



2016 Cumbria County Championships and Age Groups

Session 7 results – Saturday 27th February

EVENT 51 Girls 10 Yrs/Over 100m Breaststroke

10 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50
1.	Alix Knagg	18	Ulverston		1:17.85	36.98
2.	Zara McKnight	17	Carlisle Aq		1:20.14	38.21
3.	Rebecca Wilson	14	Copeland		1:21.12	38.10
4.	Louisa Sinclair	16	Carlisle Aq		1:21.16	40.16
5.	Sophie Huggon	13	Carlisle Aq		1:23.47	39.30
6.	Abbie Winstanley	14	Workington		1:23.53	40.50
7.	Eve Dootson	14	Cockermouth		1:23.66	39.74
8.	Rhiannon Ellis	17	Ulverston		1:23.76	39.28
9.	Sydney Atkinson	14	Barrow		1:24.76	40.32
10.	Leah Green	14	Barrow		1:25.21	39.86
11.	Eleanor Nanson	17	Cockermouth		1:25.69	42.08
12.	Sophie Milburn	12	Carlisle Aq		1:26.56	41.64
13.	Annabelle McBratney	17	Barrow		1:26.71	40.98
14.	Jessica Prokas	11	Carlisle Aq		1:27.56	41.37
15.	Chloe Jackson	17	Barrow		1:28.45	41.64
16.	Molly Hale	16	Penrith		1:28.89	42.50
17.	Indya Sharp	13	Ulverston		1:28.97	42.31
18.	Naomi Ward	12	Carlisle Aq		1:29.27	42.75
19.	Naomi Peers	13	Cockermouth		1:29.72	43.12
20.	Zara Postlethwaite	14	Copeland		1:29.77	-
21.	Bethan Rowley	13	Kendal		1:30.40	43.66
22.	Taylor Aplin	14	Kendal		1:30.90	42.29
23.	Alice Eastwood	13	Kendal		1:31.00	43.59
24.	Rebecca Amor	13	Copeland		1:31.24	43.30
25.	Elizabeth Adams	14	Cockermouth		1:31.56	44.05
26.	Sarah Hale	13	Penrith		1:31.79	44.17
27.	Josie Johnson	13	Kendal		1:31.89	43.92
28.	Anya Sharp	14	Ulverston		1:32.02	42.97
29.	Georgina Milburn	15	Ulverston		1:32.20	42.18
30.	Lucy Sargeant	12	Kendal		1:32.69	44.62
31.	Shannon Parker	12	Ulverston		1:33.50	44.33
32.	Anya Storey	12	Carlisle Aq		1:33.89	43.91
32.	Neve Varah	12	Carlisle Aq		1:33.89	45.53
34.	Amelia Mardel	11	Ulverston		1:34.92	46.10
35.	Maisie Allonby	12	Ulverston		1:36.64	46.71
36.	Imami Barker	13	Workington		1:37.30	45.24
37.	Talia Holliday	12	Workington		1:37.93	46.69
38.	Amelia Bell	11	Carlisle Aq		1:38.19	46.30
39.	Harriet Lory	11	Cockermouth		1:38.88	47.33
40.	Faye Milburn	11	Carlisle Aq		1:38.97	47.21
41.	Felicity Boyle	10	Ulverston		1:41.94	49.96
42.	Jamie-Leigh Tyson	10	Barrow		1:49.01	51.52
43.	Graceella Cooper-Holme	16	Carlisle Aq	6	2:19.76	1:04.24

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50
1.	Felicity Boyle	10	Ulverston		1:41.94	49.96
2.	Jamie-Leigh Tyson	10	Barrow		1:49.01	51.52

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50
1.	Jessica Prokas	11	Carlisle Aq		1:27.56	41.37
2.	Amelia Mardel	11	Ulverston		1:34.92	46.10
3.	Amelia Bell	11	Carlisle Aq		1:38.19	46.30
4.	Harriet Lory	11	Cockermouth		1:38.88	47.33
5.	Faye Milburn	11	Carlisle Aq		1:38.97	47.21

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50
1.	Sophie Milburn	12	Carlisle Aq		1:26.56	41.64
2.	Naomi Ward	12	Carlisle Aq		1:29.27	42.75
3.	Lucy Sargeant	12	Kendal		1:32.69	44.62
4.	Shannon Parker	12	Ulverston		1:33.50	44.33
5.	Anya Storey	12	Carlisle Aq		1:33.89	43.91
5.	Neve Varah	12	Carlisle Aq		1:33.89	45.53
7.	Maisie Allonby	12	Ulverston		1:36.64	46.71
8.	Talia Holliday	12	Workington		1:37.93	46.69

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50
1.	Sophie Huggon	13	Carlisle Aq		1:23.47	39.30
2.	Indya Sharp	13	Ulverston		1:28.97	42.31
3.	Naomi Peers	13	Cockermouth		1:29.72	43.12
4.	Bethan Rowley	13	Kendal		1:30.40	43.66
5.	Alice Eastwood	13	Kendal		1:31.00	43.59
6.	Rebecca Amor	13	Copeland		1:31.24	43.30
7.	Sarah Hale	13	Penrith		1:31.79	44.17
8.	Josie Johnson	13	Kendal		1:31.89	43.92
9.	Imami Barker	13	Workington		1:37.30	45.24



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14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50
1.	Rebecca Wilson	14	Copeland		1:21.12	38.10
2.	Abbie Winstanley	14	Workington		1:23.53	40.50
3.	Eve Dootson	14	Cockermouth		1:23.66	39.74
4.	Sydney Atkinson	14	Barrow		1:24.76	40.32
5.	Leah Green	14	Barrow		1:25.21	39.86
6.	Zara Postlethwaite	14	Copeland		1:29.77	-
7.	Taylor Aplin	14	Kendal		1:30.90	42.29
8.	Elizabeth Adams	14	Cockermouth		1:31.56	44.05
9.	Anya Sharp	14	Ulverston		1:32.02	42.97

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50
1.	Georgina Milburn	15	Ulverston		1:32.20	42.18

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50
1.	Alix Knagg	18	Ulverston		1:17.85	36.98
2.	Zara McKnight	17	Carlisle Aq		1:20.14	38.21
3.	Louisa Sinclair	16	Carlisle Aq		1:21.16	40.16
4.	Rhiannon Ellis	17	Ulverston		1:23.76	39.28
5.	Eleanor Nanson	17	Cockermouth		1:25.69	42.08
6.	Annabelle McBratney	17	Barrow		1:26.71	40.98
7.	Chloe Jackson	17	Barrow		1:28.45	41.64
8.	Molly Hale	16	Penrith		1:28.89	42.50
9.	Graceella Cooper-Holme	16	Carlisle Aq	6	2:19.76	1:04.24

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Graceella Cooper-Holme	16	Carlisle Aq	6	2:19.76	346	1:04.24

EVENT 52 Boys 10 Yrs/Over 50m Backstroke

10 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Oliver Smith	20	Cockermouth	27.69
2.	Charles McSkeane	18	Cockermouth	27.78
3.	Elliot Routledge	18	Cockermouth	28.26
4.	Connor Joyce	16	Cockermouth	28.30
5.	Owen Minnican	15	Barrow	28.50
6.	Tom Robinson	16	Ulverston	28.59
7.	Edward Baxter	18	Cockermouth	28.73
8.	Nathan Watson	16	Cockermouth	29.11
9.	Jake Fabi	17	Penrith	29.60
10.	Roan Greening	14	Cockermouth	30.18
11.	Daniel Tait	18	Carlisle Aq	30.69
12.	Alex Thompson	14	Barrow	31.17
13.	Andrew Mullins	18	Carlisle Aq	31.19
14.	Pierce Greening	13	Cockermouth	31.40
15.	Luke Jackson	14	Cockermouth	32.04
16.	Joel Sinclair	14	Carlisle Aq	32.07
17.	Ben Gilmore	16	Cockermouth	32.42
18.	William Fidalgo-Hull	14	Cockermouth	32.92
19.	William Smith	18	Carlisle Aq	32.99
20.	Ben Jenkinson	13	Cockermouth	33.35
21.	Ethan Nunn	14	Barrow	33.62
22.	Oliver Sargeant	14	Kendal	33.75
23.	Samuel Greenbank	13	Cockermouth	33.85
24.	Matthew Whitehead	14	Carlisle Aq	34.45
25.	Kes Fountain	14	Penrith	34.59
26.	Jack Smith	12	Carlisle Aq	35.21
27.	Matthew Minnican	12	Barrow	36.02
28.	Dylan Hind	12	Cockermouth	36.45
29.	Sam Gallagher	12	Barrow	37.08
30.	Elliot Woodburn	11	Kendal	37.50
31.	Reggie Steele	11	Cockermouth	39.32
32.	Charlie Gallagher	10	Barrow	40.00
33.	Matthew Hall	11	Workington	40.13

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Charlie Gallagher	10	Barrow	40.00

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Elliot Woodburn	11	Kendal	37.50
2.	Reggie Steele	11	Cockermouth	39.32
3.	Matthew Hall	11	Workington	40.13



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12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jack Smith	12	Carlisle Aq	35.21
2.	Matthew Minnican	12	Barrow	36.02
3.	Dylan Hind	12	Cockermouth	36.45
4.	Sam Gallagher	12	Barrow	37.08

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Pierce Greening	13	Cockermouth	31.40
2.	Ben Jenkinson	13	Cockermouth	33.35
3.	Samuel Greenbank	13	Cockermouth	33.85

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Roan Greening	14	Cockermouth	30.18
2.	Alex Thompson	14	Barrow	31.17
3.	Luke Jackson	14	Cockermouth	32.04
4.	Joel Sinclair	14	Carlisle Aq	32.07
5.	William Fidalgo-Hull	14	Cockermouth	32.92
6.	Ethan Nunn	14	Barrow	33.62
7.	Oliver Sargeant	14	Kendal	33.75
8.	Matthew Whitehead	14	Carlisle Aq	34.45
9.	Kes Fountain	14	Penrith	34.59

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Owen Minnican	15	Barrow	28.50

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Oliver Smith	20	Cockermouth	27.69
2.	Charles McSkeane	18	Cockermouth	27.78
3.	Elliot Routledge	18	Cockermouth	28.26
4.	Connor Joyce	16	Cockermouth	28.30
5.	Tom Robinson	16	Ulverston	28.59
6.	Edward Baxter	18	Cockermouth	28.73
7.	Nathan Watson	16	Cockermouth	29.11
8.	Jake Fabi	17	Penrith	29.60
9.	Daniel Tait	18	Carlisle Aq	30.69
10.	Andrew Mullins	18	Carlisle Aq	31.19
11.	Ben Gilmore	16	Cockermouth	32.42
12.	William Smith	18	Carlisle Aq	32.99

EVENT 53 Girls 10 Yrs/Over 50m Freestyle

10 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Ruth McEwen	17	Barrow		28.06
2.	Lauren Cooley	15	Cockermouth		28.12
3.	Amy Richardson	18	Ulverston		28.26
4.	Nicola Capstick	15	Ulverston		28.36
5.	Rebecca Wilson	14	Copeland		28.52
6.	Alix Knagg	18	Ulverston		28.60
7.	Leah Green	14	Barrow		28.68
8.	Emily Reay	16	Kendal		29.40
9.	Zara McKnight	17	Carlisle Aq		29.60
10.	Caitlin Poulson	17	Penrith		30.04
11.	Shannon Parker	12	Ulverston		30.70
12.	Rhiannon Ellis	17	Ulverston		30.98
13.	Georgina Milburn	15	Ulverston		30.99
14.	Sophie Huggon	13	Carlisle Aq		31.06
15.	Abbie Winstanley	14	Workington		31.34
16.	Lois Postlethwaite	13	Barrow		31.36
17.	Taylor Aplin	14	Kendal		31.41
18.	Paige Burns	14	Barrow		31.43
19.	Naomi Peers	13	Cockermouth		31.50
20.	Molly Wren	14	Cockermouth		31.53
21.	Rebecca Amor	13	Copeland		31.70
22.	Eve Dootson	14	Cockermouth		31.72
23.	Josie Johnson	13	Kendal		31.79
24.	Chloe Jackson	17	Barrow		31.80
25.	Annabelle McBratney	17	Barrow		31.84
26.	Eleanor Nanson	17	Cockermouth		31.94
27.	Jessica Prokas	11	Carlisle Aq		32.01
28.	Zara Postlethwaite	14	Copeland		32.02
29.	Caitlin Taylor	17	Barrow		32.16
29.	Starr Huntington	14	Ulverston		32.16
31.	Anna Morrison	13	Ulverston		32.28
32.	Amelia Mardel	11	Ulverston		32.29
33.	Niamh Shuttleworth	13	Cockermouth		32.35
34.	Molly Hale	16	Penrith		32.46
35.	Maddison Tuer	12	Workington		32.56
36.	Sydney Atkinson	14	Barrow		32.59
37.	Lucy Stephenson	14	Copeland		32.66
38.	Caitlin Deegan	12	Kendal		32.87



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39.	Anya Sharp	14	Ulverston	33.00
40.	Rosemary Swallow	13	Kendal	33.08
41.	Louisa Sinclair	16	Carlisle Aq	33.10
42.	Naomi Ward	12	Carlisle Aq	33.12
43.	Sophie Richardson	14	Kendal	33.16
44.	Lily Smith	11	Barrow	33.18
45.	Sophie Milburn	12	Carlisle Aq	33.19
46.	Emily Westmorland	13	Kendal	33.22
47.	Talia Holliday	12	Workington	33.25
48.	Lucy Sargeant	12	Kendal	33.40
49.	Elizabeth Bunter	12	Barrow	33.54
50.	Neve Richardson	15	Copeland	33.66
51.	Hannah Wren	12	Copeland	33.73
52.	Bethan Rowley	13	Kendal	33.88
53.	Indya Sharp	13	Ulverston	33.99
54.	Faye Milburn	11	Carlisle Aq	34.12
55.	Harriet Lory	11	Cockermouth	34.22
56.	Katie Miller	15	Ulverston	34.31
57.	Maisie Allonby	12	Ulverston	34.36
58.	Amelia Bell	11	Carlisle Aq	34.50
59.	Felicity Boyle	10	Ulverston	34.80
60.	Lucie Bulman	11	Kendal	35.69
61.	Jamie-Leigh Tyson	10	Barrow	35.84
62.	Keira Nelson	10	Kendal	37.51
63.	Millie Sandham	10	Workington	37.63
64.	Graceella Cooper-Holme	16	Carlisle Aq	7 41.42

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Felicity Boyle	10	Ulverston		34.80
2.	Jamie-Leigh Tyson	10	Barrow		35.84
3.	Keira Nelson	10	Kendal		37.51
4.	Millie Sandham	10	Workington		37.63

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Jessica Prokas	11	Carlisle Aq		32.01
2.	Amelia Mardel	11	Ulverston		32.29
3.	Lily Smith	11	Barrow		33.18
4.	Faye Milburn	11	Carlisle Aq		34.12
5.	Harriet Lory	11	Cockermouth		34.22
6.	Amelia Bell	11	Carlisle Aq		34.50
7.	Lucie Bulman	11	Kendal		35.69

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Shannon Parker	12	Ulverston		30.70
2.	Maddison Tuer	12	Workington		32.56
3.	Caitlin Deegan	12	Kendal		32.87
4.	Naomi Ward	12	Carlisle Aq		33.12
5.	Sophie Milburn	12	Carlisle Aq		33.19
6.	Talia Holliday	12	Workington		33.25
7.	Lucy Sargeant	12	Kendal		33.40
8.	Elizabeth Bunter	12	Barrow		33.54
9.	Hannah Wren	12	Copeland		33.73
10.	Maisie Allonby	12	Ulverston		34.36

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Sophie Huggon	13	Carlisle Aq		31.06
2.	Lois Postlethwaite	13	Barrow		31.36
3.	Naomi Peers	13	Cockermouth		31.50
4.	Rebecca Amor	13	Copeland		31.70
5.	Josie Johnson	13	Kendal		31.79
6.	Anna Morrison	13	Ulverston		32.28
7.	Niamh Shuttleworth	13	Cockermouth		32.35
8.	Rosemary Swallow	13	Kendal		33.08
9.	Emily Westmorland	13	Kendal		33.22
10.	Bethan Rowley	13	Kendal		33.88
11.	Indya Sharp	13	Ulverston		33.99

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Rebecca Wilson	14	Copeland		28.52
2.	Leah Green	14	Barrow		28.68
3.	Abbie Winstanley	14	Workington		31.34
4.	Taylor Aplin	14	Kendal		31.41
5.	Paige Burns	14	Barrow		31.43
6.	Molly Wren	14	Cockermouth		31.53
7.	Eve Dootson	14	Cockermouth		31.72
8.	Zara Postlethwaite	14	Copeland		32.02
9.	Starr Huntington	14	Ulverston		32.16
10.	Sydney Atkinson	14	Barrow		32.59
11.	Lucy Stephenson	14	Copeland		32.66
12.	Anya Sharp	14	Ulverston		33.00
13.	Sophie Richardson	14	Kendal		33.16



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15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Lauren Cooley	15	Cockermouth		28.12
2.	Nicola Capstick	15	Ulverston		28.36
3.	Georgina Milburn	15	Ulverston		30.99
4.	Neve Richardson	15	Copeland		33.66
5.	Katie Miller	15	Ulverston		34.31

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time
1.	Ruth McEwen	17	Barrow		28.06
2.	Amy Richardson	18	Ulverston		28.26
3.	Alix Knagg	18	Ulverston		28.60
4.	Emily Reay	16	Kendal		29.40
5.	Zara McKnight	17	Carlisle Aq		29.60
6.	Caitlin Poulson	17	Penrith		30.04
7.	Rhiannon Ellis	17	Ulverston		30.98
8.	Chloe Jackson	17	Barrow		31.80
9.	Annabelle McBratney	17	Barrow		31.84
10.	Eleanor Nanson	17	Cockermouth		31.94
11.	Caitlin Taylor	17	Barrow		32.16
12.	Molly Hale	16	Penrith		32.46
13.	Louisa Sinclair	16	Carlisle Aq		33.10
14.	Graceella Cooper-Holme	16	Carlisle Aq	7	41.42

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints
1.	Graceella Cooper-Holme	16	Carlisle Aq	7	41.42	469

EVENT 54 Boys 10 Yrs/Over 400m Freestyle

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50m	100m	150m	200m	250m	300m	350m	400m
1.	Rhys Jackson	10	Cockermouth		6:10.68	38.69	1:25.32	2:13.45	3:01.75	3:50.95	4:38.20	5:26.00	6:10.68
						38.69	46.63	48.13	48.30	49.20	47.25	47.80	44.68
2.	Charlie Gallagher	10	Barrow		6:11.44	39.92	1:28.57	2:18.21	3:05.46	3:53.91	4:42.71	5:30.71	6:11.44
						39.92	48.65	49.64	47.25	48.45	48.80	48.00	40.73

10 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	50m	100m	150m	200m	250m	300m	350m	400m
1.	Jordan Cooley	17	Copeland		4:20.06	28.77	1:00.67	1:33.66	2:07.17	2:40.43	3:14.20	3:48.00	4:20.06
						28.77	31.90	32.99	33.51	33.26	33.77	33.80	32.06
2.	Connor Joyce	16	Cockermouth		4:20.35	29.65	1:02.41	1:35.93	2:09.80	2:43.13	3:16.45	3:49.18	4:20.35
						29.65	32.76	33.52	33.87	33.33	33.32	32.73	31.17
3.	Joel Sinclair	14	Carlisle Aq		4:20.57	29.96	1:03.41	1:37.41	2:10.46	2:43.68	3:16.92	3:49.99	4:20.57
						29.96	33.45	34.00	33.05	33.22	33.24	33.07	30.58
4.	Nathan Watson	16	Cockermouth		4:20.77	29.84	1:02.93	1:36.37	2:09.92	2:43.23	3:16.44	3:49.69	4:20.77
						29.84	33.09	33.44	33.55	33.31	33.21	33.25	31.08
5.	Elliot Routledge	18	Cockermouth		4:22.56	29.73	1:02.36	1:36.23	2:10.19	2:43.78	3:17.57	3:51.20	4:22.56
						29.73	32.63	33.87	33.96	33.59	33.79	33.63	31.36
6.	Tom Robinson	16	Ulverston		4:24.16	30.63	1:04.30	1:37.93	2:11.53	2:44.80	3:18.98	3:52.64	4:24.16
						30.63	33.67	33.63	33.60	33.27	34.18	33.66	31.52
7.	Pierce Greening	13	Cockermouth		4:25.65	31.49	1:05.79	1:40.23	2:14.90	2:48.13	3:20.80	3:54.06	4:25.65
						31.49	34.30	34.44	34.67	33.23	32.67	33.26	31.59
8.	Daniel Tait	18	Carlisle Aq		4:26.88	29.53	1:02.33	1:36.21	2:10.19	2:44.16	3:18.35	3:52.84	4:26.88
						29.53	32.80	33.88	33.98	33.97	34.19	34.49	34.04
9.	Luke Jackson	14	Cockermouth		4:30.43	31.47	1:05.96	1:40.83	2:15.31	2:49.21	3:22.87	3:56.92	4:30.43
						31.47	34.49	34.87	34.48	33.90	33.66	34.05	33.51
10.	Jack Ivison	15	Cockermouth		4:34.11	30.70	1:05.27	1:40.50	2:15.56	2:50.12	3:24.52	3:59.49	4:34.11
						30.70	34.57	35.23	35.06	34.56	34.40	34.97	34.62
11.	Isaac Hinde	15	Copeland		4:34.44	30.99	1:05.78	1:41.16	2:16.16	2:50.88	3:26.20	4:00.52	4:34.44
						30.99	34.79	35.38	35.00	34.72	35.32	34.32	33.92
12.	Oliver Smith	20	Cockermouth		4:35.97	32.56	1:07.02	1:42.64	2:18.35	2:52.66	3:26.54	4:01.26	4:35.97
						32.56	34.46	35.62	35.71	34.31	33.88	34.72	34.71
13.	Ben Gilmore	16	Cockermouth		4:39.00	32.13	1:07.51	1:43.70	2:19.69	2:55.05	3:30.80	4:05.62	4:39.00
						32.13	35.38	36.19	35.99	35.36	35.75	34.82	33.38
14.	Edward Baxter	18	Cockermouth		4:41.85	31.95	1:07.42	1:43.57	2:19.80	2:55.46	3:31.51	4:07.28	4:41.85
						31.95	35.47	36.15	36.23	35.66	36.05	35.77	34.57



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15. Matthew Whitehead	14 Carlisle Aq	4:43.59							
50m 32.19	100m 1:07.22	150m 1:43.03	200m 2:19.42	250m 2:55.60	300m 3:31.42	350m 4:07.77	400m 4:43.59		
32.19	35.03	35.81	36.39	36.18	35.82	36.35	35.82		
16. Kes Fountain	14 Penrith	4:45.24							
50m 32.08	100m 1:08.09	150m 1:44.59	200m 2:21.25	250m 2:57.32	300m 3:34.27	350m 4:10.71	400m 4:45.24		
32.08	36.01	36.50	36.66	36.07	36.95	36.44	34.53		
17. Theo Tindall	15 Carlisle Aq	4:46.03							
50m 32.75	100m 1:08.54	150m 1:44.93	200m 2:21.59	250m 2:57.66	300m 3:34.05	350m 4:10.73	400m 4:46.03		
32.75	35.79	36.39	36.66	36.07	36.39	36.68	35.30		
18. Ethan Nunn	14 Barrow	4:47.57							
50m 30.83	100m 1:06.66	150m 1:43.28	200m 2:20.32	250m 2:56.81	300m 3:33.54	350m 4:10.24	400m 4:47.57		
30.83	35.83	36.62	37.04	36.49	36.73	36.70	37.33		
19. Declan Burney	13 Cockermouth	4:47.61							
50m 32.25	100m 1:08.37	150m 1:44.88	200m 2:21.03	250m 2:57.77	300m 3:34.38	350m 4:11.04	400m 4:47.61		
32.25	36.12	36.51	36.15	36.74	36.61	36.66	36.57		
20. Jack Smith	12 Carlisle Aq	4:52.32							
50m 33.10	100m 1:09.99	150m 1:47.48	200m 2:25.25	250m 3:02.51	300m 3:39.77	350m 4:17.07	400m 4:52.32		
33.10	36.89	37.49	37.77	37.26	37.26	37.30	35.25		
21. Ben Jenkinson	13 Cockermouth	4:52.63							
50m 33.07	100m 1:09.24	150m 1:46.03	200m 2:23.26	250m 3:00.60	300m 3:37.73	350m 4:15.48	400m 4:52.63		
33.07	36.17	36.79	37.23	37.34	37.13	37.75	37.15		
22. Samuel Greenbank	13 Cockermouth	4:57.57							
50m 33.35	100m 1:10.39	150m 1:48.09	200m 2:26.15	250m 3:04.37	300m 3:42.62	350m 4:21.13	400m 4:57.57		
33.35	37.04	37.70	38.06	38.22	38.25	38.51	36.44		
23. William Smith	18 Carlisle Aq	4:58.02							
50m 32.53	100m 1:08.52	150m 1:45.84	200m 2:23.78	250m 3:02.05	300m 3:40.60	350m 4:19.70	400m 4:58.02		
32.53	35.99	37.32	37.94	38.27	38.55	39.10	38.32		
24. Evan Holt	13 Cockermouth	5:00.55							
50m 33.97	100m 1:11.72	150m 1:49.86	200m 2:28.61	250m 3:07.18	300m 3:45.81	350m 4:24.71	400m 5:00.55		
33.97	37.75	38.14	38.75	38.57	38.63	38.90	35.84		
25. Scott Womack	16 Kendal	5:05.87							
50m 32.36	100m 1:08.90	150m 1:47.59	200m 2:27.05	250m 3:06.02	300m 3:45.09	350m 4:26.11	400m 5:05.87		
32.36	36.54	38.69	39.46	38.97	39.07	41.02	39.76		
26. Dylan Hind	12 Cockermouth	5:13.49							
50m 35.23	100m 1:14.01	150m 1:53.87	200m 2:33.98	250m 3:14.04	300m 3:53.55	350m 4:34.05	400m 5:13.49		
35.23	38.78	39.86	40.11	40.06	39.51	40.50	39.44		
27. Niall Cush	15 Ulverston	5:16.89							
50m 34.32	100m 1:12.58	150m 1:52.61	200m 2:33.31	250m 3:14.12	300m 3:55.27	350m 4:36.55	400m 5:16.89		
34.32	38.26	40.03	40.70	40.81	41.15	41.28	40.34		
28. Sam Bailey	13 Workington	5:17.05							
50m 36.71	100m 1:16.02	150m 1:56.12	200m 2:36.88	250m 3:17.30	300m 3:57.51	350m 4:37.14	400m 5:17.05		
36.71	39.31	40.10	40.76	40.42	40.21	39.63	39.91		
29. Elliot Sinclair	12 Carlisle Aq	5:25.14							
50m 37.04	100m 1:17.71	150m 1:58.85	200m 2:40.04	250m 3:22.37	300m 4:04.12	350m 4:45.48	400m 5:25.14		
37.04	40.67	41.14	41.19	42.33	41.75	41.36	39.66		
30. Peter Brown	12 Copeland	5:30.15							
50m 36.79	100m 1:18.97	150m 2:01.55	200m 2:44.20	250m 3:27.47	300m 4:10.16	350m 4:52.45	400m 5:30.15		
36.79	42.18	42.58	42.65	43.27	42.69	42.29	37.70		
31. Reggie Steele	11 Cockermouth	5:30.26							
50m 38.21	100m 1:20.67	150m 2:03.87	200m 2:46.89	250m 3:30.17	300m 4:12.73	350m 4:53.32	400m 5:30.26		
38.21	42.46	43.20	43.02	43.28	42.56	40.59	36.94		
32. Sam Gallagher	12 Barrow	5:33.14							
50m 36.79	100m 1:18.53	150m 2:01.60	200m 2:44.51	250m 3:27.33	300m 4:10.56	350m 4:53.08	400m 5:33.14		
36.79	41.74	43.07	42.91	42.82	43.23	42.52	40.06		
33. Finley Quayle	11 Copeland	5:37.98							
50m 37.55	100m 1:20.24	150m 2:03.18	200m 2:46.65	250m 3:30.93	300m 4:14.31	350m 4:58.21	400m 5:37.98		
37.55	42.69	42.94	43.47	44.28	43.38	43.90	39.77		
34. Alex Tallon	12 Kendal	5:41.10							
50m 37.85	100m 1:20.16	150m 2:04.36	200m 2:47.81	250m 3:31.82	300m 4:15.63	350m 4:58.29	400m 5:41.10		
37.85	42.31	44.20	43.45	44.01	43.81	42.66	42.81		
35. Jack Bailey	13 Workington	5:51.01							
50m 37.00	100m 1:20.95	150m 2:06.04	200m 2:50.73	250m 3:36.03	300m 4:22.90	350m 5:07.17	400m 5:51.01		
37.00	43.95	45.09	44.69	45.30	46.87	44.27	43.84		
36. Rhys Jackson	10 Cockermouth	6:10.68							
50m 38.69	100m 1:25.32	150m 2:13.45	200m 3:01.75	250m 3:50.95	300m 4:38.20	350m 5:26.00	400m 6:10.68		
38.69	46.63	48.13	48.30	49.20	47.25	47.80	44.68		
37. Charlie Gallagher	10 Barrow	6:11.44							
50m 39.92	100m 1:28.57	150m 2:18.21	200m 3:05.46	250m 3:53.91	300m 4:42.71	350m 5:30.71	400m 6:11.44		
39.92	48.65	49.64	47.25	48.45	48.80	48.00	40.73		

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Reggie Steele	11	Cockermouth		5:30.26				
	50m 38.21	100m 1:20.67	150m 2:03.87	200m 2:46.89	250m 3:30.17	300m 4:12.73	350m 4:53.32	400m 5:30.26	
	38.21	42.46	43.20	43.02	43.28	42.56	40.59	36.94	
2.	Finley Quayle	11	Copeland		5:37.98				
	50m 37.55	100m 1:20.24	150m 2:03.18	200m 2:46.65	250m 3:30.93	300m 4:14.31	350m 4:58.21	400m 5:37.98	
	37.55	42.69	42.94	43.47	44.28	43.38	43.90	39.77	

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Jack Smith	12	Carlisle Aq		4:52.32				
	50m 33.10	100m 1:09.99	150m 1:47.48	200m 2:25.25	250m 3:02.51	300m 3:39.77	350m 4:17.07	400m 4:52.32	
	33.10	36.89	37.49	37.77	37.26	37.26	37.30	35.25	
2.	Dylan Hind	12	Cockermouth		5:13.49				
	50m 35.23	100m 1:14.01	150m 1:53.87	200m 2:33.98	250m 3:14.04	300m 3:53.55	350m 4:34.05	400m 5:13.49	
	35.23	38.78	39.86	40.11	40.06	39.51	40.50	39.44	
3.	Elliot Sinclair	12	Carlisle Aq		5:25.14				
	50m 37.04	100m 1:17.71	150m 1:58.85	200m 2:40.04	250m 3:22.37	300m 4:04.12	350m 4:45.48	400m 5:25.14	
	37.04	40.67	41.14	41.19	42.33	41.75	41.36	39.66	



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4.	Peter Brown	12	Copeland	5:30.15					
	50m 36.79	100m 1:18.97	150m 2:01.55	200m 2:44.20	250m 3:27.47	300m 4:10.16	350m 4:52.45	400m 5:30.15	
	36.79	42.18	42.58	42.65	43.27	42.69	42.29	37.70	
5.	Sam Gallagher	12	Barrow	5:33.14					
	50m 36.79	100m 1:18.53	150m 2:01.60	200m 2:44.51	250m 3:27.33	300m 4:10.56	350m 4:53.08	400m 5:33.14	
	36.79	41.74	43.07	42.91	42.82	43.23	42.52	40.06	
6.	Alex Tallon	12	Kendal	5:41.10					
	50m 37.85	100m 1:20.16	150m 2:04.36	200m 2:47.81	250m 3:31.82	300m 4:15.63	350m 4:58.29	400m 5:41.10	
	37.85	42.31	44.20	43.45	44.01	43.81	42.66	42.81	

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Pierce Greening	13	Cockermouth		4:25.65				
	50m 31.49	100m 1:05.79	150m 1:40.23	200m 2:14.90	250m 2:48.13	300m 3:20.80	350m 3:54.06	400m 4:25.65	
	31.49	34.30	34.44	34.67	33.23	32.67	33.26	31.59	
2.	Declan Burney	13	Cockermouth		4:47.61				
	50m 32.25	100m 1:08.37	150m 1:44.88	200m 2:21.03	250m 2:57.77	300m 3:34.38	350m 4:11.04	400m 4:47.61	
	32.25	36.12	36.51	36.15	36.74	36.61	36.66	36.57	
3.	Ben Jenkinson	13	Cockermouth		4:52.63				
	50m 33.07	100m 1:09.24	150m 1:46.03	200m 2:23.26	250m 3:00.60	300m 3:37.73	350m 4:15.48	400m 4:52.63	
	33.07	36.17	36.79	37.23	37.34	37.13	37.75	37.15	
4.	Samuel Greenbank	13	Cockermouth		4:57.57				
	50m 33.35	100m 1:10.39	150m 1:48.09	200m 2:26.15	250m 3:04.37	300m 3:42.62	350m 4:21.13	400m 4:57.57	
	33.35	37.04	37.70	38.06	38.22	38.25	38.51	36.44	
5.	Evan Holt	13	Cockermouth		5:00.55				
	50m 33.97	100m 1:11.72	150m 1:49.86	200m 2:28.61	250m 3:07.18	300m 3:45.81	350m 4:24.71	400m 5:00.55	
	33.97	37.75	38.14	38.75	38.57	38.63	38.90	35.84	
6.	Sam Bailey	13	Workington		5:17.05				
	50m 36.71	100m 1:16.02	150m 1:56.12	200m 2:36.88	250m 3:17.30	300m 3:57.51	350m 4:37.14	400m 5:17.05	
	36.71	39.31	40.10	40.76	40.42	40.21	39.63	39.91	
7.	Jack Bailey	13	Workington		5:51.01				
	50m 37.00	100m 1:20.95	150m 2:06.04	200m 2:50.73	250m 3:36.03	300m 4:22.90	350m 5:07.17	400m 5:51.01	
	37.00	43.95	45.09	44.69	45.30	46.87	44.27	43.84	

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Joel Sinclair	14	Carlisle Aq		4:20.57				
	50m 29.96	100m 1:03.41	150m 1:37.41	200m 2:10.46	250m 2:43.68	300m 3:16.92	350m 3:49.99	400m 4:20.57	
	29.96	33.45	34.00	33.05	33.22	33.24	33.07	30.58	
2.	Luke Jackson	14	Cockermouth		4:30.43				
	50m 31.47	100m 1:05.96	150m 1:40.83	200m 2:15.31	250m 2:49.21	300m 3:22.87	350m 3:56.92	400m 4:30.43	
	31.47	34.49	34.87	34.48	33.90	33.66	34.05	33.51	
3.	Matthew Whitehead	14	Carlisle Aq		4:43.59				
	50m 32.19	100m 1:07.22	150m 1:43.03	200m 2:19.42	250m 2:55.60	300m 3:31.42	350m 4:07.77	400m 4:43.59	
	32.19	35.03	35.81	36.39	36.18	35.82	36.35	35.82	
4.	Kes Fountain	14	Penrith		4:45.24				
	50m 32.08	100m 1:08.09	150m 1:44.59	200m 2:21.25	250m 2:57.32	300m 3:34.27	350m 4:10.71	400m 4:45.24	
	32.08	36.01	36.50	36.66	36.07	36.95	36.44	34.53	
5.	Ethan Nunn	14	Barrow		4:47.57				
	50m 30.83	100m 1:06.66	150m 1:43.28	200m 2:20.32	250m 2:56.81	300m 3:33.54	350m 4:10.24	400m 4:47.57	
	30.83	35.83	36.62	37.04	36.49	36.73	36.70	37.33	

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Jack Ivison	15	Cockermouth		4:34.11				
	50m 30.70	100m 1:05.27	150m 1:40.50	200m 2:15.56	250m 2:50.12	300m 3:24.52	350m 3:59.49	400m 4:34.11	
	30.70	34.57	35.23	35.06	34.56	34.40	34.97	34.62	
2.	Isaac Hinde	15	Copeland		4:34.44				
	50m 30.99	100m 1:05.78	150m 1:41.16	200m 2:16.16	250m 2:50.88	300m 3:26.20	350m 4:00.52	400m 4:34.44	
	30.99	34.79	35.38	35.00	34.72	35.32	34.32	33.92	
3.	Theo Tindall	15	Carlisle Aq		4:46.03				
	50m 32.75	100m 1:08.54	150m 1:44.93	200m 2:21.59	250m 2:57.66	300m 3:34.05	350m 4:10.73	400m 4:46.03	
	32.75	35.79	36.39	36.66	36.07	36.39	36.68	35.30	
4.	Niall Cush	15	Ulverston		5:16.89				
	50m 34.32	100m 1:12.58	150m 1:52.61	200m 2:33.31	250m 3:14.12	300m 3:55.27	350m 4:36.55	400m 5:16.89	
	34.32	38.26	40.03	40.70	40.81	41.15	41.28	40.34	

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time				
1.	Jordan Cooley	17	Copeland		4:20.06				
	50m 28.77	100m 1:00.67	150m 1:33.66	200m 2:07.17	250m 2:40.43	300m 3:14.20	350m 3:48.00	400m 4:20.06	
	28.77	31.90	32.99	33.51	33.26	33.77	33.80	32.06	
2.	Connor Joyce	16	Cockermouth		4:20.35				
	50m 29.65	100m 1:02.41	150m 1:35.93	200m 2:09.80	250m 2:43.13	300m 3:16.45	350m 3:49.18	400m 4:20.35	
	29.65	32.76	33.52	33.87	33.33	33.32	32.73	31.17	
3.	Nathan Watson	16	Cockermouth		4:20.77				
	50m 29.84	100m 1:02.93	150m 1:36.37	200m 2:09.92	250m 2:43.23	300m 3:16.44	350m 3:49.69	400m 4:20.77	
	29.84	33.09	33.44	33.55	33.31	33.21	33.25	31.08	
4.	Elliot Routledge	18	Cockermouth		4:22.56				
	50m 29.73	100m 1:02.36	150m 1:36.23	200m 2:10.19	250m 2:43.78	300m 3:17.57	350m 3:51.20	400m 4:22.56	
	29.73	32.63	33.87	33.96	33.59	33.79	33.63	31.36	
5.	Tom Robinson	16	Ulverston		4:24.16				
	50m 30.63	100m 1:04.30	150m 1:37.93	200m 2:11.53	250m 2:44.80	300m 3:18.98	350m 3:52.64	400m 4:24.16	
	30.63	33.67	33.63	33.60	33.27	34.18	33.66	31.52	
6.	Daniel Tait	18	Carlisle Aq		4:26.88				
	50m 29.53	100m 1:02.33	150m 1:36.21	200m 2:10.19	250m 2:44.16	300m 3:18.35	350m 3:52.84	400m 4:26.88	
	29.53	32.80	33.88	33.98	33.97	34.19	34.49	34.04	
7.	Oliver Smith	20	Cockermouth		4:35.97				
	50m 32.56	100m 1:07.02	150m 1:42.64	200m 2:18.35	250m 2:52.66	300m 3:26.54	350m 4:01.26	400m 4:35.97	
	32.56	34.46	35.62	35.71	34.31	33.88	34.72	34.71	



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8.	Ben Gilmore	16	Cockermouth	4:39.00					
	50m 32.13	100m 1:07.51	150m 1:43.70	200m 2:19.69	250m 2:55.05	300m 3:30.80	350m 4:05.62	400m 4:39.00	
	32.13	35.38	36.19	35.99	35.36	35.75	34.82	33.38	
9.	Edward Baxter	18	Cockermouth	4:41.85					
	50m 31.95	100m 1:07.42	150m 1:43.57	200m 2:19.80	250m 2:55.46	300m 3:31.51	350m 4:07.28	400m 4:41.85	
	31.95	35.47	36.15	36.23	35.66	36.05	35.77	34.57	
10.	William Smith	18	Carlisle Aq	4:58.02					
	50m 32.53	100m 1:08.52	150m 1:45.84	200m 2:23.78	250m 3:02.05	300m 3:40.60	350m 4:19.70	400m 4:58.02	
	32.53	35.99	37.32	37.94	38.27	38.55	39.10	38.32	
11.	Scott Womack	16	Kendal	5:05.87					
	50m 32.36	100m 1:08.90	150m 1:47.59	200m 2:27.05	250m 3:06.02	300m 3:45.09	350m 4:26.11	400m 5:05.87	
	32.36	36.54	38.69	39.46	38.97	39.07	41.02	39.76	

EVENT 55 County Championship Final of Girls 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	50
1.	Alix Knagg	18	Ulverston	1:16.24	36.88
2.	Louisa Sinclair	16	Carlisle Aq	1:17.41	37.37
3.	Zara McKnight	17	Carlisle Aq	1:19.94	37.74
4.	Rebecca Wilson	14	Copeland	1:21.26	38.64
5.	Sophie Huggon	13	Carlisle Aq	1:23.43	40.26
6.	Abbie Winstanley	14	Workington	1:25.35	40.99

Junior County Championship result for Girls 100m Breaststroke

1.	Louisa Sinclair	16	Carlisle Aq
2.	Rebecca Wilson	14	Copeland
3.	Sophie Huggon	13	Carlisle Aq

EVENT 56 County Championship Final of Boys 50m Backstroke

Full Results

Place	Name	AaD	Club	Time
1.	Oliver Smith	20	Cockermouth	26.66
2.	Charles McSkeane	18	Cockermouth	27.73
3.	Owen Minnican	15	Barrow	28.05
4.	Connor Joyce	16	Cockermouth	28.58
5.	Tom Robinson	16	Ulverston	29.08
6.	Elliot Routledge	18	Cockermouth	29.23

EVENT 57 County Championship Final of Girls 50m Freestyle

Full Results

Place	Name	AaD	Club	Time
1.	Ruth McEwen	17	Barrow	27.90
2.	Lauren Cooley	15	Cockermouth	28.09
3.	Amy Richardson	18	Ulverston	28.15
4.	Nicola Capstick	15	Ulverston	28.48
5.	Rebecca Wilson	14	Copeland	28.64
6.	Alix Knagg	18	Ulverston	29.03

EVENT 58 Boys 13/14 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time
1.	Cockermouth A		Cockermouth	2:04.49
			Roan Greening	30.44
			Pierce Greening	35.83
			Samuel Greenbank	30.70
			Luke Jackson	27.52
2.	Barrow A		Barrow	2:12.62
			Luke Pratt	36.29
			Charlie Cooksey	38.76
			Ethan Nunn	30.64
			Alex Thompson	26.93
3.	Cockermouth B		Cockermouth	2:15.27
			Ben Jenkinson	34.14
			William Fidalgo-Hull	37.63
			Sam Wedgwood	33.33
			Declan Burney	30.17
4.	Kendal A		Kendal	2:26.93
			Thomas Klijn	36.67
			Louie Tideswell	42.38
			Oliver Sargeant	30.86
			Oliver Woodburn	37.02

EVENT 59 Girls 13/14 Yrs 200m Free Team

Full Results

Place	Name	A.G	Club	Time
1.	Barrow A		Barrow	2:01.88
			Lois Postlethwaite	31.12
			Paige Burns	31.21
			Leah Green	28.45
			Sydney Atkinson	31.10
2.	Copeland		Copeland	2:02.03
			Zara Postlethwaite	31.20
			Lucy Stephenson	32.18
			Rebecca Amor	30.05
			Rebecca Wilson	28.60



2016 Cumbria County Championships and Age Groups

Session 7 results – Saturday 27th February

3.	Cockermouth	Cockermouth	2:04.19	
		Naomi Peers		30.87
		Molly Wren		31.11
		Niamh Shuttleworth		31.67
		Eve Dootson		30.54
4.	Ulverston	Ulverston	2:09.08	
		Anya Sharp		32.65
		Anna Morrison		31.90
		Indya Sharp		33.08
		Starr Huntington		31.45
5.	Kendal A	Kendal	2:09.89	
		Taylor Aplin		32.52
		Josie Johnson		31.60
		Sophie Richardson		31.93
		Rosemary Swallow		33.84
6.	Kendal B	Kendal	2:17.77	
		Bethan Rowley		34.72
		Emily Westmorland		34.71
		Erin Bagge		34.17
		Alice Eastwood		34.17
7.	Penrith	Penrith	2:19.14	
		Saskia Todd		34.77
		Sarah Hale		33.69
		Niamh Brenan		32.57
		Keeley Thompson		38.11
