 38.41 212

92. Emmi Richardson 12 Copeland 38.55 210

93. Thea Temple 10 Copeland 38.91 204

94. Jessica Managh 10 Barrow 39.60 194

95. Matilda Sutton 11 Copeland 39.61 193

96. Chiara Galloni-Hodgson 10 Cockermouth 41.09 173

97. Grace Goodfellow 11 Carlisle Aq 41.16 172

Felicity Pattinson 15 Kendal DQ 4 .4L

Nell McCabe 15 Workington DQ 4 .4L

10 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts

1. G Galloni-Wilkinson 10 Cockermouth 36.69 244

2. Thea Temple 10 Copeland 38.91 204

3. Jessica Managh 10 Barrow 39.60 194

4. Chiara Galloni-Hodgson 10 Cockermouth 41.09 173

11 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts

1. Lucy Dix 11 Cockermouth 32.75 343

2. Zoe Sanderson 11 Cockermouth 33.36 324

3. Evie Clifford 11 Cockermouth 33.82 311

4. Holly Bailey 11 Cockermouth 34.18 301

5. Ariana Dorey 11 Carlisle Aq 35.54 268

6. Ruth Locke-Brown 11 Carlisle Aq 35.57 267

7. Macie Bell 11 Carlisle Aq 36.35 251

8. Quinn Bower 11 Barrow 37.44 229

9. Maggie Foster 11 Carlisle Aq 38.41 212

10. Matilda Sutton 11 Copeland 39.61 193

11. Grace Goodfellow 11 Carlisle Aq 41.16 172

12 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts

1. Norah Graham 12 Barrow 33.01 335

2. Niamh Green 12 Ulverston 33.15 330

3. Layla Thurstan 12 Carlisle Aq 33.17 330

4. Isla Robertson 12 Carlisle Aq 33.36 324

5. Maisie Ross 12 Carlisle Aq 33.82 311

6. Polly Walker 12 Cockermouth 33.97 307

7. Scarlett Mayne 12 Workington 34.15 302

8. Megan Turner 12 Kendal 34.21 301

9. Orlaith Treacy 12 Kendal 34.34 297

10. Isabelle Tyson 12 Ulverston 35.48 269

11. Esmay Dart 12 Kendal 35.67 265

12. Lillie-Rae Jones 12 Ulverston 35.87 261

13. Arielle Armstrong 12 Carlisle Aq 35.98 258

14. Wiktoria Kazmierczak 12 Carlisle Aq 36.00 258

15. Amelia Pearson 12 Workington 36.11 256

16. Jessica Smith 12 Kendal 36.80 241

17. Luna Roberts 12 Ulverston 38.04 219

18. Emmi Richardson 12 Copeland 38.55 210

13 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts

1. Emily David 13 Cockermouth 29.64 462

2. Lily Clifford 13 Cockermouth 30.41 428

3. Esme Wilson 13 Cockermouth 30.79 413

4. Indie Brookes 13 Kendal 31.05 402

5. Holly Relph 13 Cockermouth 31.12 400

6. Ava Dixon 13 Kendal 31.17 398

7. Lucy Williams 13 Kendal 32.69 345

8. Islay Atkinson 13 Kendal 32.70 344

9. Alice Fowles 13 Penrith 32.84 340

10. Jessica Atkinson 13 Kendal 33.04 334

11. Chloe Hunt 13 Barrow 33.20 329

12. Aisling Robertson 13 Ulverston 33.29 326

13. Lucia Smigiel 13 Penrith 33.54 319

14. Sophia Campbell 13 Carlisle Aq 33.59 318

15. Maisey Wilson 13 Kendal 33.99 307

16. Isla Grimshaw 13 Workington 34.42 295

17. Isabelle Coward 13 Ulverston 34.94 282

18. Mollie Thomas 13 Kendal 34.96 282

19. Ellia Payne 13 Copeland 34.99 281

20. Isla Hamilton 13 Kendal 35.22 275

21. Phoebe Hunter 13 Ulverston 36.00 258

14 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts

1. Joanna Sutton 14 Copeland 30.03 445

2. Lily Sparshott 14 Cockermouth 30.29 433

3. Ellie Woodcock 14 Cockermouth 30.49 425

4. Nikola Lejbt 14 Cockermouth 32.60 347

5. Ashton Wood 14 Ulverston 32.62 347

6. Sian Morgan 14 Carlisle Aq 32.93 337

7. Isabel Pearson 14 Workington 33.25 327

8. Lois Mahony 14 Barrow 33.59 318

9. Lua Swami 14 Kendal 33.65 316

10. Daisy Ballantyne 14 Carlisle Aq 34.26 299

11. Emelia Parker 14 Barrow 34.41 295

15 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts

1. Lilly Broadfoot 15 Ulverston 28.50 520

2. Isabella Fowles 15 Cockermouth 28.53 519

3. Chloe Cowsill 15 Ulverston 28.96 496

4. Isobel Marsh 15 Carlisle Aq 29.87 452

5. Rose Yearnshire 15 Ulverston 30.25 435

6. Maisie O'Mahony 15 Carlisle Aq 30.26 435

7. Hannah Carradice 15 Kendal 31.17 398

8. Lily Bailey 15 Cockermouth 31.24 395

9. Brooklyn Hale 15 Cockermouth 9 31.36 390

10. Emelia Cox 15 Carlisle Aq 31.40 389

11. Imogen McAllister 15 Workington 31.41 389

12. Megan Carroll 15 Carlisle Aq 32.93 337

Felicity Pattinson 15 Kendal DQ 4 .4L

Nell McCabe 15 Workington DQ 4 .4L

16 Yrs/Over Age Group - Full Results

Place Name AaD Club Class Time WA Pts

1. Olivia O'Mahony 17 Cockermouth 27.00 612

2. Jamie-Leigh Tyson 19 Ulverston 27.76 563

3. Scarlett Robinson 17 Ulverston 28.47 522

4. Lily Smith 20 Ulverston 28.73 508

5. Amara Rose 19 Penrith 28.97 495

6. Peri Watson 17 Penrith 29.10 489

7. Yasmin Burrow 16 Carlisle Aq 29.15 486

8. Leah Rose 17 Penrith 29.34 477

9. Annie Bottomley 17 Kendal 29.52 468

10. Abigail Caine 16 Ulverston 29.60 464

11. Ruby Stewart 16 Cockermouth 29.67 461

12. Macee Wiggins 17 Cockermouth 29.80 455

13. Isla Bell 16 Carlisle Aq 30.12 441

14. Emily Sibbald 18 Workington 30.53 423

15. Evelyn Kinnear 16 Kendal 30.56 422

16. Isla Cooper 17 Penrith 30.75 414

17. Isabelle Sullivan 16 Barrow 30.97 405

18. Isla Robertson 16 Ulverston 31.09 401

19. Evie-Rose Sugden 18 Carlisle Aq 31.10 400

20. Keisha Parkinson 16 Copeland 31.17 398

Combined Result - Multi-Classification by British Para-Swimming Points

Place Name AaD Club Class Time BDPoints

1. Brooklyn Hale 15 Cockermouth 9 31.36 727

EVENT 503 COUNTY CHAMPIONSHIP FINAL OF EVENT 501 Open/Male 10 /Over 200m Backstroke

Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Elliot Routledge 27 Workington 2:08.55 554 30.74 1:03.71 1:36.56

2. David Pugh 23 Workington 2:12.09 511 31.12 1:04.13 1:37.77

3. Fergus Bell 17 Ulverston 2:12.10 511 30.61 1:04.53 1:39.05

4. Max Henderson 17 Cockermouth 2:13.37 496 30.38 1:04.44 1:39.40

5. Tom Bell 16 Barrow 2:22.82 404 32.68 1:09.54 1:47.03

6. Adam Stansfield 20 Kendal 2:23.10 402 31.62 1:06.89 1:44.59

7. Adam Jones 20 Ulverston 2:23.73 396 33.41 1:10.98 1:48.09

8. Matthew Foley 16 Ulverston 2:23.79 396 33.55 1:10.51 1:47.63

EVENT 504 Open/Male MC 10 /Over 50m Breaststr

10 Yrs/Over Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Adam Kelly 17 Copeland 31.98 474

2. Benson Cowsill 18 Ulverston 32.56 449

3. Oliver Dyson 17 Cockermouth 32.99 432

4. Matthew Bell 17 Carlisle Aq 33.12 427

5. Charlie Hall 16 Penrith 33.23 423

6. Matthew Foley 16 Ulverston 33.35 418

7. Max Whitehead 16 Kendal 33.50 413

8. Jackson Jardine 18 Cockermouth 33.58 410

9. Max McAllister 17 Workington 33.85 400

10. Jarno Stander 16 Kendal 34.14 390

11. Lewis Cooper 15 Carlisle Aq 34.83 367

12. Matthew Farnworth 30 Workington 35.28 353

13. Benjamin Rowley 17 Kendal 35.69 341

14. Noah Woodyatt 14 Ulverston 35.82 337

15. Leo Murray 16 Kendal 36.59 317

16. Jamie Blackwell 16 Workington 36.75 312

17. Leo Critchley 16 Barrow 36.76 312

18. Freddie Sutton 15 Copeland 36.99 306

19. Malachy Kenny 17 Ulverston 37.02 306

20. Eason Wei 17 Barrow 37.05 305

21. Elliott Dart 14 Kendal 37.07 304

22. Roick Curtis 14 Workington 37.10 304

23. Jonny Fidalgo-Hull 18 Cockermouth 37.15 302

24. Luke Davison 15 Cockermouth 37.45 295

25. Oscar Wharton 14 Cockermouth 37.53 293

26. Luke Goddard 14 Copeland 38.27 277

27. Harry Carr 15 Carlisle Aq 38.60 270

28. Jack Carradice 15 Kendal 38.80 265

29. Theodore Lamont 15 Carlisle Aq 38.95 262

30. Kaloyan Nedyalkov 13 Workington 39.24 257

31. Coben Burney 14 Copeland 39.37 254

32. Adam Bowman 14 Workington 39.40 253

33. Kit Nicholson 15 Penrith 39.41 253

34. Alfie Leahy 14 Barrow 39.42 253

35. Milo Williams 13 Kendal 39.68 248

36. Oliver Glaister 14 Workington 40.87 227

37. Oscar Williams 12 Carlisle Aq 41.72 213

38. Mason Stephenson 14 Workington 42.10 208

39. Lochlan Heddle 14 Kendal 42.83 197

40. Reuben Dorey 13 Carlisle Aq 43.32 191

41. Ben Davidson 11 Workington 43.33 190

42. Nathaniel Lamont 14 Carlisle Aq 43.59 187

43. Arlo Sutton 13 Copeland 43.61 187

44. Caleb Van Haren 14 Barrow 43.82 184

45. Archie Fell 13 Cockermouth 44.39 177

46. William Edward Brough 12 Ulverston 44.94 171

47. Toby Meldrum 14 Penrith 45.40 165

48. Thomas Holliday 12 Copeland 46.11 158

49. Daniel Skyrme 12 Ulverston 46.17 157

50. Olly Swarbrick 12 Barrow 46.71 152

51. Drew Cunningham 13 Cockermouth 46.85 151

52. Harry Pickavance 12 Cockermouth 47.01 149

53. Kai Stander 12 Kendal 47.31 146

54. Flynn Temple 12 Copeland 48.47 136

55. Harry Atkinson 11 Kendal 48.94 132

56. Oscar Frankham 12 Workington 49.04 131

57. Harry Harding 11 Carlisle Aq 49.10 131

58. Kit Grandison 12 Kendal 49.28 129

59. Duncan Buis 11 Carlisle Aq 49.56 127

60. Harry Barnes 12 Carlisle Aq 49.59 127

61. Max Nixon 11 Carlisle Aq 49.91 124

62. Kaiden James 11 Workington 50.35 121

63. Jake Dixon 10 Kendal 51.25 115

64. Matthias Wei 11 Barrow 51.45 114

65. Alfie Earl 11 Carlisle Aq 51.78 111

66. Kamal Hassan 11 Kendal 51.91 111

67. Laurence Sutton 11 Copeland 53.61 100

68. Ollie Ross 11 Carlisle Aq 53.69 100

69. George Moss 11 Barrow 54.76 94

Quinn Granger 11 Kendal DNC

Ben Jones 15 Carlisle Aq DNC

Kamil Rees 32 Workington DNC

10 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Jake Dixon 10 Kendal 51.25 115

11 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Ben Davidson 11 Workington 43.33 190

2. Harry Atkinson 11 Kendal 48.94 132

3. Harry Harding 11 Carlisle Aq 49.10 131

4. Duncan Buis 11 Carlisle Aq 49.56 127

5. Max Nixon 11 Carlisle Aq 49.91 124

6. Kaiden James 11 Workington 50.35 121

7. Matthias Wei 11 Barrow 51.45 114

8. Alfie Earl 11 Carlisle Aq 51.78 111

9. Kamal Hassan 11 Kendal 51.91 111

10. Laurence Sutton 11 Copeland 53.61 100

11. Ollie Ross 11 Carlisle Aq 53.69 100

12. George Moss 11 Barrow 54.76 94

Quinn Granger 11 Kendal DNC

12 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Oscar Williams 12 Carlisle Aq 41.72 213

2. William Edward Brough 12 Ulverston 44.94 171

3. Thomas Holliday 12 Copeland 46.11 158

4. Daniel Skyrme 12 Ulverston 46.17 157

5. Olly Swarbrick 12 Barrow 46.71 152

6. Harry Pickavance 12 Cockermouth 47.01 149

7. Kai Stander 12 Kendal 47.31 146

8. Flynn Temple 12 Copeland 48.47 136

9. Oscar Frankham 12 Workington 49.04 131

10. Kit Grandison 12 Kendal 49.28 129

11. Harry Barnes 12 Carlisle Aq 49.59 127

13 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Kaloyan Nedyalkov 13 Workington 39.24 257

2. Milo Williams 13 Kendal 39.68 248

3. Reuben Dorey 13 Carlisle Aq 43.32 191

4. Arlo Sutton 13 Copeland 43.61 187

5. Archie Fell 13 Cockermouth 44.39 177

6. Drew Cunningham 13 Cockermouth 46.85 151

14 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Noah Woodyatt 14 Ulverston 35.82 337

2. Elliott Dart 14 Kendal 37.07 304

3. Roick Curtis 14 Workington 37.10 304

4. Oscar Wharton 14 Cockermouth 37.53 293

5. Luke Goddard 14 Copeland 38.27 277

6. Coben Burney 14 Copeland 39.37 254

7. Adam Bowman 14 Workington 39.40 253

8. Alfie Leahy 14 Barrow 39.42 253

9. Oliver Glaister 14 Workington 40.87 227

10. Mason Stephenson 14 Workington 42.10 208

11. Lochlan Heddle 14 Kendal 42.83 197

12. Nathaniel Lamont 14 Carlisle Aq 43.59 187

13. Caleb Van Haren 14 Barrow 43.82 184

14. Toby Meldrum 14 Penrith 45.40 165

15 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Lewis Cooper 15 Carlisle Aq 34.83 367

2. Freddie Sutton 15 Copeland 36.99 306

3. Luke Davison 15 Cockermouth 37.45 295

4. Harry Carr 15 Carlisle Aq 38.60 270

5. Jack Carradice 15 Kendal 38.80 265

6. Theodore Lamont 15 Carlisle Aq 38.95 262

7. Kit Nicholson 15 Penrith 39.41 253

Ben Jones 15 Carlisle Aq DNC

16 Yrs/Over Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Adam Kelly 17 Copeland 31.98 474

2. Benson Cowsill 18 Ulverston 32.56 449

3. Oliver Dyson 17 Cockermouth 32.99 432

4. Matthew Bell 17 Carlisle Aq 33.12 427

5. Charlie Hall 16 Penrith 33.23 423

6. Matthew Foley 16 Ulverston 33.35 418

7. Max Whitehead 16 Kendal 33.50 413

8. Jackson Jardine 18 Cockermouth 33.58 410

9. Max McAllister 17 Workington 33.85 400

10. Jarno Stander 16 Kendal 34.14 390

11. Matthew Farnworth 30 Workington 35.28 353

12. Benjamin Rowley 17 Kendal 35.69 341

13. Leo Murray 16 Kendal 36.59 317

14. Jamie Blackwell 16 Workington 36.75 312

15. Leo Critchley 16 Barrow 36.76 312

16. Malachy Kenny 17 Ulverston 37.02 306

17. Eason Wei 17 Barrow 37.05 305

18. Jonny Fidalgo-Hull 18 Cockermouth 37.15 302

Kamil Rees 32 Workington DNC

EVENT 505 COUNTY CHAMPIONSHIP FINAL OF EVENT 502 Female 10 Yrs/Over 50m Freestyle

Full Results

Place Name AaD Club Time WA Pts

1. Olivia O'Mahony 17 Cockermouth 27.56 575

2. Jamie-Leigh Tyson 19 Ulverston 27.66 569

3. Scarlett Robinson 17 Ulverston 28.06 545

4. Lily Smith 20 Ulverston 28.49 521

5. Lilly Broadfoot 15 Ulverston 28.53 519

6. Chloe Cowsill 15 Ulverston 28.77 506

7. Isabella Fowles 15 Cockermouth 28.81 504

8. Amara Rose 19 Penrith 28.89 499

EVENT 506 Open/Male MC 10 Yrs/Over 200m IM

10 Yrs/Over Age Group - Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Oscar Hodgson 16 Cockermouth 2:16.52 517 29.06 1:04.00 1:44.00

2. Max Henderson 17 Cockermouth 2:19.07 489 28.80 1:04.18 1:45.27

3. Jackson Jardine 18 Cockermouth 2:20.40 476 30.53 1:06.24 1:48.33

4. Fergus Bell 17 Ulverston 2:21.28 467 29.10 1:04.72 1:48.35

5. Jonny Fidalgo-Hull 18 Cockermouth 2:21.94 460 30.53 1:06.76 1:49.58

6. Oliver Dyson 17 Cockermouth 2:23.56 445 33.45 1:11.66 1:50.50

7. Tom Bell 16 Barrow 2:24.62 435 31.55 1:09.04 1:52.98

8. David Pugh 23 Workington 2:24.64 435 31.98 1:06.94 1:51.38

9. Benson Cowsill 18 Ulverston 2:24.70 434 31.36 1:08.89 1:49.80

10. Matthew Foley 16 Ulverston 2:25.23 430 30.28 1:08.86 1:52.85

11. Benjamin Rowley 17 Kendal 2:26.05 422 30.87 1:08.08 1:54.27

12. Zachary Flitton 15 Workington 2:27.84 407 30.14 1:07.42 1:53.04

13. Joseph Todhunter 15 Copeland 2:32.95 368 33.58 1:13.59 2:00.23

14. Farron Bigrigg 14 Cockermouth 2:33.01 367 33.26 1:14.11 1:59.20

15. Jarno Stander 16 Kendal 2:33.66 363 33.24 1:13.29 1:59.12

16. Noah Woodyatt 14 Ulverston 2:33.86 361 34.63 1:12.95 1:58.26

17. Leo Critchley 16 Barrow 2:35.10 353 31.62 1:11.34 1:58.92

18. Charlie Hall 16 Penrith 2:36.35 344 33.87 1:17.71 2:02.48

19. Luke Davison 15 Cockermouth 2:36.43 344 33.51 1:13.78 2:00.44

20. Max Whitehead 16 Kendal 2:37.64 336 32.86 1:13.50 1:58.83

21. Thomas Ross 14 Carlisle Aq 2:38.52 330 35.04 1:17.50 2:05.39

22. Roick Curtis 14 Workington 2:38.86 328 33.29 1:14.51 2:02.26

23. Reuben Dorey 13 Carlisle Aq 2:39.51 324 34.28 1:16.55 2:05.53

24. Sergio Morganella 13 Carlisle Aq 2:39.88 322 35.91 1:17.93 2:05.88

25. Oliver Glaister 14 Workington 2:40.83 316 36.17 1:17.05 2:05.36

26. Luke Goddard 14 Copeland 2:40.88 316 34.10 1:18.41 2:05.83

27. Kaloyan Nedyalkov 13 Workington 2:41.18 314 33.68 1:17.88 2:04.40

28. Harry Meldrum 16 Penrith 2:41.75 311 33.59 1:16.47 2:05.51

29. Oscar Wharton 14 Cockermouth 2:42.58 306 35.98 1:20.23 2:05.29

30. Jamie Blackwell 16 Workington 2:44.24 297 36.88 1:19.33 2:06.45

31. Jack Carradice 15 Kendal 2:45.24 292 36.44 1:21.92 2:08.56

32. Oliver Stubbs 15 Kendal 2:45.29 291 34.32 1:16.98 2:09.92

33. George Kinnear 14 Kendal 2:45.75 289 38.12 1:19.81 2:10.04

34. Dylan Cowen 16 Ulverston 2:46.83 283 37.11 1:18.04 2:09.81

35. Harry Carr 15 Carlisle Aq 2:47.53 280 37.20 1:19.46 2:09.03

36. Adam Bowman 14 Workington 2:47.60 279 36.59 1:19.91 2:09.44

37. Alfie Leahy 14 Barrow 2:48.69 274 36.81 1:21.86 2:12.81

38. Elliott Dart 14 Kendal 2:49.24 271 37.51 1:21.70 2:10.96

39. Harry Dyson 14 Cockermouth 2:49.31 271 39.44 1:23.37 2:12.67

40. Jacob Wilson 13 Kendal 2:49.64 269 36.59 1:18.44 2:12.26

41. Adam Relph 16 Penrith 2:49.87 268 38.15 1:19.69 2:11.39

42. Theodore Lamont 15 Carlisle Aq 2:52.00 258 35.97 1:21.72 2:13.83

43. Ben Davidson 11 Workington 2:55.18 245 40.92 1:27.42 2:17.45

44. Lochlan Heddle 14 Kendal 2:56.77 238 39.13 1:25.91 2:18.40

45. Milo Williams 13 Kendal 2:58.60 231 43.15 1:27.32 2:18.51

46. Caleb Van Haren 14 Barrow 3:02.66 216 41.84 1:30.80 2:22.81

47. Olly Swarbrick 12 Barrow 3:04.03 211 38.91 1:26.68 2:24.47

48. Harry Atkinson 11 Kendal 3:06.44 203 40.38 1:28.04 2:26.63

49. Duncan Buis 11 Carlisle Aq 3:15.93 175 44.10 1:34.82 2:32.64

50. Kit Grandison 12 Kendal 3:16.26 174 46.69 1:34.43 2:34.00

51. Flynn Temple 12 Copeland 3:24.80 153 48.03 1:41.18 2:40.14

52. William Edward Brough 12 Ulverston 3:31.22 139 47.77 1:45.01 2:42.26

53. Max Nixon 11 Carlisle Aq 3:35.88 130 55.17 1:50.31 2:51.08

54. Ollie Ross 11 Carlisle Aq 3:45.17 115 50.27 1:50.84 2:58.43

55. Laurence Sutton 11 Copeland 3:47.80 111 55.14 1:55.94 2:59.01

56. George Moss 11 Barrow 3:50.47 107 54.51 1:53.21 3:00.79

Quinn Granger 11 Kendal DNC

Thomas Holliday 12 Copeland DNC

Freddie Sutton 15 Copeland DNC

Finley Souter 12 Penrith DQ 6 .4L

Drew Cunningham 13 Cockermouth DQ 7 .1L

Leo Sullivan 11 Barrow DQ 7 .6L

Zachary Taylor 16 Cockermouth DQ 7 .6L

Leo Murray 16 Kendal DQ 8 .3L

Alastair Buis 13 Carlisle Aq DQ 8 .5L

11 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Ben Davidson 11 Workington 2:55.18 245 40.92 1:27.42 2:17.45

2. Harry Atkinson 11 Kendal 3:06.44 203 40.38 1:28.04 2:26.63

3. Duncan Buis 11 Carlisle Aq 3:15.93 175 44.10 1:34.82 2:32.64

4. Max Nixon 11 Carlisle Aq 3:35.88 130 55.17 1:50.31 2:51.08

5. Ollie Ross 11 Carlisle Aq 3:45.17 115 50.27 1:50.84 2:58.43

6. Laurence Sutton 11 Copeland 3:47.80 111 55.14 1:55.94 2:59.01

7. George Moss 11 Barrow 3:50.47 107 54.51 1:53.21 3:00.79

Quinn Granger 11 Kendal DNC

Leo Sullivan 11 Barrow DQ 7 .6L

12 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Olly Swarbrick 12 Barrow 3:04.03 211 38.91 1:26.68 2:24.47

2. Kit Grandison 12 Kendal 3:16.26 174 46.69 1:34.43 2:34.00

3. Flynn Temple 12 Copeland 3:24.80 153 48.03 1:41.18 2:40.14

4. William Edward Brough 12 Ulverston 3:31.22 139 47.77 1:45.01 2:42.26

Thomas Holliday 12 Copeland DNC

Finley Souter 12 Penrith DQ 6 .4L

13 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Reuben Dorey 13 Carlisle Aq 2:39.51 324 34.28 1:16.55 2:05.53

2. Sergio Morganella 13 Carlisle Aq 2:39.88 322 35.91 1:17.93 2:05.88

3. Kaloyan Nedyalkov 13 Workington 2:41.18 314 33.68 1:17.88 2:04.40

4. Jacob Wilson 13 Kendal 2:49.64 269 36.59 1:18.44 2:12.26

5. Milo Williams 13 Kendal 2:58.60 231 43.15 1:27.32 2:18.51

Drew Cunningham 13 Cockermouth DQ 7 .1L

Alastair Buis 13 Carlisle Aq DQ 8 .5L

14 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Farron Bigrigg 14 Cockermouth 2:33.01 367 33.26 1:14.11 1:59.20

2. Noah Woodyatt 14 Ulverston 2:33.86 361 34.63 1:12.95 1:58.26

3. Thomas Ross 14 Carlisle Aq 2:38.52 330 35.04 1:17.50 2:05.39

4. Roick Curtis 14 Workington 2:38.86 328 33.29 1:14.51 2:02.26

5. Oliver Glaister 14 Workington 2:40.83 316 36.17 1:17.05 2:05.36

6. Luke Goddard 14 Copeland 2:40.88 316 34.10 1:18.41 2:05.83

7. Oscar Wharton 14 Cockermouth 2:42.58 306 35.98 1:20.23 2:05.29

8. George Kinnear 14 Kendal 2:45.75 289 38.12 1:19.81 2:10.04

9. Adam Bowman 14 Workington 2:47.60 279 36.59 1:19.91 2:09.44

10. Alfie Leahy 14 Barrow 2:48.69 274 36.81 1:21.86 2:12.81

11. Elliott Dart 14 Kendal 2:49.24 271 37.51 1:21.70 2:10.96

12. Harry Dyson 14 Cockermouth 2:49.31 271 39.44 1:23.37 2:12.67

13. Lochlan Heddle 14 Kendal 2:56.77 238 39.13 1:25.91 2:18.40

14. Caleb Van Haren 14 Barrow 3:02.66 216 41.84 1:30.80 2:22.81

15 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Zachary Flitton 15 Workington 2:27.84 407 30.14 1:07.42 1:53.04

2. Joseph Todhunter 15 Copeland 2:32.95 368 33.58 1:13.59 2:00.23

3. Luke Davison 15 Cockermouth 2:36.43 344 33.51 1:13.78 2:00.44

4. Jack Carradice 15 Kendal 2:45.24 292 36.44 1:21.92 2:08.56

5. Oliver Stubbs 15 Kendal 2:45.29 291 34.32 1:16.98 2:09.92

6. Harry Carr 15 Carlisle Aq 2:47.53 280 37.20 1:19.46 2:09.03

7. Theodore Lamont 15 Carlisle Aq 2:52.00 258 35.97 1:21.72 2:13.83

Freddie Sutton 15 Copeland DNC

16 Yrs/Over Age Group - Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Oscar Hodgson 16 Cockermouth 2:16.52 517 29.06 1:04.00 1:44.00

2. Max Henderson 17 Cockermouth 2:19.07 489 28.80 1:04.18 1:45.27

3. Jackson Jardine 18 Cockermouth 2:20.40 476 30.53 1:06.24 1:48.33

4. Fergus Bell 17 Ulverston 2:21.28 467 29.10 1:04.72 1:48.35

5. Jonny Fidalgo-Hull 18 Cockermouth 2:21.94 460 30.53 1:06.76 1:49.58

6. Oliver Dyson 17 Cockermouth 2:23.56 445 33.45 1:11.66 1:50.50

7. Tom Bell 16 Barrow 2:24.62 435 31.55 1:09.04 1:52.98

8. David Pugh 23 Workington 2:24.64 435 31.98 1:06.94 1:51.38

9. Benson Cowsill 18 Ulverston 2:24.70 434 31.36 1:08.89 1:49.80

10. Matthew Foley 16 Ulverston 2:25.23 430 30.28 1:08.86 1:52.85

11. Benjamin Rowley 17 Kendal 2:26.05 422 30.87 1:08.08 1:54.27

12. Jarno Stander 16 Kendal 2:33.66 363 33.24 1:13.29 1:59.12

13. Leo Critchley 16 Barrow 2:35.10 353 31.62 1:11.34 1:58.92

14. Charlie Hall 16 Penrith 2:36.35 344 33.87 1:17.71 2:02.48

15. Max Whitehead 16 Kendal 2:37.64 336 32.86 1:13.50 1:58.83

16. Harry Meldrum 16 Penrith 2:41.75 311 33.59 1:16.47 2:05.51

17. Jamie Blackwell 16 Workington 2:44.24 297 36.88 1:19.33 2:06.45

18. Dylan Cowen 16 Ulverston 2:46.83 283 37.11 1:18.04 2:09.81

19. Adam Relph 16 Penrith 2:49.87 268 38.15 1:19.69 2:11.39

Zachary Taylor 16 Cockermouth DQ 7 .6L

Leo Murray 16 Kendal DQ 8 .3L

EVENT 507 COUNTY CHAMPIONSHIP Female 11 Yrs/Over 800m Freestyle

Full Results

Place Name AaD Club Time WA Pts

1. Scarlett Robinson 17 Ulverston 9:36.15 568

50m 31.81 100m 1:06.85 150m 1:42.37 200m 2:18.45 250m 2:54.73 300m 3:31.23 350m 4:07.72 400m 4:44.06

450m 5:20.71 500m 5:57.45 550m 6:33.50 600m 7:09.87 650m 7:46.17 700m 8:22.99 750m 8:59.45 800m 9:36.15

2. Jamie-Leigh Tyson 19 Ulverston 9:49.62 530

50m 31.86 100m 1:07.13 150m 1:42.94 200m 2:19.51 250m 2:55.79 300m 3:32.43 350m 4:09.13 400m 4:45.84

450m 5:22.36 500m 5:59.81 550m 6:37.36 600m 7:16.47 650m 7:55.48 700m 8:34.33 750m 9:12.75 800m 9:49.62

3. Emily Sibbald 18 Workington 9:50.69 527

50m 33.44 100m 1:09.89 150m 1:47.31 200m 2:24.56 250m 3:01.97 300m 3:39.60 350m 4:16.49 400m 4:53.43

450m 5:30.71 500m 6:07.68 550m 6:44.99 600m 7:22.20 650m 8:00.11 700m 8:37.35 750m 9:14.99 800m 9:50.69

4. Lily Bailey 15 Cockermouth 9:50.93 527

50m 32.71 100m 1:08.91 150m 1:45.77 200m 2:22.62 250m 2:59.71 300m 3:37.08 350m 4:14.42 400m 4:51.94

450m 5:29.15 500m 6:07.01 550m 6:44.32 600m 7:22.14 650m 7:59.83 700m 8:37.56 750m 9:15.12 800m 9:50.93

5. Leah Rose 17 Penrith 9:51.16 526

50m 32.27 100m 1:07.86 150m 1:44.66 200m 2:21.42 250m 2:59.10 300m 3:36.63 350m 4:14.41 400m 4:52.33

450m 5:29.75 500m 6:07.69 550m 6:45.34 600m 7:22.84 650m 8:00.30 700m 8:37.80 750m 9:15.89 800m 9:51.16

6. Ellie Woodcock 14 Cockermouth 10:13.38 471

50m 33.72 100m 1:12.11 150m 1:51.13 200m 2:30.31 250m 3:09.39 300m 3:48.78 350m 4:27.78 400m 5:07.25

450m 5:46.76 500m 6:25.76 550m 7:04.33 600m 7:42.96 650m 8:21.08 700m 8:59.25 750m 9:37.32 800m 10:13.38

7. Lily Sparshott 14 Cockermouth 10:14.69 468

50m 33.69 100m 1:11.70 150m 1:49.87 200m 2:29.25 250m 3:07.28 300m 3:45.13 350m 4:23.65 400m 5:01.47

450m 5:40.58 500m 6:19.75 550m 6:59.37 600m 7:38.28 650m 8:18.08 700m 8:57.33 750m 9:36.26 800m 10:14.69

8. Abigail Caine 16 Ulverston 10:15.20 467

50m 32.58 100m 1:10.26 150m 1:47.98 200m 2:25.78 250m 3:03.97 300m 3:42.76 350m 4:21.57 400m 5:01.03

450m 5:40.87 500m 6:21.26 550m 7:01.93 600m 7:41.71 650m 8:22.87 700m 9:01.62 750m 9:40.67 800m 10:15.20

9. Isabelle Sullivan 16 Barrow 10:15.59 466

50m 34.15 100m 1:11.07 150m 1:49.90 200m 2:29.08 250m 3:08.30 300m 3:47.11 350m 4:26.70 400m 5:07.04

450m 5:46.40 500m 6:26.61 550m 7:05.89 600m 7:45.43 650m 8:25.00 700m 9:03.31 750m 9:41.17 800m 10:15.59

10. Amara Rose 19 Penrith 10:16.16 465

50m 33.51 100m 1:12.03 150m 1:51.79 200m 2:31.16 250m 3:10.28 300m 3:49.31 350m 4:29.34 400m 5:09.09

450m 5:48.24 500m 6:27.19 550m 7:06.20 600m 7:44.89 650m 8:23.54 700m 9:01.85 750m 9:40.37 800m 10:16.16

11. Evie-Rose Sugden 18 Carlisle Aq 10:21.87 452

50m 34.46 100m 1:12.44 150m 1:50.86 200m 2:29.64 250m 3:08.97 300m 3:48.23 350m 4:27.56 400m 5:06.94

450m 5:46.01 500m 6:25.77 550m 7:05.31 600m 7:44.71 650m 8:23.73 700m 9:03.68 750m 9:42.79 800m 10:21.87

12. Isla Bell 16 Carlisle Aq 10:37.33 420

50m 34.70 100m 1:12.86 150m 1:52.61 200m 2:32.67 250m 3:12.79 300m 3:53.56 350m 4:33.99 400m 5:14.80

450m 5:55.69 500m 6:36.89 550m 7:16.77 600m 7:57.18 650m 8:38.23 700m 9:19.06 750m 9:58.29 800m 10:37.33

13. Joanna Sutton 14 Copeland 10:39.32 416

50m 34.23 100m 1:13.21 150m 1:53.08 200m 2:33.11 250m 3:12.92 300m 3:53.86 350m 4:34.17 400m 5:14.78

450m 5:55.81 500m 6:35.95 550m 7:17.16 600m 7:59.27 650m 8:40.99 700m 9:22.74 750m 10:03.15 800m 10:39.32

14. Ruby Duxbury 16 Kendal 10:39.44 416

50m 35.12 100m 1:14.63 150m 1:55.18 200m 2:35.49 250m 3:16.30 300m 3:57.05 350m 4:37.60 400m 5:18.26

450m 5:59.77 500m 6:40.24 550m 7:20.48 600m 8:00.53 650m 8:41.14 700m 9:21.12 750m 10:01.72 800m 10:39.44

15. Emily David 13 Cockermouth 10:44.25 406

50m 34.95 100m 1:15.03 150m 1:55.77 200m 2:36.83 250m 3:17.91 300m 3:59.39 350m 4:40.33 400m 5:21.74

450m 6:02.58 500m 6:43.21 550m 7:23.55 600m 8:05.20 650m 8:45.65 700m 9:26.11 750m 10:07.01 800m 10:44.25

16. Emelia Cox 15 Carlisle Aq 10:56.66 384

50m 35.12 100m 1:14.84 150m 1:55.33 200m 2:36.75 250m 3:18.01 300m 3:59.37 350m 4:40.49 400m 5:22.55

450m 6:04.23 500m 6:46.29 550m 7:28.99 600m 8:11.72 650m 8:54.88 700m 9:36.71 750m 10:18.20 800m 10:56.66

17. Norah Graham 12 Barrow 10:57.89 382

50m 36.45 100m 1:16.64 150m 1:58.17 200m 2:40.47 250m 3:22.36 300m 4:04.08 350m 4:46.79 400m 5:28.80

450m 6:10.51 500m 6:52.26 550m 7:33.85 600m 8:15.24 650m 8:57.73 700m 9:39.24 750m 10:20.21 800m 10:57.89

18. Sian Morgan 14 Carlisle Aq 11:23.24 341

50m 36.57 100m 1:17.87 150m 2:00.83 200m 2:43.47 250m 3:26.56 300m 4:10.13 350m 4:54.09 400m 5:37.97

450m 6:22.08 500m 7:05.81 550m 7:49.00 600m 8:32.78 650m 9:16.33 700m 9:59.08 750m 10:42.49 800m 11:23.24

19. Polly Walker 12 Cockermouth 11:23.53 340

50m 38.48 100m 1:21.99 150m 2:05.43 200m 2:49.31 250m 3:33.08 300m 4:16.64 350m 5:00.75 400m 5:44.78

450m 6:28.25 500m 7:12.07 550m 7:55.72 600m 8:37.99 650m 9:21.30 700m 10:04.13 750m 10:45.65 800m 11:23.53

20. Scarlett Mayne 12 Workington 11:39.58 317

50m 38.35 100m 1:21.63 150m 2:05.86 200m 2:50.34 250m 3:34.67 300m 4:19.02 350m 5:04.75 400m 5:49.88

450m 6:35.38 500m 7:19.75 550m 8:03.60 600m 8:47.97 650m 9:32.08 700m 10:16.17 750m 10:59.69 800m 11:39.58

21. Daisy Ballantyne 14 Carlisle Aq 11:46.89 308

50m 38.54 100m 1:21.36 150m 2:04.99 200m 2:49.46 250m 3:34.66 300m 4:18.91 350m 5:03.94 400m 5:49.10

450m 6:34.27 500m 7:19.80 550m 8:05.81 600m 8:51.51 650m 9:37.12 700m 10:21.76 750m 11:05.24 800m 11:46.89

22. Esmay Dart 12 Kendal 11:49.62 304

50m 38.28 100m 1:22.18 150m 2:07.85 200m 2:52.75 250m 3:38.91 300m 4:24.67 350m 5:11.03 400m 5:56.47

450m 6:42.48 500m 7:27.77 550m 8:12.14 600m 8:56.60 650m 9:41.34 700m 10:26.51 750m 11:08.64 800m 11:49.62

23. Holly Bailey 11 Cockermouth 11:56.77 295

50m 37.51 100m 1:21.77 150m 2:06.52 200m 2:51.18 250m 3:37.44 300m 4:23.08 350m 5:09.69 400m 5:55.82

450m 6:41.14 500m 7:27.40 550m 8:13.09 600m 9:00.17 650m 9:47.11 700m 10:32.42 750m 11:17.10 800m 11:56.77

24. Isla Grimshaw 13 Workington 12:00.70 290

50m 38.16 100m 1:22.57 150m 2:06.79 200m 2:52.79 250m 3:37.86 300m 4:23.57 350m 5:10.30 400m 5:56.71

450m 6:43.77 500m 7:29.93 550m 8:15.06 600m 9:00.53 650m 9:46.59 700m 10:33.45 750m 11:18.21 800m 12:00.70

25. Isabelle Tyson 12 Ulverston 12:06.75 283

50m 38.46 100m 1:23.15 150m 2:08.46 200m 2:53.75 250m 3:39.88 300m 4:25.91 350m 5:13.10 400m 5:59.92

450m 6:46.43 500m 7:32.97 550m 8:19.61 600m 9:06.49 650m 9:53.24 700m 10:39.97 750m 11:25.78 800m 12:06.75

26. Isla Robertson 12 Carlisle Aq 12:15.49 273

50m 40.36 100m 1:25.00 150m 2:11.95 200m 2:58.58 250m 3:45.17 300m 4:32.90 350m 5:20.31 400m 6:07.81

450m 6:54.54 500m 7:43.05 550m 8:29.47 600m 9:17.95 650m 10:05.23 700m 10:52.80 750m 11:36.01 800m 12:15.49

27. Orlaith Treacy 12 Kendal 12:16.77 272

50m 40.62 100m 1:26.49 150m 2:13.35 200m 3:00.44 250m 3:47.36 300m 4:33.98 350m 5:20.99 400m 6:07.89

450m 6:56.26 500m 7:43.10 550m 8:28.52 600m 9:16.23 650m 10:03.63 700m 10:50.85 750m 11:35.85 800m 12:16.77

Niamh Green 12 Ulverston DNC

EVENT 508 COUNTY CHAMPIONSHIP FINAL OF EVENT 504 Open/Male 10 /Over 50m Breaststroke

Full Results

Place Name AaD Club Time WA Pts

1. Adam Kelly 17 Copeland 31.71 487

2. Oliver Dyson 17 Cockermouth 32.70 444

3. Matthew Bell 17 Carlisle Aq 32.89 436

4. Benson Cowsill 18 Ulverston 32.90 436

5. Matthew Foley 16 Ulverston 33.03 431

6. Charlie Hall 16 Penrith 33.04 430

7. Max Whitehead 16 Kendal 33.77 403

8. Jackson Jardine 18 Cockermouth 33.96 396

EVENT 509 COUNTY CHAMPIONSHIP FINAL OF EVENT 506 Open/Male 10 Yrs/Over 200m IM

Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Oscar Hodgson 16 Cockermouth 2:14.44 542 28.92 1:04.04 1:43.48

2. Jackson Jardine 18 Cockermouth 2:16.44 518 29.89 1:05.02 1:45.92

3. Max Henderson 17 Cockermouth 2:18.10 500 28.51 1:04.10 1:44.89

4. David Pugh 23 Workington 2:19.94 480 30.72 1:04.37 1:46.92

5. Jonny Fidalgo-Hull 18 Cockermouth 2:20.54 474 30.19 1:05.65 1:47.53

6. Fergus Bell 17 Ulverston 2:21.49 465 29.65 1:05.58 1:49.06

7. Oliver Dyson 17 Cockermouth 2:22.57 454 32.58 1:09.93 1:49.28

8. Tom Bell 16 Barrow 2:25.92 424 30.73 1:08.04 1:52.06

EVENT 509 JUNIOR COUNTY CHAMPIONSHIP FINAL OF EVENT 506 Open/Male 10 Yrs/Over 200m IM

Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Oscar Hodgson 16 Cockermouth 2:14.44 542 28.92 1:04.04 1:43.48

2. Tom Bell 16 Barrow 2:25.92 424 30.73 1:08.04 1:52.06

3. Matthew Foley 16 Ulverston 2:25.23 430 30.28 1:08.86 1:52.85

EVENT 601 Female MC 10 /Over 50m Breaststroke

10 Yrs/Over Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Amber Rigg 17 Cockermouth 35.17 524

2. Isabella Fowles 15 Cockermouth 35.73 500

3. Kate Collin 17 Kendal 36.09 485

4. Peri Watson 17 Penrith 36.63 464

5. Lilly Broadfoot 15 Ulverston 36.72 461

6. Rose Yearnshire 15 Ulverston 36.79 458

7. Scarlett Robinson 17 Ulverston 36.83 457

8. Ava Dixon 13 Kendal 37.61 429

9. Amara Rose 19 Penrith 38.15 411

10. Hannah Carradice 15 Kendal 38.25 408

11. Yasmin Burrow 16 Carlisle Aq 38.43 402

12. Esme Wilson 13 Cockermouth 38.50 400

13. Lily Bailey 15 Cockermouth 38.59 397

14. Annie Bottomley 17 Kendal 38.60 397

15. Emelia Cox 15 Carlisle Aq 38.72 393

16. Holly Relph 13 Cockermouth 38.78 391

17. Nell McCabe 15 Workington 38.92 387

18. Isobel Marsh 15 Carlisle Aq 39.05 383

19. Ashton Wood 14 Ulverston 39.07 382

20. Anna Smith 15 Workington 39.12 381

21. Hollie Morgan 17 Carlisle Aq 39.25 377

22. Ellie Woodcock 14 Cockermouth 39.47 371

23. Evie-Rose Sugden 18 Carlisle Aq 39.63 366

24. Isla Robertson 16 Ulverston 39.77 363

25. Sian Morgan 14 Carlisle Aq 39.79 362

26. Joanna Sutton 14 Copeland 39.82 361

27. Emily David 13 Cockermouth 39.93 358

28. Evelyn Kinnear 16 Kendal 40.36 347

29. Nikola Lejbt 14 Cockermouth 40.70 338

30. Felicity Pattinson 15 Kendal 41.00 331

31. Maisey Wilson 13 Kendal 41.15 327

32. Erin Shuttleworth 13 Workington 41.47 320

33. Ruby Stewart 16 Cockermouth 41.99 308

34. Islay Atkinson 13 Kendal 42.03 307

35. Emma Anderson Bickley 14 Kendal 42.13 305

36. Isabel Pearson 14 Workington 42.18 304

37. Alice Fowles 13 Penrith 42.61 295

38. Megan Turner 12 Kendal 42.66 294

39. Mia Griffiths 14 Ulverston 42.74 292

40. Lucy Dix 11 Cockermouth 42.76 292

41. Aisling Robertson 13 Ulverston 42.86 290

42. Indie Brookes 13 Kendal 43.04 286

43. Maisie Ross 12 Carlisle Aq 43.45 278

44. Sophia Campbell 13 Carlisle Aq 43.89 270

45. Isla Shuttleworth 11 Workington 44.44 260

46. Layla Thurstan 12 Carlisle Aq 44.53 258

47. Amelia Pearson 12 Workington 44.67 256

48. Mollie Thomas 13 Kendal 44.78 254

49. Isabelle Coward 13 Ulverston 44.97 251

50. Jessica Atkinson 13 Kendal 45.13 248

51. Layla-Rose Thompson 14 Workington 45.25 246

52. Daisy Ballantyne 14 Carlisle Aq 45.67 239

53. Macie Bell 11 Carlisle Aq 45.83 237

54. Lillie-Rae Jones 12 Ulverston 45.88 236

55. Ariana Dorey 11 Carlisle Aq 46.07 233

56. Scarlett Mayne 12 Workington 46.09 233

57. Emelia Parker 14 Barrow 46.12 232

58. Norah Graham 12 Barrow 46.30 230

59. Evie Clifford 11 Cockermouth 46.49 227

60. Evie McAvoy 12 Kendal 46.59 225

61. Esmay Dart 12 Kendal 46.60 225

62. Lois Mahony 14 Barrow 46.79 222

63. Phoebe Hunter 13 Ulverston 46.93 220

64. Isla Hamilton 13 Kendal 47.15 217

65. Orlaith Treacy 12 Kendal 47.30 215

66. Lucy Williams 13 Kendal 47.79 209

67. Niamh Green 12 Ulverston 47.95 207

68. Isabelle Tyson 12 Ulverston 48.01 206

69. Isla Grimshaw 13 Workington 48.31 202

70. Holly Bailey 11 Cockermouth 48.41 201

71. Zoe Sanderson 11 Cockermouth 49.03 193

72. Polly Walker 12 Cockermouth 49.44 188

73. Luna Roberts 12 Ulverston 49.90 183

74. Jessica Smith 12 Kendal 49.95 183

75. Grace Goodfellow 11 Carlisle Aq 50.16 180

76. Quinn Bower 11 Barrow 50.55 176

77. Ruth Locke-Brown 11 Carlisle Aq 51.64 165

78. Jessica Managh 10 Barrow 52.09 161

79. G Galloni-Wilkinson 10 Cockermouth 53.24 151

80. Matilda Sutton 11 Copeland 53.29 150

81. Isla Crawley 11 Penrith 53.57 148

82. Maggie Foster 11 Carlisle Aq 54.59 140

83. Dayana Hernandez Salas 11 Carlisle Aq 54.79 138

84. Macey Glaister 11 Workington 55.44 134

85. Imogen Watkins 10 Cockermouth 55.72 131

86. Thea Temple 10 Copeland 55.74 131

10 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Jessica Managh 10 Barrow 52.09 161

2. G Galloni-Wilkinson 10 Cockermouth 53.24 151

3. Imogen Watkins 10 Cockermouth 55.72 131

4. Thea Temple 10 Copeland 55.74 131

11 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Lucy Dix 11 Cockermouth 42.76 292

2. Isla Shuttleworth 11 Workington 44.44 260

3. Macie Bell 11 Carlisle Aq 45.83 237

4. Ariana Dorey 11 Carlisle Aq 46.07 233

5. Evie Clifford 11 Cockermouth 46.49 227

6. Holly Bailey 11 Cockermouth 48.41 201

7. Zoe Sanderson 11 Cockermouth 49.03 193

8. Grace Goodfellow 11 Carlisle Aq 50.16 180

9. Quinn Bower 11 Barrow 50.55 176

10. Ruth Locke-Brown 11 Carlisle Aq 51.64 165

11. Matilda Sutton 11 Copeland 53.29 150

12. Isla Crawley 11 Penrith 53.57 148

13. Maggie Foster 11 Carlisle Aq 54.59 140

14. Dayana Hernandez Salas 11 Carlisle Aq 54.79 138

15. Macey Glaister 11 Workington 55.44 134

12 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Megan Turner 12 Kendal 42.66 294

2. Maisie Ross 12 Carlisle Aq 43.45 278

3. Layla Thurstan 12 Carlisle Aq 44.53 258

4. Amelia Pearson 12 Workington 44.67 256

5. Lillie-Rae Jones 12 Ulverston 45.88 236

6. Scarlett Mayne 12 Workington 46.09 233

7. Norah Graham 12 Barrow 46.30 230

8. Evie McAvoy 12 Kendal 46.59 225

9. Esmay Dart 12 Kendal 46.60 225

10. Orlaith Treacy 12 Kendal 47.30 215

11. Niamh Green 12 Ulverston 47.95 207

12. Isabelle Tyson 12 Ulverston 48.01 206

13. Polly Walker 12 Cockermouth 49.44 188

14. Luna Roberts 12 Ulverston 49.90 183

15. Jessica Smith 12 Kendal 49.95 183

13 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Ava Dixon 13 Kendal 37.61 429

2. Esme Wilson 13 Cockermouth 38.50 400

3. Holly Relph 13 Cockermouth 38.78 391

4. Emily David 13 Cockermouth 39.93 358

5. Maisey Wilson 13 Kendal 41.15 327

6. Erin Shuttleworth 13 Workington 41.47 320

7. Islay Atkinson 13 Kendal 42.03 307

8. Alice Fowles 13 Penrith 42.61 295

9. Aisling Robertson 13 Ulverston 42.86 290

10. Indie Brookes 13 Kendal 43.04 286

11. Sophia Campbell 13 Carlisle Aq 43.89 270

12. Mollie Thomas 13 Kendal 44.78 254

13. Isabelle Coward 13 Ulverston 44.97 251

14. Jessica Atkinson 13 Kendal 45.13 248

15. Phoebe Hunter 13 Ulverston 46.93 220

16. Isla Hamilton 13 Kendal 47.15 217

17. Lucy Williams 13 Kendal 47.79 209

18. Isla Grimshaw 13 Workington 48.31 202

14 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Ashton Wood 14 Ulverston 39.07 382

2. Ellie Woodcock 14 Cockermouth 39.47 371

3. Sian Morgan 14 Carlisle Aq 39.79 362

4. Joanna Sutton 14 Copeland 39.82 361

5. Nikola Lejbt 14 Cockermouth 40.70 338

6. Emma Anderson Bickley 14 Kendal 42.13 305

7. Isabel Pearson 14 Workington 42.18 304

8. Mia Griffiths 14 Ulverston 42.74 292

9. Layla-Rose Thompson 14 Workington 45.25 246

10. Daisy Ballantyne 14 Carlisle Aq 45.67 239

11. Emelia Parker 14 Barrow 46.12 232

12. Lois Mahony 14 Barrow 46.79 222

15 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Isabella Fowles 15 Cockermouth 35.73 500

2. Lilly Broadfoot 15 Ulverston 36.72 461

3. Rose Yearnshire 15 Ulverston 36.79 458

4. Hannah Carradice 15 Kendal 38.25 408

5. Lily Bailey 15 Cockermouth 38.59 397

6. Emelia Cox 15 Carlisle Aq 38.72 393

7. Nell McCabe 15 Workington 38.92 387

8. Isobel Marsh 15 Carlisle Aq 39.05 383

9. Anna Smith 15 Workington 39.12 381

10. Felicity Pattinson 15 Kendal 41.00 331

16 Yrs/Over Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Amber Rigg 17 Cockermouth 35.17 524

2. Kate Collin 17 Kendal 36.09 485

3. Peri Watson 17 Penrith 36.63 464

4. Scarlett Robinson 17 Ulverston 36.83 457

5. Amara Rose 19 Penrith 38.15 411

6. Yasmin Burrow 16 Carlisle Aq 38.43 402

7. Annie Bottomley 17 Kendal 38.60 397

8. Hollie Morgan 17 Carlisle Aq 39.25 377

9. Evie-Rose Sugden 18 Carlisle Aq 39.63 366

10. Isla Robertson 16 Ulverston 39.77 363

11. Evelyn Kinnear 16 Kendal 40.36 347

12. Ruby Stewart 16 Cockermouth 41.99 308

EVENT 602 Open/Male MC 10 /Over 50m Butterfly

10 Yrs/Over Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Oscar Hodgson 16 Cockermouth 26.94 526

2. Adam Stansfield 20 Kendal 27.71 483

3. Fergus Bell 17 Ulverston 27.83 477

4. Elliot Routledge 27 Workington 27.84 476

5. Benjamin Rowley 17 Kendal 28.06 465

6. Max Henderson 17 Cockermouth 28.37 450

7. Matthew Bell 17 Carlisle Aq 28.41 448

8. Lewis Cooper 15 Carlisle Aq 28.47 445

9. William Appleby 43 Workington 28.58 440

10. Adam Jones 20 Ulverston 28.60 439

11. Matthew Foley 16 Ulverston 28.77 432

12. Jackson Jardine 18 Cockermouth 28.79 431

13. Benson Cowsill 18 Ulverston 28.81 430

14. Tom Bell 16 Barrow 29.47 402

15. Zachary Flitton 15 Workington 29.61 396

16. Jonny Fidalgo-Hull 18 Cockermouth 29.69 393

17. Saul Newson-Nixon 17 Workington 29.71 392

18. Leo Critchley 16 Barrow 30.05 379

19. Eason Wei 17 Barrow 30.14 375

20. Jarno Stander 16 Kendal 30.23 372

21. Charlie Hall 16 Penrith 30.27 370

22. Oliver Stubbs 15 Kendal 31.31 335

23. Leo Murray 16 Kendal 31.32 334

24. Max Whitehead 16 Kendal 31.35 333

25. Luke Goddard 14 Copeland 31.36 333

26. Finlay Wood 16 Kendal 31.43 331

27. Theodore Lamont 15 Carlisle Aq 31.97 314

28. Harry Meldrum 16 Penrith 31.98 314

29. Thomas Ross 14 Carlisle Aq 32.11 310

30. Farron Bigrigg 14 Cockermouth 32.33 304

31. Kaloyan Nedyalkov 13 Workington 32.71 293

32. Roick Curtis 14 Workington 32.74 293

33. Luke Davison 15 Cockermouth 32.82 291

34. Malachy Kenny 17 Ulverston 32.83 290

35. Reuben Dorey 13 Carlisle Aq 32.89 289

36. Freddie Sutton 15 Copeland 33.40 276

37. Noah Woodyatt 14 Ulverston 33.86 265

38. Harry Carr 15 Carlisle Aq 33.88 264

39. George Kinnear 14 Kendal 34.12 259

40. Oscar Wharton 14 Cockermouth 34.27 255

41. Jacob Wilson 13 Kendal 34.41 252

42. Oliver Glaister 14 Workington 34.78 244

43. Kit Nicholson 15 Penrith 34.90 242

44. Olly Swarbrick 12 Barrow 35.09 238

44. Alfie Leahy 14 Barrow 35.09 238

46. Sergio Morganella 13 Carlisle Aq 35.28 234

47. Connor Wiggins 15 Cockermouth 35.51 229

48. Lochlan Heddle 14 Kendal 35.85 223

49. Harry Dyson 14 Cockermouth 36.20 216

50. Ben Davidson 11 Workington 36.40 213

51. Harry Atkinson 11 Kendal 36.79 206

52. Coben Burney 14 Copeland 37.40 196

53. Caleb Van Haren 14 Barrow 37.55 194

54. Mason Stephenson 14 Workington 38.21 184

55. Nathaniel Lamont 14 Carlisle Aq 38.75 176

56. Harry McDowell 13 Copeland 38.97 173

57. Arlo Sutton 13 Copeland 40.29 157

58. Milo Williams 13 Kendal 40.51 154

59. Finley Souter 12 Penrith 40.57 154

60. Duncan Buis 11 Carlisle Aq 41.60 142

61. Thomas Holliday 12 Copeland 42.01 138

62. Matthias Wei 11 Barrow 43.25 127

63. Carter Pedlar 12 Penrith 43.39 125

64. Jake Dixon 10 Kendal 43.58 124

65. Kai Stander 12 Kendal 44.63 115

66. Harvey Carruthers-Boyd 11 Penrith 46.94 99

67. Ollie Ross 11 Carlisle Aq 47.44 96

68. Max Nixon 11 Carlisle Aq 48.42 90

69. George Moss 11 Barrow 51.17 76

70. Alfie Earl 11 Carlisle Aq 53.24 68

71. Laurence Sutton 11 Copeland 53.99 65

72. Daniel Foley 11 Ulverston 55.78 59

73. Leo Sullivan 11 Barrow 56.31 57

Sean Nabena 11 Carlisle Aq DNC

Kamil Rees 32 Workington DNC

Adam Bowman 14 Workington DQ 8 .3L

10 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Jake Dixon 10 Kendal 43.58 124

11 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Ben Davidson 11 Workington 36.40 213

2. Harry Atkinson 11 Kendal 36.79 206

3. Duncan Buis 11 Carlisle Aq 41.60 142

4. Matthias Wei 11 Barrow 43.25 127

5. Harvey Carruthers-Boyd 11 Penrith 46.94 99

6. Ollie Ross 11 Carlisle Aq 47.44 96

7. Max Nixon 11 Carlisle Aq 48.42 90

8. George Moss 11 Barrow 51.17 76

9. Alfie Earl 11 Carlisle Aq 53.24 68

10. Laurence Sutton 11 Copeland 53.99 65

11. Daniel Foley 11 Ulverston 55.78 59

12. Leo Sullivan 11 Barrow 56.31 57

Sean Nabena 11 Carlisle Aq DNC

12 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Olly Swarbrick 12 Barrow 35.09 238

2. Finley Souter 12 Penrith 40.57 154

3. Thomas Holliday 12 Copeland 42.01 138

4. Carter Pedlar 12 Penrith 43.39 125

5. Kai Stander 12 Kendal 44.63 115

13 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Kaloyan Nedyalkov 13 Workington 32.71 293

2. Reuben Dorey 13 Carlisle Aq 32.89 289

3. Jacob Wilson 13 Kendal 34.41 252

4. Sergio Morganella 13 Carlisle Aq 35.28 234

5. Harry McDowell 13 Copeland 38.97 173

6. Arlo Sutton 13 Copeland 40.29 157

7. Milo Williams 13 Kendal 40.51 154

14 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Luke Goddard 14 Copeland 31.36 333

2. Thomas Ross 14 Carlisle Aq 32.11 310

3. Farron Bigrigg 14 Cockermouth 32.33 304

4. Roick Curtis 14 Workington 32.74 293

5. Noah Woodyatt 14 Ulverston 33.86 265

6. George Kinnear 14 Kendal 34.12 259

7. Oscar Wharton 14 Cockermouth 34.27 255

8. Oliver Glaister 14 Workington 34.78 244

9. Alfie Leahy 14 Barrow 35.09 238

10. Lochlan Heddle 14 Kendal 35.85 223

11. Harry Dyson 14 Cockermouth 36.20 216

12. Coben Burney 14 Copeland 37.40 196

13. Caleb Van Haren 14 Barrow 37.55 194

14. Mason Stephenson 14 Workington 38.21 184

15. Nathaniel Lamont 14 Carlisle Aq 38.75 176

Adam Bowman 14 Workington DQ 8 .3L

15 Yrs Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Lewis Cooper 15 Carlisle Aq 28.47 445

2. Zachary Flitton 15 Workington 29.61 396

3. Oliver Stubbs 15 Kendal 31.31 335

4. Theodore Lamont 15 Carlisle Aq 31.97 314

5. Luke Davison 15 Cockermouth 32.82 291

6. Freddie Sutton 15 Copeland 33.40 276

7. Harry Carr 15 Carlisle Aq 33.88 264

8. Kit Nicholson 15 Penrith 34.90 242

9. Connor Wiggins 15 Cockermouth 35.51 229

16 Yrs/Over Age Group - Full Results

Place Name AaD Club Time WA Pts

1. Oscar Hodgson 16 Cockermouth 26.94 526

2. Adam Stansfield 20 Kendal 27.71 483

3. Fergus Bell 17 Ulverston 27.83 477

4. Elliot Routledge 27 Workington 27.84 476

5. Benjamin Rowley 17 Kendal 28.06 465

6. Max Henderson 17 Cockermouth 28.37 450

7. Matthew Bell 17 Carlisle Aq 28.41 448

8. William Appleby 43 Workington 28.58 440

9. Adam Jones 20 Ulverston 28.60 439

10. Matthew Foley 16 Ulverston 28.77 432

11. Jackson Jardine 18 Cockermouth 28.79 431

12. Benson Cowsill 18 Ulverston 28.81 430

13. Tom Bell 16 Barrow 29.47 402

14. Jonny Fidalgo-Hull 18 Cockermouth 29.69 393

15. Saul Newson-Nixon 17 Workington 29.71 392

16. Leo Critchley 16 Barrow 30.05 379

17. Eason Wei 17 Barrow 30.14 375

18. Jarno Stander 16 Kendal 30.23 372

19. Charlie Hall 16 Penrith 30.27 370

20. Leo Murray 16 Kendal 31.32 334

21. Max Whitehead 16 Kendal 31.35 333

22. Finlay Wood 16 Kendal 31.43 331

23. Harry Meldrum 16 Penrith 31.98 314

24. Malachy Kenny 17 Ulverston 32.83 290

Kamil Rees 32 Workington DNC

EVENT 603 COUNTY CHAMPIONSHIP FINAL OF EVENT 601 Female 10 Yrs/Over 50m Breaststroke

Full Results

Place Name AaD Club Time WA Pts

1. Amber Rigg 17 Cockermouth 33.77 592

2. Isabella Fowles 15 Cockermouth 35.21 523

3. Kate Collin 17 Kendal 35.73 500

4. Scarlett Robinson 17 Ulverston 36.37 474

5. Lilly Broadfoot 15 Ulverston 36.50 469

6. Peri Watson 17 Penrith 36.65 463

7. Rose Yearnshire 15 Ulverston 36.70 461

8. Ava Dixon 13 Kendal 37.54 431

EVENT 604 Female MC 10 Yrs/Over 200m IM

10 Yrs/Over Age Group - Full Results

Place Name AaD Club Class Time WA Pts 50 100 150

1. Olivia O'Mahony 17 Cockermouth 2:29.74 538 33.33 1:09.38 1:53.18

2. Lily Smith 20 Ulverston 2:30.84 527 32.37 1:09.67 1:55.07

3. Isabella Fowles 15 Cockermouth 2:30.87 526 32.86 1:10.53 1:55.78

4. Leah Rose 17 Penrith 2:31.77 517 33.76 1:12.52 1:57.73

5. Amber Rigg 17 Cockermouth 2:32.14 513 33.34 1:11.46 1:55.41

6. Scarlett Robinson 17 Ulverston 2:33.31 502 33.98 1:13.92 1:57.84

7. Chloe Cowsill 15 Ulverston 2:33.59 499 32.16 1:10.93 1:57.61

8. Holly Relph 13 Cockermouth 2:37.98 458 36.41 1:17.01 2:02.22

9. Macee Wiggins 17 Cockermouth 2:38.31 456 34.04 1:12.02 1:59.68

10. Lily Bailey 15 Cockermouth 2:38.96 450 36.33 1:15.76 2:02.31

11. Peri Watson 17 Penrith 2:39.52 445 36.50 1:15.82 2:03.61

12. Isobel Marsh 15 Carlisle Aq 2:40.29 439 35.61 1:14.97 2:02.46

13. Brooklyn Hale 15 Cockermouth 9 2:40.87 434 36.54 1:16.69 2:04.65

14. Rachel Lewis 16 Cockermouth 2:41.17 432 35.26 1:13.67 2:03.44

15. Imogen McAllister 15 Workington 2:42.76 419 34.92 1:15.97 2:03.59

16. Amara Rose 19 Penrith 2:42.77 419 34.04 1:16.66 2:05.86

17. Joanna Sutton 14 Copeland 2:43.05 417 35.48 1:18.21 2:05.45

18. Lilly Broadfoot 15 Ulverston 2:43.74 412 33.62 1:15.60 2:04.05

19. Isabelle Sullivan 16 Barrow 2:43.87 411 35.08 1:17.43 2:08.02

20. Maisie O'Mahony 15 Carlisle Aq 2:44.48 406 34.93 1:16.34 2:07.21

21. Nell McCabe 15 Workington 2:44.54 406 37.18 1:20.91 2:08.06

22. Yasmin Burrow 16 Carlisle Aq 2:44.70 405 36.60 1:19.26 2:09.77

23. Rose Yearnshire 15 Ulverston 2:44.81 404 35.07 1:19.83 2:05.38

24. Isla Bell 16 Carlisle Aq 2:45.83 396 36.04 1:16.98 2:08.43

25. Emily Sibbald 18 Workington 2:45.86 396 35.14 1:18.37 2:09.29

26. Isla Robertson 16 Ulverston 2:46.16 394 36.87 1:19.13 2:07.94

27. Emelia Cox 15 Carlisle Aq 2:46.31 393 35.75 1:18.80 2:07.30

28. Emily David 13 Cockermouth 2:46.68 390 37.70 1:19.39 2:10.36

29. Hannah Carradice 15 Kendal 2:47.72 383 36.37 1:21.16 2:09.93

30. Esme Wilson 13 Cockermouth 2:47.89 382 36.35 1:19.32 2:09.67

31. Ashton Wood 14 Ulverston 2:48.59 377 37.23 1:21.48 2:09.02

32. Emma Anderson Bickley 14 Kendal 2:51.70 357 37.01 1:20.80 2:13.07

33. Lily Sparshott 14 Cockermouth 2:52.05 355 36.79 1:21.72 2:17.22

34. Aisling Robertson 13 Ulverston 2:53.75 344 38.30 1:21.57 2:13.92

35. Charlotte Grimshaw 20 Workington 2:54.25 342 37.23 1:19.03 2:12.77

36. Isabel Pearson 14 Workington 2:55.53 334 38.82 1:24.74 -

37. Louisa Draper 16 Workington 2:55.91 332 36.03 1:20.25 2:14.90

38. Erin Shuttleworth 13 Workington 2:56.40 329 41.58 1:27.37 2:15.19

39. Felicity Pattinson 15 Kendal 2:57.68 322 40.61 1:24.98 2:18.14

40. Hollie Morgan 17 Carlisle Aq 2:58.32 319 39.23 1:23.58 2:15.32

41. Norah Graham 12 Barrow 2:58.34 319 38.03 1:24.84 2:17.61

42. Jessica Atkinson 13 Kendal 2:59.39 313 43.92 1:30.20 2:21.56

43. Islay Atkinson 13 Kendal 2:59.49 312 41.62 1:26.18 2:17.54

44. Zoe Sanderson 11 Cockermouth 2:59.94 310 41.24 1:24.83 2:21.80

45. Sophia Campbell 13 Carlisle Aq 3:01.16 304 43.79 1:28.49 2:22.70

46. Sian Morgan 14 Carlisle Aq 3:02.24 298 40.51 1:29.60 2:19.64

47. Scarlett Mayne 12 Workington 3:02.70 296 40.46 1:27.25 2:21.16

48. Daisy Ballantyne 14 Carlisle Aq 3:03.77 291 42.55 1:29.43 2:22.05

49. Chloe Hunt 13 Barrow 3:04.11 289 41.03 1:28.67 2:25.12

50. Polly Walker 12 Cockermouth 3:05.00 285 42.25 1:28.18 2:24.57

51. Emelia Parker 14 Barrow 3:05.62 282 42.43 1:27.33 2:23.47

52. Ellia Payne 13 Copeland 3:07.06 276 41.75 1:30.57 2:26.63

53. Phoebe Hunter 13 Ulverston 3:07.38 275 41.92 1:29.74 2:23.62

54. Layla Thurstan 12 Carlisle Aq 3:07.88 272 41.90 1:30.57 2:26.16

55. Megan Turner 12 Kendal 3:09.84 264 44.86 1:32.63 2:26.42

56. Holly Bailey 11 Cockermouth 3:12.79 252 44.40 1:30.97 2:31.00

57. Evie Clifford 11 Cockermouth 3:13.09 251 47.40 1:37.81 2:31.50

58. Amelia Pearson 12 Workington 3:14.27 246 44.82 1:37.51 2:31.32

59. Isla Grimshaw 13 Workington 3:15.67 241 44.44 1:32.78 2:31.69

60. Macie Bell 11 Carlisle Aq 3:17.80 233 45.03 1:35.28 2:32.19

61. Isla Shuttleworth 11 Workington 3:17.89 233 46.23 1:42.50 2:36.87

62. Orlaith Treacy 12 Kendal 3:18.93 229 46.15 1:35.80 2:34.84

63. Luna Roberts 12 Ulverston 3:20.76 223 45.73 1:36.04 2:36.63

64. Josie Wilson 11 Kendal 3:49.67 149 54.86 1:49.95 2:57.32

Jessica Holliday 15 Copeland DNC

Evie-Rose Sugden 18 Carlisle Aq DNC

Quinn Bower 11 Barrow DQ 6 .4L

Ellie Woodcock 14 Cockermouth DQ 7 .6L

Isabelle Tyson 12 Ulverston DQ 8 .2L

11 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts 50 100 150

1. Zoe Sanderson 11 Cockermouth 2:59.94 310 41.24 1:24.83 2:21.80

2. Holly Bailey 11 Cockermouth 3:12.79 252 44.40 1:30.97 2:31.00

3. Evie Clifford 11 Cockermouth 3:13.09 251 47.40 1:37.81 2:31.50

4. Macie Bell 11 Carlisle Aq 3:17.80 233 45.03 1:35.28 2:32.19

5. Isla Shuttleworth 11 Workington 3:17.89 233 46.23 1:42.50 2:36.87

6. Josie Wilson 11 Kendal 3:49.67 149 54.86 1:49.95 2:57.32

Quinn Bower 11 Barrow DQ 6 .4L

12 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts 50 100 150

1. Norah Graham 12 Barrow 2:58.34 319 38.03 1:24.84 2:17.61

2. Scarlett Mayne 12 Workington 3:02.70 296 40.46 1:27.25 2:21.16

3. Polly Walker 12 Cockermouth 3:05.00 285 42.25 1:28.18 2:24.57

4. Layla Thurstan 12 Carlisle Aq 3:07.88 272 41.90 1:30.57 2:26.16

5. Megan Turner 12 Kendal 3:09.84 264 44.86 1:32.63 2:26.42

6. Amelia Pearson 12 Workington 3:14.27 246 44.82 1:37.51 2:31.32

7. Orlaith Treacy 12 Kendal 3:18.93 229 46.15 1:35.80 2:34.84

8. Luna Roberts 12 Ulverston 3:20.76 223 45.73 1:36.04 2:36.63

Isabelle Tyson 12 Ulverston DQ 8 .2L

13 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts 50 100 150

1. Holly Relph 13 Cockermouth 2:37.98 458 36.41 1:17.01 2:02.22

2. Emily David 13 Cockermouth 2:46.68 390 37.70 1:19.39 2:10.36

3. Esme Wilson 13 Cockermouth 2:47.89 382 36.35 1:19.32 2:09.67

4. Aisling Robertson 13 Ulverston 2:53.75 344 38.30 1:21.57 2:13.92

5. Erin Shuttleworth 13 Workington 2:56.40 329 41.58 1:27.37 2:15.19

6. Jessica Atkinson 13 Kendal 2:59.39 313 43.92 1:30.20 2:21.56

7. Islay Atkinson 13 Kendal 2:59.49 312 41.62 1:26.18 2:17.54

8. Sophia Campbell 13 Carlisle Aq 3:01.16 304 43.79 1:28.49 2:22.70

9. Chloe Hunt 13 Barrow 3:04.11 289 41.03 1:28.67 2:25.12

10. Ellia Payne 13 Copeland 3:07.06 276 41.75 1:30.57 2:26.63

11. Phoebe Hunter 13 Ulverston 3:07.38 275 41.92 1:29.74 2:23.62

12. Isla Grimshaw 13 Workington 3:15.67 241 44.44 1:32.78 2:31.69

14 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts 50 100 150

1. Joanna Sutton 14 Copeland 2:43.05 417 35.48 1:18.21 2:05.45

2. Ashton Wood 14 Ulverston 2:48.59 377 37.23 1:21.48 2:09.02

3. Emma Anderson Bickley 14 Kendal 2:51.70 357 37.01 1:20.80 2:13.07

4. Lily Sparshott 14 Cockermouth 2:52.05 355 36.79 1:21.72 2:17.22

5. Isabel Pearson 14 Workington 2:55.53 334 38.82 1:24.74 -

6. Sian Morgan 14 Carlisle Aq 3:02.24 298 40.51 1:29.60 2:19.64

7. Daisy Ballantyne 14 Carlisle Aq 3:03.77 291 42.55 1:29.43 2:22.05

8. Emelia Parker 14 Barrow 3:05.62 282 42.43 1:27.33 2:23.47

Ellie Woodcock 14 Cockermouth DQ 7 .6L

15 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts 50 100 150

1. Isabella Fowles 15 Cockermouth 2:30.87 526 32.86 1:10.53 1:55.78

2. Chloe Cowsill 15 Ulverston 2:33.59 499 32.16 1:10.93 1:57.61

3. Lily Bailey 15 Cockermouth 2:38.96 450 36.33 1:15.76 2:02.31

4. Isobel Marsh 15 Carlisle Aq 2:40.29 439 35.61 1:14.97 2:02.46

5. Brooklyn Hale 15 Cockermouth 9 2:40.87 434 36.54 1:16.69 2:04.65

6. Imogen McAllister 15 Workington 2:42.76 419 34.92 1:15.97 2:03.59

7. Lilly Broadfoot 15 Ulverston 2:43.74 412 33.62 1:15.60 2:04.05

8. Maisie O'Mahony 15 Carlisle Aq 2:44.48 406 34.93 1:16.34 2:07.21

9. Nell McCabe 15 Workington 2:44.54 406 37.18 1:20.91 2:08.06

10. Rose Yearnshire 15 Ulverston 2:44.81 404 35.07 1:19.83 2:05.38

11. Emelia Cox 15 Carlisle Aq 2:46.31 393 35.75 1:18.80 2:07.30

12. Hannah Carradice 15 Kendal 2:47.72 383 36.37 1:21.16 2:09.93

13. Felicity Pattinson 15 Kendal 2:57.68 322 40.61 1:24.98 2:18.14

Jessica Holliday 15 Copeland DNC

16 Yrs/Over Age Group - Full Results

Place Name AaD Club Class Time WA Pts 50 100 150

1. Olivia O'Mahony 17 Cockermouth 2:29.74 538 33.33 1:09.38 1:53.18

2. Lily Smith 20 Ulverston 2:30.84 527 32.37 1:09.67 1:55.07

3. Leah Rose 17 Penrith 2:31.77 517 33.76 1:12.52 1:57.73

4. Amber Rigg 17 Cockermouth 2:32.14 513 33.34 1:11.46 1:55.41

5. Scarlett Robinson 17 Ulverston 2:33.31 502 33.98 1:13.92 1:57.84

6. Macee Wiggins 17 Cockermouth 2:38.31 456 34.04 1:12.02 1:59.68

7. Peri Watson 17 Penrith 2:39.52 445 36.50 1:15.82 2:03.61

8. Rachel Lewis 16 Cockermouth 2:41.17 432 35.26 1:13.67 2:03.44

9. Amara Rose 19 Penrith 2:42.77 419 34.04 1:16.66 2:05.86

10. Isabelle Sullivan 16 Barrow 2:43.87 411 35.08 1:17.43 2:08.02

11. Yasmin Burrow 16 Carlisle Aq 2:44.70 405 36.60 1:19.26 2:09.77

12. Isla Bell 16 Carlisle Aq 2:45.83 396 36.04 1:16.98 2:08.43

13. Emily Sibbald 18 Workington 2:45.86 396 35.14 1:18.37 2:09.29

14. Isla Robertson 16 Ulverston 2:46.16 394 36.87 1:19.13 2:07.94

15. Charlotte Grimshaw 20 Workington 2:54.25 342 37.23 1:19.03 2:12.77

16. Louisa Draper 16 Workington 2:55.91 332 36.03 1:20.25 2:14.90

17. Hollie Morgan 17 Carlisle Aq 2:58.32 319 39.23 1:23.58 2:15.32

Evie-Rose Sugden 18 Carlisle Aq DNC

Combined Result - Multi-Classification by British Para-Swimming Points

Place Name AaD Club Class Time BDPoints 50 100 150

1. Brooklyn Hale 15 Cockermouth 9 2:40.87 787 36.54 1:16.69 2:04.65

EVENT 605 COUNTY CHAMPIONSHIP FINAL OF EVENT 602 Open/Male 10 Yrs/Over 50m Butterfly

Full Results

Place Name AaD Club Time WA Pts

1. Oscar Hodgson 16 Cockermouth 27.08 518

2. Elliot Routledge 27 Workington 27.74 482

3. Fergus Bell 17 Ulverston 27.82 477

4. Adam Stansfield 20 Kendal 28.10 463

5. Matthew Bell 17 Carlisle Aq 28.44 447

6. Benjamin Rowley 17 Kendal 28.49 444

7. Max Henderson 17 Cockermouth 28.56 441

8. Lewis Cooper 15 Carlisle Aq 28.72 434

EVENT 606 Female MC 10 /Over 100m Freestyle

10 Yrs/Over Age Group - Full Results

Place Name AaD Club Class Time WA Pts 50

1. Olivia O'Mahony 17 Cockermouth 1:01.03 558 29.10

2. Lilly Broadfoot 15 Ulverston 1:01.24 552 29.24

3. Scarlett Robinson 17 Ulverston 1:01.28 551 29.59

4. Jamie-Leigh Tyson 19 Ulverston 1:01.63 542 29.87

5. Isabella Fowles 15 Cockermouth 1:02.10 529 29.73

6. Leah Rose 17 Penrith 1:02.24 526 30.32

7. Amara Rose 19 Penrith 1:02.86 510 30.13

8. Peri Watson 17 Penrith 1:04.05 482 31.51

9. Chloe Cowsill 15 Ulverston 1:04.28 477 30.80

10. Yasmin Burrow 16 Carlisle Aq 1:04.95 463 31.53

11. Macee Wiggins 17 Cockermouth 1:05.42 453 31.63

12. Annie Bottomley 17 Kendal 1:05.69 447 31.80

13. Rachel Lewis 16 Cockermouth 1:05.72 447 31.82

14. Lily Bailey 15 Cockermouth 1:05.82 444 31.41

15. Isabelle Sullivan 16 Barrow 1:05.95 442 31.76

16. Kate Collin 17 Kendal 1:06.03 440 31.22

17. Lily Clifford 13 Cockermouth 1:06.18 437 31.52

17. Emily David 13 Cockermouth 1:06.18 437 32.21

19. Ruby Stewart 16 Cockermouth 1:06.36 434 31.51

20. Ellie Woodcock 14 Cockermouth 1:06.79 425 31.67

21. Abigail Caine 16 Ulverston 1:07.26 417 31.18

22. Maisie O'Mahony 15 Carlisle Aq 1:07.33 415 32.61

23. Evelyn Kinnear 16 Kendal 1:07.34 415 32.08

24. Nell McCabe 15 Workington 1:07.43 413 33.00

25. Hannah Carradice 15 Kendal 1:07.83 406 32.75

26. Imogen McAllister 15 Workington 1:07.94 404 32.94

27. Ava Dixon 13 Kendal 1:08.05 402 32.76

28. Emelia Cox 15 Carlisle Aq 1:08.31 398 32.23

29. Holly Relph 13 Cockermouth 1:08.42 396 33.35

30. Isla Bell 16 Carlisle Aq 1:08.62 392 32.43

31. Brooklyn Hale 15 Cockermouth 9 1:08.67 391 33.64

32. Rose Yearnshire 15 Ulverston 1:09.03 385 33.45

33. Isla Robertson 16 Ulverston 1:09.32 380 33.84

34. Esme Wilson 13 Cockermouth 1:09.37 380 32.82

35. Nikola Lejbt 14 Cockermouth 1:10.37 364 33.62

36. Ashton Wood 14 Ulverston 1:10.96 355 33.90

37. Lucy Dix 11 Cockermouth 1:11.39 348 34.00

38. Amber Rigg 17 Cockermouth 1:11.53 346 -

39. Lily Sparshott 14 Cockermouth 1:11.77 343 33.21

40. Indie Brookes 13 Kendal 1:11.85 342 32.99

41. Niamh Green 12 Ulverston 1:12.75 329 35.33

42. Alice Fowles 13 Penrith 1:13.26 322 35.85

43. Islay Atkinson 13 Kendal 1:13.70 316 35.21

44. Sophia Campbell 13 Carlisle Aq 1:14.05 312 35.72

45. Polly Walker 12 Cockermouth 1:14.29 309 36.51

46. Isabel Pearson 14 Workington 1:14.40 308 36.03

47. Norah Graham 12 Barrow 1:14.58 305 35.66

48. Lucy Williams 13 Kendal 1:15.08 299 36.06

49. Maisie Ross 12 Carlisle Aq 1:15.10 299 36.08

50. Maisey Wilson 13 Kendal 1:15.13 299 35.96

51. Zoe Sanderson 11 Cockermouth 1:15.46 295 38.00

52. Isla Robertson 12 Carlisle Aq 1:15.47 295 36.20

53. Aisling Robertson 13 Ulverston 1:15.50 294 37.11

54. Chloe Hunt 13 Barrow 1:16.09 288 36.70

55. Jessica Atkinson 13 Kendal 1:16.20 286 37.39

56. Holly Bailey 11 Cockermouth 1:17.28 274 36.65

57. Scarlett Mayne 12 Workington 1:17.46 273 37.22

58. Erin Shuttleworth 13 Workington 1:17.49 272 37.32

59. Ellia Payne 13 Copeland 1:17.63 271 37.86

60. Isabelle Tyson 12 Ulverston 1:17.72 270 36.71

61. Emelia Parker 14 Barrow 1:17.83 269 36.85

62. Evie Clifford 11 Cockermouth 1:17.88 268 37.04

63. Esmay Dart 12 Kendal 1:18.98 257 37.68

64. Ruth Locke-Brown 11 Carlisle Aq 1:19.91 248 37.66

65. Orlaith Treacy 12 Kendal 1:20.08 247 38.52

66. Megan Turner 12 Kendal 1:21.31 236 38.49

67. Isla Shuttleworth 11 Workington 1:23.00 221 40.79

68. Amelia Pearson 12 Workington 1:25.55 202 40.04

69. Macie Bell 11 Carlisle Aq 1:27.67 188 42.08

69. Maeve Havard 11 Cockermouth 1:27.67 188 42.74

71. G Galloni-Wilkinson 10 Cockermouth 1:28.38 183 42.02

72. Macey Glaister 11 Workington 1:29.28 178 43.39

73. Quinn Bower 11 Barrow 1:31.19 167 42.09

74. Maggie Foster 11 Carlisle Aq 1:33.25 156 42.70

75. Matilda Sutton 11 Copeland 1:33.54 155 45.01

76. Jessica Managh 10 Barrow 1:33.71 154 43.34

77. Thea Temple 10 Copeland 1:34.29 151 45.89

78. Chiara Galloni-Hodgson 10 Cockermouth 1:35.51 145 45.16

79. Ella Lewis 11 Cockermouth 1:36.27 142 44.62

80. Maymi Askew 11 Carlisle Aq 1:36.29 142 46.16

81. Josie Wilson 11 Kendal 1:37.02 138 45.40

82. Grace Goodfellow 11 Carlisle Aq 1:37.23 138 45.80

83. Dayana Hernandez Salas 11 Carlisle Aq 1:37.43 137 42.67

84. Georgia Abernethy 10 Ulverston 1:39.37 129 46.99

85. Imogen Watkins 10 Cockermouth 1:41.63 120 48.52

86. Jennifer Robinson 10 Ulverston 1:42.64 117 50.03

87. Serena Malone 11 Copeland 1:43.15 115 48.02

88. Isla Morton 11 Copeland 1:43.20 115 48.50

89. Sophie Germain 11 Carlisle Aq 1:43.27 115 47.86

90. Anna Taylor 10 Kendal 1:43.55 114 50.32

Zoe Sams 10 Cockermouth DNC

Mackenna-Jane Lowthian 11 Ulverston DNC

Isla Cooper 17 Penrith DQ 4 .4L

10 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts 50

1. G Galloni-Wilkinson 10 Cockermouth 1:28.38 183 42.02

2. Jessica Managh 10 Barrow 1:33.71 154 43.34

3. Thea Temple 10 Copeland 1:34.29 151 45.89

4. Chiara Galloni-Hodgson 10 Cockermouth 1:35.51 145 45.16

5. Georgia Abernethy 10 Ulverston 1:39.37 129 46.99

6. Imogen Watkins 10 Cockermouth 1:41.63 120 48.52

7. Jennifer Robinson 10 Ulverston 1:42.64 117 50.03

8. Anna Taylor 10 Kendal 1:43.55 114 50.32

Zoe Sams 10 Cockermouth DNC

11 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts 50

1. Lucy Dix 11 Cockermouth 1:11.39 348 34.00

2. Zoe Sanderson 11 Cockermouth 1:15.46 295 38.00

3. Holly Bailey 11 Cockermouth 1:17.28 274 36.65

4. Evie Clifford 11 Cockermouth 1:17.88 268 37.04

5. Ruth Locke-Brown 11 Carlisle Aq 1:19.91 248 37.66

6. Isla Shuttleworth 11 Workington 1:23.00 221 40.79

7. Macie Bell 11 Carlisle Aq 1:27.67 188 42.08

7. Maeve Havard 11 Cockermouth 1:27.67 188 42.74

9. Macey Glaister 11 Workington 1:29.28 178 43.39

10. Quinn Bower 11 Barrow 1:31.19 167 42.09

11. Maggie Foster 11 Carlisle Aq 1:33.25 156 42.70

12. Matilda Sutton 11 Copeland 1:33.54 155 45.01

13. Ella Lewis 11 Cockermouth 1:36.27 142 44.62

14. Maymi Askew 11 Carlisle Aq 1:36.29 142 46.16

15. Josie Wilson 11 Kendal 1:37.02 138 45.40

16. Grace Goodfellow 11 Carlisle Aq 1:37.23 138 45.80

17. Dayana Hernandez Salas 11 Carlisle Aq 1:37.43 137 42.67

18. Serena Malone 11 Copeland 1:43.15 115 48.02

19. Isla Morton 11 Copeland 1:43.20 115 48.50

20. Sophie Germain 11 Carlisle Aq 1:43.27 115 47.86

Mackenna-Jane Lowthian 11 Ulverston DNC

12 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts 50

1. Niamh Green 12 Ulverston 1:12.75 329 35.33

2. Polly Walker 12 Cockermouth 1:14.29 309 36.51

3. Norah Graham 12 Barrow 1:14.58 305 35.66

4. Maisie Ross 12 Carlisle Aq 1:15.10 299 36.08

5. Isla Robertson 12 Carlisle Aq 1:15.47 295 36.20

6. Scarlett Mayne 12 Workington 1:17.46 273 37.22

7. Isabelle Tyson 12 Ulverston 1:17.72 270 36.71

8. Esmay Dart 12 Kendal 1:18.98 257 37.68

9. Orlaith Treacy 12 Kendal 1:20.08 247 38.52

10. Megan Turner 12 Kendal 1:21.31 236 38.49

11. Amelia Pearson 12 Workington 1:25.55 202 40.04

13 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts 50

1. Lily Clifford 13 Cockermouth 1:06.18 437 31.52

1. Emily David 13 Cockermouth 1:06.18 437 32.21

3. Ava Dixon 13 Kendal 1:08.05 402 32.76

4. Holly Relph 13 Cockermouth 1:08.42 396 33.35

5. Esme Wilson 13 Cockermouth 1:09.37 380 32.82

6. Indie Brookes 13 Kendal 1:11.85 342 32.99

7. Alice Fowles 13 Penrith 1:13.26 322 35.85

8. Islay Atkinson 13 Kendal 1:13.70 316 35.21

9. Sophia Campbell 13 Carlisle Aq 1:14.05 312 35.72

10. Lucy Williams 13 Kendal 1:15.08 299 36.06

11. Maisey Wilson 13 Kendal 1:15.13 299 35.96

12. Aisling Robertson 13 Ulverston 1:15.50 294 37.11

13. Chloe Hunt 13 Barrow 1:16.09 288 36.70

14. Jessica Atkinson 13 Kendal 1:16.20 286 37.39

15. Erin Shuttleworth 13 Workington 1:17.49 272 37.32

16. Ellia Payne 13 Copeland 1:17.63 271 37.86

14 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts 50

1. Ellie Woodcock 14 Cockermouth 1:06.79 425 31.67

2. Nikola Lejbt 14 Cockermouth 1:10.37 364 33.62

3. Ashton Wood 14 Ulverston 1:10.96 355 33.90

4. Lily Sparshott 14 Cockermouth 1:11.77 343 33.21

5. Isabel Pearson 14 Workington 1:14.40 308 36.03

6. Emelia Parker 14 Barrow 1:17.83 269 36.85

15 Yrs Age Group - Full Results

Place Name AaD Club Class Time WA Pts 50

1. Lilly Broadfoot 15 Ulverston 1:01.24 552 29.24

2. Isabella Fowles 15 Cockermouth 1:02.10 529 29.73

3. Chloe Cowsill 15 Ulverston 1:04.28 477 30.80

4. Lily Bailey 15 Cockermouth 1:05.82 444 31.41

5. Maisie O'Mahony 15 Carlisle Aq 1:07.33 415 32.61

6. Nell McCabe 15 Workington 1:07.43 413 33.00

7. Hannah Carradice 15 Kendal 1:07.83 406 32.75

8. Imogen McAllister 15 Workington 1:07.94 404 32.94

9. Emelia Cox 15 Carlisle Aq 1:08.31 398 32.23

10. Brooklyn Hale 15 Cockermouth 9 1:08.67 391 33.64

11. Rose Yearnshire 15 Ulverston 1:09.03 385 33.45

16 Yrs/Over Age Group - Full Results

Place Name AaD Club Class Time WA Pts 50

1. Olivia O'Mahony 17 Cockermouth 1:01.03 558 29.10

2. Scarlett Robinson 17 Ulverston 1:01.28 551 29.59

3. Jamie-Leigh Tyson 19 Ulverston 1:01.63 542 29.87

4. Leah Rose 17 Penrith 1:02.24 526 30.32

5. Amara Rose 19 Penrith 1:02.86 510 30.13

6. Peri Watson 17 Penrith 1:04.05 482 31.51

7. Yasmin Burrow 16 Carlisle Aq 1:04.95 463 31.53

8. Macee Wiggins 17 Cockermouth 1:05.42 453 31.63

9. Annie Bottomley 17 Kendal 1:05.69 447 31.80

10. Rachel Lewis 16 Cockermouth 1:05.72 447 31.82

11. Isabelle Sullivan 16 Barrow 1:05.95 442 31.76

12. Kate Collin 17 Kendal 1:06.03 440 31.22

13. Ruby Stewart 16 Cockermouth 1:06.36 434 31.51

14. Abigail Caine 16 Ulverston 1:07.26 417 31.18

15. Evelyn Kinnear 16 Kendal 1:07.34 415 32.08

16. Isla Bell 16 Carlisle Aq 1:08.62 392 32.43

17. Isla Robertson 16 Ulverston 1:09.32 380 33.84

18. Amber Rigg 17 Cockermouth 1:11.53 346 -

Isla Cooper 17 Penrith DQ 4 .4L

Combined Result - Multi-Classification by British Para-Swimming Points

Place Name AaD Club Class Time BDPoints 50

1. Brooklyn Hale 15 Cockermouth 9 1:08.67 734 33.64

EVENT 607 Open/Male 11 /Over 800m Freestyle

Full Results

Place Name AaD Club Time WA Pts

1. Jackson Jardine 18 Cockermouth 8:44.66 603

50m 29.76 100m 1:01.80 150m 1:34.15 200m 2:07.10 250m 2:40.10 300m 3:12.94 350m 3:46.02 400m 4:18.72

450m 4:51.39 500m 5:24.68 550m 5:57.66 600m 6:30.97 650m 7:04.49 700m 7:38.29 750m 8:12.19 800m 8:44.66

2. Jonny Fidalgo-Hull 18 Cockermouth 8:54.99 569

50m 30.04 100m 1:02.17 150m 1:34.41 200m 2:07.31 250m 2:40.55 300m 3:13.67 350m 3:46.76 400m 4:20.69

450m 4:54.21 500m 5:28.24 550m 6:03.42 600m 6:38.52 650m 7:12.33 700m 7:46.80 750m 8:21.29 800m 8:54.99

3. Fergus Bell 17 Ulverston 9:05.91 535

50m 30.45 100m 1:05.10 150m 1:40.82 200m 2:16.23 250m 2:50.69 300m 3:25.72 350m 4:00.16 400m 4:34.80

450m 5:09.26 500m 5:43.78 550m 6:18.08 600m 6:52.19 650m 7:26.53 700m 8:00.24 750m 8:34.04 800m 9:05.91

4. Tom Bell 16 Barrow 9:32.41 464

50m 30.90 100m 1:06.11 150m 1:42.79 200m 2:19.21 250m 2:56.21 300m 3:33.43 350m 4:10.71 400m 4:47.62

450m 5:24.07 500m 6:00.78 550m 6:37.12 600m 7:13.07 650m 7:48.76 700m 8:24.58 750m 8:59.94 800m 9:32.41

5. Luke Davison 15 Cockermouth 9:36.85 454

50m 34.16 100m 1:10.00 150m 1:46.15 200m 2:22.17 250m 2:57.83 300m 3:34.09 350m 4:10.54 400m 4:47.13

450m 5:23.59 500m 6:00.08 550m 6:36.53 600m 7:13.55 650m 7:49.89 700m 8:26.86 750m 9:02.24 800m 9:36.85

6. Oliver Glaister 14 Workington 9:52.88 418

50m 33.58 100m 1:10.33 150m 1:48.02 200m 2:26.43 250m 3:03.88 300m 3:41.63 350m 4:18.97 400m 4:57.76

450m 5:35.66 500m 6:13.09 550m 6:50.84 600m 7:28.49 650m 8:05.52 700m 8:42.12 750m 9:18.54 800m 9:52.88

7. Finlay Wood 16 Kendal 10:02.23 399

50m 30.83 100m 1:07.25 150m 1:45.17 200m 2:23.07 250m 3:01.57 300m 3:40.37 350m 4:18.74 400m 4:57.85

450m 5:36.78 500m 6:15.66 550m 6:54.50 600m 7:33.39 650m 8:12.40 700m 8:51.66 750m 9:27.92 800m 10:02.23

8. Charlie Hall 16 Penrith 10:08.86 386

50m 32.44 100m 1:09.52 150m 1:47.92 200m 2:26.02 250m 3:04.79 300m 3:44.35 350m 4:23.37 400m 5:03.05

450m 5:43.81 500m 6:24.52 550m 7:04.25 600m 7:42.57 650m 8:21.50 700m 8:59.58 750m 9:35.97 800m 10:08.86

9. Elliott Dart 14 Kendal 10:10.58 383

50m 33.73 100m 1:11.92 150m 1:51.66 200m 2:31.10 250m 3:10.13 300m 3:49.79 350m 4:29.29 400m 5:08.77

450m 5:47.68 500m 6:25.97 550m 7:04.89 600m 7:43.07 650m 8:21.06 700m 8:58.70 750m 9:36.02 800m 10:10.58

10. Max McAllister 17 Workington 10:16.70 371

50m 32.77 100m 1:09.49 150m 1:48.13 200m 2:27.48 250m 3:06.60 300m 3:45.44 350m 4:24.64 400m 5:03.93

450m 5:44.29 500m 6:23.82 550m 7:02.82 600m 7:42.02 650m 8:21.02 700m 9:00.60 750m 9:39.83 800m 10:16.70

11. Reuben Dorey 13 Carlisle Aq 10:19.06 367

50m 32.13 100m 1:10.15 150m 1:48.91 200m 2:27.50 250m 3:07.57 300m 3:47.75 350m 4:27.17 400m 5:08.02

450m 5:47.76 500m 6:27.84 550m 7:07.56 600m 7:47.10 650m 8:26.75 700m 9:07.07 750m 9:44.40 800m 10:19.06

12. Jack Carradice 15 Kendal 10:37.61 336

50m 34.36 100m 1:13.41 150m 1:53.93 200m 2:35.29 250m 3:16.59 300m 3:57.79 350m 4:39.00 400m 5:20.44

450m 6:00.57 500m 6:41.97 550m 7:22.62 600m 8:02.59 650m 8:42.70 700m 9:21.76 750m 10:00.94 800m 10:37.61

13. Alastair Buis 13 Carlisle Aq 10:41.61 330

50m 36.00 100m 1:15.27 150m 1:55.62 200m 2:36.05 250m 3:16.69 300m 3:57.27 350m 4:37.92 400m 5:19.12

450m 6:00.07 500m 6:40.98 550m 7:21.58 600m 8:02.33 650m 8:43.39 700m 9:23.88 750m 10:03.96 800m 10:41.61

14. Mason Stephenson 14 Workington 10:47.78 320

50m 36.45 100m 1:16.83 150m 1:58.47 200m 2:40.31 250m 3:20.31 300m 4:02.37 350m 4:43.99 400m 5:25.32

450m 6:07.51 500m 6:47.74 550m 7:28.70 600m 8:08.95 650m 8:50.51 700m 9:31.50 750m 10:10.57 800m 10:47.78

15. Alfie Leahy 14 Barrow 11:01.77 300

50m 37.24 100m 1:18.88 150m 2:00.75 200m 2:42.92 250m 3:25.72 300m 4:08.04 350m 4:50.33 400m 5:33.51

450m 6:15.92 500m 6:57.56 550m 7:39.87 600m 8:21.84 650m 9:03.83 700m 9:45.79 750m 10:26.32 800m 11:01.77

16. Milo Williams 13 Kendal 11:39.75 254

50m 38.66 100m 1:23.20 150m 2:06.47 200m 2:50.84 250m 3:36.36 300m 4:21.87 350m 5:07.02 400m 5:52.64

450m 6:38.14 500m 7:23.84 550m 8:09.24 600m 8:52.88 650m 9:35.84 700m 10:18.84 750m 11:01.06 800m 11:39.75

17. Ben Davidson 11 Workington 11:40.51 253

50m 39.88 100m 1:24.74 150m 2:09.02 200m 2:53.33 250m 3:37.90 300m 4:23.62 350m 5:08.17 400m 5:53.19

450m 6:39.67 500m 7:25.00 550m 8:09.67 600m 8:53.46 650m 9:36.72 700m 10:20.28 750m 11:01.59 800m 11:40.51

18. Arlo Sutton 13 Copeland 11:56.44 237

50m 37.44 100m 1:21.01 150m 2:06.19 200m 2:51.24 250m 3:37.40 300m 5:08.99 350m 5:55.69 400m 6:42.40

450m 7:28.34 500m 8:13.60 550m 8:58.46 600m 9:44.83 650m 10:29.38 700m 11:16.04 750m 11:56.80 800m 11:56.44

Leo Critchley 16 Barrow DNC

EVENT 608 COUNTY CHAMPIONSHIP FINAL OF EVENT 604 Female 10 Yrs/Over 200m IM

Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Olivia O'Mahony 17 Cockermouth 2:23.14 617 31.63 1:07.47 1:49.19

2. Lily Smith 20 Ulverston 2:28.33 554 32.22 1:08.73 1:53.26

3. Scarlett Robinson 17 Ulverston 2:30.09 535 32.84 1:12.27 1:55.41

4. Isabella Fowles 15 Cockermouth 2:31.84 516 33.38 1:11.40 1:56.21

5. Leah Rose 17 Penrith 2:33.17 503 35.00 1:13.85 2:00.10

6. Chloe Cowsill 15 Ulverston 2:34.96 486 32.04 1:10.97 1:58.93

7. Holly Relph 13 Cockermouth 2:39.74 443 38.35 1:18.30 2:03.66

8. Macee Wiggins 17 Cockermouth 2:38.31 456 34.04 1:12.02 1:59.68

EVENT 608 JUNIOR COUNTY CHAMPIONSHIP FINAL OF EVENT 604 Female 10 Yrs/Over 200m IM

Full Results

Place Name AaD Club Time WA Pts 50 100 150

1. Isabella Fowles 15 Cockermouth 2:31.84 516 33.38 1:11.40 1:56.21

2. Chloe Cowsill 15 Ulverston 2:34.96 486 32.04 1:10.97 1:58.93

3. Holly Relph 13 Cockermouth 2:39.74 443 38.35 1:18.30 2:03.66

EVENT 609 COUNTY CHAMPIONSHIP FINAL OF EVENT 606 Female 10 Yrs/Over 100m Freestyle

Full Results

Place Name AaD Club Time WA Pts 50

1. Olivia O'Mahony 17 Cockermouth 59.45 603 29.02

2. Jamie-Leigh Tyson 19 Ulverston 59.82 592 29.15

3. Scarlett Robinson 17 Ulverston 1:00.95 560 29.54

4. Leah Rose 17 Penrith 1:02.31 524 30.35

5. Isabella Fowles 15 Cockermouth 1:02.46 520 30.26

6. Peri Watson 17 Penrith 1:02.71 514 30.45

7. Lilly Broadfoot 15 Ulverston 1:02.81 512 29.69

8. Amara Rose 19 Penrith 1:03.87 486 30.51

EVENT 609 JUNIOR COUNTY CHAMPIONSHIP FINAL OF EVENT 606 Female 10 Yrs/Over 100m Freestyle

Full Results

Place Name AaD Club Time WA Pts 50

1. Isabella Fowles 15 Cockermouth 1:02.46 520 30.26

2. Lilly Broadfoot 15 Ulverston 1:02.81 512 29.69

3. Chloe Cowsill 15 Ulverston 1:04.28 477 30.80

EVENT 701 Mixed 11 Yrs/Over 1500m Freestyle

OPEN/MALE - Full Results

Place Name AaD Club Time WA Pts

1. Jackson Jardine 18 Cockermouth 16:42.13 603

50m 29.59 100m 1:01.70 150m 1:34.77 200m 2:08.03 250m 2:41.35 300m 3:14.46 350m 3:47.55 400m 4:21.19

29.59 32.11 33.07 33.26 33.32 33.11 33.09 33.64

450m 4:54.86 500m 5:28.43 550m 6:01.79 600m 6:35.01 650m 7:09.09 700m 7:42.14 750m 8:15.36 800m 8:48.79

33.67 33.57 33.36 33.22 34.08 33.05 33.22 33.43

850m 9:22.29 900m 9:56.10 950m 10:29.56 1000m 11:03.50 1050m 11:36.81 1100m 12:10.87 1150m 12:44.71 1200m 13:18.50

33.50 33.81 33.46 33.94 33.31 34.06 33.84 33.79

1250m 13:52.44 1300m 14:26.59 1350m 15:00.44 1400m 15:34.48 1450m 16:08.19 1500m 16:42.13

33.94 34.15 33.85 34.04 33.71 33.94

2. Fergus Bell 17 Ulverston 17:19.74 540

50m 31.28 100m 1:05.30 150m 1:40.15 200m 2:15.58 250m 2:50.32 300m 3:26.16 350m 4:01.66 400m 4:36.96

31.28 34.02 34.85 35.43 34.74 35.84 35.50 35.30

450m 5:12.94 500m 5:48.47 550m 6:23.11 600m 6:57.85 650m 7:32.75 700m 8:07.86 750m 8:42.35 800m 9:17.38

35.98 35.53 34.64 34.74 34.90 35.11 34.49 35.03

850m 9:52.15 900m 10:27.06 950m 11:01.99 1000m 11:36.63 1050m 12:11.10 1100m 12:45.90 1150m 13:19.96 1200m 13:53.75

34.77 34.91 34.93 34.64 34.47 34.80 34.06 33.79

1250m 14:27.97 1300m 15:01.98 1350m 15:36.23 1400m 16:11.10 1450m 16:45.16 1500m 17:19.74

34.22 34.01 34.25 34.87 34.06 34.58

3. Tom Bell 16 Barrow 17:59.92 482

50m 31.12 100m 1:06.90 150m 1:43.70 200m 2:20.82 250m 2:57.77 300m 3:34.74 350m 4:11.95 400m 4:48.75

31.12 35.78 36.80 37.12 36.95 36.97 37.21 36.80

450m 5:25.44 500m 6:02.43 550m 6:39.34 600m 7:16.63 650m 7:54.19 700m 8:31.39 750m 9:08.43 800m 9:46.16

36.69 36.99 36.91 37.29 37.56 37.20 37.04 37.73

850m 10:22.70 900m 10:59.74 950m 11:35.82 1000m 12:11.34 1050m 12:46.86 1100m 13:22.03 1150m 13:57.25 1200m 14:32.28

36.54 37.04 36.08 35.52 35.52 35.17 35.22 35.03

1250m 15:06.68 1300m 15:40.73 1350m 16:16.38 1400m 16:52.32 1450m 17:26.96 1500m 17:59.92

34.40 34.05 35.65 35.94 34.64 32.96

4. Lewis Cooper 15 Carlisle Aq 18:03.50 477

50m 30.21 100m 1:04.41 150m 1:40.07 200m 2:16.10 250m 2:52.07 300m 3:28.04 350m 4:03.97 400m 4:40.23

30.21 34.20 35.66 36.03 35.97 35.97 35.93 36.26

450m 5:16.55 500m 5:52.70 550m 6:29.24 600m 7:05.92 650m 7:42.30 700m 8:19.20 750m 8:56.51 800m 9:33.35

36.32 36.15 36.54 36.68 36.38 36.90 37.31 36.84

850m 10:10.34 900m 10:47.47 950m 11:24.19 1000m 12:01.05 1050m 12:38.20 1100m 13:15.06 1150m 13:51.97 1200m 14:29.09

36.99 37.13 36.72 36.86 37.15 36.86 36.91 37.12

1250m 15:06.05 1300m 15:42.28 1350m 16:18.86 1400m 16:55.17 1450m 17:29.80 1500m 18:03.50

36.96 36.23 36.58 36.31 34.63 33.70

5. Farron Bigrigg 14 Cockermouth 18:32.73 440

50m 32.79 100m 1:09.07 150m 1:46.43 200m 2:24.28 250m 3:01.76 300m 3:39.50 350m 4:17.45 400m 4:54.98

32.79 36.28 37.36 37.85 37.48 37.74 37.95 37.53

450m 5:32.72 500m 6:10.20 550m 6:47.53 600m 7:24.56 650m 8:02.04 700m 8:39.52 750m 9:17.16 800m 9:54.54

37.74 37.48 37.33 37.03 37.48 37.48 37.64 37.38

850m 10:31.89 900m 11:09.52 950m 11:47.56 1000m 12:24.72 1050m 13:02.47 1100m 13:39.95 1150m 14:17.39 1200m 14:54.74

37.35 37.63 38.04 37.16 37.75 37.48 37.44 37.35

1250m 15:31.88 1300m 16:08.73 1350m 16:46.20 1400m 17:23.09 1450m 17:59.34 1500m 18:32.73

37.14 36.85 37.47 36.89 36.25 33.39

6. Luke Davison 15 Cockermouth 18:45.45 426

50m 34.03 100m 1:10.81 150m 1:48.26 200m 2:25.38 250m 3:02.07 300m 3:38.72 350m 4:15.41 400m 4:52.37

34.03 36.78 37.45 37.12 36.69 36.65 36.69 36.96

450m 5:29.94 500m 6:06.89 550m 6:44.15 600m 7:21.68 650m 7:59.79 700m 8:37.32 750m 9:14.91 800m 9:52.80

37.57 36.95 37.26 37.53 38.11 37.53 37.59 37.89

850m 10:31.18 900m 11:10.40 950m 11:48.87 1000m 12:27.52 1050m 13:06.09 1100m 13:44.16 1150m 14:22.23 1200m 15:01.13

38.38 39.22 38.47 38.65 38.57 38.07 38.07 38.90

1250m 15:40.46 1300m 16:18.49 1350m 16:56.22 1400m 17:33.78 1450m 18:11.42 1500m 18:45.45

39.33 38.03 37.73 37.56 37.64 34.03

7. Oliver Glaister 14 Workington 19:05.24 404

50m 33.18 100m 1:10.09 150m 1:47.74 200m 2:26.19 250m 3:04.67 300m 3:43.20 350m 4:21.56 400m 5:00.14

33.18 36.91 37.65 38.45 38.48 38.53 38.36 38.58

450m 5:38.99 500m 6:18.13 550m 6:57.54 600m 7:36.23 650m 8:14.83 700m 8:54.54 750m 9:33.24 800m 10:11.44

38.85 39.14 39.41 38.69 38.60 39.71 38.70 38.20

850m 10:50.28 900m 11:29.20 950m 12:08.12 1000m 12:47.11 1050m 13:25.94 1100m 14:04.15 1150m 14:42.48 1200m 15:21.25

38.84 38.92 38.92 38.99 38.83 38.21 38.33 38.77

1250m 15:59.88 1300m 16:37.96 1350m 17:15.42 1400m 17:52.91 1450m 18:29.98 1500m 19:05.24

38.63 38.08 37.46 37.49 37.07 35.26

8. Elliott Dart 14 Kendal 19:42.12 367

50m 34.26 100m 1:12.82 150m 1:52.69 200m 2:32.43 250m 3:12.71 300m 3:53.32 350m 4:33.90 400m 5:13.99

34.26 38.56 39.87 39.74 40.28 40.61 40.58 40.09

450m 5:54.54 500m 6:34.90 550m 7:15.27 600m 7:55.12 650m 8:35.12 700m 9:13.86 750m 9:52.24 800m 10:31.48

40.55 40.36 40.37 39.85 40.00 38.74 38.38 39.24

850m 11:11.61 900m 11:51.93 950m 12:32.04 1000m 13:11.25 1050m 13:51.49 1100m 14:31.33 1150m 15:10.88 1200m 15:51.46

40.13 40.32 40.11 39.21 40.24 39.84 39.55 40.58

1250m 16:30.44 1300m 17:09.74 1350m 17:48.43 1400m 18:28.19 1450m 19:05.60 1500m 19:42.12

38.98 39.30 38.69 39.76 37.41 36.52

9. Alastair Buis 13 Carlisle Aq 20:39.06 319

50m 36.88 100m 1:17.81 150m 1:59.08 200m 2:40.83 250m 3:22.79 300m 4:04.47 350m 4:47.01 400m 5:29.31

36.88 40.93 41.27 41.75 41.96 41.68 42.54 42.30

450m 6:11.59 500m 6:53.88 550m 7:35.91 600m 8:17.75 650m 8:58.93 700m 9:40.78 750m 10:22.52 800m 11:04.25

42.28 42.29 42.03 41.84 41.18 41.85 41.74 41.73

850m 11:46.52 900m 12:28.26 950m 13:10.19 1000m 13:51.78 1050m 14:33.29 1100m 15:14.93 1150m 15:56.35 1200m 16:38.04

42.27 41.74 41.93 41.59 41.51 41.64 41.42 41.69

1250m 17:19.02 1300m 17:59.86 1350m 18:40.66 1400m 19:21.50 1450m 20:01.85 1500m 20:39.06

40.98 40.84 40.80 40.84 40.35 37.21

10. Roick Curtis 14 Workington 20:39.63 318

50m 36.95 100m 1:17.71 150m 1:59.17 200m 2:40.73 250m 3:22.58 300m 4:04.08 350m 4:45.70 400m 5:27.56

36.95 40.76 41.46 41.56 41.85 41.50 41.62 41.86

450m 6:10.13 500m 6:53.51 550m 7:35.68 600m 8:17.61 650m 9:00.13 700m 9:41.01 750m 10:23.31 800m 11:05.71

42.57 43.38 42.17 41.93 42.52 40.88 42.30 42.40

850m 11:47.13 900m 12:29.45 950m 13:11.53 1000m 13:53.74 1050m 14:35.91 1100m 15:18.15 1150m 15:59.89 1200m 16:42.89

41.42 42.32 42.08 42.21 42.17 42.24 41.74 43.00

1250m 17:24.73 1300m 18:06.53 1350m 18:47.21 1400m 19:27.64 1450m 20:05.51 1500m 20:39.63

41.84 41.80 40.68 40.43 37.87 34.12

FEMALE - Full Results

Place Name AaD Club Time WA Pts

1. Scarlett Robinson 17 Ulverston 18:32.04 544

50m 32.39 100m 1:07.69 150m 1:44.03 200m 2:20.99 250m 2:58.05 300m 3:35.64 350m 4:13.06 400m 4:50.67

32.39 35.30 36.34 36.96 37.06 37.59 37.42 37.61

450m 5:28.38 500m 6:05.89 550m 6:43.47 600m 7:20.77 650m 7:58.47 700m 8:36.13 750m 9:13.41 800m 9:50.97

37.71 37.51 37.58 37.30 37.70 37.66 37.28 37.56

850m 10:28.78 900m 11:06.57 950m 11:43.98 1000m 12:21.54 1050m 12:59.26 1100m 13:37.02 1150m 14:14.70 1200m 14:52.57

37.81 37.79 37.41 37.56 37.72 37.76 37.68 37.87

1250m 15:30.19 1300m 16:07.48 1350m 16:44.63 1400m 17:21.22 1450m 17:57.35 1500m 18:32.04

37.62 37.29 37.15 36.59 36.13 34.69

2. Emily Sibbald 18 Workington 19:24.98 473

50m 35.19 100m 1:13.92 150m 1:52.61 200m 2:31.43 250m 3:10.68 300m 3:50.17 350m 4:28.82 400m 5:08.68

35.19 38.73 38.69 38.82 39.25 39.49 38.65 39.86

450m 5:48.07 500m 6:27.66 550m 7:06.67 600m 7:45.74 650m 8:24.65 700m 9:03.38 750m 9:42.68 800m 10:21.21

39.39 39.59 39.01 39.07 38.91 38.73 39.30 38.53

850m 11:00.12 900m 11:38.16 950m 12:16.48 1000m 12:54.71 1050m 13:32.73 1100m 14:11.47 1150m 14:51.04 1200m 15:30.54

38.91 38.04 38.32 38.23 38.02 38.74 39.57 39.50

1250m 16:10.02 1300m 16:49.27 1350m 17:29.02 1400m 18:08.63 1450m 18:47.04 1500m 19:24.98

39.48 39.25 39.75 39.61 38.41 37.94

3. Isabelle Sullivan 16 Barrow 19:28.62 469

50m 33.96 100m 1:10.89 150m 1:49.17 200m 2:27.77 250m 3:06.88 300m 3:46.03 350m 4:25.00 400m 5:04.13

33.96 36.93 38.28 38.60 39.11 39.15 38.97 39.13

450m 5:43.59 500m 6:22.80 550m 7:02.72 600m 7:41.81 650m 8:21.22 700m 9:00.43 750m 9:39.56 800m 10:18.67

39.46 39.21 39.92 39.09 39.41 39.21 39.13 39.11

850m 10:57.74 900m 11:36.69 950m 12:15.56 1000m 12:54.87 1050m 13:34.80 1100m 14:13.81 1150m 14:54.23 1200m 15:33.88

39.07 38.95 38.87 39.31 39.93 39.01 40.42 39.65

1250m 16:14.43 1300m 16:54.52 1350m 17:35.18 1400m 18:14.42 1450m 18:52.35 1500m 19:28.62

40.55 40.09 40.66 39.24 37.93 36.27

4. Evie-Rose Sugden 18 Carlisle Aq 20:00.51 433

50m 34.60 100m 1:13.04 150m 1:52.60 200m 2:32.41 250m 3:12.26 300m 3:52.25 350m 4:31.76 400m 5:12.04

34.60 38.44 39.56 39.81 39.85 39.99 39.51 40.28

450m 5:52.84 500m 6:32.97 550m 7:12.77 600m 7:52.62 650m 8:32.94 700m 9:13.13 750m 9:53.02 800m 10:33.02

40.80 40.13 39.80 39.85 40.32 40.19 39.89 40.00

850m 11:12.87 900m 11:52.97 950m 12:33.27 1000m 13:13.53 1050m 13:54.09 1100m 14:34.47 1150m 15:15.00 1200m 15:56.14

39.85 40.10 40.30 40.26 40.56 40.38 40.53 41.14

1250m 16:37.37 1300m 17:18.70 1350m 17:59.45 1400m 18:40.07 1450m 19:20.36 1500m 20:00.51

41.23 41.33 40.75 40.62 40.29 40.15

5. Norah Graham 12 Barrow 21:48.67 334

50m 39.50 100m 1:22.25 150m 2:04.64 200m 2:47.95 250m 3:31.56 300m 4:14.57 350m 4:58.77 400m 5:42.80

39.50 42.75 42.39 43.31 43.61 43.01 44.20 44.03

450m 6:27.22 500m 7:12.06 550m 7:56.73 600m 8:41.15 650m 9:25.40 700m 10:10.43 750m 10:54.87 800m 11:39.49

44.42 44.84 44.67 44.42 44.25 45.03 44.44 44.62

850m 12:23.49 900m 13:07.98 950m 13:52.84 1000m 14:37.00 1050m 15:20.99 1100m 16:05.93 1150m 16:51.01 1200m 17:35.19

44.00 44.49 44.86 44.16 43.99 44.94 45.08 44.18

1250m 18:19.87 1300m 19:03.77 1350m 19:48.07 1400m 20:31.39 1450m 21:12.98 1500m 21:48.67

44.68 43.90 44.30 43.32 41.59 35.69

Jamie-Leigh Tyson 19 Ulverston DNC