

2019 Cumbria County Championships

(Under ASA Laws & ASA Technical Rules)

Sunday 20th January, Session 7

Licensed Meet - No. 2NW190167

5.	Max Sharpe	15	Barrow	18:59.85					
	50m 31.32	100m 1:06.14	150m 1:42.19	200m 2:19.87	250m 2:57.00	300m 3:34.90	350m 4:12.87	400m 4:50.85	
	450m 5:28.81	500m 6:06.93	550m 6:44.81	600m 7:23.42	650m 8:02.55	700m 8:40.75	750m 9:20.20	800m 9:59.17	
	850m 10:38.55	900m 11:17.45	950m 11:56.83	1000m 12:35.63	1050m 13:14.39	1100m 13:53.46	1150m 14:31.36	1200m 15:11.11	
	1250m 15:50.63	1300m 16:29.26	1350m 17:07.84	1400m 17:46.26	1450m 18:23.95	1500m 18:59.85			
6.	Rhys Jackson	13	Cockermouth	19:20.44					
	50m 32.36	100m 1:09.24	150m 1:47.36	200m 2:26.27	250m 3:04.80	300m 3:43.69	350m 4:23.16	400m 5:03.01	
	450m 5:43.38	500m 6:22.00	550m 7:00.93	600m 7:40.79	650m 8:19.87	700m 8:58.81	750m 9:37.57	800m 10:16.15	
	850m 10:54.49	900m 11:33.44	950m 12:12.16	1000m 12:51.73	1050m 13:31.05	1100m 14:09.97	1150m 14:49.49	1200m 15:28.81	
	1250m 16:07.87	1300m 16:47.56	1350m 17:26.99	1400m 18:06.15	1450m 18:45.07	1500m 19:20.44			
7.	Niall Abba	16	Carlisle Aq	19:43.13					
	50m 33.99	100m 1:11.97	150m 1:50.89	200m 2:30.67	250m 3:10.22	300m 3:49.22	350m 4:29.52	400m 5:09.27	
	450m 5:49.13	500m 6:27.80	550m 7:07.77	600m 7:47.72	650m 8:27.29	700m 9:07.32	750m 9:46.49	800m 10:26.43	
	850m 11:06.91	900m 11:47.27	950m 12:27.67	1000m 13:08.40	1050m 13:48.51	1100m 14:29.47	1150m 15:09.85	1200m 15:50.35	
	1250m 16:29.00	1300m 17:08.49	1350m 17:48.25	1400m 18:27.85	1450m 19:06.93	1500m 19:43.13			
8.	James Escolme	13	Kendal	20:23.28					
	50m 35.82	100m 1:15.79	150m 1:55.97	200m 2:37.60	250m 3:19.49	300m 4:00.29	350m 4:41.76	400m 5:22.90	
	450m 6:03.74	500m 6:45.30	550m 7:27.09	600m 8:09.21	650m 8:50.59	700m 9:31.68	750m 10:13.80	800m 10:55.15	
	850m 11:36.42	900m 12:17.96	950m 12:59.30	1000m 13:41.53	1050m 14:23.06	1100m 15:04.34	1150m 15:46.09	1200m 16:28.20	
	1250m 17:07.94	1300m 17:48.85	1350m 18:30.22	1400m 19:09.77	1450m 19:49.02	1500m 20:23.28			

Open Age Group - County Championship Results

Place	Name	AaD	Club	Time					
1.	Pierce Greening	16	Cockermouth	16:29.87					
	50m 29.29	100m 1:00.76	150m 1:33.19	200m 2:05.95	250m 2:38.77	300m 3:11.87	350m 3:45.05	400m 4:18.09	
	450m 4:51.40	500m 5:25.23	550m 5:58.58	600m 6:32.31	650m 7:06.25	700m 7:39.57	750m 8:13.30	800m 8:47.10	
	850m 9:20.62	900m 9:54.26	950m 10:28.31	1000m 11:01.51	1050m 11:35.06	1100m 12:08.36	1150m 12:41.67	1200m 13:14.39	
	1250m 13:46.96	1300m 14:19.90	1350m 14:52.80	1400m 15:25.44	1450m 15:58.27	1500m 16:29.87			
2.	Isaac Hinde	18	Copeland	17:07.00					
	50m 30.10	100m 1:03.84	150m 1:38.04	200m 2:13.72	250m 2:47.64	300m 3:21.59	350m 3:56.48	400m 4:30.72	
	450m 5:05.31	500m 5:40.13	550m 6:14.86	600m 6:49.19	650m 7:24.15	700m 7:58.45	750m 8:33.25	800m 9:07.57	
	850m 9:42.03	900m 10:16.48	950m 10:51.16	1000m 11:25.76	1050m 12:00.55	1100m 12:34.73	1150m 13:09.67	1200m 13:44.44	
	1250m 14:18.89	1300m 14:53.55	1350m 15:28.08	1400m 16:02.22	1450m 16:35.76	1500m 17:07.00			
3.	Matthew Jones	16	Carlisle Aq	18:25.35					
	50m 31.21	100m 1:06.88	150m 1:43.67	200m 2:20.08	250m 2:57.13	300m 3:34.88	350m 4:12.36	400m 4:49.95	
	450m 5:27.30	500m 6:03.90	550m 6:41.11	600m 7:18.49	650m 7:55.47	700m 8:32.11	750m 9:09.03	800m 9:45.67	
	850m 10:23.66	900m 11:01.76	950m 11:39.17	1000m 12:16.15	1050m 12:54.08	1100m 13:31.74	1150m 14:09.55	1200m 14:47.50	
	1250m 15:25.24	1300m 16:02.79	1350m 16:38.99	1400m 17:15.52	1450m 17:52.20	1500m 18:25.35			
4.	Owen Cogan	15	Carlisle Aq	18:30.93					
	50m 33.33	100m 1:09.50	150m 1:46.07	200m 2:22.72	250m 2:59.76	300m 3:37.25	350m 4:14.89	400m 4:52.16	
	450m 5:29.26	500m 6:06.38	550m 6:43.86	600m 7:20.87	650m 7:57.87	700m 8:35.19	750m 9:12.62	800m 9:50.17	
	850m 10:27.78	900m 11:04.87	950m 11:42.32	1000m 12:19.88	1050m 12:57.21	1100m 13:34.86	1150m 14:11.90	1200m 14:49.45	
	1250m 15:26.94	1300m 16:04.52	1350m 16:41.85	1400m 17:19.13	1450m 17:55.94	1500m 18:30.93			
5.	Thomas Klijn	17	Kendal	18:42.06					
	50m 31.25	100m 1:06.03	150m 1:41.91	200m 2:17.88	250m 2:54.11	300m 3:30.91	350m 4:07.79	400m 4:44.88	
	450m 5:21.94	500m 5:59.19	550m 6:36.51	600m 7:14.22	650m 7:52.02	700m 8:29.96	750m 9:07.84	800m 9:45.60	
	850m 10:24.37	900m 11:02.89	950m 11:42.04	1000m 12:20.38	1050m 12:59.07	1100m 13:38.19	1150m 14:17.02	1200m 14:55.82	
	1250m 15:35.43	1300m 16:14.02	1350m 16:52.67	1400m 17:31.86	1450m 18:09.19	1500m 18:42.06			
6.	Finley Quayle	14	Copeland	18:49.82					
	50m 32.36	100m 1:09.39	150m 1:46.23	200m 2:22.97	250m 2:59.97	300m 3:37.31	350m 4:15.04	400m 4:52.39	
	450m 5:29.70	500m 6:06.74	550m 6:44.11	600m 7:22.36	650m 7:59.85	700m 8:37.74	750m 9:16.16	800m 9:53.20	
	850m 10:30.87	900m 11:09.20	950m 11:48.14	1000m 12:27.27	1050m 13:06.08	1100m 13:44.36	1150m 14:21.34	1200m 15:00.83	
	1250m 15:39.94	1300m 16:19.48	1350m 16:59.33	1400m 17:37.81	1450m 18:14.65	1500m 18:49.82			
7.	Max Sharpe	15	Barrow	18:59.85					
	50m 31.32	100m 1:06.14	150m 1:42.19	200m 2:19.87	250m 2:57.00	300m 3:34.90	350m 4:12.87	400m 4:50.85	
	450m 5:28.81	500m 6:06.93	550m 6:44.81	600m 7:23.42	650m 8:02.55	700m 8:40.75	750m 9:20.20	800m 9:59.17	
	850m 10:38.55	900m 11:17.45	950m 11:56.83	1000m 12:35.63	1050m 13:14.39	1100m 13:53.46	1150m 14:31.36	1200m 15:11.11	
	1250m 15:50.63	1300m 16:29.26	1350m 17:07.84	1400m 17:46.26	1450m 18:23.95	1500m 18:59.85			
8.	Rhys Jackson	13	Cockermouth	19:20.44					
	50m 32.36	100m 1:09.24	150m 1:47.36	200m 2:26.27	250m 3:04.80	300m 3:43.69	350m 4:23.16	400m 5:03.01	
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	850m 10:54.49	900m 11:33.44	950m 12:12.16	1000m 12:51.73	1050m 13:31.05	1100m 14:09.97	1150m 14:49.49	1200m 15:28.81	
	1250m 16:07.87	1300m 16:47.56	1350m 17:26.99	1400m 18:06.15	1450m 18:45.07	1500m 19:20.44			
9.	Niall Abba	16	Carlisle Aq	19:43.13					
	50m 33.99	100m 1:11.97	150m 1:50.89	200m 2:30.67	250m 3:10.22	300m 3:49.22	350m 4:29.52	400m 5:09.27	
	450m 5:49.13	500m 6:27.80	550m 7:07.77	600m 7:47.72	650m 8:27.29	700m 9:07.32	750m 9:46.49	800m 10:26.43	
	850m 11:06.91	900m 11:47.27	950m 12:27.67	1000m 13:08.40	1050m 13:48.51	1100m 14:29.47	1150m 15:09.85	1200m 15:50.35	
	1250m 16:29.00	1300m 17:08.49	1350m 17:48.25	1400m 18:27.85	1450m 19:06.93	1500m 19:43.13			
10.	James Escolme	13	Kendal	20:23.28					
	50m 35.82	100m 1:15.79	150m 1:55.97	200m 2:37.60	250m 3:19.49	300m 4:00.29	350m 4:41.76	400m 5:22.90	
	450m 6:03.74	500m 6:45.30	550m 7:27.09	600m 8:09.21	650m 8:50.59	700m 9:31.68	750m 10:13.80	800m 10:55.15	
	850m 11:36.42	900m 12:17.96	950m 12:59.30	1000m 13:41.53	1050m 14:23.06	1100m 15:04.34	1150m 15:46.09	1200m 16:28.20	
	1250m 17:07.94	1300m 17:48.85	1350m 18:30.22	1400m 19:09.77	1450m 19:49.02	1500m 20:23.28			
