



**2010 Cumbria Age Groups  
Under ASA Laws & ASA Technical Rules of Swimming  
County Teams**

**EVENT 161 Junior Womens 200m Medley Team**

Place	Name	Time
1	Cockermouth	2:12.75
2	Copeland	2:13.11
3	City of Carlisle	2:13.70
4	Ulverston A	2:17.50
5	Carlisle WP	2:18.96
6	Penrith	2:19.41
7	Workington	2:19.78
8	Barrow	2:22.61
9	Ulverston B	2:24.33
10	Troutbeck Bridge	2:25.83

**EVENT 162 Junior Mens 200m Medley Team**

Place	Name	Time
1	City of Carlisle	1:59.59
2	Carlisle WP	2:02.72
3	Ulverston	2:03.02
4	Barrow	2:04.82
5	Copeland	2:15.18
6	Troutbeck Bridge	2:17.16
7	Cockermouth	2:20.22
8	Workington	2:28.11

**EVENT 165 Junior Womens 200m Freestyle Team**

Place	Name	Time
1	Copeland	1:58.43
2	Cockermouth	1:59.17
3	Ulverston A	2:01.35
4	Penrith	2:01.88
5	City of Carlisle	2:01.90
6	Carlisle WP	2:02.62
7	Workington	2:03.77
8	Barrow	2:04.33
9	Ulverston B	2:08.94
10	Troutbeck Bridge	2:10.97

**EVENT 166 Junior Mens 200m Freestyle Team**

Place	Name	Time
1	Barrow	1:48.06
2	City of Carlisle	1:48.08
3	Carlisle WP	1:49.34
4	Ulverston	1:50.40
5	Copeland	1:59.39
6	Troutbeck Bridge	2:01.34
7	Cockermouth	2:01.61
8	Workington	2:08.37

**EVENT 169 FINAL Junior Womens 200m Medley Team**

Place	Name	Time
1	Cockermouth	2:11.64
2	Copeland	2:13.75
3	City of Carlisle	2:14.35
4	Ulverston A	2:19.18
5	Carlisle WP	2:19.73
6	Penrith	2:27.68

**EVENT 170 FINAL Junior Mens 200m Medley Team**

Place	Name	Time
1	City of Carlisle	1:58.10
2	Ulverston	2:03.99
3	Barrow	2:04.68
4	Copeland	2:16.78
5	Troutbeck Bridge	2:21.56
	Carlisle WP	DQ T-3L

**EVENT 171 FINAL Womens 200m Medley Team**

Place	Name	Time
1	Cockermouth	2:07.50
2	City of Carlisle	2:12.38
3	Ulverston A	2:15.26
4	Troutbeck Bridge	2:22.79
5	Penrith	2:24.63

**EVENT 172 FINAL Mens 200m Medley Team**

Place	Name	Time
1	Cockermouth	1:50.30
2	City of Carlisle	1:53.47
3	Barrow	1:57.12
4	Carlisle WP	1:57.86
5	Troutbeck Bridge	2:14.81
	Ulverston	DQ O-6L

**EVENT 173 FINAL Junior Womens 200m Freestyle Team**

Place	Name	Time
1	Copeland	1:57.20
2	Cockermouth	1:57.51
3	Ulverston A	2:00.26
4	Penrith	2:01.84
5	City of Carlisle	2:02.71
6	Carlisle WP	2:03.63

**EVENT 174 FINAL Junior Mens 16 200m Freestyle Team**

Place	Name	Time
1	City of Carlisle	1:46.41
2	Barrow	1:47.95
3	Carlisle WP	1:48.38
4	Ulverston	1:51.16
5	Copeland	1:59.43
6	Troutbeck Bridge	2:07.03

**EVENT 175 FINAL Womens 200m Freestyle Team**

Place	Name	Time
1	Cockermouth	1:56.61
2	City of Carlisle	1:58.09
3	Ulverston A	2:00.60
4	Penrith	2:03.23
5	Troutbeck Bridge	2:08.65

**EVENT 176 FINAL Mens 200m Freestyle Team**

Place	Name	Time
1	Cockermouth	1:39.67
2	City of Carlisle	1:42.72
3	Carlisle WP	1:43.31
4	Barrow	1:43.78
5	Ulverston	1:53.15
6	Troutbeck Bridge	1:54.45