



EVENT 801 Women 10/12 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth SC A		Cockermouth	2:28.05	330	
			Isabella Fowles			35.53
			Lily Bailey			44.01
			Maisie O'Mahony			36.04
			Rosie Carruthers			32.47
2.	Carlisle Aquatics A		Carlisle Aq	2:35.86	283	
			Isobel Marsh			35.96
			Jane Roddam			49.60
			Sophia Sugden			36.58
			Isabella Stockdale			33.72
3.	Cockermouth SC B		Cockermouth	2:44.01	243	
			Florence Ashton			37.81
			Esme Wilson			46.03
			Ella Dixon			43.37
			Brooklyn Hale			36.80
4.	Copeland ASC A		Copeland	2:45.99	234	
			Isla Enright			41.93
			Saffi Walker			45.72
			Grace Forbes			46.57
			Jessica Holliday			31.77
5.	Workington SC A		Workington	2:48.12	225	
			Imogen Mcallister			37.52
			Oria Hayton			48.51
			Anna Smith			33.34
			Isla Grimshaw			48.75
6.	Barrow ASC A	AG/	Barrow	2:49.72	219	
			Amelia Ashwell			44.60
			Ashton Wood			51.24
			Lilly Broadfoot			35.00
			Eleanor Abernethy			38.88
7.	Copeland ASC B		Copeland	2:55.08	199	
			Lily Sparshott			43.84
			Joanna Sutton			49.14
			Holly Stickland			47.01
			Emilie Birkett			35.09
8.	Kendal SC A		Kendal	2:55.79	197	
			Felicity Pattinson			41.61
			Ruby Anderson-Bickley			51.61
			Kara Van Der Merwe			41.91
			Alice Cunliffe			40.66
9.	Kendal SC B		Kendal	3:19.56	135	
			Ava Dixon			50.80
			Lara Collin			51.24
			Emma Anderson Bickley			50.51
			Maisey Wilson			47.01
10.	Barrow ASC B	AG/	Barrow	3:20.06	134	
			Pacie Locke			45.13
			Chloe Hunt			1.04.13
			Electra Muncaster			1.37.02
			Lydia Park			53.78
11.	Ulverston SC C		Ulverston	3:41.56	98	
			Phillipa Robinson			2.02.57
			Isabella Coward			47.80
			Aisling Robertson			
			Pearl Douglas			51.19
	Copeland ASC C		Copeland	DQ 1		
			Ella Payne			57.39
			Amethyst Culley			1.11.02
			Holly Johnston			1.35.33
	Ulverston SC B		Ulverston	DQ 1		
			Isla Weaver			1.39.34
			Mia Griffiths			17.91
			Ellie Miller			1.05.43
	Ulverston SC A		Ulverston	DQ 1		
			Imogen Gibson			
			Chloe Cowsill			39.92
			Rose Yearshire			44.43
			Ellen Tizzard			1.02.19
	Penrith SC A		Penrith	DQ 1		
			Sofia Smigiel			1.51.48
			Sophia Stockdale			48.73
			Jessica Kelly			37.04
			Licia Smigiel			



EVENT 802 Men 10/12 Yrs 200m Medley Team

Full Results

Place	Name	A/G	Club	Time	FINA Pt	
1.	Cockermouth SC A		Cockermouth	2:41.64	175	
			Luke Davison			43.93
			Rocco Wilson			38.85
			Connor Wiggins			42.87
			Lucas Watrson			35.99
2.	Penrith SC A		Penrith	2:50.53	149	
			Harry Burke			41.21
			Toby Meldrum			52.21
			Kit Nicholson			43.65
			Lewis Cooper			33.46
3.	Copeland ASC A		Copeland	3:00.65	125	
			Joe Todhunter			1.41.02
			Luke Goddard			39.79
			Freddie Sutton			39.86
			Evan Downton			59.98
4.	Barrow ASC A	AG/	Barrow	3:04.85	117	
			Joshua Caine			47.37
			Zachary Terre			1.00.08
			Porter Tinning			19.56
			Declan Coward			57.84
5.	Ulverston SC A		Ulverston	3:05.89	115	
			Ben Barclay			51.12
			Percy Wignall			48.43
			Jay Mulama			41.96
			Ethan Miller			44.38
	Carlisle Aquatics A		Carlisle Aq	DQ 2		
			Theo Lamont			49.10
			Oscar Hodgson			58.82
			Farron Bigrigg			45.49
			Sergoi Sandro			

EVENT 803 Women 13/14 Yrs 200m Medley Team

Full Results

Place	Name	A/G	Club	Time	FINA Pt	
1.	Ulverston SC A		Ulverston	2:17.98	408	
			Olivia Penellum			33.47
			Mazie Scales			39.86
			Izzy Kennington			32.07
			Abigail Caine			32.58
2.	Kendal SC A		Kendal	2:29.01	324	
			Alecia McClure			42.13
			Kate Collin			40.43
			Annie Bottomley			32.52
			Evelyn Kinnear			33.93
3.	Carlisle Aquatics A		Carlisle Aq	2:29.18	323	
			Izzy Bryant			38.50
			Isla Bell			42.55
			Lea Glencross			35.19
			Amy Andrews			32.94
4.	Penrith SC A		Penrith	2:30.62	314	
			Lucy Hamwell			37.73
			Rosa Henderson			46.84
			Leah Rose			34.41
			Peri Watson			31.64
5.	Workington SC A		Workington	2:34.47	291	
			Louisa Draper			40.46
			Jessica Lister			39.40
			Kayla Bales-Riley			40.21
			Erin Hayton			34.40
6.	Copeland ASC A		Copeland	2:35.46	285	
			Macie Payne			40.71
			Aoife Hawkrigg			43.39
			Scarlett Robinson			33.04
			Jessica Holliday			38.32
7.	Ulverston SC B		Ulverston	2:37.45	274	
			Kate Curran			43.59
			Isla Robertson			42.97
			Penelope Boyle			36.20
			Scarlett Burrow			34.69
8.	Barrow ASC A	AG/	Barrow	2:45.50	236	
			Isabella Armstrong			40.98
			Honey Ashwell			39.42
			Isabelle Sullivan			
			Layla Coburn			1.25.10
9.	Copeland ASC B		Copeland	2:51.36	213	
			Keisha Parkinson			40.84
			Tilly Owen			49.60
			Jessica Johnston			
			Dakota Power			1.20.92
	Cockermouth SC A		Cockermouth	DQ 2		
			Olivia O'Mahony			33.77
			Amber Rigg			34.86
			Rachel Lewis			33.53
			Yasmin Coulthard			



EVENT 804 Men 13/14 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Barrow ASC A	AG/	Barrow	2:19.84	270	
			Harvey Caine			32.69
			Fraser Robertson			41.52
			Jacob Terre			34.34
			Tom Bell			31.29
2.	Ulverston SC A		Ulverston	2:23.62	249	
			Fergus Bell			33.31
			Nathan Lee Cheong			39.60
			Marley Griffiths			35.06
			Malachy Kenny			35.65
3.	Copeland ASC A		Copeland	2:26.05	237	
			Luke Makin			34.93
			Caden Taylor			43.97
			Tom Longley			35.26
			Noah Oliver			31.89
4.	Penrith SC A		Penrith	2:39.99	180	
			Monty Ruddick			42.16
			Charlie Hall			39.71
			Harry Meldrum			39.54
			Adam Relph			38.58
	Cockermouth SC A		Cockermouth	DQ 3		
			Logan Ivinson			35.94
			Oliver Dyson			38.27
			Saul Newson-Nixon			29.78
			Max Henderson			



EVENT 805 Women 10/12 Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth SC A		Cockermouth	2:10.06	376	
			Isabella Fowles			32.02
			Florence Ashton			33.50
			Rosie Carruthers			33.15
			Maisie O'Mahony			31.39
2.	Carlisle Aquatics A		Carlisle Aq	2:18.89	309	
			Isabella Stockdale			34.46
			Sophia Sugden			34.56
			Jane Roddam			38.23
			Isobel Marsh			31.64
3.	Cockermouth SC B		Cockermouth	2:26.68	262	
			Ella Dixon			38.56
			Brooklyn Hale			37.28
			Esme Wilson			36.66
			Lily Bailey			34.18
4.	Copeland ASC A		Copeland	2:29.72	246	
			Isla Enright			35.91
			Saffi Walker			38.20
			Grace Forbes			38.55
			Jessica Holliday			37.06
5.	Penrith SC A		Penrith	2:30.77	241	
			Sophia Stockdale			39.70
			Sofia Smigiel			53.24
			Licia Smigiel			41.55
			Jessica Kelly			16.28
6.	Kendal SC A		Kendal	2:32.94	231	
			Kara Van Der Merwe			35.11
			Alice Cunliffe			
			Ruby Anderson-Bickley			1.23.21
			Felicity Pattinson			34.62
7.	Barrow ASC A	AG/	Barrow	2:35.92	218	
			Amelia Ashwell			40.62
			Pacie Locke			42.88
			Electra Muncaster			40.43
			Lilly Broadfoot			31.99
8.	Ulverston SC A		Ulverston	2:36.76	214	
			Chloe Cowstill			34.44
			Rose Yearnshire			38.86
			Olivia Longman			
			Ellen Tizzard			1.23.46
9.	Copeland ASC B		Copeland	2:52.03	162	
			Lily Sparshott			39.97
			Joanna Sutton			40.59
			Holly Stickland			1.16.38
			Emilie Birkett			15.09
10.	Kendal SC B		Kendal	2:55.56	153	
			Emma Anderson Bickley			41.72
			Maisey Wilson			46.13
			Ava Dixon			46.58
			Lara Collin			41.13
11.	Ulverston SC B		Ulverston	3:13.46	114	
			Isla Weaver			2.21.09
			Phillipa Robinson			
			Mia Griffiths			
			Skye Barclay			52.37
12.	Copeland ASC C		Copeland	3:20.92	102	
			Holly Johnston			47.35
			Amethyst Culley			54.74
			Jessica Todhunter			59.59
			Elia Payne			39.24
13.	Ulverston SC C		Ulverston	3:22.51	99	
			Pearl Douglas			1.39.49
			Aisling Robertson			55.67
			Isabella Coward			
			Imogen Gibson			47.35
14.	Workington SC A		Workington	3:36.49	81	
			Imogen Mcallister			35.10
			Orla Hayton			40.85
			Isla Grimshaw			1.20.60
			Anna Smith			59.94
	Barrow ASC B	AG/	Barrow	DQ 4		
			Lydia Blackburn			1.36.20
			Chloe Hunt			1.23.73
			Lydia Park			
			Ashton Wood			



EVENT 806 Men 10/12 Yrs 200m Freestyle Team

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth SC A		Cockermouth	2:22.61	188	
			Lucas Watrson			38.03
			Luke Davison			37.18
			Connor Wiggins			36.01
			Rocco Wilson			31.39
2.	Penrith SC A		Penrith	2:27.77	169	
			Harry Burke			37.23
			Toby Meldrum			40.98
			Lewis Cooper			34.36
			Kit Nicholson			35.20
3.	Ulverston SC A		Ulverston	2:32.13	155	
			Jay Mulama			36.87
			Percy Wignall			36.18
			Ben Barclay			37.63
			Kayden Smith			41.45
4.	Copeland ASC A		Copeland	2:33.90	150	
			Freddie Sutton			33.31
			Joe Todhunter			1.19.34
			Luke Goddard			
			Evan Downton			41.25
5.	Workington SC A		Workington	2:39.45	135	
			Roick Curtis			43.34
			Oliver Glaister			40.14
			George Hilland			45.22
			Zachary Flitton			30.75
6.	Carlisle Aquatics A		Carlisle Aq	2:41.39	130	
			Oscar Wharton			39.81
			Farron Bigrigg			38.34
			Theo Lamont			41.23
			Sergoi Sandro			42.01
7.	Barrow ASC A	AG/	Barrow	2:45.44	120	
			Declan Coward			49.46
			Joshua Caine			37.27
			Zachary Terre			
			Porter Tinning			1.18.71

EVENT 807 Women 13/14 Yrs 200m Freestyle Team

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth SC A		Cockermouth	1:57.40	511	
			Olivia O'Mahony			28.92
			Rachel Lewis			30.42
			Yasmin Coulthard			29.31
			Amber Rigg			28.75
2.	Ulverston SC A		Ulverston	2:05.13	422	
			Izzy Kennington			30.82
			Abigail Caine			33.11
			Mazie Scales			31.60
			Olivia Penellum			29.60
3.	Copeland ASC A		Copeland	2:09.60	380	
			Scarlett Robinson			29.47
			Aoife Hawkrigg			33.41
			Macie Payne			32.80
			Keisha Parkinson			33.92
4.	Carlisle Aquatics A		Carlisle Aq	2:10.79	370	
			Isla Bell			32.27
			Izzy Bryant			34.04
			Amy Andrews			33.38
			Lea Glencross			31.10
5.	Kendal SC A		Kendal	2:14.86	337	
			Annie Bottomley			31.93
			Evelyn Kinnear			34.40
			Alecia McClure			36.83
			Kate Collin			31.70
6.	Penrith SC A		Penrith	2:14.91	337	
			Peri Watson			32.24
			Rosa Henderson			36.87
			Lucy Hamwell			34.69
			Leah Rose			31.11
7.	Workington SC A		Workington	2:18.01	315	
			Erin Hayton			34.39
			Jessica Lister			32.91
			Louisa Draper			22.30
			Kayla Bales-Riley			48.41
8.	Barrow ASC A	AG/	Barrow	2:27.81	256	
			Isabelle Sullivan			31.09
			Layla Coburn			50.53
			Isabella Armstrong			34.76
			Honey Ashwell			31.43
9.	Ulverston SC B		Ulverston	2:29.25	249	
			Penelope Boyle			35.22
			Isla Robertson			32.30
			Scarlett Burrow			36.45
			Kate Curran			45.28
10.	Copeland ASC B		Copeland	2:33.63	228	
			Jessica Johnston			38.41
			Dakota Power			40.20
			Tilly Owen			37.04
			Joanna Sutton			37.98



EVENT 808 Men 13/14 Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth SC A		Cockermouth	1:58.67	327	
			Saul Newson-Nixon			27.87
			Thomas Hardy			32.04
			Logan Ivinson			32.18
			Max Henderson			26.58
2.	Barrow ASC A	AG/	Barrow	2:06.20	272	
			Tom Bell			32.42
			Leo Critchley			33.16
			Jacob Terre			31.09
			Harvey Caine			29.53
3.	Copeland ASC A		Copeland	2:07.57	263	
			Luke Makin			31.30
			Noah Oliver			33.33
			Caden Taylor			34.07
			Tom Longley			28.87
4.	Ulverston SC A		Ulverston	2:09.08	254	
			Fergus Bell			30.19
			Nathan Lee Cheong			31.39
			Malachy Kenny			20.22
			Marley Griffiths			47.28
5.	Workington SC A		Workington	2:22.56	188	
			Jamie Blackwell			36.92
			Ben Freer			34.98
			Ged McCabe			36.10
			Max McAllister			34.56
6.	Penrith SC A		Penrith	2:26.92	172	
			Harry Meldrum			34.62
			Monty Ruddick			36.33
			Adam Relph			41.14
			Charlie Hall			34.83

EVENT 809 Women 16 Yrs/Under 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth SC A		Cockermouth	2:06.64	528	
			Millie Sandham			31.85
			Ellie Wilson			35.07
			Amber Rigg			31.14
			Emily McDougall			28.58
2.	Ulverston SC A		Ulverston	2:12.21	464	
			Jamie-Leigh Tyson			31.61
			Orienne Sharp			38.03
			Millie Webber			32.14
			Olivia Penellum			30.43
3.	Carlisle Aquatics A		Carlisle Aq	2:13.99	446	
			Charlotte Marsh			1:10.64
			Jenna Carruthers			33.48
			Rose Sugden			
			Evie Bell			29.87
4.	Kendal SC A		Kendal	2:15.51	431	
			Imogen Sharp			33.80
			Chloe Westmorland			37.31
			Isabelle Wall-Budden			33.47
			Ellie Bottomley			30.93
5.	Ulverston SC B		Ulverston	2:19.77	393	
			Annabel Crayston			33.46
			Izzy Kennington			39.84
			Mazie Scales			32.74
			Abigail Caine			33.73
6.	Copeland ASC A		Copeland	2:20.22	389	
			Maisie Enright			35.62
			Poppy Oliver			40.28
			Scarlett Robinson			33.48
			Jaya Sparshott			30.84
7.	Workington SC A		Workington	2:22.38	371	
			Hannah White			37.34
			Aimee-Mai Lister			38.03
			Emily Sibbald			35.14
			Gracie Smith			31.87
8.	Penrith SC A		Penrith	2:25.68	347	
			Penny Henderson			37.77
			Amara Rose			39.68
			Caitlin Padgett			33.31
			Elizabeth Smigiel			34.92
9.	Barrow ASC A	AG/	Barrow	2:34.75	289	
			Isabella Armstrong			42.75
			Honey Ashwell			40.99
			Lilly Broadfoot			35.92
			Isabelle Sullivan			35.09
10.	Ulverston SC C		Ulverston	2:35.73	284	
			Poppy Tyson			37.31
			Rose Yearnshire			46.46
			Penelope Boyle			37.62
			Chloe Cowhill			34.34
11.	Ulverston SC D		Ulverston	3:01.72	178	
			Scarlett Burrow			40.84



		Mia Griffiths		58.64
		Isla Robertson		40.55
		Olivia Longman		41.69
12. Barrow ASC B	Barrow		3:03.15	174
		Amelia Ashwell		46.42
		Ashton Wood		50.47
		Eleanor Abernethy		45.63
		Electra Muncaster		40.63

EVENT 810 Men 16 Yrs/Under 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Kendal SC A		Kendal	1:58.22	447	
			Matthew Foster			31.89
			James Escolme			31.14
			Owain Heathcote Jones			28.45
			Lennon Bell			26.74
2.	Ulverston SC A		Ulverston	2:04.27	385	
			Ethan Allpress			28.46
			Benson Cowsill			35.06
			Seth Kelly			30.85
			Fergus Bell			29.90
3.	Cockermouth SC A		Cockermouth	2:04.56	382	
			Max Henderson			32.42
			Thomas Horton			35.01
			Jonny Fidalgo-Hull			31.20
			Rhys Jackson			25.93
4.	Copeland ASC A		Copeland	2:05.61	373	
			Jackson Jardine			31.08
			Sol Downton			35.92
			Michael Conery			29.94
			Kian Strickland			28.67
5.	Carlisle Aquatics A		Carlisle Aq	2:10.96	329	
			Aser Mohamed			32.44
			Matthew Bell			37.69
			Oscar Hodgson			31.10
			H Birtwhistle-Hughes			29.73
6.	Barrow ASC A	AG/	Barrow	2:13.48	311	
			Harvey Caine			33.06
			Blake Cooksey			34.00
			Jacob Terre			34.33
			Tom Bell			32.09
7.	Copeland ASC B		Copeland	2:21.67	260	
			Luke Makin			35.49
			Campbell Sutton			41.33
			Lincoln Shail			34.38
			Tom Longley			30.47
8.	Ulverston SC B		Ulverston	2:29.07	223	
			Marley Griffiths			35.83
			Nathan Caine			40.01
			Nathan Lee Cheong			36.77
			Malachy Kenny			36.46
9.	Ulverston SC C		Ulverston	2:32.47	208	
			Matthew Foley			37.20
			Phillip Crayston			32.70
			Jake Slee			49.03
			Reuben Eley			33.54
10.	Penrith SC A		Penrith	2:34.21	201	
			Charlie Hall			42.39
			Callum Crosher			39.09
			Harry Meldrum			42.96
			Archie Harding			29.77
11.	Barrow ASC B	AG/	Barrow	2:34.98	198	
			Fraser Robertson			41.31
			Evan Beach			43.67
			Porter Tinning			20.76
			Leo Critchley			49.24
12.	Ulverston SC D		Ulverston	3:18.01	95	
			Ben Barclay			1:49.62
			Ethan Miller			44.50
			Jay Mulama			
			Kayden Smith			43.89



EVENT 811 Women 16 Yrs/Under 200m Free.Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Cockermouth SC A		Cockermouth	1:55.76	533	
			Amber Rigg			28.97
			Olivia O'Mahony			29.35
			Emily McDougall			28.87
			Ellie Wilson			28.57
2.	Ulverston SC A		Ulverston	1:57.24	513	
			Olivia Penellum			29.77
			Millie Webber			30.21
			Poppy Tyson			29.28
			Jamie-Leigh Tyson			27.98
3.	Carlisle Aquatics A		Carlisle Aq	1:58.51	497	
			Morgan Henderson			29.72
			Jenna Carruthers			29.65
			Evie Bell			30.22
			Charlotte Marsh			28.92
4.	Kendal SC A		Kendal	2:01.39	463	
			Imogen Sharp			29.53
			Eve Murray			30.75
			Ellie Bottomley			31.19
			Isabelle Wall-Budden			29.92
5.	Copeland ASC A		Copeland	2:03.68	437	
			Scarlett Robinson			30.15
			Jaya Sparshott			31.00
			Poppy Oliver			31.20
			Maisie Enright			31.33
6.	Ulverston SC B		Ulverston	2:07.65	398	
			Abigail Caine			33.51
			Izzy Kennington			31.79
			Mazie Scales			31.97
			Annabel Crayston			30.38
7.	Workington SC A		Workington	2:10.26	374	
			Gracie Smith			32.03
			Hannah White			34.14
			Aimee-Mai Lister			31.55
			Emily Sibbald			32.54
8.	Penrith SC A		Penrith	2:10.74	370	
			Leah Rose			32.12
			Elizabeth Smigiel			35.29
			Penny Henderson			32.59
			Caitlin Padgett			30.74
9.	Barrow ASC A	AG/	Barrow	2:17.97	315	
			Lilly Broadfoot			33.10
			Isabelle Sullivan			35.47
			Isabella Armstrong			37.20
			Honey Ashwell			32.20
10.	Ulverston SC C		Ulverston	2:22.44	286	
			Penelope Boyle			33.65
			Isla Robertson			37.23
			Olivia Sturgeon			
			Chloe Cowstill			1.11.56
11.	Ulverston SC D		Ulverston	2:52.11	162	
			Rose Yearnshire			38.72
			Scarlett Burrow			36.45
			Olivia Longman			
			Skye Barclay			1.36.94
12.	Barrow ASC B		Barrow	3:08.27	124	
			Lydia Park			48.81
			Chloe Hunt			50.63
			Lydia Blackburn			22.11
			Layla Coburn			1.06.72



EVENT 812 Men 16 Yrs/Under 200m Free.Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Kendal SC A		Kendal	1:46.38	454	
			Owain Heathcote Jones			26.69
			Matthew Foster			27.25
			Lennon Bell			27.04
			James Escolme			25.40
2.	Cockermouth SC A		Cockermouth	1:46.97	447	
			Max Henderson			27.36
			Saul Newson-Nixon			27.45
			Thomas Horton			26.55
			Rhys Jackson			25.61
3.	Ulverston SC A		Ulverston	1:51.78	391	
			Seth Kelly			27.32
			Benson Cowsill			28.33
			Fergus Bell			29.82
			Ethan Allpress			26.31
4.	Copeland ASC A		Copeland	1:52.11	388	
			Jackson Jardine			26.90
			Sol Downton			28.26
			Kian Strickland			29.40
			Michael Conery			27.55
5.	Carlisle Aquatics A		Carlisle Aq	1:57.84	334	
			Aser Mohamed			28.49
			Oscar Hodgson			28.14
			Matthew Bell			31.42
			H Birtwhistle-Hughes			29.79
6.	Barrow ASC A	AG/	Barrow	2:03.03	293	
			Harvey Caine			30.39
			Tom Bell			1.04.28
			Jacob Terre			28.36
			Blake Cooksey			00.00
7.	Copeland ASC B		Copeland	2:05.14	279	
			Luke Makin			31.81
			Campbell Sutton			30.82
			Lincoln Shail			32.41
			Tom Longley			30.10
8.	Ulverston SC B		Ulverston	2:07.14	266	
			Nathan Lee Cheong			31.96
			Nathan Caine			32.65
			Phillip Crayston			31.22
			Marley Griffiths			31.31
9.	Penrith SC A		Penrith	2:17.21	211	
			Callum Crosher			33.53
			Harry Meldrum			35.76
			Charlie Hall			37.35
			Archie Harding			30.57
10.	Ulverston SC C		Ulverston	2:23.37	185	
			Matthew Foley			32.76
			Jake Slee			37.09
			Jay Mulama			37.05
			Percy Wignall			36.47
	Barrow ASC B	AG/	Barrow	DQ 9		
			Leo Critchley			33.96
			Evan Beach			33.47
			Fraser Robertson			34.42
			Porter Tinning			



EVENT 813 Women Open 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Ulverston SC A		Ulverston	2:02.65	581	
			Jamie-Leigh Tyson			31.77
			Indya Sharp			32.72
			Lily Smith			30.59
			Amelia Mardel			27.57
2.	Workington SC B		Workington	2:07.18	521	
			Charlotte Grimshaw			33.72
			Alexa Atkinson			34.11
			Abbie Winstanley			29.35
			Marion Bryant			30.00
3.	Cockermouth SC A		Cockermouth	2:07.89	513	
			Millie Sandham			32.41
			Ellie Wilson			35.76
			Amber Rigg			31.32
			Emily McDougall			28.40
4.	Kendal SC A		Kendal	2:11.34	473	
			Molly Moran			32.29
			Chloe Westmorland			37.41
			Isabelle Wall-Budden			32.43
			Imogen Sharp			29.21
5.	Carlisle Aquatics A		Carlisle Aq	2:15.19	434	
			Amy Harrison			34.92
			Jenna Carruthers			37.89
			Evie-Rose Sugden			33.74
			Charlotte Marsh			28.64
6.	Ulverston SC B		Ulverston	2:15.37	432	
			Olivia Penellum			34.79
			Millie Webber			38.60
			Shannon Parker			32.30
			Poppy Tyson			29.68
7.	Ulverston SC C		Ulverston	2:17.67	411	
			Annabel Crayston			34.02
			Oriane Sharp			38.07
			Izzy Kennington			33.55
			Mazie Scales			32.03
8.	Penrith SC A		Penrith	2:18.36	405	
			Caitlin Padgett			34.21
			Amara Rose			39.98
			Aimee Fowles			31.55
			Abigail Pantry			32.62
9.	Workington SC A		Workington	2:24.08	358	
			Lily Carter			39.17
			Aimee-Mai Lister			1.11.80
			Sophie May White			33.11
			Megan Sibbald			
10.	Ulverston SC D		Ulverston	2:48.92	222	
			Chloe Cowsill			41.90
			Olivia Sturgeon			1.32.65
			Penelope Boyle			
			Mazie Scales			34.37



EVENT 814 Men Open 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Workington SC B		Workington	1:54.41	493	
			Elliot Routledge			28.95
			Tom Millburn			34.10
			Matthew Farnworth			26.63
			Will Applyby			24.73
2.	Ulverston SC A		Ulverston	1:55.60	478	
			Owen Minnican			29.28
			Ethan Allpress			32.71
			Adam Jones			28.48
			Gyoktug Molla			25.13
3.	Kendal SC A		Kendal	1:56.73	465	
			Adam Stansfield			30.46
			James Escolme			31.09
			Owain Heathcote Jones			28.83
			Matthew Foster			26.35
4.	Copeland ASC A		Copeland	1:57.34	457	
			James Amor			30.49
			Finley Quayle			32.22
			Toby Patton			28.03
			Jackson Jardine			26.60
5.	Cockermouth SC A		Cockermouth	2:01.47	412	
			Max Henderson			32.96
			Thomas Horton			35.38
			Joshua Brown			27.57
			Rhys Jackson			25.56
6.	Carlisle Aquatics A		Carlisle Aq	2:08.00	352	
			Aser Mohamed			32.78
			Peter Germain			35.02
			Oscar Hodgson			31.77
			Myles Little			28.43
7.	Ulverston SC B		Ulverston	2:10.21	335	
			Brodie Scales			30.54
			Benson Cowstill			36.83
			Seth Kelly			32.53
			Fergus Bell			30.31
8.	Copeland ASC B		Copeland	2:10.64	331	
			Phil Hawkrigg			33.82
			Sol Downton			36.99
			Michael Conery			30.40
			Kian Strickland			29.43
9.	Workington SC A		Workington	2:15.63	296	
			Ewan FROST			32.00
			Max McAllister			42.68
			Mark Newby			33.47
			Joshua Harden			27.48
10.	Ulverston SC C		Ulverston	2:16.28	292	
			Matthew Foley			38.18
			Gordon Belbin			35.49
			Adrian Lee Cheong			32.21
			Marley Griffiths			30.40
11.	Ulverston SC D		Ulverston	2:31.14	214	
			Malachy Kenny			40.51
			Phillip Crayston			37.80
			Nathan Caine			36.87
			Paul Caine			35.96



EVENT 815 Women Open 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Ulverston SC A		Ulverston	1:51.13	603	
			Amelia Mardel			27.89
			Jamie-Leigh Tyson			27.67
			Lily Smith			28.62
			Indya Sharp			26.95
2.	Workington SC B		Workington	1:55.10	543	
			Charlotte Grimshaw			29.98
			Alexa Atkinson			28.31
			Marion Bryant			30.00
			Abbie Winstanley			26.81
3.	Cockermouth SC A		Cockermouth	1:56.26	527	
			Ellie Wilson			29.13
			Emily McDougall			28.91
			Olivia O'Mahony			29.43
			Amber Rigg			28.79
4.	Ulverston SC B		Ulverston	1:58.23	501	
			Shannon Parker			29.37
			Poppy Tyson			15.64
			Orienne Sharp			43.38
			Olivia Penellum			29.84
5.	Kendal SC A		Kendal	1:59.03	491	
			Molly Moran			28.92
			Isabelle Wall-Budden			30.05
			Eve Murray			31.17
			Imogen Sharp			28.89
6.	Carlisle Aquatics A		Carlisle Aq	1:59.80	481	
			Morgan Henderson			30.21
			Amy Harrison			30.97
			Jenna Carruthers			29.56
			Charlotte Marsh			29.06
7.	Penrith SC A		Penrith	2:07.17	402	
			Caitlin Padgett			32.10
			Amara Rose			31.98
			Abigail Pantry			33.18
			Aimee Fowles			29.91
8.	Ulverston SC C		Ulverston	2:09.37	382	
			Millie Webber			30.44
			Izzy Kennington			32.12
			Abigail Caine			35.94
			Annabel Crayston			30.87
9.	Workington SC A		Workington	2:09.39	382	
			Lily Carter			34.08
			Gracie Smith			31.32
			Sophie May White			30.84
			Megan Sibbald			33.15
10.	Ulverston SC D		Ulverston	2:18.28	313	
			Maizie Scales			32.76
			Chloe Cowstill			36.90
			Penelope Boyle			33.95
			Isla Robertson			34.67



EVENT 816 Men Open 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	
1.	Kendal SC A		Kendal	1:45.41	467	
			Owain Heathcote Jones			26.76
			James Escolme			25.63
			Matthew Foster			26.91
			Adam Stansfield			26.11
2.	Ulverston SC A		Ulverston	1:45.86	461	
			Ethan Allpress			26.31
			Adam Jones			27.32
			Brodie Scales			26.65
			Gyoktug Molla			25.58
3.	Workington SC B		Workington	1:46.46	453	
			Will Applyby			25.88
			Elliot Routledge			26.54
			Matthew Farnworth			27.73
			Tom Millburn			26.31
4.	Cockermouth SC A		Cockermouth	1:46.51	452	
			Joshua Brown			26.67
			Thomas Horton			27.50
			Max Henderson			26.87
			Rhys Jackson			25.47
5.	Copeland ASC A		Copeland	1:48.10	433	
			James Amor			27.90
			Toby Patton			25.71
			Michael Conery			27.76
			Jackson Jardine			26.73
6.	Ulverston SC B		Ulverston	1:52.32	386	
			Seth Kelly			28.15
			Benson Cowill			28.30
			Adrian Lee Cheong			29.13
			Owen Minnican			26.74
7.	Carlisle Aquatics A		Carlisle Aq	1:54.71	362	
			Peter Germain			29.35
			Aser Mohamed			28.87
			Oscar Hodgson			28.32
			Myles Little			28.17
8.	Copeland ASC B		Copeland	1:56.39	347	
			Finley Quayle			28.37
			Sol Downton			29.48
			Kian Strickland			29.96
			Phil Hawkrigg			28.58
9.	Workington SC A		Workington	1:57.01	341	
			Zachary Flitton			31.33
			Ewan FROST			28.98
			Mark Newby			29.65
			Joshua Harden			27.05
10.	Ulverston SC C		Ulverston	2:06.39	271	
			Gordon Belbin			29.73
			Marley Griffiths			31.32
			Nathan Lee Cheong			32.32
			Matthew Foley			33.02
11.	Ulverston SC D		Ulverston	2:15.84	218	
			Jay Mulama			36.48
			Phillip Crayston			31.89
			Nathan Caine			32.74
			Paul Caine			34.73



EVENT 817 6x50m Mixed Cannon - 300m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt
1.	Cockermouth SC A		Cockermouth	2:52.33	
			Maisie O'Mahony		31.35
			Rocco Wilson		30.97
			Amber Rigg		28.53
			Max Henderson		26.67
			Ellie Wilson		28.75
			Joshua Brown		26.06
2.	Cockermouth SC D		Cockermouth	2:59.05	
			Isabella Fowles		32.03
			Connor Wiggins		34.74
			Olivia O'Mahony		29.53
			Saul Newson-Nixon		28.01
			Emily McDougall		29.01
			Rhys Jackson		25.73
3.	Copeland ASC A		Copeland	3:00.85	
			Isla Enright		35.35
			Freddie Sutton		33.34
			Scarlett Robinson		29.82
			Tom Longley		29.42
			Rebecca Amor		27.13
			Toby Patton		25.79
4.	Ulverston SC A		Ulverston	3:01.62	
			Chloe Cowstill		34.00
			Jay Mulama		35.24
			Olivia Penellum		29.70
			Fergus Bell		29.92
			Indya Sharp		27.01
			Gyoktug Molla		25.75
5.	Carlisle Aquatics A		Carlisle Aq	3:05.85	
			Isobel Marsh		32.28
			Farron Bigrigg		37.06
			Isla Bell		31.48
			Oscar Hodgson		28.17
			Charlotte Marsh		28.85
			Aser Mohamed		28.01
6.	Barrow ASC A	AG/	Barrow	3:06.32	
			Lilly Broadfoot		32.19
			Porter Tinning		32.95
			Isabelle Sullivan		33.92
			Harvey Caine		29.34
			Honey Ashwell		30.74
			Blake Cooksey		27.18
7.	Cockermouth SC B		Cockermouth	3:07.85	
			Rosie Carruthers		32.48
			Luke Davison		36.40
			Macee Wiggins		29.50
			Logan Ivinson		32.07
			Iona Robinson		29.31
			Thomas Horton		28.09
8.	Ulverston SC B		Ulverston	3:09.04	
			Rose Yearnshire		37.48
			Percy Wignall		36.01
			Izzy Kennington		31.28
			Marley Griffiths		30.50
			Amelia Mardel		27.49
			Ethan Allpress		26.28
9.	Workington SC A		Workington	3:10.30	
			Anna Smith		33.97
			Zachary Flitton		32.36
			Erin Hayton		33.26
			Max McAllister		36.06
			Abbie Winstanley		27.14
			Tom Millburn		27.51
10.	Cockermouth SC C		Cockermouth	3:10.81	
			Florence Ashton		33.49
			Lucas Watrson		37.96
			Yasmin Coulthard		29.44
			Thomas Hardy		32.31
			Millie Sandham		29.21
			Jonny Fidalgo-Hull		28.40
11.	Carlisle Aquatics B		Carlisle Aq	3:13.27	
			Sophia Sugden		33.62
			Oscar Wharton		38.85
			Maximus Lazonby		29.67
			Lea Glencross		31.74
			Aser Mohamed		29.05
			Evie Bell		30.34
12.	Workington SC B		Workington	3:19.10	
			Imogen Mcallister		34.24
			Oliver Glaister		40.36
			Jessica Lister		33.01
			Ged McCabe		35.95
			Alexa Atkinson		28.99
			Will Applyby		26.55
13.	Copeland ASC B		Copeland	3:19.19	
			Grace Forbes		1.17.79
			Joe Todhunter		30.94
			Aoife Hawkrigg		31.39
			Luke Makin		31.70



		Maisie Enright		27.37
		Jackson Jardine		00.00
14. Carlisle Aquatics C	Carlisle Aq		3:19.45	
		Isabella Stockdale		34.46
		Sergoi Sandro		41.76
		Amy Andrews		34.27
		Matthew Bell		30.72
		Jenna Carruthers		29.73
		Myles Little		28.51
15. Penrith SC A	Penrith		3:19.99	
		Jessica Kelly		40.28
		Lewis Cooper		1.04.32
		Leah Rose		35.21
		Charlie Hall		30.10
		Aimee Fowles		
		Archie Harding		30.08
16. Ulverston SC C	Ulverston		3:22.17	
		Ellen Tizzard		42.36
		Ben Barclay		39.68
		Abigail Caine		33.46
		Nathan Lee Cheong		31.95
		Jamie-Leigh Tyson		27.96
		Brodie Scales		26.76
17. Penrith SC B	Penrith		3:26.95	
		Sophia Stockdale		39.52
		Kit Nicholson		35.84
		Peri Watson		31.79
		Harry Meldrum		34.42
		Caitlin Padgett		31.92
		Callum Crosher		33.46
18. Ulverston SC D	Ulverston		3:32.28	
		Olivia Longman		1.27.05
		Kayden Smith		32.06
		Maizie Scales		35.85
		Malachy Kenny		29.02
		Lily Smith		
		Adam Jones		28.30
19. Ulverston SC E	Ulverston		3:37.42	
		Isla Weaver		1.32.16
		Ethan Miller		18.32
		Penelope Boyle		48.68
		Reuben Eley		30.90
		Poppy Tyson		27.36
		Seth Kelly		00.00
20. Barrow ASC B	AG/ Barrow		3:37.62	
		Amelia Ashwell		39.67
		Joshua Caine		40.09
		Isabella Armstrong		36.19
		Tom Bell		32.31
		Eleanor Abernethy		38.76
		Jacob Terre		30.60
21. Barrow ASC C	AG/ Barrow		4:01.13	
		Ashton Wood		1.35.11
		Zachary Terre		35.88
		Pacie Locke		33.79
		Evan Beach		43.05
		Electra Muncaster		33.30
		Fraser Robertson		00.00
