



2013 Cumbria Age Groups and County Championships

Saturday 23rd March

Session 11

EVENT 125 Girls 09/10 Yrs 200m Medley Team

Full Results			
Place	Name	A.G Club	Time
1.	Copeland A	Copeland	2:41.04
		Zara Postlethwaite	39.05
		Rebecca Wilson	41.82
		Niamh Peers	43.82
		Lucy Stephenson	36.35
2.	Kendal A	Kendal	2:52.40
		Josie Johnson	45.68
		Erin Bagge	53.31
		Megan Jones	42.62
		Molly Womack	30.79
3.	Workington A	Workington	2:53.07
		Hannah Kurzyk	41.75
		Eve Dootson	45.07
		Hannah Clifton	46.71
		Carys Miller	39.54
4.	Carlisle Aquatics A	Carlisle Aq	2:54.79
		Sophie Huggon	42.63
		Lara Cogan	51.25
		Alexandra Airey	40.40
		Elle Pearson	40.51
5.	Penrith	Penrith	3:11.35
		Carys Benn	44.67
		Jessica Woodhouse	52.98
		Jodie Gillon	51.91
		Niamh Brenan	41.79
6.	Kendal B	Kendal	3:31.88
		Alice Eastwood	49.94
		Emily Westmorland	57.37
		Rosie Swallow	59.08
		Eloise Doherty	45.49
	Barrow B	Barrow	DQ O-2L
		Lydia Jackson	
		Evie McMullen	
		Lois Postlethwaite	
		Megan Snailham	
	Cockermouth	Cockermouth	DQ O-2L
		Kira Gilmore	
		Ella Riley	
		Molly Wren	
		Imogen Park	
	Copeland B	Copeland	DQ O-2L
		Naomi Peers	
		Olivia Fearon	
		Rebecca Amor	
		Hannah Wren	
	Barrow A	Barrow	DQ O-2L
		Paige Burns	
		Jade Cooke	
		Leah Green	
		Abigail Buchanan	
	Carlisle Aquatics B	Carlisle Aq	DQ SL-6L
		Sarah Hale	
		Daisy Wilson	
		Poppy Wilson	
		Megan Willis	

EVENT 126 Boys 09/10 Yrs 200m Medley Team

Full Results			
Place	Name	A.G Club	Time
1.	Workington	Workington	2:42.15
		Ben Jenkinson	-
		Ross Hemsley	-
		Danny Barnes	40.42
		Matthew Banks	34.85
2.	Copeland	Copeland	2:42.71
		Declan Burney	43.22
		Frank Haile	45.88
		Luke Jackson	39.76
		Harry Curtis	33.85
3.	Carlisle Aquatics A	Carlisle Aq	2:46.60
		Matthew Whitehead	40.22
		Jack Smith	50.15
		Cameron Woollerton	38.99
		Rory Collins	37.24
4.	Carlisle Aquatics B	Carlisle Aq	2:52.00
		Matthew Whitehead	46.43
		Louis Graham	-
		Marcus Tiffen	-
		Morgan Kasiera	36.19
5.	Kendal A	Kendal	3:01.77
		Louie Tideswell	44.82
		Reuben Swallow	53.86
		Oliver Sargeant	39.52
		James Duke	43.57



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6.	Barrow A	Barrow	3:03.83						
		Matthew Minnican						49.04	
		Charles Cooksey						52.87	
		Matthew Rigg						41.64	
		Luke Pratt						40.28	
7.	Cockermouth A	Cockermouth	3:07.10						
		Miles Edwards						41.73	
		Bailey Younghusband-Ma						50.49	
		Samuel Greenbank						45.41	
		Evan Holt						49.47	
8.	Penrith	Penrith	3:10.55						
		Solomon Johl						44.84	
		Joseph Newby						54.67	
		Kes Fountain						43.39	
		Robin Regan						47.65	
	Carlisle Aquatics C	Carlisle Aq	DQ FI-6L						
		Josh Brown							
		Rory Ward							
		Matthew Deane							
		John Heard							
	Kendal B	Kendal	DQ SA-6L						
		Thomas Duke							
		Jay Hebblethwaite							
		Tommy Klijn							
		Fraser Fletcher							

EVENT 127 Girls 11 Yrs/Over 800m Freestyle

Full Results

Place	Name	DoB	Club	Time					
1.	Lucy McKenzie	02/06/97	Cockermouth	9:00.84					
	50m 30.64	100m 1:04.06	150m 1:37.98	200m 2:11.68	250m 2:45.72	300m 3:19.86	350m 3:54.10	400m 4:28.27	
	450m 5:02.78	500m 5:37.29	550m 6:11.57	600m 6:46.03	650m 7:20.46	700m 7:54.97	750m 8:28.46	800m 9:00.84	
2.	Anna Newlands	23/01/98	Cockermouth	9:16.13					
	50m 30.39	100m 1:04.03	150m 1:38.15	200m 2:12.25	250m 2:46.58	300m 3:21.31	350m 3:56.60	400m 4:31.99	
	450m 5:07.85	500m 5:43.29	550m 6:18.72	600m 6:54.56	650m 7:30.20	700m 8:05.92	750m 8:41.54	800m 9:16.13	
3.	Ruth McEwen	12/03/99	Barrow	9:26.01					
	50m 31.05	100m 1:05.88	150m 1:41.77	200m 2:17.67	250m 2:53.69	300m 3:29.82	350m 4:05.54	400m 4:41.41	
	450m 5:17.00	500m 5:52.57	550m 6:28.63	600m 7:04.11	650m 7:40.22	700m 8:16.32	750m 8:51.77	800m 9:26.01	
4.	Amy Heard	05/07/99	Carlisle Aq	9:28.57					
	50m 32.07	100m 1:07.40	150m 1:43.12	200m 2:19.43	250m 2:55.47	300m 3:32.06	350m 4:07.85	400m 4:44.27	
	450m 5:19.77	500m 5:55.63	550m 6:31.36	600m 7:07.75	650m 7:43.37	700m 8:19.00	750m 8:54.54	800m 9:28.57	
5.	Ashleigh Backhouse	22/05/97	Cockermouth	9:28.80					
	50m 31.07	100m 1:05.30	150m 1:40.70	200m 2:16.18	250m 2:51.92	300m 3:27.92	350m 4:03.84	400m 4:39.77	
	450m 5:15.77	500m 5:52.46	550m 6:29.08	600m 7:06.20	650m 7:42.92	700m 8:19.07	750m 8:54.62	800m 9:28.80	
6.	Laura Davison	16/02/00	Carlisle Aq	9:36.78					
	50m 32.35	100m 1:07.96	150m 1:44.04	200m 2:20.61	250m 2:57.02	300m 3:33.40	350m 4:10.03	400m 4:46.39	
	450m 5:22.70	500m 5:59.46	550m 6:36.12	600m 7:12.84	650m 7:49.41	700m 8:25.84	750m 9:02.48	800m 9:36.78	
7.	Becky Walley	23/12/96	Copeland	9:49.60					
	50m 32.00	100m 1:07.53	150m 1:44.52	200m 2:22.02	250m 2:59.26	300m 3:36.69	350m 4:14.17	400m 4:51.28	
	450m 5:28.56	500m 6:05.94	550m 6:43.72	600m 7:20.48	650m 7:58.30	700m 8:35.55	750m 9:13.45	800m 9:49.60	
8.	Taylor-Jade Kelsey	14/01/98	Cockermouth	9:51.45					
	50m 31.07	100m 1:06.66	150m 1:42.93	200m 2:19.95	250m 2:56.13	300m 3:33.58	350m 4:11.39	400m 4:49.23	
	450m 5:27.03	500m 6:04.65	550m 6:42.08	600m 7:20.41	650m 7:58.64	700m 8:36.82	750m 9:14.90	800m 9:51.45	
9.	Sophie Dodd	31/01/00	Carlisle Aq	9:55.41					
	50m 32.83	100m 1:09.29	150m 1:46.32	200m 2:24.14	250m 3:01.79	300m 3:39.55	350m 4:17.41	400m 4:55.16	
	450m 5:32.56	500m 6:10.54	550m 6:48.37	600m 7:26.06	650m 8:03.83	700m 8:41.53	750m 9:18.84	800m 9:55.41	
10.	Kimberly Hind	18/06/00	Cockermouth	9:58.07					
	50m 33.14	100m 1:09.69	150m 1:47.65	200m 2:26.26	250m 3:04.42	300m 3:42.74	350m 4:20.40	400m 4:58.83	
	450m 5:37.10	500m 6:14.95	550m 6:52.24	600m 7:29.73	650m 8:07.37	700m 8:45.30	750m 9:22.19	800m 9:58.07	
11.	Rebecca McMinn	17/08/99	Cockermouth	10:03.52					
	50m 34.29	100m 1:11.93	150m 1:50.56	200m 2:29.05	250m 3:07.66	300m 3:45.99	350m 4:23.93	400m 5:02.37	
	450m 5:40.07	500m 6:18.02	550m 6:55.52	600m 7:33.21	650m 8:10.97	700m 8:48.99	750m 9:27.10	800m 10:03.52	
12.	Chloe Carr	27/12/98	Copeland	10:07.82					
	50m 34.52	100m 1:12.58	150m 1:51.11	200m 2:29.66	250m 3:08.65	300m 3:47.63	350m 4:26.39	400m 5:04.61	
	450m 5:42.90	500m 6:21.92	550m 7:00.35	600m 7:38.97	650m 8:16.75	700m 8:55.34	750m 9:33.07	800m 10:07.82	
13.	Zara McKnight	20/11/99	Carlisle Aq	10:22.96					
	50m 34.31	100m 1:12.04	150m 1:50.75	200m 2:30.04	250m 3:09.44	300m 3:48.95	350m 4:28.49	400m 5:08.26	
	450m 5:48.00	500m 6:27.65	550m 7:06.91	600m 7:46.46	650m 8:26.04	700m 9:05.55	750m 9:45.11	800m 10:22.96	
14.	Samantha Kellett	18/01/99	Copeland	10:26.08					
	50m 36.12	100m 1:14.55	150m 1:53.44	200m 2:32.60	250m 3:12.04	300m 3:51.16	350m 4:30.99	400m 5:10.63	
	450m 5:49.86	500m 6:29.98	550m 7:10.25	600m 7:49.12	650m 8:28.21	700m 9:07.92	750m 9:47.45	800m 10:26.08	
15.	Lucy-Jane Wilson	03/11/98	Carlisle Aq	10:30.22					
	50m 33.47	100m 1:10.67	150m 1:49.28	200m 2:27.77	250m 3:07.60	300m 3:46.36	350m 4:25.92	400m 5:05.13	
	450m 5:45.32	500m 6:06.12	550m 7:05.64	600m 7:45.98	650m 8:26.72	700m 9:08.19	750m 9:49.92	800m 10:30.22	
16.	Alex Messenger	24/08/00	Copeland	10:32.51					
	50m 36.32	100m 1:15.63	150m 1:55.30	200m 2:35.28	250m 3:15.59	300m 3:56.01	350m 4:36.20	400m 5:15.87	
	450m 5:56.07	500m 6:35.88	550m 7:16.45	600m 7:56.13	650m 8:35.75	700m 9:15.55	750m 9:54.81	800m 10:32.51	
17.	Louisa Sinclair	15/05/00	Carlisle Aq	10:46.78					
	50m 35.31	100m 1:15.10	150m 1:55.80	200m 2:36.52	250m 3:17.36	300m 3:58.85	350m 4:40.58	400m 5:22.19	
	450m 6:04.40	500m 6:45.42	550m 7:26.50	600m 8:07.48	650m 8:47.60	700m 9:28.86	750m 10:08.56	800m 10:46.78	
18.	Elizabeth Airey	07/06/01	Carlisle Aq	10:55.71					
	50m 37.26	100m 1:19.10	150m 2:01.39	200m 2:43.64	250m 3:24.25	300m 4:05.19	350m 4:47.09	400m 5:27.86	
	450m 6:08.49	500m 6:49.72	550m 7:31.34	600m 8:11.99	650m 8:53.85	700m 9:34.82	750m 10:16.40	800m 10:55.71	



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Session 11

EVENT 128 Girls 09/10 Yrs 200m Free Team

Full Results

Place	Name	A.G	Club	Time	
1.	Copeland A		Copeland	2:21.33	
			Zara Postlethwaite	34.28	
			Niamh Peers	37.29	
			Lucy Stephenson	37.33	
			Rebecca Wilson	32.43	
2.	Barrow A		Barrow	2:25.53	
			Paige Burns	36.83	
			Abigail Buchanan	-	
			Megan Snailham	-	
			Leah Green	-	
3.	Workington A		Workington	2:32.72	
			Eve Dootson	36.32	
			Carys Miller	42.04	
			Hannah Clifton	20.47	
			Hannah Kurzyk	53.89	
4.	Cockermouth		Cockermouth	2:35.40	
			Molly Wren	36.45	
			Kira Gilmore	44.54	
			Imogen Park	39.34	
			Ella Riley	35.07	
5.	Carlisle Aquatics A		Carlisle Aq	2:40.60	
			Elle Pearson	40.08	
			Lara Cogan	43.16	
			Sophie Huggon	37.63	
			Alexandra Airey	39.73	
6.	Copeland B		Copeland	2:43.06	
			Naomi Peers	41.51	
			Rebecca Amor	39.08	
			Hannah Wren	40.09	
			Olivia Fearon	42.38	
7.	Kendal A		Kendal	2:49.13	
			Megan Jones	39.06	
			Erin Bagge	42.09	
			Josie Johnson	43.07	
			Molly Womack	44.91	
8.	Barrow B		Barrow	2:51.30	
			Lois Postlethwaite	43.15	
			Evie McMullen	-	
			Lydia Jackson	-	
			Jade Cooke	38.66	
9.	Penrith		Penrith	2:51.31	
			Niamh Brenan	42.91	
			Jodie Gillon	46.77	
			Carys Benn	43.57	
			Jessica Woodhouse	38.06	
10.	Carlisle Aquatics B		Carlisle Aq	2:57.29	
			Poppy Wilson	47.02	
			Daisy Wilson	46.27	
			Megan Willis	39.97	
			Sarah Hale	44.03	
11.	Kendal B		Kendal	3:11.07	
			Emily Westmorland	45.47	
			Rosie Swallow	29.20	
			Alice Eastwood	1:08.53	
			Eloise Doherty	47.87	

EVENT 129 Boys 09/10 Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	
1.	Workington		Workington	2:20.97	
			Ben Jenkinson	33.99	
			Ross Hensley	36.12	
			Matthew Banks	35.20	
			Danny Barnes	35.66	
2.	Copeland		Copeland	2:22.70	
			Luke Jackson	33.94	
			Declan Burney	36.84	
			Frank Haile	37.58	
			Harry Curtis	34.34	
3.	Carlisle Aquatics A		Carlisle Aq	2:29.37	
			Matthew Whitehead	35.14	
			Jack Smith	41.44	
			Cameron Woolerton	37.94	
			Marcus Tiffen	34.85	
4.	Carlisle Aquatics B		Carlisle Aq	2:34.48	
			Morgan Kasiera	37.31	
			Rory Collins	37.68	
			Louis Graham	39.77	
			Matthew Whitehead	39.72	
5.	Kendal A		Kendal	2:34.68	
			Oliver Sargeant	35.49	
			Louie Tideswell	36.67	
			Reuben Swallow	42.78	
			Jay Hebblethwaite	39.74	



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6. Penrith	Penrith	2:44.93	
	Solomon Johl		40.27
	Kes Fountain		38.06
	Robin Regan		46.67
	Joseph Newby		39.93
7. Carlisle Aquatics C	Carlisle Aq	2:46.55	
	Josh Brown		41.73
	Rory Ward		41.34
	John Heard		43.67
	Matthew Deane		39.81
8. Cockermouth A	Cockermouth	2:46.77	
	Bailey Younghusband-Ma		37.84
	Evan Holt		53.11
	Samuel Greenbank		40.60
	Miles Edwards		35.22
9. Barrow A	Barrow	2:49.19	
	Matthew Rigg		37.29
	Charles Cooksey		41.74
	Luke Pratt		44.91
	Matthew Minnican		45.25
10. Kendal B	Kendal	3:08.46	
	Tommy Klijn		-
	Fraser Fletcher		-
	James Duke		47.03
	Thomas Duke		43.44

EVENT 130 Boys 11 Yrs/Over 1500m Freestyle

Full Results

Place	Name	DoB	Club	Time						
1.	Luke Greenbank	17/09/97	Cockermouth	16:16.14						
	50m	28.49	100m	59.77	150m	1:31.99	200m	2:04.71	250m	2:37.49
	450m	4:49.58	500m	5:22.30	550m	5:55.60	600m	6:28.55	650m	7:02.06
	850m	9:14.61	900m	9:47.24	950m	10:20.42	1000m	10:53.40	1050m	11:26.19
	1250m	13:36.00	1300m	14:08.30	1350m	14:40.66	1400m	15:13.20	1450m	15:45.19
									1500m	16:16.14
2.	Thomas Millburn	04/01/98	Cockermouth	16:19.98						
	50m	29.05	100m	1:01.16	150m	1:34.03	200m	2:07.24	250m	2:40.29
	450m	4:52.85	500m	5:26.06	550m	5:59.15	600m	6:32.67	650m	7:05.85
	850m	9:18.47	900m	9:51.29	950m	10:24.09	1000m	10:56.51	1050m	11:29.16
	1250m	-	1300m	14:11.58	1350m	14:44.05	1400m	15:16.51	1450m	-
									1500m	16:19.98
3.	Oliver Smith	17/06/96	Cockermouth	16:53.75						
	50m	28.86	100m	1:01.03	150m	1:34.31	200m	2:08.42	250m	2:42.42
	450m	4:59.66	500m	5:34.07	550m	6:08.95	600m	6:43.21	650m	7:17.81
	850m	9:33.90	900m	10:07.58	950m	10:41.69	1000m	11:16.06	1050m	11:50.10
	1250m	14:06.63	1300m	14:40.17	1350m	15:14.31	1400m	15:47.97	1450m	16:21.90
									1500m	16:53.75
4.	Jordan Hull	24/04/97	Carlisle Aq	17:09.24						
	50m	30.05	100m	1:03.56	150m	1:37.72	200m	2:12.07	250m	2:46.82
	450m	5:05.63	500m	5:40.35	550m	6:15.05	600m	6:49.86	650m	7:24.46
	850m	9:41.98	900m	10:16.59	950m	10:50.85	1000m	11:25.43	1050m	11:59.88
	1250m	14:18.15	1300m	14:52.65	1350m	15:27.24	1400m	16:01.81	1450m	16:36.10
									1500m	17:09.24
5.	Ben Leighton	09/07/98	Carlisle Aq	17:13.40						
	50m	30.82	100m	1:04.51	150m	1:38.99	200m	2:13.43	250m	2:47.36
	450m	5:04.65	500m	5:39.41	550m	6:13.58	600m	6:48.35	650m	7:23.08
	850m	9:42.08	900m	10:16.96	950m	10:51.98	1000m	11:27.01	1050m	12:01.50
	1250m	14:21.40	1300m	14:56.30	1350m	15:31.84	1400m	16:06.67	1450m	16:40.35
									1500m	17:13.40
6.	Charles McSkeane	23/01/98	Cockermouth	17:31.20						
	50m	29.80	100m	1:03.02	150m	1:37.58	200m	2:12.25	250m	2:47.28
	450m	5:08.27	500m	5:43.79	550m	6:19.50	600m	6:54.25	650m	7:29.81
	850m	9:52.91	900m	10:28.96	950m	11:04.26	1000m	11:40.40	1050m	12:15.66
	1250m	14:37.34	1300m	15:13.10	1350m	15:48.25	1400m	16:22.89	1450m	16:57.90
									1500m	17:31.20
7.	Christian Balmer	15/05/97	Cockermouth	17:38.48						
	50m	30.18	100m	1:03.43	150m	1:37.63	200m	2:11.95	250m	2:46.70
	450m	5:06.95	500m	5:42.58	550m	6:18.25	600m	6:53.96	650m	7:29.80
	850m	9:52.95	900m	10:28.70	950m	11:04.90	1000m	11:40.72	1050m	12:16.39
	1250m	14:40.37	1300m	15:16.16	1350m	15:52.30	1400m	16:28.17	1450m	17:03.91
									1500m	17:38.48
8.	Edward Baxter	08/05/98	Cockermouth	17:47.71						
	50m	31.10	100m	1:05.46	150m	1:40.61	200m	2:16.18	250m	2:51.80
	450m	5:14.39	500m	5:50.42	550m	6:26.47	600m	7:02.54	650m	7:38.49
	850m	10:02.46	900m	10:38.29	950m	11:14.19	1000m	11:50.59	1050m	12:26.49
	1250m	14:51.55	1300m	15:27.81	1350m	16:03.67	1400m	16:38.93	1450m	17:14.62
									1500m	17:47.71
9.	Daniel Cooper	21/01/00	Cockermouth	18:16.85						
	50m	33.15	100m	1:09.38	150m	1:46.00	200m	2:22.61	250m	2:59.58
	450m	5:27.38	500m	6:03.38	550m	6:39.83	600m	7:16.74	650m	7:53.56
	850m	10:20.26	900m	10:57.11	950m	11:34.02	1000m	12:11.24	1050m	12:47.84
	1250m	15:14.99	1300m	15:51.39	1350m	16:28.12	1400m	17:04.68	1450m	17:41.19
									1500m	18:16.85
10.	Matthew Ivison	09/02/98	Workington	18:27.21						
	50m	32.35	100m	1:08.35	150m	1:45.10	200m	2:22.27	250m	2:58.78
	450m	5:27.15	500m	6:04.60	550m	6:41.99	600m	7:18.76	650m	7:55.93
	850m	10:24.75	900m	-	950m	11:38.98	1000m	12:16.20	1050m	12:53.61
	1250m	15:23.04	1300m	16:00.34	1350m	16:37.55	1400m	17:14.61	1450m	17:51.46
									1500m	18:27.21



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11. Jordan Cooley	02/08/99	Cockermouth	18:29.17						
50m 31.47	100m 1:06.84	150m 1:43.05	200m 2:19.80	250m 2:56.40	300m 3:33.47	350m 4:10.82	400m 4:48.17		
450m 5:25.59	500m 6:03.18	550m 6:40.18	600m 7:17.47	650m 7:54.65	700m 8:31.56	750m 9:09.38	800m 9:47.95		
850m 10:26.27	900m 11:05.46	950m 11:44.57	1000m 12:23.40	1050m 13:02.19	1100m 13:40.95	1150m 14:18.78	1200m 14:53.92		
1250m 15:29.46	1300m 16:06.03	1350m 16:42.06	1400m 17:18.64	1450m 17:54.69	1500m 18:29.17				
12. Daniel Tait	20/09/98	Carlisle Aq	18:47.09						
50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -		
450m 5:29.48	500m 6:07.51	550m 6:44.95	600m 7:23.25	650m 8:01.18	700m 8:39.29	750m 9:17.27	800m 9:55.50		
850m 10:32.96	900m 11:10.87	950m 11:48.81	1000m 12:26.56	1050m 13:04.35	1100m 13:42.53	1150m 14:20.39	1200m 14:58.30		
1250m 15:36.91	1300m 16:14.41	1350m 16:53.27	1400m 17:31.42	1450m 18:09.96	1500m 18:47.09				
13. Joseph Sharpe	15/12/98	Barrow	19:15.87						
50m 33.31	100m 1:09.81	150m 1:47.20	200m 2:25.09	250m 3:03.55	300m 3:42.24	350m 4:20.33	400m 4:59.35		
450m 5:37.97	500m 6:17.16	550m 6:56.25	600m 7:36.96	650m 8:15.34	700m 8:54.15	750m 9:33.57	800m 10:12.80		
850m 10:51.84	900m 11:30.95	950m 12:10.64	1000m 12:50.27	1050m 13:29.52	1100m 14:06.94	1150m 14:45.91	1200m 15:26.12		
1250m 16:05.88	1300m 16:44.73	1350m 17:23.31	1400m 18:01.98	1450m 18:40.31	1500m 19:15.87				
14. Isaac Hinde	25/01/01	Copeland	19:42.25						
50m 35.01	100m 1:13.69	150m 1:52.93	200m 2:32.24	250m 3:11.52	300m 3:52.03	350m 4:32.66	400m 5:12.44		
450m 5:52.65	500m 6:33.44	550m 7:13.82	600m 7:53.09	650m 8:33.63	700m 9:13.50	750m 9:54.24	800m 10:35.01		
850m 11:14.43	900m 11:53.54	950m 12:33.82	1000m 13:12.87	1050m 13:51.81	1100m 14:31.75	1150m 15:11.27	1200m 15:50.31		
1250m 16:29.93	1300m 17:09.09	1350m 17:48.53	1400m 18:27.10	1450m 19:06.19	1500m 19:42.25				
15. Josh Millburn	15/06/00	Cockermouth	19:55.84						
50m 34.04	100m 1:13.47	150m 1:53.17	200m 2:32.76	250m 3:12.69	300m 3:52.68	350m 4:33.27	400m 5:13.49		
450m 5:53.88	500m 6:34.50	550m 7:14.88	600m 7:55.33	650m 8:35.08	700m 9:15.74	750m 9:56.65	800m 10:36.55		
850m 11:15.38	900m 11:55.98	950m 12:36.33	1000m 13:15.44	1050m 13:56.66	1100m 14:36.49	1150m 15:16.73	1200m 15:57.41		
1250m 16:38.97	1300m 17:19.48	1350m 17:59.45	1400m 18:39.63	1450m 19:17.55	1500m 19:55.84				
16. Ben Gilmore	13/02/00	Cockermouth	20:40.54						
50m 36.49	100m 1:16.71	150m 1:57.73	200m 2:38.75	250m 3:19.76	300m 4:01.55	350m 4:43.13	400m 5:24.85		
450m 6:06.90	500m 6:48.88	550m 7:30.40	600m 8:12.45	650m 8:54.35	700m 9:34.63	750m 10:16.74	800m 10:58.90		
850m 11:40.62	900m 12:22.47	950m 13:04.44	1000m 13:46.26	1050m 14:28.50	1100m 15:10.60	1150m 15:52.50	1200m 16:33.99		
1250m 17:15.47	1300m 17:56.49	1350m 18:38.09	1400m 19:19.69	1450m 20:01.37	1500m 20:40.54				
17. Theo Tindall	25/01/01	Carlisle Aq	21:54.02						
50m 37.21	100m 1:19.36	150m 2:03.15	200m 2:46.79	250m 3:30.84	300m 4:15.05	350m 4:59.40	400m 5:43.71		
450m 6:28.16	500m 7:12.47	550m 7:56.77	600m 8:40.84	650m 9:24.50	700m 10:08.05	750m 10:52.79	800m 11:38.17		
850m 12:22.79	900m 13:08.55	950m 13:52.77	1000m 14:36.00	1050m 15:21.01	1100m 16:05.87	1150m 16:49.64	1200m 17:34.48		
1250m 18:18.89	1300m 19:02.24	1350m 19:44.99	1400m 20:28.87	1450m 21:11.58	1500m 21:54.02				

EVENT 131 FINAL OF EVENT 125 Girls 09/10 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	
1.	Copeland A		Copeland	2:40.66	
			Zara Postlethwaite	40.16	
			Rebecca Wilson	41.87	
			Niamh Peers	41.70	
			Lucy Stephenson	36.93	
2.	Carlisle Aquatics A		Carlisle Aq	2:56.85	
			Sophie Huggon	42.85	
			Lara Cogan	52.11	
			Alexandra Airey	-	
			Elle Pearson	-	
3.	Workington A		Workington	2:58.47	
			Hannah Kurzyk	41.68	
			Eve Dootson	-	
			Hannah Clifton	-	
			Carys Miller	40.59	
4.	Penrith		Penrith	3:14.98	
			Carys Benn	48.37	
			Jessica Woodhouse	51.16	
			Jodie Gillon	53.27	
			Niamh Brennan	42.18	
5.	Kendal B		Kendal	3:37.36	
			Alice Eastwood	52.49	
			Emily Westmorland	58.65	
			Rosie Swallow	58.49	
			Eloise Doherty	47.73	
	Kendal A		Kendal	DQ T-1L	
			Josie Johnson		
			Erin Bagge		
			Megan Jones		
			Molly Womack		

EVENT 132 FINAL OF EVENT 126 Boys 09/10 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	
1.	Workington		Workington	2:41.08	
			Ben Jenkinson	38.32	
			Ross Hemsley	-	
			Danny Barnes	-	
			Matthew Banks	34.16	
2.	Copeland		Copeland	2:43.65	
			Declan Burney	43.34	
			Frank Haile	46.38	
			Luke Jackson	40.09	
			Harry Curtis	33.84	



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3.	Carlisle Aquatics A	Carlisle Aq Matthew Whitehead Jack Smith Cameron Woollerton Rory Collins	2:46.14	40.86 48.09 39.40 37.79
4.	Carlisle Aquatics B	Carlisle Aq Matthew Whitehead Louis Graham Marcus Tiffen Morgan Kasiera	2:54.42	46.33 48.19 42.97 36.93
5.	Kendal A	Kendal Louie Tideswell Reuben Swallow Oliver Sargeant James Duke	3:01.97	45.76 53.24 39.08 43.89
6.	Barrow A	Barrow Matthew Minnican Charles Cooksey Matthew Rigg Luke Pratt	3:05.04	50.79 51.93 43.27 39.05

EVENT 133 FINAL OF EVENT 128 Girls 09/10 Yrs 200m Free Team

Full Results

Place	Name	A.G	Club	Time	
1.	Copeland A		Copeland Zara Postlethwaite Niamh Peers Lucy Stephenson Rebecca Wilson	2:19.76	34.24 36.62 36.49 32.41
2.	Barrow A		Barrow Paige Burns Abigail Buchanan Megan Snailham Leah Green	2:24.27	36.56 35.68 37.86 34.17
3.	Cockermouth		Cockermouth Molly Wren Kira Gilmore Imogen Park Ella Riley	2:31.33	36.28 43.59 36.85 34.61
4.	Workington A		Workington Eve Dootson Carys Miller Hannah Clifton Hannah Kurzyk	2:32.01	36.89 40.19 38.59 36.34
5.	Carlisle Aquatics A		Carlisle Aq Sophie Huggon Elle Pearson Lara Cogan Alexandra Airey	2:41.78	38.09 40.58 43.06 40.05
6.	Copeland B		Copeland Naomi Peers Rebecca Amor Hannah Wren Olivia Fearon	2:42.72	40.27 38.20 41.21 43.04

EVENT 134 FINAL OF EVENT 129 Boys 09/10 Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	
1.	Workington		Workington Ben Jenkinson Ross Hemsley Matthew Banks Danny Barnes	2:19.51	34.13 36.12 34.83 34.43
2.	Copeland		Copeland Luke Jackson Declan Burney Frank Haile Harry Curtis	2:22.37	34.62 35.80 37.35 34.60
3.	Carlisle Aquatics A		Carlisle Aq Matthew Whitehead Jack Smith Cameron Woollerton Marcus Tiffen	2:30.12	34.39 40.56 38.09 37.08
4.	Kendal A		Kendal Oliver Sargeant Louie Tideswell Reuben Swallow Jay Hebblethwaite	2:34.78	35.61 36.72 42.32 40.13
5.	Carlisle Aquatics B		Carlisle Aq Morgan Kasiera Louis Graham Matthew Whitehead Rory Collins	2:36.56	36.86 40.73 1.19.29 59.68
6.	Penrith		Penrith Solomon Johl Kes Fountain Robin Regan Joseph Newby	2:51.05	40.26 - - 40.36