



EVENT 801 Women 10/12 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth A		Cockermouth	2:30.67	313	
			ELLIE WOODCOCK			36.61
			ESME WILSON			
			ELLA DIXON			
			LILY SPARSHOTT			1.54.06
2.	Barrow A		Barrow	2:38.74	268	
			AMELIA ASHWELL			40.44
			ASHTON WOOD			41.91
			PACIE LOCKE			39.67
			CHLOE HUNT			36.72
3.	Carlisle A		Carlisle Aq	2:46.46	232	
			JANE RODDAM			42.96
			SIAN MORGAN			48.85
			RIHANNA HARPER			1.14.59
			BELLA GLENCROSS			00.06
4.	Kendal A		Kendal	2:48.68	223	
			KAY-SHUTTLEWORTH			44.20
			AVA DIXON			45.50
			EMMA BICKLEY			43.54
			INDIE BROOKES			35.44
5.	Copeland A		Copeland	2:50.86	215	
			ELLIA PAYNE			46.12
			JOANNA SUTTON			43.09
			JESSICA TODHUNTER			40.49
			AMETHYST CULLEY			41.16
6.	Kendal B		Kendal	2:55.24	199	
			SASHA WHITEHEAD			42.74
			LUA SWAMI			49.33
			HARRIET STAINER			43.73
			LUCY WILLIAMS			39.44
7.	Workington A		Workington	3:03.86	172	
			ISABEL PEARSON			44.17
			ERIN SHUTTLEWORTH			49.51
			ISLA GRIMSHAW			48.39
			ERIN PEARSON			41.79
8.	Penrith A		Penrith	3:06.48	165	
			SOFIA SMIGIEL			46.76
			HOLLY RELPH			46.93
			LUCIA SMIGIEL			46.95
			EDEN THOMLINSON			45.84
9.	Ulverston A		Ulverston	3:16.28	141	
			ISABELLE TYSON			43.96
			ISABELLE COWARD			1.50.55
			NIAMH GREEN			42.07
			PHOEBE HUNTER			59.70
10.	Ulverston B		Ulverston	3:41.99	98	
			PHILIPPA ROBINSON			1.39.18
			LUNA ROBERTS			52.65
			MIA GRIFFITHS			43.26
			SKYE BARCLAY			26.90
11.	Copeland B		Copeland	3:44.69	94	
			ABIGAIL HUNTER			1.46.17
			ANNA BEATTIE			1.50.03
			SAPPHIRE CULLEY			
			CHARLOTTE JARRETT			08.49
	Carlisle B		Carlisle Aq	DQ 10 .9L		
			ELISE LAZONBY			46.55
			DAISY BALLANTYNE			46.55
			ISLA FRIZZEL			47.31
	Cockermouth B		Cockermouth	DQ 10 .11L		
			LILY CLIFFORD			40.58
			NIKOLA LEJBT			19.61
			ALICE FOWLES			25.23
			POLLY WALKER			
	Workington B		Workington	DQ 6. 4		
			ANYA WHITEHEAD			
			SCARLETT MAYNE			
			HEIDI BOYD			
			LACEY BRAY			



EVENT 802 Men 10/12 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Kendal A		Kendal	2:39.47	182	
			GEORGE KINNEAR			40.07
			ADAM WOJTACKI			46.22
			LOCHLAN HEDDLE			38.92
			ELLIOTT DART			34.26
2.	Carlisle A		Carlisle Aq	2:43.88	168	
			REUBEN DOREY			42.14
			OSCAR WHARTON			49.70
			THOMAS ROSS			36.89
			SERGIO MORGANELLA			35.15
3.	Barrow A		Barrow	2:44.14	167	
			ALFIE LEAHY			40.31
			JOSHUA CAINE			53.04
			PORTER TINNING			34.38
			OLLY SWARBRICK			36.41
4.	Copeland A		Copeland	2:57.02	133	
			NATHANIAL FORBES			43.90
			THOMAS HOLLIDAY			55.67
			LUKE GODDARD			38.52
			EVAN DOWNTON			38.93
5.	Cockermouth A		Cockermouth	2:57.21	132	
			JACK STARKEY			45.90
			MYLES IVINSON			45.84
			HARRY DYSON			43.33
			ARCHIE FELL			42.14
6.	Kendal B		Kendal	3:03.99	118	
			LOGAN PINDER			45.22
			ALEX WOOD			50.58
			FINLAY FITZGERALD			44.57
			JOSS BROOKES			43.62
7.	Workington A		Workington	3:05.86	115	
			ROICK CURTIS			46.86
			ADAM BOWMAN			46.98
			OLIVER GLAISTER			47.79
			GEORGE HILLAND			44.23
8.	Penrith A		Penrith	3:07.26	112	
			FINLEY SOUTER			43.25
			EZRA MCTEAR			53.25
			TOBY MELDRUM			46.71
			CARTER PEDLAR			44.05
9.	Copeland B		Copeland	3:27.56	82	
			ARLO SUTTON			47.64
			WILF PARKINSON			56.19
			HARRY MCDOWELL			55.12
			TOMAS DOWNTON			48.61
	Carlisle B		Carlisle Aq	DQ 10.11L		
			ALASTAIR BUIS			43.39
			ASHLEY STORR			1.05.77
			OLIVER HOWE			53.08
			TED MITCHINSON			
	Workington B		Workington	DQ 6.4		
			MASON STEPHENSON			
			LUKE BLACKWELL			
			KALOYAN NEDYALKOV			
			LUCIAN KAY			



EVENT 803 Women 13/14 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth A		Cockermouth	2:16.55	421	
			RACHEL LEWIS			34.42
			LILY BAILEY			39.37
			MAISIE O'MAHONY			32.85
			RUBY STEWART			29.91
2.	Kendal A		Kendal	2:22.58	370	
			EVELYN KINNEAR			34.69
			KARA MERWE			39.23
			FELICITY PATTINSON			36.77
			AVA SAUNDERS			31.89
3.	Carlisle A		Carlisle Aq	2:23.72	361	
			ISLA BELL			35.25
			ISOBEL MARSH			43.18
			SOPHIA SUGDEN			34.10
			ISABELLA STOCKDALE			31.19
4.	Ulverston A		Ulverston	2:24.25	357	
			CHLOE COWSILL			35.46
			ROSE YEARNSHIRE			41.96
			PENELOPE BOYLE			35.73
			ABIGAIL CAINE			31.10
5.	Copeland A		Copeland	2:24.38	356	
			AOIFE HAWKRIGG			36.49
			SAFFI WALKER			42.14
			MACIE PAYNE			34.26
			GRACE FORBES			31.49
6.	Barrow A		Barrow	2:29.90	318	
			ISABELLA ARMSTRONG			40.13
			LILLY BROADFOOT			38.67
			ELEANOR ABERNETHY			38.37
			ISABELLE SULLIVAN			32.73
7.	Cockermouth B		Cockermouth	2:30.68	313	
			BROOKLYN HALE			37.60
			JYOTI VAREY			43.81
			EMILIE BIRKETT			37.76
			ISABEL HORTON			31.51
8.	Kendal B		Kendal	2:35.33	286	
			RUBY DUXBURY			37.59
			HANNAH CARRADICE			43.14
			ELEANOR KING			38.39
			ALECIA MCCLURE			36.21
9.	Penrith A		Penrith	2:35.58	284	
			LUCY HARNWELL			37.41
			ROSA HENDERSON			45.09
			JESSICA KELLY			38.54
			LEAH BUTLER			34.54
10.	Workington A		Workington	2:38.55	269	
			LOUISA DRAPER			38.63
			NELL MCCABE			48.55
			ANNA SMITH			37.87
			IMOGEN MCALLISTER			33.50
11.	Copeland B		Copeland	2:40.04	261	
			HOLLY STRICKLAND			41.70
			TILLY OWEN			47.33
			KEISHA PARKINSON			36.68
			JESSICA HOLLIDAY			34.33

EVENT 804 Men 13/14 Yrs 200m Medley Team

Place	Name	A.G	Club	Time	FINA Pt	
1.	Penrith A		Penrith	2:17.93	281	
			HARRY BURKE			36.37
			CHARLIE HALL			37.55
			HARRY MELDRUM			35.34
			LEWIS COOPER			28.67
2.	Ulverston A		Ulverston	2:22.11	257	
			PERCY WIGNALL			38.14
			MARLEY GRIFFITHS			36.30
			MATTHEW FOLEY			32.38
			BEN BARCLAY			35.29
3.	Kendal A		Kendal	2:22.16	257	
			FINLAY WOOD			39.88
			MAX WHITEHEAD			35.43
			JARNO STANDER			35.73
			LEO MURRAY			31.12
4.	Cockermouth A		Cockermouth	2:30.72	216	
			CONNOR WIGGINS			39.86
			LUCAS WATSON			44.30
			LOGAN IVINSON			33.28
			LUKE DAVISON			33.28
5.	Kendal B		Kendal	2:39.48	182	
			OLIVER STUBBS			39.23
			JACK CARRADICE			47.47
			LOGAN HEDDLE			38.71
			FYNLAY DODD-HEMINGWAY			34.07
6.	Penrith B		Penrith	2:40.72	178	
			ADAM RELPH			41.31
			MONTY RUDDICK			45.21
			KIT NICHOLSON			40.42
			EDWARD MULGREW			33.78



EVENT 805 Women 16 Yrs/Under 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth A		Cockermouth	2:06.53	529	
			AMBER RIGG			30.65
			ELLIE WILSON			34.89
			OLIVIA O'MAHONY			31.52
			YASMIN COULTHARD			29.47
2.	Cockermouth B		Cockermouth	2:16.52	421	
			MACEE WIGGINS			32.58
			LILY BAILEY			40.25
			RACHEL LEWIS			33.10
			MAISIE O'MAHONY			30.59
3.	Kendal A		Kendal	2:18.22	406	
			EMMA DUXBURY			35.14
			CHLOE WESTMORLAND			37.55
			ANNIE BOTTOMLEY			34.25
			KAYLEIGH CRAGGS			31.28
4.	Ulverston A		Ulverston	2:18.29	405	
			ORIANNE SHARP			34.04
			MILLIE WEBBER			38.79
			OLIVIA PENELLUM			33.98
			ABIGAIL CAINE			31.48
5.	Workington A		Workington	2:18.86	400	
			EVIE WHITE			36.80
			AIMEE-MAI LISTER			37.03
			EMILY SIBBALD			34.12
			GRACIE SMITH			30.91
6.	Penrith A		Penrith	2:19.48	395	
			ISLA COOPER			38.09
			PERI WATSON			36.20
			LEAH ROSE			32.52
			MATILDA MCTEAR			32.67
7.	Kendal B		Kendal	2:20.49	386	
			EVELYN KINNEAR			35.96
			KATE COLLIN			37.84
			CHARLOTTE STAINER			36.11
			KARA MERWE			30.58
8.	Carlisle A		Carlisle Aq	2:20.85	384	
			MORGAN HENDERSON			33.33
			LEA GLENCROSS			42.35
			ISLA BELL			34.95
			CHARLOTTE MARSH			30.22
9.	Barrow A		Barrow	2:23.43	363	
			HONEY ASHWELL			34.56
			ASHTON WOOD			42.66
			LILLY BROADFOOT			33.07
			ISABELLE SULLIVAN			33.14
10.	Carlisle C		Carlisle Aq	2:27.60	333	
			ISOBEL MARSH			36.84
			YASMIN BURROW			43.55
			SOPHIA SUGDEN			35.17
			ISABELLA STOCKDALE			32.04
11.	Workington B		Workington	2:28.71	326	
			HANNAH WHITE			37.36
			JESSICA LISTER			39.82
			NEVE PEARSON			38.46
			ERIN HAYTON			33.07
12.	Ulverston B		Ulverston	2:31.27	310	
			CHLOE COWSILL			37.26
			ROSE YEARNSHIRE			40.16
			PENELOPE BOYLE			36.46
			NIAMH GREEN			37.39
13.	Carlisle B		Carlisle Aq	2:34.10	293	
			ELLIE HEWSON			39.00
			HOLLIE MORGAN			39.70
			LUCY REAY			40.59
			ESMAI GLENCROSS			34.81
14.	Penrith B		Penrith	2:36.61	279	
			PENELOPE HENDERSON			37.89
			ROSA HENDERSON			45.50
			JESSICA KELLY			42.00
			LILY SALT			31.22
15.	Barrow B		Barrow	2:48.52	224	
			PACIE LOCKE			44.76
			AMELIA ASHWELL			48.16
			ELEANOR ABERNETHY			40.68
			ISABELLA ARMSTRONG			34.92



EVENT 806 Men 16 Yrs/Under 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth A		Cockermouth	2:01.64	411	
			MAX HENDERSON			30.74
			OLIVER DYSON			34.52
			SAUL NEWSON-NIXON			56.51
			JACKSON JARDINE			59.87
2.	Kendal A		Kendal	2:03.61	391	
			BENJAMIN ROWLEY			32.81
			MATTHEW GIBSON			33.98
			MATTHEW FOSTER			28.53
			ALEX WALTON			28.29
3.	Ulverston A		Ulverston	2:06.22	367	
			FERGUS BELL			31.55
			BENSON COWSILL			33.50
			MATTHEW FOLEY			32.96
			MARLEY GRIFFITHS			28.21
4.	Copeland A		Copeland	2:07.79	354	
			LUKE MAKIN			32.91
			ADAM KELLY			35.03
			LINCOLN SHAIL			30.83
			CAMPBELL SUTTON			29.02
5.	Barrow A		Barrow	2:15.19	299	
			TOM BELL			35.20
			HARVEY CAINE			36.02
			LEO CRITCHLEY			34.71
			AARON BRYSON-ROBERTS			29.26
6.	Cockermouth B		Cockermouth	2:20.28	267	
			LOGAN IVINSON			32.93
			LUCAS WATSON			45.03
			JONNY FIDALGO-HULL			15.14
			DANIL VARIANYK			47.18
7.	Ulverston B		Ulverston	2:21.84	259	
			MALACHY KENNY			36.29
			PHILLIP CRAYSTON			38.40
			NATHAN LEE CHEONG			17.24
			PERCY WIGNALL			49.91
8.	Workington A		Workington	2:24.86	243	
			GED MCCABE			42.73
			JAMIE BLACKWELL			41.24
			MAX MCALLISTER			32.35
			ZACHARY FLITTON			28.54
9.	Barrow B		Barrow	2:49.70	151	
			ALFIE LEAHY			40.59
			JOSHUA CAINE			54.32
			PORTER TINNING			36.87
			OLLY SWARBRICK			37.92
	Carlisle A		Carlisle Aq	DQ 7. 1		
			ASER MOHAMED			
			MATTHEW BELL			
			OSCAR HODGSON			
			MAXIMUS LAZONBY			

EVENT 807 Women Open 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Ulverston A		Ulverston	2:01.01	605	
			LILY SMITH			30.93
			INDYA SHARP			32.79
			JAMIE-LEIGH TYSON			30.12
			AMELIA MARDEL			27.17
2.	Cockermouth A		Cockermouth	2:02.86	578	
			AMBER RIGG			30.92
			ELLIE WILSON			34.35
			JESS PROKAS			29.63
			OLIVIA O'MAHONY			27.96
3.	Cockermouth B		Cockermouth	2:07.19	521	
			MILLIE SANDHAM			31.97
			ALEXA ATKINSON			35.49
			HELEN DOWNEY			30.40
			YASMIN COULTHARD			29.33
4.	Kendal A		Kendal	2:15.67	429	
			EMMA DUXBURY			34.95
			CHLOE WESTMORLAND			37.12
			ANNIE BOTTOMLEY			34.31
			ROSIE SWALLOW			29.29
5.	Penrith A		Penrith	2:16.58	421	
			KATIE ROUSE			36.25
			PERI WATSON			36.99
			AMARA ROSE			32.87
			ABIGAIL PANTRY			30.47
6.	Carlisle A		Carlisle Aq	2:17.48	412	
			ALIX LANCASTER			35.40
			EVIE BELL			39.54
			CHARLOTTE GRAY			32.61
			MORGAN HENDERSON			29.93



7.	Workington A	Workington	2:18.12	407	
		EVIE WHITE			37.09
		AIMEE-MAI LISTER			37.83
		MARION BRYANT			33.95
		EVE DOOTSON			29.25
8.	Workington B	Workington	2:24.27	357	
		HANNAH WHITE			38.53
		JESSICA LISTER			39.26
		EMILY SIBBALD			35.26
		GRACIE SMITH			31.22
9.	Barrow A	Barrow	2:27.24	336	
		HONEY ASHWELL			34.90
		ASHTON WOOD			43.46
		LILLY BROADFOOT			33.94
		ELEANOR ABERNETHY			34.94

EVENT 808 Men Open 200m Medley Team

Full Results						
Place	Name	A.G	Club	Time	FINA Pt	
1.	Ulverston A		Ulverston	1:53.40	507	
			ETHAN ALLPRESS			28.03
			GYOKTUG MOLLA			30.28
			ADAM JONES			28.11
			BENSON COWSILL			26.98
2.	Kendal A		Kendal	1:55.21	483	
			ADAM STANSFIELD			29.23
			JAMES ESCOLME			30.68
			OWAIN HEATHCOTE-JONES			29.07
			MATTHEW FOSTER			26.23
3.	Cockermouth A		Cockermouth	1:56.04	473	
			ROAN GREENING			27.27
			OLIVER DYSON			34.53
			RHYS JACKSON			28.69
			MAX HENDERSON			25.55
4.	Copeland A		Copeland	1:56.60	466	
			JAMES AMOR			29.99
			FINLEY QUAYLE			32.37
			MICHAEL CONERY			29.16
			LUKE JACKSON			25.08
5.	Workington A		Workington	1:57.22	459	
			ELLIOT ROUTLEDGE			28.14
			MATTHEW FARNWORTH			33.25
			WILLIAM APPLEBY			28.05
			ROHAN O'NEILL			27.78
6.	Copeland B		Copeland	2:03.53	392	
			TOM LONGLEY			30.73
			ADAM KELLY			34.69
			KIAN STRICKLAND			31.37
			TOBY PATTON			26.74
7.	Carlisle B		Carlisle Aq	2:06.09	369	
			ASER MOHAMED			32.47
			MATTHEW BELL			36.87
			OSCAR HODGSON			28.78
			MAXIMUS LAZONBY			27.97
8.	Cockermouth B		Cockermouth	2:07.62	355	
			LOGAN IVINSON			32.85
			JACKSON JARDINE			35.73
			SAUL NEWSON-NIXON			29.71
			JONNY FIDALGO-HULL			29.33
9.	Barrow A		Barrow	2:11.81	323	
			CHARLIE GALLAGHER			30.70
			HARVEY CAINE			35.87
			LEO CRITCHLEY			35.41
			AARON BRYSON-ROBERTS			29.83
10.	Ulverston B		Ulverston	2:11.86	322	
			FERGUS BELL			32.31
			MARLEY GRIFFITHS			36.88
			NATHAN CAINE			33.80
			MATTHEW FOLEY			28.87
11.	Penrith A		Penrith	2:14.78	302	
			HARRY BURKE			36.69
			CALLUM CROSHER			38.36
			LOUIS GRESSWELL			27.78
			HARRY MELDRUM			31.95
12.	Workington B		Workington	2:17.92	281	
			EWAN FROST			32.42
			JAMIE BLACKWELL			42.28
			MAX MCALLISTER			33.59
			ZACHARY FLITTON			29.63
	Carlisle A		Carlisle Aq	DQ 6. 4		
			PETER GERMAIN			
			JACK BARKER			
			JAKE HARRISON			
			FRANCISCO TEIXERIA			



EVENT 809 Women 10/12 Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth A		Cockermouth	2:15.57	317	
			ESME WILSON			34.39
			LILY SPARSHOTT			34.35
			ELLA DIXON			34.73
			ELLIE WOODCOCK			32.10
2.	Kendal A		Kendal	2:26.27	252	
			I KAY-SHUTTLEWORTH			36.63
			LUA SWAMI			36.88
			AVA DIXON			36.76
			INDIE BROOKES			36.00
3.	Barrow A		Barrow	2:26.28	252	
			PACIE LOCKE			1.23.45
			CHLOE HUNT			27.79
			ASHTON WOOD			35.04
			AMELIA ASHWELL			00.00
4.	Carlisle A		Carlisle Aq	2:26.35	252	
			RIHANNA HARPER			34.14
			BELLA GLENCROSS			37.30
			SIAN MORGAN			24.77
			JANE RODDAM			50.14
5.	Kendal B		Kendal	2:34.22	215	
			SASHA WHITEHEAD			38.57
			HARRIET STAINER			17.50
			LUCY WILLIAMS			21.57
			EMMA BICKLEY			1.16.58
6.	Copeland A		Copeland	2:38.48	198	
			JOANNA SUTTON			35.19
			ELLIA PAYNE			42.26
			AMETHYST CULLEY			44.44
			JESSICA TODHUNTER			36.59
7.	Cockermouth B		Cockermouth	2:40.62	190	
			LILY CLIFFORD			36.34
			POLLY WALKER			51.43
			ALICE FOWLES			38.57
			NIKOLA LEJBT			34.28
8.	Ulverston A		Ulverston	2:41.16	189	
			NIAMH GREEN			
			ISABELLE COWARD			
			LUNA ROBERTS			
			ISABELLE TYSON			2.41.16
9.	Workington A		Workington	2:46.07	172	
			ERIN SHUTTLEWORTH			42.94
			ERIN PEARSON			40.40
			ISABEL PEARSON			44.94
			ISLA GRIMSHAW			37.79
10.	Carlisle B		Carlisle Aq	2:54.03	150	
			ISLA FRIZZEL			41.03
			DAISY BALLANTYNE			42.47
			AMELLIA COOKE			46.58
			ELISE LAZONBY			43.95
11.	Ulverston B		Ulverston	2:56.56	143	
			AISLING ROBERTSON			45.49
			SKYE BARCLAY			2.11.26
			PHILIPPA ROBINSON			
			MIA GRIFFITHS			59.81
12.	Workington B		Workington	3:05.82	123	
			ANYA WHITEHEAD			41.88
			LACEY BRAY			55.44
			HEIDI BOYD			44.36
			SCARLETT MAYNE			44.14
13.	Copeland B		Copeland	3:22.23	95	
			SAPPHIRE CULLEY			1.42.10
			ANNA BEATTIE			56.41
			CHARLOTTE JARRETT			43.75
			ABIGAIL HUNTER			59.97
14.	Penrith A		Penrith	3:32.25	82	
			ISABELLA HALL			43.74
			TARA HENDERSON			1.25.49
			EDEN THOMLINSON			
			HOLLY RELPH			1.23.02



EVENT 810 Men 10/12 Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Barrow A		Barrow	2:22.00	191	
			ALFIE LEAHY			34.84
			JOSHUA CAINE			38.58
			OLLY SWARBRICK			38.36
			PORTER TINNING			30.22
2.	Carlisle A		Carlisle Aq	2:22.70	188	
			SERGIO MORGANELLA			35.67
			ALASTAIR BUIS			37.81
			OSCAR WHARTON			35.83
			THOMAS ROSS			33.39
3.	Kendal A		Kendal	2:24.18	182	
			GEORGE KINNEAR			35.81
			LOCHLAN HEDDLE			36.66
			FINLAY FITZGERALD			37.95
			ELLIOTT DART			33.76
4.	Copeland A		Copeland	2:33.75	150	
			LUKE GODDARD			35.73
			THOMAS HOLLIDAY			39.69
			EVAN DOWNTON			39.67
			NATHANIAL FORBES			38.66
5.	Cockermouth A		Cockermouth	2:39.97	133	
			JACK STARKEY			40.16
			ARCHIE FELL			44.79
			HARRY DYSON			38.41
			MYLES IVINSON			36.61
6.	Kendal B		Kendal	2:48.40	114	
			LOGAN PINDER			41.40
			ALEX WOOD			44.32
			JOSS BROOKES			45.83
			ADAM WOJTACKI			36.85
7.	Carlisle B		Carlisle Aq	2:58.53	96	
			OLIVER HOWE			1:40.41
			ASHLEY STORR			39.09
			REUBEN DOREY			39.04
			TED MITCHINSON			59.99
8.	Penrith A		Penrith	2:59.24	95	
			FINLEY SOUTER			36.99
			CARTER PEDLAR			1:27.40
			EZRA MCTEAR			38.12
			TOBY MELDRUM			16.73
9.	Copeland B		Copeland	2:59.43	94	
			WILF PARKINSON			2:19.45
			TOMAS DOWNTON			40.19
			HARRY MCDOWELL			
			ARLO SUTTON			59.79
	Workington A		Workington	DQ 10 .11L		
			ADAM BOWMAN			37.35
			GEORGE HILLAND			45.79
			ROICK CURTIS			39.87
			OLIVER GLAISTER			
	Workington B		Workington	DQ 10 .11L		
			MASON STEPHENSON			41.33
			KALOYAN NEDYALKOV			44.06
			LUCIAN KAY			50.27
			CONNOR SMITH			



EVENT 811 Women 13/14 Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth A		Cockermouth	2:03.56	419	
			MAISIE O'MAHONY			30.85
			RUBY STEWART			30.64
			LILY BAILEY			32.11
			RACHEL LEWIS			29.96
2.	Carlisle A		Carlisle Aq	2:07.25	384	
			ISOBEL MARSH			32.32
			SOPHIA SUGDEN			32.14
			ISABELLA STOCKDALE			31.98
			ISLA BELL			30.81
3.	Ulverston A		Ulverston	2:07.49	381	
			CHLOE COWSILL			31.98
			ISLA ROBERTSON			32.02
			PENELOPE BOYLE			32.60
			ABIGAIL CAINE			30.89
4.	Copeland A		Copeland	2:09.56	363	
			MACIE PAYNE			31.61
			GRACE FORBES			32.85
			AOIFE HAWKRIGG			33.30
			KEISHA PARKINSON			31.80
5.	Kendal A		Kendal	2:09.67	363	
			EVELYN KINNEAR			32.48
			AVA SAUNDERS			32.74
			FELICITY PATTINSON			33.54
			KARA MERWE			30.91
6.	Cockermouth B		Cockermouth	2:13.22	334	
			JYOTI VAREY			33.24
			ISABEL HORTON			33.41
			BROOKLYN HALE			34.21
			EMILIE BIRKETT			32.36
7.	Barrow A		Barrow	2:16.39	311	
			ISABELLE SULLIVAN			34.37
			ELEANOR ABERNETHY			36.44
			ISABELLA ARMSTRONG			35.24
			LILLY BROADFOOT			30.34
8.	Workington A		Workington	2:18.59	297	
			ANNA SMITH			34.21
			NELL MCCABE			36.97
			LOUISA DRAPER			34.42
			IMOGEN MCALLISTER			32.99
9.	Penrith A		Penrith	2:18.96	294	
			ROSA HENDERSON			34.99
			LEAH BUTLER			36.98
			LUCY HARNWELL			33.20
			JESSICA KELLY			33.79
10.	Kendal B		Kendal	2:21.69	278	
			ALECIA MCCLURE			37.87
			HANNAH CARRADICE			34.53
			RUBY DUXBURY			35.40
			ELEANOR KING			33.89
11.	Copeland B		Copeland	2:23.72	266	
			JESSICA HOLLIDAY			35.42
			HOLLY STRICKLAND			37.04
			DAKOTA POWER			1.11.35
			TILLY OWEN			59.91



EVENT 812 Men 13/14 Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Penrith A		Penrith	2:05.50	276	
			CHARLIE HALL			32.19
			KIT NICHOLSON			32.38
			HARRY MELDRUM			32.21
			LEWIS COOPER			28.72
2.	Ulverston A		Ulverston	2:06.65	269	
			MARLEY GRIFFITHS			28.45
			MATTHEW FOLEY			29.15
			PERCY WIGNALL			34.39
			BEN BARCLAY			34.66
3.	Kendal A		Kendal	2:08.45	258	
			LEO MURRAY			32.34
			OLIVER STUBBS			33.11
			JARNO STANDER			33.10
			MAX WHITEHEAD			29.90
4.	Cockermouth A		Cockermouth	2:14.62	224	
			LUCAS WATSON			37.01
			LUKE DAVISON			34.93
			CONNOR WIGGINS			33.83
			LOGAN IVINSON			28.85
5.	Penrith B		Penrith	2:19.48	201	
			ADAM RELPH			35.29
			EDWARD MULGREW			36.41
			MONTY RUDDICK			34.97
			HARRY BURKE			32.81
6.	Kendal B		Kendal	2:19.76	200	
			JACK CARRADICE			35.20
			FYNLAY DODD-HEMINGWAY			36.04
			LOGAN HEDDLE			35.35
			FINLAY WOOD			33.17

EVENT 813 Women 16 Yrs/Under 200m Free.Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth A		Cockermouth	1:54.17	531	
			AMBER RIGG			28.70
			ELLIE WILSON			27.91
			YASMIN COULTHARD			29.58
			OLIVIA O'MAHONY			27.98
2.	Ulverston A		Ulverston	2:01.47	441	
			MILLIE WEBBER			30.39
			ORIANNE SHARP			29.70
			ABIGAIL CAINE			31.38
			OLIVIA PENELLUM			30.00
3.	Cockermouth B		Cockermouth	2:01.77	438	
			MACEE WIGGINS			29.96
			MAISIE O'MAHONY			31.27
			RACHEL LEWIS			30.52
			RUBY STEWART			30.02
4.	Carlisle A		Carlisle Aq	2:02.53	430	
			MORGAN HENDERSON			29.54
			LEA GLENCROSS			31.55
			CHARLOTTE MARSH			30.71
			ISLA BELL			30.73
5.	Kendal A		Kendal	2:04.41	411	
			KAYLEIGH CRAGGS			31.26
			ANNIE BOTTOMLEY			31.05
			KATE COLLIN			30.89
			CHLOE WESTMORLAND			31.21
6.	Workington A		Workington	2:04.55	409	
			AIMEE-MAI LISTER			31.23
			EMILY SIBBALD			32.18
			GRACIE SMITH			30.92
			EVIE WHITE			30.22
7.	Penrith A		Penrith	2:06.16	394	
			PERI WATSON			30.45
			ISLA COOPER			32.52
			LILY SALT			1.03.26
			LEAH ROSE			59.93
8.	Carlisle C		Carlisle Aq	2:08.93	369	
			ISOBEL MARSH			32.81
			YASMIN BURROW			31.88
			ISABELLA STOCKDALE			32.77
			SOPHIA SUGDEN			31.47
9.	Kendal B		Kendal	2:09.45	364	
			EMMA DUXBURY			32.64
			EVELYN KINNEAR			32.39
			CHARLOTTE STAINER			33.18
			KARA MERWE			31.24
10.	Barrow A		Barrow	2:09.51	364	
			LILLY BROADFOOT			30.43
			AMELIA ASHWELL			35.38
			ISABELLE SULLIVAN			33.28
			HONEY ASHWELL			30.42



11. Ulverston B	Ulverston	2:11.48	348	
	CHLOE COWSILL			33.10
	ISLA ROBERTSON			32.71
	PENELOPE BOYLE			33.94
	ROSE YEARNSHIRE			31.73
12. Workington B	Workington	2:12.21	342	
	HANNAH WHITE			34.07
	NEVE PEARSON			33.66
	ERIN HAYTON			33.34
	JESSICA LISTER			31.14
13. Penrith B	Penrith	2:17.71	303	
	PENELOPE HENDERSON			33.37
	LUCY HARNWELL			34.41
	LEAH BUTLER			40.39
	MATILDA MCTEAR			29.54
14. Carlisle B	Carlisle Aq	2:19.11	294	
	ESMAI GLENCROSS			37.15
	HOLLIE MORGAN			35.39
	ELLIE HEWSON			34.65
	LUCY REAY			31.92
15. Barrow B	Barrow	2:27.86	244	
	ISABELLA ARMSTRONG			35.63
	ASHTON WOOD			37.82
	PACIE LOCKE			38.43
	ELEANOR ABERNETHY			35.98

EVENT 814 Men 16 Yrs/Under 200m Free.Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth A		Cockermouth	1:49.01	422	
			MAX HENDERSON			26.43
			JONNY FIDALGO-HULL			29.00
			SAUL NEWSON-NIXON			26.81
			JACKSON JARDINE			26.77
2.	Kendal A		Kendal	1:50.50	405	
			BENJAMIN ROWLEY			29.10
			ALEX WALTON			27.87
			MATTHEW GIBSON			27.72
			MATTHEW FOSTER			25.81
3.	Carlisle A		Carlisle Aq	1:52.67	382	
			ASER MOHAMED			27.82
			MATTHEW BELL			29.86
			MAXIMUS LAZONBY			28.43
			OSCAR HODGSON			26.56
4.	Ulverston A		Ulverston	1:53.42	375	
			MARLEY GRIFFITHS			28.59
			FERGUS BELL			29.05
			MATTHEW FOLEY			29.17
			BENSON COWSILL			26.61
5.	Barrow A		Barrow	1:59.37	321	
			AARON BRYSON-ROBERTS			30.07
			LEO CRITCHLEY			30.79
			TOM BELL			30.65
			HARVEY CAINE			27.86
6.	Copeland A		Copeland	1:59.57	320	
			LUKE MAKIN			30.53
			LINCOLN SHAIL			29.63
			FREDDIE SUTTON			30.36
			CAMPBELL SUTTON			29.05
7.	Workington A		Workington	2:04.98	280	
			MAX MCALLISTER			30.43
			JAMIE BLACKWELL			32.70
			GED MCCABE			33.47
			ZACHARY FLITTON			28.38
8.	Cockermouth B		Cockermouth	2:06.37	271	
			LOGAN IVINSON			29.37
			CONNOR WIGGINS			33.43
			LUKE DAVISON			33.32
			DANIL VARIANYK			30.25
9.	Ulverston B		Ulverston	2:07.09	266	
			PHILLIP CRAYSTON			30.88
			BEN BARCLAY			35.94
			MALACHY KENNY			31.59
			NATHAN LEE CHEONG			28.68
10.	Barrow B		Barrow	2:26.51	174	
			ALFIE LEAHY			35.62
			JOSHUA CAINE			40.57
			OLLY SWARBRICK			38.67
			PORTER TINNING			31.65



EVENT 815 Women Open 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Ulverston A		Ulverston	1:50.45	587	
			LILY SMITH			29.34
			INDYA SHARP			27.00
			JAMIE-LEIGH TYSON			27.04
			AMELIA MARDEL			27.07
2.	Cockermouth A		Cockermouth	1:52.31	558	
			AMBER RIGG			28.56
			ELLIE WILSON			27.97
			JESS PROKAS			27.83
			OLIVIA O'MAHONY			27.95
3.	Cockermouth B		Cockermouth	1:58.06	480	
			ALEXA ATKINSON			29.16
			MACEE WIGGINS			29.32
			RACHEL LEWIS			30.54
			HELEN DOWNEY			29.04
4.	Carlisle A		Carlisle Aq	2:00.61	451	
			CHARLOTTE GRAY			30.14
			EVIE BELL			29.93
			ALIX LANCASTER			30.93
			MORGAN HENDERSON			29.61
5.	Workington A		Workington	2:01.32	443	
			MARION BRYANT			30.60
			AIMEE-MAI LISTER			30.92
			EVIE WHITE			30.47
			EVE DOOTSON			29.33
6.	Penrith A		Penrith	2:01.68	439	
			ABIGAIL PANTRY			30.89
			KATIE ROUSE			17.32
			AMARA ROSE			44.20
			LEAH ROSE			29.27
7.	Kendal A		Kendal	2:03.55	419	
			CHLOE WESTMORLAND			31.18
			ANNIE BOTTOMLEY			31.06
			KAYLEIGH CRAGGS			31.81
			ROSIE SWALLOW			29.50
8.	Ulverston B		Ulverston	2:04.37	411	
			MILLIE WEBBER			30.33
			ORIANNE SHARP			29.98
			ABIGAIL CAINE			33.74
			OLIVIA PENELLUM			30.32
9.	Workington B		Workington	2:07.40	382	
			GRACIE SMITH			31.33
			JESSICA LISTER			31.89
			HANNAH WHITE			33.05
			EMILY SIBBALD			31.13
10.	Ulverston C		Ulverston	2:08.35	374	
			PENELOPE BOYLE			1.05.10
			ISLA ROBERTSON			33.35
			EMMA PENELUM			29.93
			ANNABEL CRAYSTON			59.97
11.	Barrow A		Barrow	2:11.17	350	
			HONEY ASHWELL			30.47
			AMELIA ASHWELL			34.99
			ISABELLE SULLIVAN			34.69
			LILLY BROADFOOT			31.02



EVENT 816 Men Open 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth A		Cockermouth	1:43.86	488	
			JACKSON JARDINE			27.53
			MAX HENDERSON			26.08
			RHYS JACKSON			25.92
			ROAN GREENING			24.33
2.	Kendal A		Kendal	1:43.91	487	
			JAMES ESCOLME			25.64
			OWAIN HEATHCOTE-JONES			26.74
			MATTHEW FOSTER			25.93
			ADAM STANSFIELD			25.60
3.	Workington A		Workington	1:45.64	464	
			ELLIOT ROUTLEDGE			25.70
			ROHAN O'NEILL			28.15
			MATTHEW FARNWORTH			26.93
			WILLIAM APPLEBY			24.86
4.	Copeland A		Copeland	1:46.32	455	
			JAMES AMOR			27.68
			TOBY PATTON			26.75
			MICHAEL CONERY			26.64
			LUKE JACKSON			25.25
5.	Carlisle A		Carlisle Aq	1:47.80	436	
			JACK BARKER			25.68
			FRANCISCO TEIXERIA			27.69
			PETER GERMAIN			28.18
			JAKE HARRISON			26.25
6.	Carlisle B		Carlisle Aq	1:52.58	383	
			ASER MOHAMED			28.15
			MATTHEW BELL			29.66
			MAXIMUS LAZONBY			28.06
			OSCAR HODGSON			26.71
7.	Ulverston B		Ulverston	1:53.45	374	
			MARLEY GRIFFITHS			28.58
			FERGUS BELL			29.08
			MATTHEW FOLEY			29.24
			ADAM JONES			26.55
8.	Copeland B		Copeland	1:53.92	370	
			FINLEY QUAYLE			28.81
			KIAN STRICKLAND			28.03
			LUKE MAKIN			30.15
			TOM LONGLEY			26.93
9.	Cockermouth B		Cockermouth	1:55.79	352	
			JONNY FIDALGO-HULL			29.64
			LOGAN IVINSON			29.26
			DANIL VARIANYK			29.97
			SAUL NEWSON-NIXON			26.92
10.	Barrow A		Barrow	1:56.49	346	
			HARVEY CAINE			27.96
			AARON BRYSON-ROBERTS			30.23
			LEO CRITCHLEY			30.87
			CHARLIE GALLAGHER			27.43
11.	Penrith A		Penrith	1:59.02	324	
			LEWIS COOPER			29.00
			CALLUM CROSHER			31.11
			CHARLIE HALL			32.53
			LOUIS GRESSWELL			26.38
12.	Workington B		Workington	2:05.13	279	
			MAX MCALLISTER			30.52
			EWAN FROST			29.76
			GED MCCABE			34.70
			ZACHARY FLITTON			30.15
13.	Ulverston C		Ulverston	2:09.65	251	
			NATHAN CAINE			31.99
			MALACHY KENNY			32.33
			NATHAN LEE CHEONG			31.14
			PERCY WIGNALL			34.19
	Ulverston A		Ulverston	DQ 10.11L		
			GYOKTUG MOLLA			26.05
			BENSON COWSILL			26.93
			SETH KELLY			27.05
			ETHAN ALLPRESS			



EVENT 817 Men/Women Open 300m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth A		Cockermouth	2:58.74		
			MYLES IVINSON		36.26	
			ELLIE WOODCOCK		31.74	
			LOGAN IVINSON		29.00	
			RACHEL LEWIS		29.76	
			OLIVIA O'MAHONY		27.37	
2.	Carlisle A		Carlisle Aq	2:59.21		
			RIHANNA HARPER		34.31	
			THOMAS ROSS		32.93	
			ISLA BELL		30.77	
			OSCAR HODGSON		27.02	
			EVIE BELL		29.39	
3.	Barrow A		Barrow	3:02.00		
			JACK BARKER		24.79	
			AMELIA ASHWELL		34.74	
			PORTER TINNING		30.67	
			LILLY BROADFOOT		29.89	
			TOM BELL		29.91	
4.	Copeland A		Copeland	3:04.04		
			HONEY ASHWELL		29.62	
			HARVEY CAINE		27.17	
			JOANNA SUTTON		33.14	
			LUKE GODDARD		36.10	
			MACIE PAYNE		31.15	
5.	Ulverston A		Ulverston	3:06.13		
			FREDDIE SUTTON		30.14	
			SCARLETT ROBINSON		28.17	
			LUKE JACKSON		25.34	
			KAYDEN SMITH		35.74	
			NIAMH GREEN		37.81	
6.	Kendal A		Kendal	3:09.92		
			ABIGAIL CAINE		31.99	
			MARLEY GRIFFITHS		27.86	
			AMELIA MARDEL		27.35	
			ETHAN ALLPRESS		25.38	
			INDIE BROOKES		37.60	
7.	Cockermouth B		Cockermouth	3:12.56		
			ESME WILSON		1.08.85	
			LUCAS WATSON		30.78	
			MAISIE O'MAHONY		26.88	
			JACKSON JARDINE		28.06	
			AMBER RIGG		59.92	
8.	Penrith A		Penrith	3:13.32		
			LOUIS GRESSWELL		26.30	
			HOLLY RELPH		36.00	
			FINLEY SOUTER		38.06	
			LUCY HARNWELL		34.43	
			LEWIS COOPER		28.85	
9.	Copeland B		Copeland	3:13.47		
			LEAH ROSE		29.68	
			JOSEPH TODHUNTER		32.24	
			REBECCA WILSON		27.88	
			MICHAEL CONERY		26.54	
			JESSICA TODHUNTER		35.10	
10.	Cockermouth C		Cockermouth	3:14.64		
			NATHANIAL FORBES		23.78	
			AOIFE HAWKRIGG		47.93	
			JACK STARKEY		41.09	
			LILY SPARSHOTT		36.34	
			LUKE DAVISON		32.99	
11.	Ulverston B		Ulverston	3:15.86		
			RUBY STEWART		29.92	
			RHYS JACKSON		26.54	
			JESS PROKAS		27.76	
			DANIEL SKYRME		38.82	
			ISABELLE TYSON		45.19	
12.	Cockermouth D		Cockermouth	3:17.06		
			CHLOE COWSILL		28.87	
			MATTHEW FOLEY		28.80	
			JAMIE-LEIGH TYSON		27.53	
			GYOKTUG MOLLA		26.65	
			ARCHIE FELL		43.92	
			ELLA DIXON			
			CONNOR WIGGINS			33.67
			LILY BAILEY			31.76
			ELLIE WILSON			27.97
			MAX HENDERSON			25.75



13. Barrow B	Barrow	3:21.88	
	PACIE LOCKE		38.12
	ALFIE LEAHY		35.03
	ASHTON WOOD		37.56
	LEO CRITCHLEY		30.72
	ISABELLE SULLIVAN		33.23
	CHARLIE GALLAGHER		27.22
14. Penrith B	Penrith	3:22.21	
	LUCIA SMIGIEL		37.89
	TOBY MELDRUM		37.60
	JESSICA KELLY		33.37
	HARRY MELDRUM		32.38
	PERI WATSON		30.17
	CHARLIE HALL		30.80
15. Workington A	Workington	3:22.87	
	KALOYAN NEDYALKOV		44.77
	ISLA GRIMSHAW		39.08
	ZACHARY FLITTON		29.75
	ANNA SMITH		34.44
	WILLIAM APPLEBY		25.36
	EVE DOOTSON		29.47
16. Workington B	Workington	3:27.55	
	LUCIAN KAY		41.85
	ERIN PEARSON		43.56
	JAMIE BLACKWELL		32.29
	IMOGEN MCALLISTER		33.91
	ELLIOT ROUTLEDGE		56.19
	AIMEE-MAI LISTER		59.75
17. Ulverston C	Ulverston	3:30.81	
	MIA GRIFFITHS		45.66
	NOAH WOODYATT		41.90
	ISLA ROBERTSON		33.00
	PERCY WIGNALL		34.99
	INDYA SHARP		27.02
	SETH KELLY		28.24
18. Barrow C	Barrow	3:32.74	
	CHLOE HUNT		36.69
	JOSHUA CAINE		38.45
	ELEANOR ABERNETHY		34.90
	OLLY SWARBRICK		36.70
	ISABELLA ARMSTRONG		36.12
	AARON BRYSON-ROBERTS		29.88
19. Penrith C	Penrith	3:40.13	
	SOFIA SMIGIEL		45.37
	EZRA MCTEAR		43.84
	ROSA HENDERSON		35.13
	KIT NICHOLSON		32.89
	ABIGAIL PANTRY		30.74
	CALLUM CROSHER		32.16
20. Workington C	Workington	3:49.35	
	FREDDIE WELS		55.80
	ERIN SHUTTLEWORTH		23.70
	OLIVER GLAISTER		19.24
	NELL MCCABE		35.42
	MATTHEW FARNWORTH		36.74
	MARION BRYANT		58.45
21. Penrith D	Penrith	3:55.34	
	TARA HENDERSON		56.27
	CARTER PEDLAR		43.21
	LEAH BUTLER		34.95
	ADAM RELPH		36.42
	AMARA ROSE		30.27
	HARRY BURKE		34.22
22. Workington D	Workington	3:58.79	
	LUKE BLACKWELL		56.38
	SCARLETT MAYNE		45.15
	ADAM BOWMAN		36.41
	ISABEL PEARSON		40.66
	EWAN FROST		29.75
	EVIE WHITE		30.44
