



2017 Cumbria County Championships and Age Groups

Session 4 results

EVENT 401 Boys 10 Yrs/Over 100m IM

10 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Connor Joyce	17	Cockermouth	1:00.46
2.	Oliver Smith	21	Cockermouth	1:00.89
3.	Jake Fabi	18	Penrith	1:02.42
4.	Tom Robinson	17	Ulverston	1:02.88
5.	Elliot Routledge	19	Cockermouth	1:03.02
6.	Joel Sinclair	15	Carlisle Aq	1:04.39
7.	Pierce Greening	14	Cockermouth	1:04.64
8.	Jack Ivison	16	Cockermouth	1:05.34
9.	Daniel Tait	19	Carlisle Aq	1:05.58
10.	Jack Dixon	16	Workington	1:06.01
11.	Isaac Hinde	16	Copeland	1:06.02
12.	Luke Jackson	15	Cockermouth	1:06.03
13.	Roan Greening	15	Cockermouth	1:06.38
14.	William Fidalgo-Hull	15	Cockermouth	1:06.75
15.	Alex Thompson	15	Barrow	1:07.41
16.	Alexander Nicholson	16	Cockermouth	1:07.50
17.	Declan Burney	14	Cockermouth	1:07.70
18.	Ethan Nunn	15	Barrow	1:07.75
19.	Oliver Sargeant	15	Kendal	1:09.30
20.	Joshua Turner	16	Ulverston	1:09.32
21.	Jack Smith	13	Carlisle Aq	1:09.35
22.	Matthew Whitehead	15	Carlisle Aq	1:09.44
23.	Ross Hemsley	15	Workington	1:09.45
24.	Ben Jenkinson	14	Cockermouth	1:09.57
25.	Samuel Greenbank	14	Cockermouth	1:09.96
26.	James Amor	16	Copeland	1:10.90
27.	Jack Edwards	16	Cockermouth	1:12.13
28.	Benjamin Cudby	15	Kendal	1:13.54
29.	Rory Ward	15	Carlisle Aq	1:13.59
30.	Matthew Jones	14	Carlisle Aq	1:14.23
31.	Elliot Sinclair	13	Carlisle Aq	1:16.12
32.	Bradley Fell	14	Barrow	1:16.67
33.	John Heard	14	Carlisle Aq	1:17.30
34.	Elliot Woodburn	12	Kendal	1:17.46
35.	Matthew Minnican	13	Barrow	1:19.09
36.	Sam Gallagher	13	Barrow	1:19.57
37.	Luke Pratt	14	Barrow	1:20.66
38.	Toby Patton	13	Workington	1:21.25
39.	Sam Bailey	14	Workington	1:21.78
40.	Finley Quayle	12	Copeland	1:22.50
41.	Reggie Steele	12	Cockermouth	1:23.89
42.	Alex Tallon	13	Kendal	1:24.14
43.	James Escolme	11	Kendal	1:24.65
44.	Daniel Hodgson	12	Cockermouth	1:27.00
45.	Charlie Gallagher	11	Barrow	1:29.12
46.	Austin Sinclair	12	Carlisle Aq	1:29.33
47.	Jamie Carney	11	Copeland	1:30.82
48.	Adam Jones	12	Ulverston	1:31.10
49.	Robert Huggon	11	Carlisle Aq	1:31.84
50.	Rhys Jackson	11	Cockermouth	1:32.71
51.	Charles Glover	11	Carlisle Aq	1:32.82
52.	Ethan Allpress	11	Ulverston	1:35.50
53.	Adie Todd	10	Penrith	1:37.36
54.	Jake Gibson	10	Kendal	1:38.51
55.	Joshua Lowes	10	Copeland	1:42.45
56.	Matthew Gibson	10	Kendal	1:44.46
57.	Edward Singleton	10	Barrow	1:47.57
58.	Isaac Tizard	10	Ulverston	1:49.15
59.	Jamie Parker	10	Ulverston	1:57.16
	Christopher Cowing	14	Carlisle Aq	DNC
	Peter Brown	13	Copeland	DQ ST
	Samuel Glover	13	Carlisle Aq	DQ T
	Owen Minnican	16	Barrow	DQ T

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Adie Todd	10	Penrith	1:37.36
2.	Jake Gibson	10	Kendal	1:38.51
3.	Joshua Lowes	10	Copeland	1:42.45
4.	Matthew Gibson	10	Kendal	1:44.46
5.	Edward Singleton	10	Barrow	1:47.57
6.	Isaac Tizard	10	Ulverston	1:49.15
7.	Jamie Parker	10	Ulverston	1:57.16



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11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	James Escolme	11	Kendal	1:24.65
2.	Charlie Gallagher	11	Barrow	1:29.12
3.	Jamie Carney	11	Copeland	1:30.82
4.	Robert Huggon	11	Carlisle Aq	1:31.84
5.	Rhys Jackson	11	Cockermouth	1:32.71
6.	Charles Glover	11	Carlisle Aq	1:32.82
7.	Ethan Allpress	11	Ulverston	1:35.50

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Elliot Woodburn	12	Kendal	1:17.46
2.	Finley Quayle	12	Copeland	1:22.50
3.	Reggie Steele	12	Cockermouth	1:23.89
4.	Daniel Hodgson	12	Cockermouth	1:27.00
5.	Austin Sinclair	12	Carlisle Aq	1:29.33
6.	Adam Jones	12	Ulverston	1:31.10

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jack Smith	13	Carlisle Aq	1:09.35
2.	Elliot Sinclair	13	Carlisle Aq	1:16.12
3.	Matthew Minnican	13	Barrow	1:19.09
4.	Sam Gallagher	13	Barrow	1:19.57
5.	Toby Patton	13	Workington	1:21.25
6.	Alex Tallon	13	Kendal	1:24.14
	Peter Brown	13	Copeland	DQ ST
	Samuel Glover	13	Carlisle Aq	DQ T

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Pierce Greening	14	Cockermouth	1:04.64
2.	Declan Burney	14	Cockermouth	1:07.70
3.	Ben Jenkinson	14	Cockermouth	1:09.57
4.	Samuel Greenbank	14	Cockermouth	1:09.96
5.	Matthew Jones	14	Carlisle Aq	1:14.23
6.	Bradley Fell	14	Barrow	1:16.67
7.	John Heard	14	Carlisle Aq	1:17.30
8.	Luke Pratt	14	Barrow	1:20.66
9.	Sam Bailey	14	Workington	1:21.78
	Christopher Cowing	14	Carlisle Aq	DNC

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Joel Sinclair	15	Carlisle Aq	1:04.39
2.	Luke Jackson	15	Cockermouth	1:06.03
3.	Roan Greening	15	Cockermouth	1:06.38
4.	William Fidalgo-Hull	15	Cockermouth	1:06.75
5.	Alex Thompson	15	Barrow	1:07.41
6.	Ethan Nunn	15	Barrow	1:07.75
7.	Oliver Sargeant	15	Kendal	1:09.30
8.	Matthew Whitehead	15	Carlisle Aq	1:09.44
9.	Ross Hemsley	15	Workington	1:09.45
10.	Benjamin Cudby	15	Kendal	1:13.54
11.	Rory Ward	15	Carlisle Aq	1:13.59

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Connor Joyce	17	Cockermouth	1:00.46
2.	Oliver Smith	21	Cockermouth	1:00.89
3.	Jake Fabi	18	Penrith	1:02.42
4.	Tom Robinson	17	Ulverston	1:02.88
5.	Elliot Routledge	19	Cockermouth	1:03.02
6.	Jack Ivison	16	Cockermouth	1:05.34
7.	Daniel Tait	19	Carlisle Aq	1:05.58
8.	Jack Dixon	16	Workington	1:06.01
9.	Isaac Hinde	16	Copeland	1:06.02
10.	Alexander Nicholson	16	Cockermouth	1:07.50
11.	Joshua Turner	16	Ulverston	1:09.32
12.	James Amor	16	Copeland	1:10.90
13.	Jack Edwards	16	Cockermouth	1:12.13
	Owen Minnican	16	Barrow	DQ T



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Session 4 results

EVENT 402 Girls 10 Yrs/Over 50m Backstroke

10 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Nicola Capstick	16	Ulverston		30.15
2.	Rebecca Wilson	15	Copeland		31.97
3.	Lauren Cooley	16	Cockermouth		32.45
4.	Rebecca Amor	14	Copeland		32.70
5.	Josie Johnson	14	Kendal		32.80
6.	Eleanor Nanson	18	Cockermouth		33.50
7.	Sophie Huggon	14	Carlisle Aq		33.61
8.	Lois Postlethwaite	14	Barrow		34.00
9.	Annabelle McBratney	18	Barrow		34.06
10.	Leah Green	15	Barrow		34.17
11.	Eve Dootson	15	Cockermouth		34.43
12.	Shannon Parker	13	Ulverston		34.48
13.	Maddison Tuer	13	Workington		34.52
14.	Anna Morrison	14	Ulverston		34.93
15.	Indya Sharp	14	Ulverston		34.96
16.	Naomi Ward	13	Carlisle Aq		34.98
17.	Caitlin Deegan	13	Kendal		35.04
18.	Sophie Richardson	15	Kendal		35.31
19.	Lily Smith	12	Barrow		35.49
20.	Faye Milburn	12	Carlisle Aq		35.54
21.	Zara Postlethwaite	15	Cockermouth		35.78
22.	Maisie Allonby	13	Ulverston		35.81
23.	Hannah Pantling	16	Workington		35.88
24.	Rebecca Rimmer-Evans	16	Penrith		35.92
25.	Sydney Atkinson	15	Barrow		35.95
26.	Imami Barker	14	Workington		36.18
27.	Elizabeth Bunter	13	Barrow		36.25
28.	Scarlett Morland	14	Barrow		36.41
29.	Freya Capstick	13	Kendal		36.53
30.	Bethan Rowley	14	Kendal		36.69
31.	Anna Dootson	13	Cockermouth		36.84
32.	Amelia Bell	12	Carlisle Aq		36.98
33.	Felicity Boyle	11	Ulverston		37.26
34.	Sophie Gibson	13	Kendal		37.75
35.	Caitlin Denyer	12	Penrith		37.83
36.	Sophie Milburn	13	Carlisle Aq		37.92
37.	Amelia Mardel	12	Ulverston		38.05
38.	Emily Westmorland	14	Kendal		38.39
39.	Lucy Sargeant	13	Kendal		38.48
40.	Macy Dootson	13	Cockermouth		38.62
41.	Sophie Macleod	13	Cockermouth		38.64
42.	Amiee Fowles	13	Penrith		38.94
43.	Rebecca Salton	13	Ulverston		39.40
44.	Jamie-Leigh Tyson	11	Barrow		39.52
45.	Kate Wren	13	Cockermouth		39.59
46.	Millie Sandham	11	Workington		39.61
47.	Abigail Miller	12	Ulverston		39.81
48.	Annabel Crayston	11	Ulverston		39.84
49.	Keira Nelson	11	Kendal		39.87
50.	Imogen Stoker	11	Ulverston		40.32
51.	Emily McDougall	10	Cockermouth		41.37
52.	Caitlin Padgett	10	Penrith		41.98
53.	Orianne Sharp	10	Ulverston		42.28
54.	Ellie Wilson	10	Carlisle Aq		42.47
55.	Sophie Oliver	10	Barrow		44.51
56.	Katie Thompson	10	Barrow		46.07
57.	Tia Doherty	10	Kendal		46.20
58.	Jaya Sparshott	10	Copeland		46.39
59.	Jenna Carruthers	10	Carlisle Aq		46.51
60.	Poppy Tyson	10	Barrow		46.53
61.	Robyn Lillie	10	Cockermouth		46.82
62.	Graceella Cooper-Holme	17	Cockermouth	7	48.18

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Emily McDougall	10	Cockermouth		41.37
2.	Caitlin Padgett	10	Penrith		41.98
3.	Orianne Sharp	10	Ulverston		42.28
4.	Ellie Wilson	10	Carlisle Aq		42.47
5.	Sophie Oliver	10	Barrow		44.51
6.	Katie Thompson	10	Barrow		46.07
7.	Tia Doherty	10	Kendal		46.20
8.	Jaya Sparshott	10	Copeland		46.39
9.	Jenna Carruthers	10	Carlisle Aq		46.51
10.	Poppy Tyson	10	Barrow		46.53
11.	Robyn Lillie	10	Cockermouth		46.82



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11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Felicity Boyle	11	Ulverston		37.26
2.	Jamie-Leigh Tyson	11	Barrow		39.52
3.	Millie Sandham	11	Workington		39.61
4.	Annabel Crayston	11	Ulverston		39.84
5.	Keira Nelson	11	Kendal		39.87
6.	Imogen Stoker	11	Ulverston		40.32

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Lily Smith	12	Barrow		35.49
2.	Faye Milburn	12	Carlisle Aq		35.54
3.	Amelia Bell	12	Carlisle Aq		36.98
4.	Caitlin Denyer	12	Penrith		37.83
5.	Amelia Mardel	12	Ulverston		38.05
6.	Abigail Miller	12	Ulverston		39.81

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Shannon Parker	13	Ulverston		34.48
2.	Maddison Tuer	13	Workington		34.52
3.	Naomi Ward	13	Carlisle Aq		34.98
4.	Caitlin Deegan	13	Kendal		35.04
5.	Maisie Allonby	13	Ulverston		35.81
6.	Elizabeth Bunter	13	Barrow		36.25
7.	Freya Capstick	13	Kendal		36.53
8.	Anna Dootson	13	Cockermouth		36.84
9.	Sophie Gibson	13	Kendal		37.75
10.	Sophie Milburn	13	Carlisle Aq		37.92
11.	Lucy Sargeant	13	Kendal		38.48
12.	Macy Dootson	13	Cockermouth		38.62
13.	Sophie Macleod	13	Cockermouth		38.64
14.	Amiee Fowles	13	Penrith		38.94
15.	Rebecca Salton	13	Ulverston		39.40
16.	Kate Wren	13	Cockermouth		39.59

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Rebecca Amor	14	Copeland		32.70
2.	Josie Johnson	14	Kendal		32.80
3.	Sophie Huggon	14	Carlisle Aq		33.61
4.	Lois Postlethwaite	14	Barrow		34.00
5.	Anna Morrison	14	Ulverston		34.93
6.	Indya Sharp	14	Ulverston		34.96
7.	Imami Barker	14	Workington		36.18
8.	Scarlett Morland	14	Barrow		36.41
9.	Bethan Rowley	14	Kendal		36.69
10.	Emily Westmorland	14	Kendal		38.39

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Rebecca Wilson	15	Copeland		31.97
2.	Leah Green	15	Barrow		34.17
3.	Eve Dootson	15	Cockermouth		34.43
4.	Sophie Richardson	15	Kendal		35.31
5.	Zara Postlethwaite	15	Cockermouth		35.78
6.	Sydney Atkinson	15	Barrow		35.95

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Nicola Capstick	16	Ulverston		30.15
2.	Lauren Cooley	16	Cockermouth		32.45
3.	Eleanor Nanson	18	Cockermouth		33.50
4.	Annabelle McBratney	18	Barrow		34.06
5.	Hannah Pantling	16	Workington		35.88
6.	Rebecca Rimmer-Evans	16	Penrith		35.92
7.	Graceella Cooper-Holme	17	Cockermouth	7	48.18

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints
1.	Graceella Cooper-Holme	17	Cockermouth	7	48.18	418



2017 Cumbria County Championships and Age Groups

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EVENT 403 Boys 10 Yrs/Over 200m Butterfly

10 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Jake Fabi	18	Penrith	2:09.12	30.67	1:04.38	1:36.78
2.	Tom Robinson	17	Ulverston	2:11.42	28.54	1:01.66	1:36.43
3.	Connor Joyce	17	Cockermouth	2:16.37	29.72	1:03.51	1:39.46
4.	Joel Sinclair	15	Carlisle Aq	2:20.56	30.97	1:06.32	1:44.98
5.	Isaac Hinde	16	Copeland	2:23.55	31.29	1:07.46	1:46.09
6.	Pierce Greening	14	Cockermouth	2:27.58	33.90	1:11.26	1:50.26
7.	Kes Fountain	15	Penrith	2:29.61	34.23	1:11.56	1:50.75
8.	Owen Minnican	16	Barrow	2:30.92	31.84	1:10.28	1:49.99
9.	Jack Smith	13	Carlisle Aq	2:30.98	33.82	1:12.87	1:53.32
10.	Samuel Greenbank	14	Cockermouth	2:33.19	33.48	1:13.05	1:54.21
11.	Roan Greening	15	Cockermouth	2:33.78	33.93	1:12.34	1:53.33
12.	Ben Jenkinson	14	Cockermouth	2:34.34	34.45	1:13.81	1:54.29
13.	Declan Burney	14	Cockermouth	2:34.65	34.24	1:14.38	1:55.78
14.	Elliot Sinclair	13	Carlisle Aq	2:48.11	38.02	1:20.52	2:05.78
15.	Thomas Klijn	15	Kendal	2:58.62	36.38	1:21.12	-
16.	Peter Brown	13	Copeland	2:59.28	39.87	1:24.55	2:12.35
17.	Jacob Klijn	13	Kendal	2:59.32	38.58	1:25.91	2:12.56
18.	John Heard	14	Carlisle Aq	3:02.33	41.22	1:29.66	2:16.56
19.	Finley Quayle	12	Copeland	3:09.36	40.17	1:30.59	2:21.69
20.	Alex Tallon	13	Kendal	3:11.81	40.65	1:28.60	2:20.24
21.	Austin Sinclair	12	Carlisle Aq	3:23.11	45.28	1:35.29	2:29.14
22.	Reggie Steele	12	Cockermouth	3:40.74	44.26	1:43.70	2:45.61
23.	James Escolme	11	Kendal	3:43.04	46.54	1:43.20	2:42.49

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	James Escolme	11	Kendal	3:43.04	46.54	1:43.20	2:42.49

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Finley Quayle	12	Copeland	3:09.36	40.17	1:30.59	2:21.69
2.	Austin Sinclair	12	Carlisle Aq	3:23.11	45.28	1:35.29	2:29.14
3.	Reggie Steele	12	Cockermouth	3:40.74	44.26	1:43.70	2:45.61

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Jack Smith	13	Carlisle Aq	2:30.98	33.82	1:12.87	1:53.32
2.	Elliot Sinclair	13	Carlisle Aq	2:48.11	38.02	1:20.52	2:05.78
3.	Peter Brown	13	Copeland	2:59.28	39.87	1:24.55	2:12.35
4.	Jacob Klijn	13	Kendal	2:59.32	38.58	1:25.91	2:12.56
5.	Alex Tallon	13	Kendal	3:11.81	40.65	1:28.60	2:20.24

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Pierce Greening	14	Cockermouth	2:27.58	33.90	1:11.26	1:50.26
2.	Samuel Greenbank	14	Cockermouth	2:33.19	33.48	1:13.05	1:54.21
3.	Ben Jenkinson	14	Cockermouth	2:34.34	34.45	1:13.81	1:54.29
4.	Declan Burney	14	Cockermouth	2:34.65	34.24	1:14.38	1:55.78
5.	John Heard	14	Carlisle Aq	3:02.33	41.22	1:29.66	2:16.56

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Joel Sinclair	15	Carlisle Aq	2:20.56	30.97	1:06.32	1:44.98
2.	Kes Fountain	15	Penrith	2:29.61	34.23	1:11.56	1:50.75
3.	Roan Greening	15	Cockermouth	2:33.78	33.93	1:12.34	1:53.33
4.	Thomas Klijn	15	Kendal	2:58.62	36.38	1:21.12	-

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Jake Fabi	18	Penrith	2:09.12	30.67	1:04.38	1:36.78
2.	Tom Robinson	17	Ulverston	2:11.42	28.54	1:01.66	1:36.43
3.	Connor Joyce	17	Cockermouth	2:16.37	29.72	1:03.51	1:39.46
4.	Isaac Hinde	16	Copeland	2:23.55	31.29	1:07.46	1:46.09
5.	Owen Minnican	16	Barrow	2:30.92	31.84	1:10.28	1:49.99



2017 Cumbria County Championships and Age Groups

Session 4 results

EVENT 404 Girls 10 Yrs/Over 100m Breaststroke

10 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50
1.	Sophie Huggon	14	Carlisle Aq		1:17.70	35.66
2.	Rebecca Wilson	15	Copeland		1:18.54	36.56
3.	Abbie Winstanley	15	Workington		1:18.94	38.45
4.	Louisa Sinclair	17	Carlisle Aq		1:19.32	39.00
5.	Megan Jones	14	Kendal		1:21.23	39.02
6.	Jess Prokas	12	Carlisle Aq		1:21.79	39.63
7.	Eve Dootson	15	Cockermouth		1:22.71	39.65
8.	Nicola Capstick	16	Ulverston		1:23.73	39.65
9.	Molly Hale	17	Penrith		1:23.82	39.95
10.	Sophie Milburn	13	Carlisle Aq		1:24.19	39.91
11.	Sydney Atkinson	15	Barrow		1:24.33	41.09
12.	Annabelle McBratney	18	Barrow		1:24.54	39.73
13.	Naomi Ward	13	Carlisle Aq		1:24.55	40.56
14.	Eliza Nicholson	13	Cockermouth		1:25.08	40.86
15.	Imami Barker	14	Workington		1:26.09	43.02
16.	Amelia Mardel	12	Ulverston		1:26.20	41.83
17.	Maddison Tuer	13	Workington		1:26.51	41.44
18.	Rebecca Rimmer-Evans	16	Penrith		1:26.96	40.42
19.	Eleanor Nanson	18	Cockermouth		1:27.16	42.77
20.	Bethan Rowley	14	Kendal		1:27.86	43.03
21.	Shannon Parker	13	Ulverston		1:28.26	40.78
22.	Sarah Hale	14	Penrith		1:28.44	43.54
23.	Josie Johnson	14	Kendal		1:28.53	41.90
24.	Indya Sharp	14	Ulverston		1:28.75	41.63
25.	Alice Eastwood	14	Kendal		1:29.33	42.22
26.	Maisie Allonby	13	Ulverston		1:30.65	43.03
27.	Alicia Fidalgo-Hull	14	Cockermouth		1:32.32	44.73
28.	Hanah Pantling	16	Workington		1:32.86	44.31
29.	Lucy Sargeant	13	Kendal		1:33.31	44.32
30.	Megan Sibbald	13	Workington		1:33.55	44.64
31.	Anya Storey	13	Carlisle Aq		1:33.78	43.54
32.	Emily Westmorland	14	Kendal		1:34.05	44.65
33.	Faye Milburn	12	Carlisle Aq		1:34.27	46.21
34.	Niamh Brenan	14	Penrith		1:34.70	45.64
35.	Amelia Bell	12	Carlisle Aq		1:35.44	45.53
36.	Madeleine King	14	Kendal		1:35.65	45.99
37.	Emma Capstick	12	Kendal		1:35.88	47.22
38.	Freya Capstick	13	Kendal		1:35.90	46.26
39.	Lily Smith	12	Barrow		1:36.05	46.45
40.	Jessyka Fox	13	Kendal		1:36.31	45.15
41.	Felicity Boyle	11	Ulverston		1:36.34	46.85
42.	Alexa Atkinson	12	Workington		1:36.39	46.08
43.	Ellie Loyds	13	Penrith		1:36.73	45.77
44.	Jamie-Leigh Tyson	11	Barrow		1:37.37	46.79
45.	Sophie Gibson	13	Kendal		1:37.91	47.43
46.	Lucie Bulman	12	Kendal		1:38.03	47.76
47.	Lily Wilson	12	Barrow		1:38.19	47.07
48.	Elodie Malcolm	12	Kendal		1:38.60	47.30
49.	Ellie Wilson	10	Carlisle Aq		1:39.07	49.40
50.	Scarlett Morland	14	Barrow		1:39.32	46.44
51.	Scarlett Ashton	12	Cockermouth		1:40.44	47.57
52.	Lucy Klijn	11	Kendal		1:41.64	49.09
53.	Charlotte Grimshaw	12	Workington		1:41.79	49.38
54.	Keira Nelson	11	Kendal		1:43.45	49.18
55.	Grace Weaver	12	Ulverston		1:43.62	48.14
56.	Elise Tallon	11	Kendal		1:44.80	50.94
57.	Sophie Oliver	10	Barrow		1:46.89	51.15
58.	Emily McDougall	10	Cockermouth		1:47.34	52.59
59.	Annabel Crayston	11	Ulverston		1:48.10	51.75
60.	Jenna Carruthers	10	Carlisle Aq		1:48.72	52.81
61.	Ellie Bottomley	11	Kendal		1:50.48	53.16
62.	Imogen Stoker	11	Ulverston		1:50.99	52.60
63.	Erin Boyles	11	Workington		1:53.14	54.58
64.	Orianne Sharp	10	Ulverston		1:56.41	54.15
65.	Poppy Tyson	10	Barrow		2:02.10	59.80
66.	Katie Thompson	10	Barrow		2:07.95	58.44
67.	Tia Doherty	10	Kendal		2:09.98	1:02.04
68.	Graceella Cooper-Holme	17	Cockermouth	6	2:12.25	1:02.50
	Chloe Westmorland	10	Kendal		DNF	

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50
1.	Ellie Wilson	10	Carlisle Aq		1:39.07	49.40
2.	Sophie Oliver	10	Barrow		1:46.89	51.15
3.	Emily McDougall	10	Cockermouth		1:47.34	52.59
4.	Jenna Carruthers	10	Carlisle Aq		1:48.72	52.81
5.	Orianne Sharp	10	Ulverston		1:56.41	54.15
6.	Poppy Tyson	10	Barrow		2:02.10	59.80
7.	Katie Thompson	10	Barrow		2:07.95	58.44
8.	Tia Doherty	10	Kendal		2:09.98	1:02.04
	Chloe Westmorland	10	Kendal		DNF	



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11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50
1.	Felicity Boyle	11	Ulverston		1:36.34	46.85
2.	Jamie-Leigh Tyson	11	Barrow		1:37.37	46.79
3.	Lucy Klijn	11	Kendal		1:41.64	49.09
4.	Keira Nelson	11	Kendal		1:43.45	49.18
5.	Elise Tallon	11	Kendal		1:44.80	50.94
6.	Annabel Crayston	11	Ulverston		1:48.10	51.75
7.	Ellie Bottomley	11	Kendal		1:50.48	53.16
8.	Imogen Stoker	11	Ulverston		1:50.99	52.60
9.	Erin Boyles	11	Workington		1:53.14	54.58

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50
1.	Jess Prokas	12	Carlisle Aq		1:21.79	39.63
2.	Amelia Mardel	12	Ulverston		1:26.20	41.83
3.	Faye Milburn	12	Carlisle Aq		1:34.27	46.21
4.	Amelia Bell	12	Carlisle Aq		1:35.44	45.53
5.	Emma Capstick	12	Kendal		1:35.88	47.22
6.	Lily Smith	12	Barrow		1:36.05	46.45
7.	Alexa Atkinson	12	Workington		1:36.39	46.08
8.	Lucie Bulman	12	Kendal		1:38.03	47.76
9.	Lily Wilson	12	Barrow		1:38.19	47.07
10.	Elodie Malcolm	12	Kendal		1:38.60	47.30
11.	Scarlett Ashton	12	Cockermouth		1:40.44	47.57
12.	Charlotte Grimshaw	12	Workington		1:41.79	49.38
13.	Grace Weaver	12	Ulverston		1:43.62	48.14

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50
1.	Sophie Milburn	13	Carlisle Aq		1:24.19	39.91
2.	Naomi Ward	13	Carlisle Aq		1:24.55	40.56
3.	Eliza Nicholson	13	Cockermouth		1:25.08	40.86
4.	Maddison Tuer	13	Workington		1:26.51	41.44
5.	Shannon Parker	13	Ulverston		1:28.26	40.78
6.	Maisie Allonby	13	Ulverston		1:30.65	43.03
7.	Lucy Sargeant	13	Kendal		1:33.31	44.32
8.	Megan Sibbald	13	Workington		1:33.55	44.64
9.	Anyia Storey	13	Carlisle Aq		1:33.78	43.54
10.	Freya Capstick	13	Kendal		1:35.90	46.26
11.	Jessyka Fox	13	Kendal		1:36.31	45.15
12.	Ellie Lloyds	13	Penrith		1:36.73	45.77
13.	Sophie Gibson	13	Kendal		1:37.91	47.43

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50
1.	Sophie Huggon	14	Carlisle Aq		1:17.70	35.66
2.	Megan Jones	14	Kendal		1:21.23	39.02
3.	Imami Barker	14	Workington		1:26.09	43.02
4.	Bethan Rowley	14	Kendal		1:27.86	43.03
5.	Sarah Hale	14	Penrith		1:28.44	43.54
6.	Josie Johnson	14	Kendal		1:28.53	41.90
7.	Indya Sharp	14	Ulverston		1:28.75	41.63
8.	Alice Eastwood	14	Kendal		1:29.33	42.22
9.	Alicia Fidalgo-Hull	14	Cockermouth		1:32.32	44.73
10.	Emily Westmorland	14	Kendal		1:34.05	44.65
11.	Niamh Brenan	14	Penrith		1:34.70	45.64
12.	Madeleine King	14	Kendal		1:35.65	45.99
13.	Scarlett Morland	14	Barrow		1:39.32	46.44

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50
1.	Rebecca Wilson	15	Copeland		1:18.54	36.56
2.	Abbie Winstanley	15	Workington		1:18.94	38.45
3.	Eve Dootson	15	Cockermouth		1:22.71	39.65
4.	Sydney Atkinson	15	Barrow		1:24.33	41.09

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50
1.	Louisa Sinclair	17	Carlisle Aq		1:19.32	39.00
2.	Nicola Capstick	16	Ulverston		1:23.73	39.65
3.	Molly Hale	17	Penrith		1:23.82	39.95
4.	Annabelle McBratney	18	Barrow		1:24.54	39.73
5.	Rebecca Rimmer-Evans	16	Penrith		1:26.96	40.42
6.	Eleanor Nanson	18	Cockermouth		1:27.16	42.77
7.	Hanah Pantling	16	Workington		1:32.86	44.31
8.	Graceella Cooper-Holme	17	Cockermouth	6	2:12.25	1:02.50

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Graceella Cooper-Holme	17	Cockermouth	6	2:12.25	408	1:02.50



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EVENT 405 Boys 10 Yrs/Over 50m Freestyle

10 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Oliver Smith	21	Cockermouth		24.20
2.	Jordan Cooley	18	Copeland		24.23
3.	Jake Fabi	18	Penrith		24.63
4.	Connor Joyce	17	Cockermouth		24.82
5.	Alex Thompson	15	Barrow		25.75
6.	Tom Robinson	17	Ulverston		25.85
7.	Elliot Routledge	19	Cockermouth		25.91
8.	Daniel Tait	19	Carlisle Aq		26.13
9.	Joshua Turner	16	Ulverston		26.26
10.	Alexander Nicholson	16	Cockermouth		26.40
11.	Isaac Hinde	16	Copeland		26.74
12.	Joel Sinclair	15	Carlisle Aq		26.92
13.	Jack Dixon	16	Workington		26.96
14.	Oliver Sargeant	15	Kendal		27.01
15.	James Amor	16	Copeland		27.09
16.	Pierce Greening	14	Cockermouth		27.20
17.	Roan Greening	15	Cockermouth		27.22
18.	Owen Minnican	16	Barrow		27.33
19.	Luke Jackson	15	Cockermouth		27.36
20.	Jack Ivison	16	Cockermouth		27.52
21.	Ross Hemsley	15	Workington		27.73
22.	Matthew Whitehead	15	Carlisle Aq		28.11
23.	Declan Burney	14	Cockermouth		28.26
24.	William Fidalgo-Hull	15	Cockermouth		28.37
25.	Ethan Nunn	15	Barrow		28.49
26.	Jack Edwards	16	Cockermouth		28.58
27.	Jacob Leach	17	Cockermouth	8	28.83
28.	Rory Ward	15	Carlisle Aq		28.93
29.	Jack Smith	13	Carlisle Aq		29.02
30.	Samuel Greenbank	14	Cockermouth		29.28
31.	Matthew Minnican	13	Barrow		29.33
32.	Ben Jenkinson	14	Cockermouth		29.40
33.	Matthew Jones	14	Carlisle Aq		30.24
34.	Elliot Sinclair	13	Carlisle Aq		31.03
35.	Elliot Woodburn	12	Kendal		31.10
36.	Reggie Steele	12	Cockermouth		33.19
37.	Rhys Jackson	11	Cockermouth		33.65
38.	Charlie Gallagher	11	Barrow		33.78
39.	James Escolme	11	Kendal		33.95
40.	Jake Gibson	10	Kendal		38.36
41.	Joshua Lowes	10	Copeland		39.41
42.	Isaac Tizard	10	Ulverston		42.00
43.	Jamie Parker	10	Ulverston		43.17
44.	Matthew Gibson	10	Kendal		43.45

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Jake Gibson	10	Kendal		38.36
2.	Joshua Lowes	10	Copeland		39.41
3.	Isaac Tizard	10	Ulverston		42.00
4.	Jamie Parker	10	Ulverston		43.17
5.	Matthew Gibson	10	Kendal		43.45

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Rhys Jackson	11	Cockermouth		33.65
2.	Charlie Gallagher	11	Barrow		33.78
3.	James Escolme	11	Kendal		33.95

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Elliot Woodburn	12	Kendal		31.10
2.	Reggie Steele	12	Cockermouth		33.19

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Jack Smith	13	Carlisle Aq		29.02
2.	Matthew Minnican	13	Barrow		29.33
3.	Elliot Sinclair	13	Carlisle Aq		31.03

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Pierce Greening	14	Cockermouth		27.20
2.	Declan Burney	14	Cockermouth		28.26
3.	Samuel Greenbank	14	Cockermouth		29.28
4.	Ben Jenkinson	14	Cockermouth		29.40
5.	Matthew Jones	14	Carlisle Aq		30.24



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15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Alex Thompson	15	Barrow		25.75
2.	Joel Sinclair	15	Carlisle Aq		26.92
3.	Oliver Sargeant	15	Kendal		27.01
4.	Roan Greening	15	Cockermouth		27.22
5.	Luke Jackson	15	Cockermouth		27.36
6.	Ross Hemsley	15	Workington		27.73
7.	Matthew Whitehead	15	Carlisle Aq		28.11
8.	William Fidalgo-Hull	15	Cockermouth		28.37
9.	Ethan Nunn	15	Barrow		28.49
10.	Rory Ward	15	Carlisle Aq		28.93

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Oliver Smith	21	Cockermouth		24.20
2.	Jordan Cooley	18	Copeland		24.23
3.	Jake Fabi	18	Penrith		24.63
4.	Connor Joyce	17	Cockermouth		24.82
5.	Tom Robinson	17	Ulverston		25.85
6.	Elliot Routledge	19	Cockermouth		25.91
7.	Daniel Tait	19	Carlisle Aq		26.13
8.	Joshua Turner	16	Ulverston		26.26
9.	Alexander Nicholson	16	Cockermouth		26.40
10.	Isaac Hinde	16	Copeland		26.74
11.	Jack Dixon	16	Workington		26.96
12.	James Amor	16	Copeland		27.09
13.	Owen Minnican	16	Barrow		27.33
14.	Jack Ivison	16	Cockermouth		27.52
15.	Jack Edwards	16	Cockermouth		28.58
16.	Jacob Leach	17	Cockermouth	8	28.83

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints
1.	Jacob Leach	17	Cockermouth	8	28.83	741

EVENT 406 Girls 10 Yrs/Over 400m Freestyle

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	200m	250m	300m	350m	400m
1.	Emily McDougall	10	Cockermouth		6:17.76					
	50m 42.20	100m 1:30.46	150m 2:18.98		200m 3:07.44	250m 3:56.38	300m 4:46.46	350m 5:35.61	400m 6:17.76	
2.	Jaya Sparshott	10	Copeland		6:34.85					
	50m 45.96	100m 1:37.37	150m 2:29.37		200m 3:19.80	250m 4:10.25	300m 5:01.67	350m 5:50.02	400m 6:34.85	
3.	Sophie Oliver	10	Barrow		6:42.65					
	50m 45.94	100m 1:37.60	150m 2:29.28		200m 3:21.97	250m 4:13.87	300m 5:06.20	350m 5:58.31	400m 6:42.65	

10 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	200m	250m	300m	350m	400m
1.	Caitlin Poulson	18	Penrith		4:41.04					
	50m 30.69	100m 1:04.75	150m 1:40.03		200m 2:16.16	250m 2:52.89	300m 3:29.67	350m 4:06.45	400m 4:41.04	
2.	Louisa Sinclair	17	Carlisle Aq		4:43.98					
	50m 33.01	100m 1:09.57	150m 1:45.98		200m 2:22.35	250m 2:57.93	300m 3:33.93	350m 4:09.22	400m 4:43.98	
3.	Amy Heard	18	Carlisle Aq		4:45.85					
	50m 31.97	100m 1:06.72	150m 1:42.85		200m 2:19.47	250m 2:55.94	300m 3:33.01	350m 4:09.38	400m 4:45.85	
4.	Abbie Winstanley	15	Workington		4:47.94					
	50m 33.34	100m 1:10.58	150m 1:47.41		200m 2:24.06	250m 3:00.53	300m 3:37.34	350m 4:13.23	400m 4:47.94	
5.	Eleanor Nanson	18	Cockermouth		4:51.10					
	50m 33.57	100m 1:10.14	150m 1:47.02		200m 2:23.44	250m 3:00.46	300m 3:37.70	350m 4:15.00	400m 4:51.10	
6.	Eve Dootson	15	Cockermouth		4:52.95					
	50m 33.12	100m 1:09.73	150m 1:46.93		200m 2:24.07	250m 3:01.43	300m 3:39.36	350m 4:16.49	400m 4:52.95	
7.	Lauren Cooley	16	Cockermouth		4:54.84					
	50m 31.73	100m 1:08.02	150m 1:45.41		200m 2:23.38	250m 3:01.23	300m 3:39.33	350m 4:17.41	400m 4:54.84	
8.	Rebecca Amor	14	Copeland		4:57.79					
	50m 35.43	100m 1:12.99	150m 1:51.00		200m 2:28.66	250m 3:07.04	300m 3:45.21	350m 4:22.79	400m 4:57.79	
9.	Megan Jones	14	Kendal		5:02.73					
	50m 32.85	100m 1:10.44	150m 1:49.64		200m 2:28.80	250m 3:08.09	300m 3:47.48	350m 4:26.54	400m 5:02.73	
10.	Sophie Huggon	14	Carlisle Aq		5:04.06					
	50m 34.18	100m 1:11.52	150m 1:50.22		200m 2:28.83	250m 3:07.58	300m 3:46.60	350m 4:25.40	400m 5:04.06	
11.	Lois Postlethwaite	14	Barrow		5:06.38					
	50m 34.26	100m 1:12.75	150m 1:52.18		200m 2:31.77	250m 3:11.74	300m 3:51.74	350m 4:29.89	400m 5:06.38	
12.	Megan Sibbald	13	Workington		5:07.35					
	50m 35.40	100m 1:13.53	150m 1:52.94		200m 2:32.34	250m 3:11.61	300m 3:51.31	350m 4:30.56	400m 5:07.35	
13.	Maddison Tuer	13	Workington		5:07.84					
	50m 34.56	100m 1:13.34	150m 1:53.02		200m 2:32.67	250m 3:12.47	300m 3:52.48	350m 4:31.65	400m 5:07.84	
14.	Jess Prokas	12	Carlisle Aq		5:07.97					
	50m 33.91	100m 1:11.84	150m 1:50.80		200m 2:30.20	250m 3:09.94	300m 3:50.16	350m 4:29.75	400m 5:07.97	



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15. Naomi Ward	13 Carlisle Aq	5:09.67						
50m 33.41	100m 1:11.33 150m 1:50.81	200m 2:31.08	250m 3:11.17	300m 3:51.29	350m 4:31.49	400m 5:09.67		
16. Elizabeth Bunter	13 Barrow	5:10.52						
50m 35.49	100m 1:14.34 150m 1:54.34	200m 2:34.96	250m 3:15.40	300m 3:54.99	350m 4:33.14	400m 5:10.52		
17. Shannon Parker	13 Ulverston	5:12.04						
50m 34.57	100m 1:13.23 150m 1:52.13	200m 2:32.12	250m 3:12.35	300m 3:52.79	350m 4:31.13	400m 5:12.04		
18. Lily Smith	12 Barrow	5:12.82						
50m 34.37	100m 1:12.99 150m 1:52.88	200m 2:33.24	250m 3:13.72	300m 3:53.83	350m 4:34.80	400m 5:12.82		
19. Sydney Atkinson	15 Barrow	5:13.79						
50m 35.26	100m 1:14.63 150m 1:54.81	200m 2:34.94	250m 3:15.20	300m 3:55.38	350m 4:34.51	400m 5:13.79		
20. Caitlin Deegan	13 Kendal	5:13.81						
50m 34.35	100m 1:12.94 150m 1:52.80	200m 2:33.43	250m 3:13.69	300m 3:53.75	350m 4:34.26	400m 5:13.81		
21. Eliza Nicholson	13 Cockermouth	5:14.39						
50m 35.69	100m 1:15.29 150m 1:55.19	200m 2:35.62	250m 3:16.40	300m 3:57.20	350m 4:37.83	400m 5:14.39		
22. Zara Postlethwaite	15 Cockermouth	5:17.11						
50m 34.49	100m 1:13.05 150m 1:52.08	200m 2:32.11	250m 3:12.84	300m 3:54.30	350m 4:36.43	400m 5:17.11		
23. Amelia Mardel	12 Ulverston	5:19.22						
50m 35.04	100m 1:14.56 150m 1:55.56	200m 2:37.34	250m 3:18.84	300m 4:00.18	350m 4:41.14	400m 5:19.22		
24. Amelia Bell	12 Carlisle Aq	5:21.49						
50m 34.94	100m 1:14.35 150m 1:55.47	200m 2:37.32	250m 3:18.96	300m 4:00.50	350m 4:42.44	400m 5:21.49		
25. Saskia Todd	15 Penrith	5:23.03						
50m 35.71	100m 1:14.48 150m 1:55.48	200m 2:37.30	250m 3:18.70	300m 4:00.67	350m 4:42.43	400m 5:23.03		
26. Maisie Allonby	13 Ulverston	5:27.31						
50m 37.03	100m 1:18.38 150m 2:00.45	200m 2:42.64	250m 3:24.87	300m 4:07.79	350m 4:49.23	400m 5:27.31		
27. Anna Dootson	13 Cockermouth	5:27.48						
50m 36.87	100m 1:18.45 150m 2:00.39	200m 2:43.24	250m 3:26.26	300m 4:08.78	350m 4:50.58	400m 5:27.48		
28. Keisha Pettigrew	13 Copeland	5:31.10						
50m 36.87	100m 1:18.74 150m 2:00.95	200m 2:43.97	250m 3:26.95	300m 4:09.11	350m 4:51.40	400m 5:31.10		
29. Macy Dootson	13 Cockermouth	5:31.36						
50m 37.14	100m 1:19.98 150m 2:02.25	200m 2:44.66	250m 3:27.27	300m 4:09.96	350m 4:52.06	400m 5:31.36		
30. Jamie-Leigh Tyson	11 Barrow	5:32.35						
50m 37.66	100m 1:19.14 150m 2:02.03	200m 2:45.52	250m 3:28.34	300m 4:11.06	350m 4:52.46	400m 5:32.35		
31. Fleur Wood	13 Barrow	5:32.66						
50m 36.59	100m 1:17.75 150m 2:01.02	200m 2:44.17	250m 3:27.34	300m 4:10.47	350m 4:52.95	400m 5:32.66		
32. Lucy Mooney	14 Workington	5:38.85						
50m 36.76	100m 1:18.99 150m 2:02.83	200m 2:46.10	250m 3:29.04	300m 4:12.25	350m 4:56.65	400m 5:38.85		
33. Drew Stables	15 Copeland	5:40.41	10					
50m 35.44	100m 1:16.75 150m 1:59.89	200m 2:43.70	250m 3:28.05	300m 4:13.39	350m 4:57.99	400m 5:40.41		
34. Charlotte Grimshaw	12 Workington	5:42.25						
50m 39.02	100m 1:23.69 150m 2:08.72	200m 2:51.87	250m 3:35.75	300m 4:18.79	350m 5:03.51	400m 5:42.25		
35. Alexa Atkinson	12 Workington	5:47.88						
50m 39.89	100m 1:24.77 150m 2:11.22	200m 2:54.99	250m 3:39.00	300m 4:22.83	350m 5:07.48	400m 5:47.88		
36. Felicity Boyle	11 Ulverston	5:48.82						
50m 37.92	100m 1:22.22 150m 2:06.96	200m 2:51.52	250m 3:37.15	300m 4:22.09	350m 5:07.08	400m 5:48.82		
37. Leah Ralph	12 Barrow	6:00.15						
50m 38.56	100m 1:23.70 150m 2:10.29	200m 2:57.35	250m 3:43.21	300m 4:29.58	350m 5:15.36	400m 6:00.15		
38. Millie Sandham	11 Workington	6:03.15						
50m 40.78	100m 1:25.84 150m 2:13.22	200m 3:00.69	250m 3:47.63	300m 4:34.00	350m 5:20.13	400m 6:03.15		
39. Graceella Cooper-Holme	17 Cockermouth	6:17.35	7					
50m 44.86	100m 1:31.30 150m 2:18.78	200m 3:06.23	250m 3:54.27	300m 4:42.07	350m 5:30.07	400m 6:17.35		
40. Emily McDougall	10 Cockermouth	6:17.76						
50m 42.20	100m 1:30.46 150m 2:18.98	200m 3:07.44	250m 3:56.38	300m 4:46.46	350m 5:35.61	400m 6:17.76		
41. Lucy Klijn	11 Kendal	6:34.42						
50m 42.85	100m 1:34.35 150m 2:25.51	200m 3:16.76	250m 4:06.84	300m 4:58.84	350m 5:49.01	400m 6:34.42		
42. Jaya Sparshott	10 Copeland	6:34.85						
50m 45.96	100m 1:37.37 150m 2:29.37	200m 3:19.80	250m 4:10.25	300m 5:01.67	350m 5:50.02	400m 6:34.85		
43. Sophie Oliver	10 Barrow	6:42.65						
50m 45.94	100m 1:37.60 150m 2:29.28	200m 3:21.97	250m 4:13.87	300m 5:06.20	350m 5:58.31	400m 6:42.65		

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Jamie-Leigh Tyson	11	Barrow		5:32.35				
50m 37.66	100m 1:19.14	150m 2:02.03	200m 2:45.52	250m 3:28.34	300m 4:11.06	350m 4:52.46	400m 5:32.35		
2.	Felicity Boyle	11	Ulverston		5:48.82				
50m 37.92	100m 1:22.22	150m 2:06.96	200m 2:51.52	250m 3:37.15	300m 4:22.09	350m 5:07.08	400m 5:48.82		
3.	Millie Sandham	11	Workington		6:03.15				
50m 40.78	100m 1:25.84	150m 2:13.22	200m 3:00.69	250m 3:47.63	300m 4:34.00	350m 5:20.13	400m 6:03.15		
4.	Lucy Klijn	11	Kendal		6:34.42				
50m 42.85	100m 1:34.35	150m 2:25.51	200m 3:16.76	250m 4:06.84	300m 4:58.84	350m 5:49.01	400m 6:34.42		

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Jess Prokas	12	Carlisle Aq		5:07.97				
50m 33.91	100m 1:11.84	150m 1:50.80	200m 2:30.20	250m 3:09.94	300m 3:50.16	350m 4:29.75	400m 5:07.97		
2.	Lily Smith	12	Barrow		5:12.82				
50m 34.37	100m 1:12.99	150m 1:52.88	200m 2:33.24	250m 3:13.72	300m 3:53.83	350m 4:34.80	400m 5:12.82		
3.	Amelia Mardel	12	Ulverston		5:19.22				
50m 35.04	100m 1:14.56	150m 1:55.56	200m 2:37.34	250m 3:18.84	300m 4:00.18	350m 4:41.14	400m 5:19.22		
4.	Amelia Bell	12	Carlisle Aq		5:21.49				
50m 34.94	100m 1:14.35	150m 1:55.47	200m 2:37.32	250m 3:18.96	300m 4:00.50	350m 4:42.44	400m 5:21.49		
5.	Charlotte Grimshaw	12	Workington		5:42.25				
50m 39.02	100m 1:23.69	150m 2:08.72	200m 2:51.87	250m 3:35.75	300m 4:18.79	350m 5:03.51	400m 5:42.25		
6.	Alexa Atkinson	12	Workington		5:47.88				
50m 39.89	100m 1:24.77	150m 2:11.22	200m 2:54.99	250m 3:39.00	300m 4:22.83	350m 5:07.48	400m 5:47.88		
7.	Leah Ralph	12	Barrow		6:00.15				
50m 38.56	100m 1:23.70	150m 2:10.29	200m 2:57.35	250m 3:43.21	300m 4:29.58	350m 5:15.36	400m 6:00.15		



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13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Megan Sibbald	13	Workington		5:07.35				
	50m 35.40	100m 1:13.53	150m 1:52.94		200m 2:32.34	250m 3:11.61	300m 3:51.31	350m 4:30.56	400m 5:07.35
2.	Maddison Tuer	13	Workington		5:07.84				
	50m 34.56	100m 1:13.34	150m 1:53.02		200m 2:32.67	250m 3:12.47	300m 3:52.48	350m 4:31.65	400m 5:07.84
3.	Naomi Ward	13	Carlisle Aq		5:09.67				
	50m 33.41	100m 1:11.33	150m 1:50.81		200m 2:31.08	250m 3:11.17	300m 3:51.29	350m 4:31.49	400m 5:09.67
4.	Elizabeth Bunter	13	Barrow		5:10.52				
	50m 35.49	100m 1:14.34	150m 1:54.34		200m 2:34.96	250m 3:15.40	300m 3:54.99	350m 4:33.14	400m 5:10.52
5.	Shannon Parker	13	Ulverston		5:12.04				
	50m 34.57	100m 1:13.23	150m 1:52.13		200m 2:32.12	250m 3:12.35	300m 3:52.79	350m 4:31.13	400m 5:12.04
6.	Caitlin Deegan	13	Kendal		5:13.81				
	50m 34.35	100m 1:12.94	150m 1:52.80		200m 2:33.43	250m 3:13.69	300m 3:53.75	350m 4:34.26	400m 5:13.81
7.	Eliza Nicholson	13	Cockermouth		5:14.39				
	50m 35.69	100m 1:15.29	150m 1:55.19		200m 2:35.62	250m 3:16.40	300m 3:57.20	350m 4:37.83	400m 5:14.39
8.	Maisie Allonby	13	Ulverston		5:27.31				
	50m 37.03	100m 1:18.38	150m 2:00.45		200m 2:42.64	250m 3:24.87	300m 4:07.79	350m 4:49.23	400m 5:27.31
9.	Anna Dootson	13	Cockermouth		5:27.48				
	50m 36.87	100m 1:18.45	150m 2:00.39		200m 2:43.24	250m 3:26.26	300m 4:08.78	350m 4:50.58	400m 5:27.48
10.	Keisha Pettigrew	13	Copeland		5:31.10				
	50m 36.87	100m 1:18.74	150m 2:00.95		200m 2:43.97	250m 3:26.95	300m 4:09.11	350m 4:51.40	400m 5:31.10
11.	Macy Dootson	13	Cockermouth		5:31.36				
	50m 37.14	100m 1:19.98	150m 2:02.25		200m 2:44.66	250m 3:27.27	300m 4:09.96	350m 4:52.06	400m 5:31.36
12.	Fleur Wood	13	Barrow		5:32.66				
	50m 36.59	100m 1:17.75	150m 2:01.02		200m 2:44.17	250m 3:27.34	300m 4:10.47	350m 4:52.95	400m 5:32.66

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Rebecca Amor	14	Copeland		4:57.79				
	50m 35.43	100m 1:12.99	150m 1:51.00		200m 2:28.66	250m 3:07.04	300m 3:45.21	350m 4:22.79	400m 4:57.79
2.	Megan Jones	14	Kendal		5:02.73				
	50m 32.85	100m 1:10.44	150m 1:49.64		200m 2:28.80	250m 3:08.09	300m 3:47.48	350m 4:26.54	400m 5:02.73
3.	Sophie Huggon	14	Carlisle Aq		5:04.06				
	50m 34.18	100m 1:11.52	150m 1:50.22		200m 2:28.83	250m 3:07.58	300m 3:46.60	350m 4:25.40	400m 5:04.06
4.	Lois Postlethwaite	14	Barrow		5:06.38				
	50m 34.26	100m 1:12.75	150m 1:52.18		200m 2:31.77	250m 3:11.74	300m 3:51.74	350m 4:29.89	400m 5:06.38
5.	Lucy Mooney	14	Workington		5:38.85				
	50m 36.76	100m 1:18.99	150m 2:02.83		200m 2:46.10	250m 3:29.04	300m 4:12.25	350m 4:56.65	400m 5:38.85

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Abbie Winstanley	15	Workington		4:47.94				
	50m 33.34	100m 1:10.58	150m 1:47.41		200m 2:24.06	250m 3:00.53	300m 3:37.34	350m 4:13.23	400m 4:47.94
2.	Eve Dootson	15	Cockermouth		4:52.95				
	50m 33.12	100m 1:09.73	150m 1:46.93		200m 2:24.07	250m 3:01.43	300m 3:39.36	350m 4:16.49	400m 4:52.95
3.	Sydney Atkinson	15	Barrow		5:13.79				
	50m 35.26	100m 1:14.63	150m 1:54.81		200m 2:34.94	250m 3:15.20	300m 3:55.38	350m 4:34.51	400m 5:13.79
4.	Zara Postlethwaite	15	Cockermouth		5:17.11				
	50m 34.49	100m 1:13.05	150m 1:52.08		200m 2:32.11	250m 3:12.84	300m 3:54.30	350m 4:36.43	400m 5:17.11
5.	Saskia Todd	15	Penrith		5:23.03				
	50m 35.71	100m 1:14.48	150m 1:55.48		200m 2:37.30	250m 3:18.70	300m 4:00.67	350m 4:42.43	400m 5:23.03
6.	Drew Stables	15	Copeland	10	5:40.41				
	50m 35.44	100m 1:16.75	150m 1:59.89		200m 2:43.70	250m 3:28.05	300m 4:13.39	350m 4:57.99	400m 5:40.41

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Caitlin Poulson	18	Penrith		4:41.04				
	50m 30.69	100m 1:04.75	150m 1:40.03		200m 2:16.16	250m 2:52.89	300m 3:29.67	350m 4:06.45	400m 4:41.04
2.	Louisa Sinclair	17	Carlisle Aq		4:43.98				
	50m 33.01	100m 1:09.57	150m 1:45.98		200m 2:22.35	250m 2:57.93	300m 3:33.93	350m 4:09.22	400m 4:43.98
3.	Amy Heard	18	Carlisle Aq		4:45.85				
	50m 31.97	100m 1:06.72	150m 1:42.85		200m 2:19.47	250m 2:55.94	300m 3:33.01	350m 4:09.38	400m 4:45.85
4.	Eleanor Nanson	18	Cockermouth		4:51.10				
	50m 33.57	100m 1:10.14	150m 1:47.02		200m 2:23.44	250m 3:00.46	300m 3:37.70	350m 4:15.00	400m 4:51.10
5.	Lauren Cooley	16	Cockermouth		4:54.84				
	50m 31.73	100m 1:08.02	150m 1:45.41		200m 2:23.38	250m 3:01.23	300m 3:39.33	350m 4:17.41	400m 4:54.84
6.	Graceella Cooper-Holme	17	Cockermouth	7	6:17.35				
	50m 44.86	100m 1:31.30	150m 2:18.78		200m 3:06.23	250m 3:54.27	300m 4:42.07	350m 5:30.07	400m 6:17.35

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints			
1.	Graceella Cooper-Holme	17	Cockermouth	7	6:17.35	546			
	50m 44.86	100m 1:31.30	150m 2:18.78		200m 3:06.23	250m 3:54.27	300m 4:42.07	350m 5:30.07	400m 6:17.35
2.	Drew Stables	15	Copeland	10	5:40.41	545			
	50m 35.44	100m 1:16.75	150m 1:59.89		200m 2:43.70	250m 3:28.05	300m 4:13.39	350m 4:57.99	400m 5:40.41



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EVENT 407 Boys Junior County Championship 200m Freestyle Team

Full Results

Place	Name	A.G Club	Time	50	100	150
1.	Cockermouth	Cockermouth	1:47.52	28.10	55.05	1:21.81
2.	Cockermouth A	Cockermouth	1:50.22	27.21	55.69	1:23.54
3.	Barrow	Barrow	1:50.86	27.94	55.42	1:24.69
4.	Carlisle Aquatics	Carlisle Aq	1:51.02	29.03	56.99	1:25.14
5.	Copeland	Copeland	2:01.17	27.09	59.57	1:33.82
6.	Kendal A	Kendal	2:06.46	27.65	57.13	1:30.71
7.	Barrow A	Barrow	2:07.32	30.38	1:02.79	1:37.34

EVENT 408 Girls Junior County Championship 200m Freestyle Team

Full Results

Place	Name	A.G Club	Time	50	100	150
1.	Cockermouth	Cockermouth	1:58.49	30.18	1:00.25	1:30.80
2.	Workington	Workington	2:00.43	30.88	59.35	1:30.72
3.	Ulverston	Ulverston	2:02.57	32.46	1:01.88	1:32.89
4.	Kendal A	Kendal	2:02.73	30.62	1:00.89	1:31.87
5.	Barrow	Barrow	2:02.94	30.21	1:01.76	1:34.03
6.	Copeland	Copeland	2:03.05	28.36	1:00.95	1:35.05
7.	Carlisle Aquatics	Carlisle Aq	2:04.63	31.58	1:03.14	1:33.95
8.	Barrow A	Barrow	2:09.60	32.51	1:04.42	1:37.05
9.	Kendal B	Kendal	2:11.66	32.62	1:06.70	1:38.98
10.	Kendal C	Kendal	2:15.78	33.47	1:08.67	1:42.63

EVENT 409 County Championship Final of Boys 10 Yrs/over 100m IM

Full Results

Place	Name	AaD	Club	Time
1.	Oliver Smith	21	Cockermouth	59.43
2.	Connor Joyce	17	Cockermouth	1:00.63
3.	Elliot Routledge	19	Cockermouth	1:02.90
4.	Jake Fabi	18	Penrith	1:02.95
5.	Tom Robinson	17	Ulverston	1:04.11
6.	Joel Sinclair	15	Carlisle Aq	1:05.70
7.	Pierce Greening	14	Cockermouth	1:05.81
8.	Jack Ivison	16	Cockermouth	1:06.39

EVENT 410 Championship Final of Girls 10 Yrs/over 50m Backstroke

Full Results

Place	Name	AaD	Club	Time
1.	Nicola Capstick	16	Ulverston	30.14
2.	Rebecca Wilson	15	Copeland	31.76
3.	Lauren Cooley	16	Cockermouth	32.81
4.	Eleanor Nanson	18	Cockermouth	33.70
4.	Rebecca Amor	14	Copeland	33.70
6.	Josie Johnson	14	Kendal	34.43
7.	Lois Postlethwaite	14	Barrow	34.65
8.	Sophie Huggon	14	Carlisle Aq	35.48

EVENT 411 Championship Final of Boys 10 Yrs/over 200m Butterfly

Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Jake Fabi	18	Penrith	2:09.51	31.91	1:03.48	1:36.95
2.	Tom Robinson	17	Ulverston	2:14.65	30.88	1:05.08	1:39.41
3.	Joel Sinclair	15	Carlisle Aq	2:19.74	29.88	1:05.34	1:41.99
4.	Connor Joyce	17	Cockermouth	2:23.51	31.27	1:06.68	1:45.54
5.	Isaac Hinde	16	Copeland	2:26.10	32.18	1:10.01	1:48.25
6.	Kes Fountain	15	Penrith	2:27.81	34.04	1:11.95	1:50.75
7.	Pierce Greening	14	Cockermouth	2:29.79	33.80	1:12.24	1:52.46
8.	Owen Minnican	16	Barrow	2:35.31	32.42	1:11.89	1:54.05

EVENT 412 Championship Final of Girls 10 Yrs/over 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	50
1.	Sophie Huggon	14	Carlisle Aq	1:18.69	38.76
2.	Louisa Sinclair	17	Carlisle Aq	1:18.90	39.12
3.	Abbie Winstanley	15	Workington	1:19.06	38.23
4.	Rebecca Wilson	15	Copeland	1:19.88	38.46
5.	Megan Jones	14	Kendal	1:20.83	39.11
6.	Eve Dootson	15	Cockermouth	1:21.30	39.04
7.	Jess Prokas	12	Carlisle Aq	1:23.21	40.38
8.	Nicola Capstick	16	Ulverston	1:24.24	39.32

EVENT 413 Championship Final of Boys 10 Yrs/over 50m Freestyle

Full Results

Place	Name	AaD	Club	Time
1.	Jordan Cooley	18	Copeland	24.40
2.	Oliver Smith	21	Cockermouth	24.45
3.	Connor Joyce	17	Cockermouth	24.72
4.	Jake Fabi	18	Penrith	25.03
5.	Alex Thompson	15	Barrow	25.92
6.	Elliot Routledge	19	Cockermouth	25.97
7.	Tom Robinson	17	Ulverston	26.25
8.	Daniel Tait	19	Carlisle Aq	26.26