



2011 Cumbria Autumn Graded Series

(Under ASA Laws & ASA Technical Rules)

Saturday 26th November - Session 3 results

Licensed Meet - No. 3NW1602

EVENT 25 Boys 09 Yrs/Over 200m IM

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Danny Barnes	9	Workington	3:29.88	48.59	1:40.06	2:43.74
2.	Jack Ivison	9	Workington	3:34.07	54.52	1:50.08	2:47.02
3.	Nathan Salkeld	9	Co Carlisle	3:34.85	55.56	1:48.52	2:48.00
4.	Bailey Younghusband-Ma	9	Cockermouth	3:35.20	53.80	1:45.76	2:48.58
5.	Ross Hemsley	9	Workington	3:38.59	51.46	1:45.25	2:49.39
6.	Rory Collins	9	Co Carlisle	3:46.32	54.57	1:45.89	2:55.94

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Matthew Allen	10	Cockermouth	3:03.88	40.50	1:25.37	2:22.08
2.	Theo Tindall	10	Co Carlisle	3:14.85	49.15	1:37.34	2:31.31
3.	Marcus Robinson	10	Lancaster	3:16.07	44.38	1:33.87	2:34.60
4.	Nathan Harmon	10	Carlisle WP	3:24.21	51.47	1:40.63	2:40.97
5.	Jack Edwards	10	Cockermouth	3:25.03	49.29	1:41.92	2:39.77
6.	Remi McVey	10	Lancaster	3:25.19	48.29	1:42.38	2:40.98

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Mason Minnican	11	Barrow	3:02.58	42.08	1:29.78	2:22.16
2.	Samuel Wicks	11	Ulverston	3:04.75	40.80	1:27.67	2:24.02
3.	Alex Park	11	Cockermouth	3:06.12	43.79	1:28.94	2:24.05
4.	Alastair Thomas	11	Cockermouth	3:11.42	42.96	1:28.54	2:29.07
5.	Adam Greenbank	11	Cockermouth	3:17.76	45.42	1:33.05	2:35.56
6.	Christopher Stainton	11	Kendal	3:32.33	52.12	1:48.19	2:48.54

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	James McDougall	12	Co Carlisle	3:04.81	45.87	1:30.74	2:23.29
2.	Daniel Armstrong	12	Kendal	3:11.75	45.48	1:33.79	2:31.94
	Jake Fabi	12	Penrith	DQ T-1L			

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Matthew Ivison	13	Workington	2:44.45	39.68	1:22.61	2:08.60
2.	Owen Walker	13	Co Carlisle	2:46.25	37.20	1:18.60	2:09.22
3.	Josh Russell	13	Co Carlisle	2:56.66	40.62	1:28.61	2:17.32
4.	William Adams	13	Barrow	2:57.49	41.42	1:26.49	2:20.84
5.	Harry Denney	13	Kendal	3:09.31	42.39	1:30.05	2:27.64

14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Scott Munro-Bennett	14	Ulverston	2:27.37	29.41	1:07.57	1:52.83
2.	Christian Balmer	14	Cockermouth	2:32.23	34.55	1:12.73	1:56.60
3.	Kieran Harrison	15	Carlisle WP	2:34.01	33.84	1:14.91	2:00.05
4.	Vincent Sue	14	Barrow	2:46.37	37.89	1:21.04	2:08.76
5.	Michael Studholm	14	Co Carlisle	2:54.55	39.12	1:25.17	2:17.66
	Callum Bond	16	Ulverston	DNC			

EVENT 26 Girls 10 Yrs/Over 400m Freestyle

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150	200	250	300	350	400				
1.	Elizabeth Airey	10	Co Carlisle	6:10.15												
	50m	42.70	100m	1:30.42	150m	2:18.06	200m	3:06.58	250m	3:52.75	300m	4:40.82				
		42.70		47.72		47.64		48.52		46.17		350m	5:27.86			
													400m	6:10.15		
															42.29	
2.	Alex Collins	10	Co Carlisle	6:41.28												
	50m	44.50	100m	1:35.84	150m	2:28.46	200m	3:20.88	250m	4:13.09	300m	5:05.64	350m	5:56.61	400m	6:41.28
		44.50		51.34		52.62		52.42		52.21		52.55		50.97		44.67
3.	Lucy Hunter	10	Co Carlisle	6:48.23												
	50m	45.59	100m	1:37.94	150m	2:31.08	200m	3:24.07	250m	4:17.24	300m	5:10.62	350m	6:02.23	400m	6:48.23
		45.59		52.35		53.14		52.99		53.17		53.38		51.61		46.00
4.	Amy-Slee Cowan	10	Copeland	6:48.62												
	50m	44.93	100m	1:36.16	150m	2:28.46	200m	3:21.27	250m	4:12.56	300m	5:05.03	350m	5:57.65	400m	6:48.62
		44.93		51.23		52.30		52.81		51.29		52.47		52.62		50.97

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150	200	250	300	350	400				
1.	Sophie Dodd	11	Co Carlisle	5:06.44												
	50m	35.36	100m	1:13.88	150m	1:53.04	200m	2:31.84	250m	3:10.65	300m	3:49.66	350m	4:29.23	400m	5:06.44
		35.36		38.52		39.16		38.80		38.81		39.01		39.57		37.21
2.	Eden-Joy Light	11	Ulverston	5:26.52												
	50m	36.16	100m	1:18.07	150m	1:59.88	200m	2:41.46	250m	3:23.52	300m	4:05.64	350m	4:47.74	400m	5:26.52
		36.16		41.91		41.81		41.58		42.06		42.12		42.10		38.78
3.	Alex Sarah Messenger	11	Copeland	5:31.56												
	50m	39.00	100m	1:22.08	150m	2:04.64	200m	2:46.44	250m	3:29.44	300m	4:10.74	350m	4:52.08	400m	5:31.56
		39.00		43.08		42.56		41.80		43.00		41.30		41.34		39.48
4.	Rhianne Owen	11	Workington	6:37.41												
	50m	46.07	100m	1:37.05	150m	2:28.78	200m	3:20.13	250m	4:11.73	300m	5:02.71	350m	5:51.53	400m	6:37.41
		46.07		50.98		51.73		51.35		51.60		50.98		48.82		45.88



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(Under ASA Laws & ASA Technical Rules)

Saturday 26th November - Session 3 results

Licensed Meet - No. 3NW1602

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Ruth McEwen	12	Barrow	4:59.42					
	50m 32.90	100m 1:10.36	150m 1:49.48	200m 2:28.26	250m 3:06.90	300m 3:45.28	350m 4:23.63	400m 4:59.42	
	32.90	37.46	39.12	38.78	38.64	38.38	38.35	35.79	
2.	Chloe Carr	12	Copeland	5:07.92					
	50m 36.75	100m 1:16.02	150m 1:55.51	200m 2:34.70	250m 3:13.88	300m 3:53.01	350m 4:31.89	400m 5:07.92	
	36.75	39.27	39.49	39.19	39.18	39.13	38.88	36.03	
3.	Amie Ivison	12	Workington	5:14.24					
	50m 36.26	100m 1:16.48	150m 1:56.80	200m 2:37.01	250m 3:17.68	300m 3:57.76	350m 4:37.89	400m 5:14.24	
	36.26	40.22	40.32	40.21	40.67	40.08	40.13	36.35	
4.	Rebecca McMinn	12	Cockermouth	5:14.74					
	50m 35.76	100m 1:14.77	150m 1:54.85	200m 2:35.17	250m 3:15.77	300m 3:56.28	350m 4:36.71	400m 5:14.74	
	35.76	39.01	40.08	40.32	40.60	40.51	40.43	38.03	
5.	Zara McKnight	12	Co Carlisle	5:15.91					
	50m 35.38	100m 1:14.19	150m 1:54.05	200m 2:33.27	250m 3:13.38	300m 3:53.71	350m 4:34.77	400m 5:15.91	
	35.38	38.81	39.86	39.22	40.11	40.33	41.06	41.14	
6.	Olivia Robinson	12	Lancaster	5:18.99					
	50m 36.28	100m 1:15.86	150m 1:56.06	200m 2:36.85	250m 3:18.07	300m 3:58.93	350m 4:39.90	400m 5:18.99	
	36.28	39.58	40.20	40.79	41.22	40.86	40.97	39.09	
7.	Amy Heard	12	Carlisle WP	5:19.46					
	50m 37.16	100m 1:17.79	150m 1:58.48	200m 2:39.02	250m 3:20.15	300m 4:00.81	350m 4:41.23	400m 5:19.46	
	37.16	40.63	40.69	40.54	41.13	40.66	40.42	38.23	
8.	Isabel Postlethwaite	12	Cockermouth	5:26.12					
	50m 36.11	100m 1:17.10	150m 1:59.12	200m 2:40.40	250m 3:21.57	300m 4:03.19	350m 4:45.68	400m 5:26.12	
	36.11	40.99	42.02	41.28	41.17	41.62	42.49	40.44	
9.	Samantha Kellett	12	Copeland	5:29.62					
	50m 38.32	100m 1:20.21	150m 2:02.10	200m 2:44.72	250m 3:26.30	300m 4:08.93	350m 4:49.38	400m 5:29.62	
	38.32	41.89	41.89	42.62	41.58	42.63	40.45	40.24	
10.	Rhiannon Ellis	12	Ulverston	5:33.77					
	50m 37.23	100m 1:19.65	150m 2:03.13	200m 2:46.19	250m 3:28.87	300m 4:11.50	350m 4:54.31	400m 5:33.77	
	37.23	42.42	43.48	43.06	42.68	42.63	42.81	39.46	
11.	Megan O'Toole	12	Barrow	5:35.39					
	50m 37.10	100m 1:19.15	150m 2:02.25	200m 2:46.07	250m 3:29.08	300m 4:11.96	350m 4:54.68	400m 5:35.39	
	37.10	42.05	43.10	43.82	43.01	42.88	42.72	40.71	
12.	Chloe Jackson	12	Ulverston	5:50.20					
	50m 40.67	100m 1:24.50	150m 2:09.70	200m 2:54.04	250m 3:39.09	300m 4:23.20	350m 5:07.31	400m 5:50.20	
	40.67	43.83	45.20	44.34	45.05	44.11	44.11	42.89	
13.	Andrea Kellet	12	Cockermouth	5:51.74					
	50m 39.69	100m 1:24.51	150m 2:10.29	200m 2:56.05	250m 3:41.32	300m 4:26.91	350m 5:10.32	400m 5:51.74	
	39.69	44.82	45.78	45.76	45.27	45.59	43.41	41.42	
14.	Annalise Younghusband-	12	Cockermouth	5:54.83					
	50m 40.43	100m 1:25.55	150m 2:11.14	200m 2:57.22	250m 3:43.56	300m 4:28.75	350m 5:14.25	400m 5:54.83	
	40.43	45.12	45.59	46.08	46.34	45.19	45.50	40.58	
15.	Eleanor Nanson	12	Cockermouth	6:10.65					
	50m 42.29	100m 1:29.65	150m 2:17.44	200m 3:05.41	250m 3:51.88	300m 4:38.80	350m 5:27.11	400m 6:10.65	
	42.29	47.36	47.79	47.97	46.47	46.92	48.31	43.54	

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Taylor Kelsey	13	Copeland	4:55.63					
	50m 32.70	100m 1:09.28	150m 1:46.79	200m 2:25.72	250m 3:04.26	300m 3:42.33	350m 4:20.29	400m 4:55.63	
	32.70	36.58	37.51	38.93	38.54	38.07	37.96	35.34	
2.	Chelsea Atkinson	13	Cockermouth	5:07.45					
	50m 34.14	100m 1:12.66	150m 1:52.78	200m 2:32.84	250m 3:11.84	300m 3:51.99	350m 4:31.65	400m 5:07.45	
	34.14	38.52	40.12	40.06	39.00	40.15	39.66	35.80	
3.	Lucy-Jane Wilson	13	Co Carlisle	5:09.05					
	50m 34.41	100m 1:12.87	150m 1:52.46	200m 2:32.08	250m 3:11.58	300m 3:51.11	350m 4:30.83	400m 5:09.05	
	34.41	38.46	39.59	39.62	39.50	39.53	39.72	38.22	
4.	Georgia Hannam	13	Lancaster	5:11.75					
	50m 34.31	100m 1:12.84	150m 1:52.50	200m 2:32.79	250m 3:12.99	300m 3:53.31	350m 4:33.50	400m 5:11.75	
	34.31	38.53	39.66	40.29	40.20	40.32	40.19	38.25	
5.	Amy Richardson	13	Ulverston	5:16.51					
	50m 34.63	100m 1:13.98	150m 1:54.36	200m 2:34.78	250m 3:15.50	300m 3:56.31	350m 4:37.22	400m 5:16.51	
	34.63	39.35	40.38	40.42	40.72	40.81	40.91	39.29	
6.	Caitlin Wren	13	Barrow	5:19.52					
	50m 36.85	100m 1:17.24	150m 1:58.01	200m 2:39.11	250m 3:20.27	300m 4:00.90	350m 4:40.73	400m 5:19.52	
	36.85	40.39	40.77	41.10	41.16	40.63	39.83	38.79	
7.	Jodi Hall	13	Copeland	5:36.00					
	50m 38.69	100m 1:20.98	150m 2:02.91	200m 2:45.50	250m 3:28.37	300m 4:11.45	350m 4:53.80	400m 5:36.00	
	38.69	42.29	41.93	42.59	42.87	43.08	42.35	42.20	
8.	Amy Reay	13	Kendal	5:57.89					
	50m 40.45	100m 1:25.43	150m 2:11.48	200m 2:58.02	250m 3:44.33	300m 4:30.22	350m 5:16.38	400m 5:57.89	
	40.45	44.98	46.05	46.54	46.31	45.89	46.16	41.51	

14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Anna Broadbent	16	Cockermouth	4:46.34					
	50m 31.81	100m 1:05.98	150m 1:41.23	200m 2:18.14	250m 2:54.95	300m 3:32.24	350m 4:10.05	400m 4:46.34	
	31.81	34.17	35.25	36.91	36.81	37.29	37.81	36.29	
2.	Sian Thompson	14	Co Carlisle	4:49.18					
	50m 32.27	100m 1:07.15	150m 1:43.90	200m 2:21.19	250m 2:58.70	300m 3:35.76	350m 4:12.84	400m 4:49.18	
	32.27	34.88	36.75	37.29	37.51	37.06	37.08	36.34	
3.	Emily Wild	14	Ulverston	5:10.61					
	50m 34.93	100m 1:13.48	150m 1:52.72	200m 2:32.33	250m 3:12.42	300m 3:52.44	350m 4:32.07	400m 5:10.61	



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	34.93		38.55		39.24		39.61		40.09		40.02		39.63		38.54
4. Emilie Wardhaugh		14	Carlisle WP		5:25.38										
50m	36.35	100m	1:16.39	150m	1:57.58	200m	2:39.18	250m	3:20.94	300m	4:03.28	350m	4:45.07	400m	5:25.38
	36.35		40.04		41.19		41.60		41.76		42.34		41.79		40.31
5. Juliette Hall		14	Lancaster		5:29.95										
50m	36.79	100m	1:18.04	150m	2:00.76	200m	2:43.95	250m	3:26.06	300m	4:09.34	350m	4:50.82	400m	5:29.95
	36.79		41.25		42.72		43.19		42.11		43.28		41.48		39.13

EVENT 27 Boys 09 Yrs/Over 50m Breaststroke

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jack Ivison	9	Workington	48.69
2.	Ross Hemsley	9	Workington	51.13
3.	Ruben Swallow	9	Kendal	55.11
4.	Bailey Younghusband-Ma	9	Cockermouth	56.38
5.	Ollie Sargeant	9	Troutbeck Br	56.68
6.	Joel Sinclair	9	Carlisle WP	58.00
7.	Solomon Johl	9	Penrith	1:01.59
8.	Rory Collins	9	Co Carlisle	1:01.85
9.	Luke Jackson	9	Copeland	1:06.26
	Oscar Craig	9	Copeland	DQ SL-2L

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Remi McVey	10	Lancaster	49.35
2.	Frazer McCormick	10	Barrow	49.54
3.	Jack Edwards	10	Cockermouth	49.83
4.	Jack Kellett	10	Copeland	49.97
5.	Matthew Allen	10	Cockermouth	50.62
6.	Nathan Harmon	10	Carlisle WP	50.75
7.	Francis Smith-Ward	10	Ulverston	58.23

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Ben Gilmore	11	Cockermouth	45.79
2.	James Williams	11	Kendal	45.89
3.	Alex Park	11	Cockermouth	48.21
4.	Todd Lindsay	11	Troutbeck Br	49.24
5.	Alastair Thomas	11	Cockermouth	50.46
6.	Christopher Stainton	11	Kendal	51.09
7.	Luke Brown	11	Penrith	51.80
8.	Daniel Booth	11	Troutbeck Br	52.05
9.	Adam Greenbank	11	Cockermouth	52.08

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	James McDougall	12	Co Carlisle	42.70
2.	Jake Fabi	12	Penrith	42.93
3.	Joseph Sharpe	12	Barrow	43.75
4.	Sam Harrison	12	Troutbeck Br	44.27
5.	Gregor Rothwell	12	Kendal	45.65
6.	Daniel Armstrong	12	Kendal	45.72
7.	Owen Thompson	12	Co Carlisle	47.64
8.	Connor Mattinson	12	Penrith	51.44

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Nick Carlton	13	Troutbeck Br	37.57
2.	Ben Leighton	13	Co Carlisle	38.87
3.	Charles McSkeane	13	Cockermouth	39.02
4.	Toby Gibson	13	Co Carlisle	39.89
5.	Elliott Routledge	13	Workington	40.37
6.	Josh Russell	13	Co Carlisle	42.39
7.	Owen Walker	13	Co Carlisle	43.23

14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Scott Munro-Bennett	14	Ulverston	35.55
2.	Harry Sykes	16	Lancaster	36.06
3.	Christian Balmer	14	Cockermouth	36.58
4.	Kieran Harrison	15	Carlisle WP	38.45
5.	Vincent Sue	14	Barrow	39.14
6.	Callum Bond	16	Ulverston	40.39
7.	Michael Studholm	14	Co Carlisle	43.21

EVENT 28 Girls 09 Yrs/Over 200m Backstroke

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Anya Sharp	9	Ulverston	3:20.20	46.33	1:37.43	2:29.00
2.	Taylor Aplin	9	Kendal	3:22.59	47.14	1:40.23	2:32.95
3.	Holly Parkinson	9	Ulverston	3:36.58	51.39	1:46.63	2:43.51
4.	Niamh Peers	9	Copeland	3:36.67	51.23	1:48.65	2:44.44
5.	Lucy Stephenson	9	Copeland	3:43.40	51.45	1:48.66	2:47.34
6.	Mary Wake	9	Copeland	3:50.09	55.76	1:53.58	2:54.04



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Holly Wicks	9	Ulverston	DNF
Ella Riley	9	Cockermouth	DQ T-1L
Zara Postlethwaite	9	Cockermouth	DQ T-1L
Lauren Russell	9	Co Carlisle	DQ T-2L
Jasmine Gresswell	9	Carlisle WP	DQ T-3L

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Evie Harrison	10	Barrow	3:17.94	47.40	1:38.71	2:29.68
2.	Nicola Capstick	10	Kendal	3:19.23	45.70	1:37.32	2:29.17
3.	Emily Ellwood	10	Penrith	3:36.32	51.41	1:46.80	2:43.85
4.	Lexie Lory	10	Cockermouth	3:39.94	49.73	1:49.23	2:46.80
5.	Ella Mounsey	10	Kendal	3:40.31	50.72	1:47.18	2:44.75
	Amy-Slee Cowan	10	Copeland	DQ T-3L			

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Laura Davison	11	Co Carlisle	2:44.29	39.36	1:21.04	2:03.70
2.	Jasmin Pritt	11	Workington	2:56.18	43.19	1:28.16	2:13.76
3.	Emily Reay	11	Kendal	2:58.22	41.40	1:27.41	2:14.19
4.	Brodie Swallow	11	Kendal	3:03.67	43.62	1:30.69	2:18.24
5.	Alex Sarah Messenger	11	Copeland	3:08.60	46.19	1:34.81	2:23.16
6.	Charlotte Stamper	11	Copeland	3:09.81	46.06	1:35.70	2:24.45
7.	Louisa Sinclair	11	Carlisle WP	3:14.40	46.26	1:35.75	2:26.28
8.	Frances Nutley	11	Carlisle WP	3:16.42	47.58	1:39.42	2:30.17
9.	Rhianne Owen	11	Workington	3:23.63	49.03	1:40.11	2:32.28

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Rebecca McMinn	12	Cockermouth	2:47.61	39.39	1:22.40	2:06.26
2.	Annabelle McBratney	12	Barrow	2:56.18	41.70	1:27.09	2:13.45
3.	Rebecca Robertshaw	12	Co Carlisle	2:56.21	40.66	1:25.74	2:11.87
4.	Amy Heard	12	Carlisle WP	2:59.08	44.50	1:31.00	2:17.14
5.	Lucy Bradbury	12	Troutbeck Br	2:59.33	43.85	1:30.08	2:16.23
6.	Amelia Sykes	12	Lancaster	2:59.34	41.90	1:26.88	2:13.64
7.	Samantha Kellett	12	Copeland	2:59.56	44.91	1:31.34	2:17.02
8.	Eleanor Nanson	12	Cockermouth	3:06.34	45.02	1:32.93	2:20.10
9.	Amber Patterson	12	Co Carlisle	3:06.37	44.95	1:32.27	2:20.28
	Andrea Kellet	12	Cockermouth	DQ T-1L			
	Maia Johl	12	Penrith	DQ T-2L			
	Chloe Jackson	12	Ulverston	DQ T-5L			

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Rebecca Titterington	13	Penrith	2:45.86	39.20	1:22.40	2:04.91
2.	Chelsea Atkinson	13	Cockermouth	2:48.71	40.02	1:22.98	2:06.89
3.	Stephanie Booth	13	Troutbeck Br	2:49.52	40.35	1:23.28	2:07.04
4.	Lucy-Jane Wilson	13	Co Carlisle	2:49.88	39.62	1:23.29	2:07.78
5.	Caitlin Wren	13	Barrow	2:50.56	40.59	1:24.43	2:08.26
6.	Georgia Hannam	13	Lancaster	2:51.80	40.69	1:24.07	2:08.47
7.	Jordan Brooks	13	Barrow	2:56.98	41.60	1:27.63	2:14.57
8.	Alex Graham	13	Copeland	3:00.65	42.08	1:29.11	2:15.51

14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Becky Walley	14	Copeland	2:36.06	36.15	1:15.92	1:56.97
2.	Emily Wild	14	Ulverston	2:37.91	36.62	1:16.89	1:58.40
3.	Rebecca Reid	15	Barrow	2:51.39	40.07	1:23.65	2:08.61
4.	Bryony Whitehead	14	Carlisle WP	2:51.63	39.60	1:22.97	2:08.28
5.	Rachael Vatter	14	Cockermouth	2:56.66	41.86	1:27.30	2:12.70
6.	Rebekah Booth	15	Troutbeck Br	2:58.78	42.83	1:28.16	2:14.29

EVENT 29 Boys 09 Yrs/Over 200m Butterfly

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
	Jack Ivison	9	Workington	DQ SL-6L			

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Jack Kellett	10	Copeland	3:32.43	44.80	1:40.73	2:38.30
2.	Matthew Allen	10	Cockermouth	3:42.33	44.05	1:40.27	2:41.24
3.	Theo Tindall	10	Co Carlisle	4:06.58	58.91	2:03.27	3:07.17

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Tom Robinson	11	Ulverston	3:04.88	39.37	1:27.14	2:17.79
2.	Connor Joyce	11	Workington	3:10.50	42.35	1:31.30	2:21.42
3.	Ben Gilmore	11	Cockermouth	3:18.66	41.83	1:33.19	2:28.91
4.	Alastair Thomas	11	Cockermouth	3:35.03	44.29	1:39.85	2:37.96
	Daniel Cooper	11	Workington	DQ SL-8L			

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Joseph Sharpe	12	Barrow	2:52.35	39.24	1:23.92	2:09.32
2.	Jake Fabi	12	Penrith	3:18.27	41.85	1:33.34	2:28.18
3.	Gregor Rothwell	12	Kendal	3:31.87	45.03	1:40.41	2:37.89



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13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Ben Leighton	13	Co Carlisle	2:40.18	34.64	1:15.19	1:57.75
2.	Elliott Routledge	13	Workington	2:42.22	34.67	1:16.16	2:00.11
3.	Charles McSkeane	13	Cockermouth	2:51.66	35.16	1:18.40	2:08.00
4.	Luke Reid	13	Barrow	3:04.74	39.21	1:25.83	2:15.72

14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Michael Cheetham	15	Ulverston	2:27.46	32.21	1:09.97	1:49.36
2.	Scott Munro-Bennett	14	Ulverston	2:36.69	33.81	1:14.39	1:56.19
3.	Andrew McAlinden	15	Barrow	2:39.63	32.83	1:12.65	1:55.68

EVENT 30 Girls 09 Yrs/Over 50m Freestyle

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Anya Sharp	9	Ulverston	39.02
2.	Sydney Atkinson	9	Barrow	41.07
3.	Lucy Stephenson	9	Copeland	41.48
4.	Jasmine Gresswell	9	Carlisle WP	41.89
5.	Sophie Richardson	9	Ulverston	42.30
6.	Niamh Peers	9	Copeland	42.72
7.	Ella Riley	9	Cockermouth	45.02
8.	Libby Ross	9	Cockermouth	47.06
9.	Mary Wake	9	Copeland	47.22
10.	Lauren Russell	9	Co Carlisle	47.90
11.	Chloe Richardson	9	Ulverston	48.43

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Nicola Capstick	10	Kendal	37.02
2.	Evie Harrison	10	Barrow	37.61
3.	Chloe Strong	10	Workington	37.84
4.	Lucy Hunter	10	Co Carlisle	38.29
5.	Georgina Milburn	10	Ulverston	38.71
6.	Emily Guthrie	10	Penrith	40.27
7.	Emily Ellwood	10	Penrith	40.42
8.	Grace Gladwinfield	10	Kendal	40.68
9.	Emily White	10	Kendal	41.30
10.	Rachel Gallagher	10	Cockermouth	45.02
11.	Shona McMeekin	10	Ulverston	45.21

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Lauren Jasmine Domvill	11	Kendal	35.78
1.	Brodie Swallow	11	Kendal	35.78
3.	Frances Nutley	11	Carlisle WP	36.14
4.	Alex Sarah Messenger	11	Copeland	36.28
5.	Charlotte Stamper	11	Copeland	36.70
6.	Louisa Sinclair	11	Carlisle WP	37.33
7.	Alyshia Gill	11	Co Carlisle	37.57
8.	Shauna Muir	11	Workington	38.30
9.	Simone Sue	11	Barrow	38.76
10.	Evie Fleming	11	Penrith	40.01
11.	Rhianne Owen	11	Workington	42.69

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Chloe Jackson	12	Ulverston	33.03
2.	Annalise Younghusband-	12	Cockermouth	33.75
3.	Eleanor Nanson	12	Cockermouth	34.48
4.	Katrina McMeekin	12	Ulverston	34.54
5.	Lucy Bradbury	12	Troutbeck Br	34.58
6.	Rebecca Robertshaw	12	Co Carlisle	34.68
7.	Caitlin Poulson	12	Kendal	34.80
8.	Amber Patterson	12	Co Carlisle	34.84
9.	Samantha Kellett	12	Copeland	35.08
10.	Amelia Sykes	12	Lancaster	35.43
11.	Jennifer MacDonald	12	Lancaster	35.83
12.	Andrea Kellet	12	Cockermouth	36.20
13.	Hannah Messenger	12	Co Carlisle	36.28
14.	Maia Johl	12	Penrith	36.62
15.	Morgan McCutcheon	12	Workington	36.82

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Georgia Hannam	13	Lancaster	31.76
2.	Connie Bowman	13	Co Carlisle	31.87
3.	Rebecca Titterington	13	Penrith	32.12
4.	Alex Graham	13	Copeland	32.21
5.	Stephanie Booth	13	Troutbeck Br	32.81
6.	Claire Foster	13	Carlisle WP	33.97
7.	Rebecca Telford	13	Copeland	34.30
7.	Jordan Brooks	13	Barrow	34.30



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9. Jodi Hall	13 Copeland	34.89
10. Jennifer Bond	13 Ulverston	37.82

14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Leigh Thompson	16	Co Carlisle	29.23
2.	Samantha Blundell	16	Ulverston	29.68
3.	Sian Thompson	14	Co Carlisle	29.98
4.	Lauren Graham	14	Copeland	31.82
5.	Rachael Vatter	14	Cockermouth	33.04
6.	Rebecca Reid	15	Barrow	33.40
7.	Bryony Whitehead	14	Carlisle WP	33.51
8.	Emilie Wardhaugh	14	Carlisle WP	33.74
9.	Lauren Watson	14	Cockermouth	33.87
10.	Bethany Clark	14	Co Carlisle	34.69
11.	Rebekah Booth	15	Troutbeck Br	36.11

EVENT 31 Boys 12 Yrs/Over 100m Breaststroke

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	James McDougall	12	Co Carlisle	1:33.44	44.25
2.	Joseph Sharpe	12	Barrow	1:36.07	45.92
3.	Jake Fabi	12	Penrith	1:38.14	46.00
4.	Daniel Armstrong	12	Kendal	1:38.33	47.08
5.	Sam Harrison	12	Troutbeck Br	1:39.69	47.85
6.	Gregor Rothwell	12	Kendal	1:41.47	49.84
7.	Owen Thompson	12	Co Carlisle	1:45.07	48.52

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Edward Baxter	13	Cockermouth	1:15.05	36.10
2.	Nicholas Carlton	13	Troutbeck Br	1:22.70	38.64
3.	Ben Leighton	13	Co Carlisle	1:25.66	40.30
4.	Charles McSkeane	13	Cockermouth	1:26.09	40.75
5.	Matthew Ivison	13	Workington	1:26.88	41.72
6.	Elliott Routledge	13	Workington	1:26.99	42.34
7.	Toby Gibson	13	Co Carlisle	1:28.95	41.49
8.	Josh Russell	13	Co Carlisle	1:29.42	42.76
9.	Owen Walker	13	Co Carlisle	1:31.41	43.84
10.	William Adams	13	Barrow	1:37.74	46.01
11.	Luke Reid	13	Barrow	1:43.17	49.07

14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Christian Balmer	14	Cockermouth	1:18.92	36.85
2.	Harry Sykes	16	Lancaster	1:19.77	37.64
3.	Scott Munro-Bennett	14	Ulverston	1:21.12	37.89
4.	Vincent Sue	14	Barrow	1:24.11	39.88
5.	Callum Bond	16	Ulverston	1:29.87	41.76
6.	Michael Studholme	14	Co Carlisle	1:36.32	45.82

EVENT 32 Girls 09 Yrs/Over 50m Backstroke

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Anya Sharp	9	Ulverston	44.37
2.	Sophie Richardson	9	Ulverston	47.64
3.	Zara Postlethwaite	9	Cockermouth	48.17
4.	Samantha Clark	9	Co Carlisle	48.30
5.	Niamh Peers	9	Copeland	48.66
6.	Jasmine Gresswell	9	Carlisle WP	49.25
7.	Sydney Atkinson	9	Barrow	49.47
8.	Lucy Stephenson	9	Copeland	49.48
9.	Mary Wake	9	Copeland	51.49
10.	Ella Riley	9	Cockermouth	52.83
11.	Lauren Russell	9	Co Carlisle	53.96
12.	Chloe Richardson	9	Ulverston	55.38
13.	Libby Ross	9	Cockermouth	56.45

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Elizabeth Airey	10	Co Carlisle	42.39
2.	Nicola Capstick	10	Kendal	43.52
3.	Alex Collins	10	Co Carlisle	44.44
4.	Evie Harrison	10	Barrow	44.92
5.	Georgina Milburn	10	Ulverston	45.18
6.	Lucy Hunter	10	Co Carlisle	46.36
7.	Lexie Lory	10	Cockermouth	47.91
8.	Ella Mounsey	10	Kendal	47.99
9.	Chloe Strong	10	Workington	48.07
10.	Emily Guthrie	10	Penrith	49.97
11.	Emily Ellwood	10	Penrith	50.23



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12. Emily White	10 Kendal	51.91
13. Shona McMeekin	10 Ulverston	53.34
14. Rachel Gallagher	10 Cockermouth	54.13

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Laura Davison	11	Co Carlisle	38.59
2.	Emily Reay	11	Kendal	39.61
3.	Brodie Swallow	11	Kendal	41.63
4.	Charlotte Stamper	11	Copeland	42.65
5.	Lauren Jasmine Domvill	11	Kendal	43.02
6.	Frances Nutley	11	Carlisle WP	43.42
7.	Rhianne Owen	11	Workington	43.73
8.	Louisa Sinclair	11	Carlisle WP	44.06
9.	Shauna Muir	11	Workington	44.51
10.	Alyshia Gill	11	Co Carlisle	45.04
11.	Evie Fleming	11	Penrith	47.71

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Annabelle McBratney	12	Barrow	38.28
2.	Rebecca Robertshaw	12	Co Carlisle	38.54
3.	Lucy Bradbury	12	Troutbeck Br	39.16
4.	Amie Ivison	12	Workington	39.20
5.	Amy Heard	12	Carlisle WP	39.52
6.	Amelia Sykes	12	Lancaster	39.60
7.	Caitlin Poulson	12	Kendal	39.76
7.	Chloe Jackson	12	Ulverston	39.76
9.	Katrina McMeekin	12	Ulverston	40.39
10.	Annalise Younghusband-	12	Cockermouth	41.58
11.	Hannah Messenger	12	Co Carlisle	41.61
12.	Eleanor Nanson	12	Cockermouth	41.65
13.	Jennifer MacDonald	12	Lancaster	41.80
14.	Amber Patterson	12	Co Carlisle	42.48
15.	Maia Johl	12	Penrith	43.03
16.	Morgan McCutcheon	12	Workington	43.11
17.	Andrea Kellet	12	Cockermouth	43.13

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Georgia Hannam	13	Lancaster	37.57
2.	Lucy-Jane Wilson	13	Co Carlisle	37.73
3.	Stephanie Booth	13	Troutbeck Br	38.12
4.	Alex Graham	13	Copeland	38.62
5.	Connie Bowman	13	Co Carlisle	38.79
6.	Rebecca Telford	13	Copeland	39.35
7.	Amy Reay	13	Kendal	40.80
8.	Larissa Watson	13	Cockermouth	41.01
9.	Evie Russell-Cohen	13	Troutbeck Br	41.89

14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Samantha Blundell	16	Ulverston	33.74
2.	Leigh Thompson	16	Co Carlisle	33.98
3.	Emily Wild	14	Ulverston	34.91
4.	Laura Garrick	15	Troutbeck Br	35.26
5.	Becky Walley	14	Copeland	35.47
6.	Rebecca Reid	15	Barrow	37.21
7.	Lauren Graham	14	Copeland	37.62
8.	Lauren Watson	14	Cockermouth	38.67
9.	Emilie Wardhaugh	14	Carlisle WP	39.87
10.	Rachael Vatter	14	Cockermouth	40.27
11.	Bethany Clark	14	Co Carlisle	40.39
12.	Rebekah Booth	15	Troutbeck Br	40.74