



2010 Cumbria Age Groups  
Under ASA Laws & ASA Technical Rules of Swimming  
Session 10

**EVENT 137 Girls 11/12 Yrs 200m Medley Team**

Place	Name	Time	
1	Troutbeck Bridge	2:29.19	
	Emily Wild	37.16	
	Stephanie Booth	40.45	
	Amy Richardson	35.41	
	Evie Russell Cohen	36.17	
2	Ulverston A	2:29.41	
	Rachael Morrell	38.32	
	Annabel Smith	43.42	
	Zarina Wilson	34.00	
	Alix Knagg	33.67	
3	Cockermouth	2:29.83	
	Rebecca Clark	36.21	
	Chelsea Atkinson	44.73	
	Lucy McKenzie	30.89	
	Lucy Fleming	38.00	
4	Barrow	2:30.35	
	Aisling McCracken	38.64	
	Ella Chester	40.52	
	Ruth McEwen	37.54	
	Emily Cox	33.65	
5	City of Carlisle	2:35.97	
	Bethany Clark	39.48	
	Amber Patterson	47.78	
	Ashleigh Backhouse	33.08	
	Caitlin McNaughton	35.63	
6	Copeland	2:36.05	
	Chloe Carr	39.28	
	Anna Newlands	40.61	
	Laura Moore	41.95	
	Lois Carhart	34.21	
7	Kendal	2:37.23	
	Olivia Williams	38.70	
	Dayna Cannon	46.52	
	Emily Dalzell	38.14	
	Annabel Boleta	33.87	
8	Penrith	2:37.37	
	Lucy Mather	39.31	
	Ellen Jones	43.56	
	Rebecca Titterington	38.66	
	Chloe Hogarth	35.84	
9	Barrow B	2:41.60	
	Heather Dawson	38.91	
	Abbie Heseltine	48.51	
	Ashton Ridgway	38.19	
	Jordan Brooks	35.99	
10	Carlisle WP	2:44.12	
	Natasha Hall	40.55	
	Lucy-Jane Wilson	46.98	
	Rebecca Lightowler	43.01	
	Claire Foster	33.58	

11 Workington	2:46.33	Hannah Haney	39.31
		Larissa Watson	48.34
		Charlotte Williamson	38.84
		J Murphy	39.84
12 City of Carlisle B	2:50.70	Connie Bowman	39.61
		Danielle Lancaster	51.00
		Victoria Stanwix	
		Katherine Hutchinson	1.20.09
13 Ulverston B	2:54.02	Hannah Roper	42.78
		Jennifer Bond	53.89
		Lucy Segger	37.64
		Charis Tebay	39.71
Kendal B	DQ SL-6L	Roisin Bagge	43.80
		Indus Hill	48.31
		Sarah Hurtley	
		Jane Day	

### EVENT 138 Boys 11/12 Yrs 200m Medley Team

Place	Name	Time	
1	City of Carlisle	2:18.65	
	Andrew Mullins	34.67	
	Jack Richardson	39.96	
	Charles McSkeane	32.91	
	Ben Leighton	31.11	
2	Cockermouth	2:21.35	
	Thom Noonan	38.06	
	Edward Baxter	39.90	
	Luke Greenbank	30.73	
	Christian Balmer	32.66	
3	City of Carlisle B	2:31.56	
	Benjamin Cornwall	41.29	
	Max Graham	42.41	
	Jordan Hull	35.33	
	Toby Gibson	32.53	
4	Workington	2:35.39	
	Matthew Ivison	39.12	
	C Milligan	46.14	
	Elliot Routledge	35.51	
	Jack Earl	34.62	
5	Barrow A	2:35.60	
	Luke Reid	40.54	
	Vincent Sue	43.51	
	Joseph Sharpe	39.06	
	William Adams	32.49	
6	Kendal	2:48.15	
	Daniel Rhys Armstrong	42.44	
	Sam Holland	47.23	
	Thomas Graham	46.34	
	Crispin Halcrow	32.14	
7	Troutbeck Bridge	2:52.82	
	Callum Seton	45.91	
	Sam Harrison	50.45	
	Nicholas Carlton	37.05	
	Christopher Richards	39.41	

8 Carlisle WP		2:53.64
	Owen Walker	41.05
	William Smith	53.74
	Liam Studholme	40.73
	Jake Harrison	38.12
Penrith		DQ E-
	Andrew Jeal	
	Josh Bulman	
	Alistair Jeal	
	Robbie Hebson	

#### EVENT 139 Girls 13/14 Yrs 200m Medley Team

Place	Name	Time
1	Barrow	2:11.66
	Karlie Stockdale	32.96
	Kirkby Kavanagh	36.92
	Clara Minnican	32.72
	Joanna Yates	29.06
2	Ulverston A	2:13.40
	Katie Louise Gunson	33.05
	Charlotte Hill	37.46
	Samantha E A Blundell	33.27
	Georgia Hevey	29.62
3	Carlisle WP	2:24.52
	Katie Higgins	35.71
	Lucinda Macmillan	42.98
	Sophie McMillan	33.17
	Louise Bell	32.66
4	Kendal	2:25.03
	Faye Rawlinson	35.26
	Lucy Clarke	42.83
	Justine Marshall	33.67
	Hollie Rothwell	33.27
5	City of Carlisle	2:27.21
	Lauren Watson	39.54
	Emily Richardson	37.56
	Molly Kenwright	36.42
	Alice McCone	33.69
6	Cockermouth	2:27.61
	Catherine Trafford	34.80
	Courtney Watson	39.79
	Anna Broadbent	32.52
	Anna Harker	40.50
7	Troutbeck Bridge	2:44.94
	Nicole Bissland	45.07
	Laura Garrick	42.38
	Rebekah Booth	42.48
	Alexandra Casement	35.01

#### EVENT 140 Boys 13/14 Yrs 200m Medley Team

Place	Name	Time
1	Barrow A	2:04.94
	Andrew Kerr	
	Curtis Corrie	
	Oliver Atkinson	
	Samuel Jefferson	2.04.94

2 Barrow B	2:16.31	
		Andrew McAlinden 35.04
		Joel Bland 38.16
		Joseph Singleton 32.75
		Jamie Briggs 30.36
3 Copeland	2:17.78	
		Haydn Birkett 32.44
		Scott Bailey 38.47
		Paul Balduenza 34.33
		Ben Carhart 32.54
4 Carlisle WP	2:19.66	
		Kieran Harrison 36.07
		Sam Routledge 36.18
		Andrew Robinson 33.31
		Michael Studholme 34.10
5 Kendal	2:23.25	
		Matthew Clarke 35.58
		Liam Bagge 43.97
		Calvin Dollard 29.58
		James Quinn 34.12
6 Ulverston	2:26.23	
		Garth O'Brien 37.11
		Michael James Cheetham 39.46
		Callum Bond 33.72
		Christopher Belbin 35.94
City of Carlisle	DQ ST-	
		Jack Lee
		Alistair Campbell
		Jack Kenwright
		Anthony Ryan

#### EVENT 143 Girls 11/12 Yrs 200m Freestyle Team

Place	Name	Time
1	City of Carlisle	2:12.66
	Ashleigh Backhouse	31.48
	Connie Bowman	34.03
	Bethany Clark	33.34
	Caitlin McNaughton	33.81
2	Cockermouth	2:13.62
	Lucy McKenzie	28.55
	Lucy Fleming	38.83
	Rebecca Clark	33.66
	Chelsea Atkinson	32.58
3	Barrow	2:15.18
	Aisling McCracken	34.86
	Emily Cox	34.63
	Ruth McEwen	35.35
	Ella Chester	30.34
4	Copeland	2:15.57
	Chloe Carr	34.30
	Laura Moore	35.73
	Lois Carhart	35.98
	Anna Newlands	29.56
5	Troutbeck Bridge	2:15.65
	Emily Wild	33.91
	Stephanie Booth	34.08
	Evie Russell Cohen	36.43
	Amy Richardson	31.23

6 Penrith		2:19.45	
	Lucy Mather	33.04	
	Ellen Jones	34.40	
	Rebecca Titterington	34.55	
	Chloe Hogarth	37.46	
7 Kendal		2:19.87	
	Olivia Williams	35.08	
	Emily Dalzell	37.30	
	Dayna Cannon	35.34	
	Annabel Boleta	32.15	
8 Carlisle WP		2:20.59	
	Rebecca Harby	35.53	
	Lucy-Jane Wilson	35.81	
	Rebecca Lightowler	35.51	
	Claire Foster	33.74	
9 Ulverston A		2:20.72	
	Rachael Morrell	37.08	
	Alix Knagg	35.30	
	Annabel Smith	36.86	
	Zarina Wilson	31.48	
10 Barrow B		2:23.29	
	Ashton Ridgway	36.50	
	Heather Dawson	34.55	
	Abbie Heseltine	36.72	
	Jordan Brooks	35.52	
11 Kendal B		2:26.52	
	Roisin Bagge	36.98	
	Indus Hill	38.14	
	Jane Day	36.09	
	Sarah Hurtley	35.31	
12 Workington		2:27.01	
	Hannah Haney	35.47	
	J Murphy	40.93	
	Larissa Watson	37.63	
	Charlotte Williamson	32.98	
13 City of Carlisle B		2:29.65	
	Victoria Stanwix	36.89	
	Katherine Hutchinson	36.16	
	Amber Patterson	39.52	
	Danielle Lancaster	37.08	
14 Ulverston B		2:38.40	
	Lucy Segger	37.65	
	Jennifer Bond	45.27	
	Charis Tebay	41.44	
	Hannah Roper	34.04	

#### EVENT 144 Boys 11/12 Yrs 200m Freestyle Team

Place	Name	Time
1	City of Carlisle	2:04.57
	Charles McSkeane	30.22
	Ben Leighton	32.14
	Jordan Hull	30.84
	Andrew Mullins	31.37
2	Cockermouth	2:09.01
	Thom Noonan	32.75
	Edward Baxter	
	Christian Balmer	
	Luke Greenbank	1.36.26

3 City of Carlisle B		2:14.55
	Jack Richardson	33.68
	Max Graham	32.71
	Daniel Ryan	35.56
	Toby Gibson	32.60
4 Barrow A		2:18.11
	Vincent Sue	33.87
	Joseph Sharpe	35.80
	Luke Reid	35.64
	William Adams	32.80
5 Workington		2:20.94
	Matthew Ivison	33.71
	Jack Earl	36.48
	C Milligan	38.51
	Elliot Routledge	32.24
6 Kendal		2:24.21
	Daniel Rhys Armstrong	36.60
	Thomas Graham	38.38
	Sam Holland	35.71
	Crispin Halcrow	33.52
7 Penrith		2:27.77
	Alistair Jeal	35.56
	Andrew Jeal	38.04
	Robbie Hebson	35.50
	Josh Bulman	38.67
8 Troutbeck Bridge		2:31.96
	Nicholas Carlton	32.35
	Callum Seton	39.69
	Christopher Richards	39.21
	Sam Harrison	40.71
9 Carlisle WP		2:34.01
	Liam Studholme	36.41
	William Smith	44.31
	Owen Walker	34.45
	Jake Harrison	38.84

#### EVENT 145 Girls 13/14 Yrs 200m Freestyle Team

Place	Name	Time
1	Barrow	1:59.30
	Kirkby Kavanagh	29.73
	Joanna Yates	29.53
	Clara Minnican	31.00
	Karlie Stockdale	29.04
2	Ulverston A	1:59.81
	Charlotte Hill	30.03
	Katie Louise Gunson	29.45
	Samantha E A Blundell	30.77
	Georgia Hevey	29.56
3	Kendal	2:08.19
	Hollie Rothwell	34.14
	Lucy Clarke	33.12
	Faye Rawlinson	30.19
	Justine Marshall	30.74
4	Carlisle WP	2:08.79
	Sophie McMillan	29.90
	Louise Bell	33.46
	Katie Higgins	31.79
	Lucinda Macmillan	33.64

5 City of Carlisle	2:09.66	
		Emily Richardson 30.83
		Alice McCone 33.95
		Lauren Watson 34.55
		Molly Kenwright 30.33
6 Cockermonth	2:15.64	
		Catherine Trafford 32.19
		Anna Harker 41.28
		Courtney Watson 32.69
		Anna Broadbent 29.48
7 Troutbeck Bridge	2:25.91	
		Rebekah Booth 35.51
		Alexandra Casement 35.89
		Nicole Bissland 41.86
		Laura Garrick 32.65

#### EVENT 146 Boys 13/14 Yrs 200m Freestyle Team

Place	Name	Time	
1	Barrow A	1:51.15	
			Samuel Jefferson 28.31
			Curtis Corrie 26.97
			Andrew Kerr 30.24
			Oliver Atkinson 25.63
2	City of Carlisle	1:55.51	
			Anthony Ryan 27.56
			Jack Lee 30.19
			Alistair Campbell 30.73
			Jack Kenwright 27.03
3	Copeland	2:01.33	
			Scott Bailey 28.82
			Paul Balduenza 30.20
			Ben Carhart 33.94
			Haydn Birkett 28.37
4	Carlisle WP	2:01.89	
			Andrew Robinson 29.60
			Michael Studholme 34.77
			Kieran Harrison 29.61
			Sam Routledge 27.91
5	Barrow B	2:04.74	
			Andrew McAlinden 31.12
			Joseph Singleton 30.29
			Joel Bland 31.99
			Jamie Briggs 31.34
6	Kendal	2:05.17	
			Matthew Clarke 29.51
			James Quinn 34.10
			Liam Bagge 34.22
			Calvin Dollard 27.34
7	Ulverston	2:06.55	
			Callum Bond 29.66
			Christopher Belbin 32.15
			Garth O'Brien 35.52
			Michael James Cheetham 29.22

**EVENT 149 FINAL OF Girls 11/12 Yrs 200m Medley Team**

Place	Name	Time
1	Cockermouth	2:28.24
	Rebecca Clark	36.09
	Chelsea Atkinson	44.28
	Lucy McKenzie	31.15
	Lucy Fleming	36.72
2	Troutbeck Bridge	2:28.97
	Emily Wild	37.14
	Stephanie Booth	40.18
	Amy Richardson	34.93
	Evie Russell Cohen	36.72
3	Ulverston A	2:30.39
	Rachael Morrell	38.46
	Annabel Smith	44.07
	Zarina Wilson	33.77
	Alix Knagg	34.09
4	City of Carlisle	2:32.49
	Bethany Clark	38.07
	Amber Patterson	47.02
	Ashleigh Backhouse	32.87
	Caitlin McNaughton	34.53
5	Barrow	2:33.29
	Aisling McCracken	40.19
	Ella Chester	40.89
	Ruth McEwen	38.28
	Emily Cox	33.93
6	Copeland	2:38.02
	Chloe Carr	39.33
	Anna Newlands	41.03
	Laura Moore	41.88
	Lois Carhart	35.78

**EVENT 150 FINAL OF Boys 11/12 Yrs 200m Medley Team**

Place	Name	Time
1	City of Carlisle	2:18.87
	Andrew Mullins	35.50
	Jack Richardson	39.55
	Charles McSkeane	32.20
	Ben Leighton	31.62
2	Cockermouth	2:21.07
	Thom Noonan	37.84
	Edward Baxter	39.87
	Luke Greenbank	30.88
	Christian Balmer	32.48
3	City of Carlisle B	2:32.89
	Benjamin Cornwall	41.08
	Max Graham	43.23
	Jordan Hull	36.33
	Toby Gibson	32.25
4	Workington	2:35.26
	Matthew Ivison	39.76
	C Milligan	45.49
	Elliot Routledge	35.47
	Jack Earl	34.54
5	Kendal	2:53.84
	Daniel Rhys Armstrong	43.36
	Sam Holland	48.55
	Thomas Graham	48.71
	Crispin Halcrow	33.22



Barrow A

DQ O-4L

Luke Reid 40.46  
Vincent Sue  
Joseph Sharpe  
William Adams

**EVENT 151 FINAL OF Girls 13/14 Yrs 200m Medley Team**

Place	Name	Time
1	Barrow	2:12.54
	Karlie Stockdale	33.25
	Kirkby Kavanagh	36.86
	Clara Minnican	33.37
	Joanna Yates	29.06
2	Ulverston A	2:15.00
	Katie Louise Gunson	32.98
	Charlotte Hill	37.86
	Samantha E A Blundell	33.98
	Georgia Hevey	30.18
3	Carlisle WP	2:23.18
	Katie Higgins	35.91
	Lucinda Macmillan	41.95
	Sophie McMillan	32.78
	Louise Bell	32.54
4	Kendal	2:26.25
	Faye Rawlinson	36.28
	Lucy Clarke	42.88
	Justine Marshall	33.82
	Hollie Rothwell	33.27
5	Cockermouth	2:28.04
	Catherine Trafford	35.01
	Courtney Watson	40.60
	Anna Broadbent	31.89
	Anna Harker	40.54
City of Carlisle		DQ T-1L
	Lauren Watson	
	Emily Richardson	
	Molly Kenwright	
	Alice McCone	

**EVENT 152 FINAL OF Boys 13/14 Yrs 200m Medley Team**

Place	Name	Time
1	Barrow A	2:06.51
	Andrew Kerr	33.34
	Curtis Corrie	36.33
	Oliver Atkinson	28.73
	Samuel Jefferson	28.11
2	Barrow B	2:16.60
	Andrew McAlinden	35.70
	Joel Bland	38.16
	Joseph Singleton	31.96
	Jamie Briggs	30.78
3	Copeland	2:17.67
	Haydn Birkett	31.98
	Scott Bailey	38.25
	Paul Balduenza	34.27
	Ben Carhart	33.17

4 Carlisle WP	2:20.04		
		Kieran Harrison	36.71
		Sam Routledge	36.97
		Andrew Robinson	32.43
		Michael Studholme	33.93
5 Kendal	2:23.59		
		Matthew Clarke	35.35
		Liam Bagge	43.19
		Calvin Dollard	30.07
		James Quinn	34.98
6 Ulverston	2:26.86		
		Garth O'Brien	37.04
		Michael James Cheetham	39.86
		Callum Bond	34.42
		Christopher Belbin	35.54

#### EVENT 153 FINAL OF Girls 15/16 Yrs 200m Medley Team

Place	Name	Time	
1	City of Carlisle	2:14.85	
		Carla McWilliams	33.30
		Laura Potts	38.58
		Amy Richardson	31.32
		Georgia Routledge	31.65
2	Carlisle WP	2:19.88	
		Emma Studholme	36.22
		Lucy Warwick	38.21
		Laura Ward	34.32
		Alexandra Armstrong	31.13
3	Workington	2:23.81	
		B Ivison	36.89
		Rebecca Lyall Smith	40.89
		Lorna Hughes	33.32
		D Ridley	32.71

#### EVENT 154 FINAL OF Boys 15/16 Yrs 200m Medley Team

Place	Name	Time	
1	Carlisle WP	1:58.74	
		Noel Howson	30.42
		Ryan Wilkie	35.52
		Jake Harrison	27.39
		Alex Magill	25.41
2	City of Carlisle	1:59.05	
		Harry Twentyman	29.38
		Jack Barker	31.37
		Matthew Kelly	29.44
		Alex Messenger	28.86

#### EVENT 155 FINAL OF Girls 11/12 Yrs 200m Freestyle Team

Place	Name	Time	
1	City of Carlisle	2:11.42	
		Ashleigh Backhouse	30.89
		Connie Bowman	33.67
		Bethany Clark	33.71
		Caitlin McNaughton	33.15
2	Cockermouth	2:11.49	
		Lucy McKenzie	28.53
		Lucy Fleming	37.54
		Rebecca Clark	33.64
		Chelsea Atkinson	31.78

3 Barrow	2:12.54		
		Aisling McCracken	34.01
		Emily Cox	34.48
		Ruth McEwen	34.02
		Ella Chester	30.03
4 Copeland	2:14.71		
		Chloe Carr	34.05
		Laura Moore	35.55
		Lois Carhart	36.17
		Anna Newlands	28.94
5 Troutbeck Bridge	2:14.86		
		Emily Wild	33.55
		Stephanie Booth	32.92
		Evie Russell Cohen	37.06
		Amy Richardson	31.33
6 Penrith	2:19.39		
		Lucy Mather	33.97
		Ellen Jones	33.95
		Rebecca Titterington	34.53
		Chloe Hogarth	36.94

#### EVENT 156 FINAL OF Boys 11/12 Yrs 200m Freestyle Team

Place	Name	Time	
1	City of Carlisle	2:03.34	
		Charles McSkeane	29.76
		Ben Leighton	32.06
		Jordan Hull	30.82
		Andrew Mullins	30.70
2	Cockermouth	2:08.60	
		Thom Noonan	32.21
		Edward Baxter	33.09
		Christian Balmer	33.59
		Luke Greenbank	29.71
3	City of Carlisle B	2:14.46	
		Jack Richardson	33.51
		Max Graham	32.99
		Daniel Ryan	35.43
		Toby Gibson	32.53
4	Barrow A	2:16.81	
		Vincent Sue	33.47
		Joseph Sharpe	36.09
		Luke Reid	35.03
		William Adams	32.22
5	Workington	2:18.71	
		Matthew Ivison	32.93
		Jack Earl	36.93
		C Milligan	36.37
		Elliot Routledge	32.48
6	Kendal	2:27.18	
		Daniel Rhys Armstrong	36.68
		Thomas Graham	40.97
		Sam Holland	35.88
		Crispin Halcrow	33.65

**EVENT 157 FINAL OF Girls 13/14 Yrs 200m Freestyle Team**

Place	Name	Time
1	Ulverston A	1:58.47
	Georgia Hevey	30.10
	Katie Louise Gunson	29.17
	Samantha E A Blundell	30.61
	Charlotte Hill	28.59
2	Barrow	1:58.50
	Kirkby Kavanagh	29.84
	Joanna Yates	29.23
	Clara Minnican	30.90
	Karlie Stockdale	28.53
3	Carlisle WP	2:07.50
	Sophie McMillan	30.07
	Louise Bell	33.18
	Katie Higgins	31.61
	Lucinda Macmillan	32.64
4	Kendal	2:07.89
	Hollie Rothwell	33.91
	Lucy Clarke	32.63
	Faye Rawlinson	30.43
	Justine Marshall	30.92
5	City of Carlisle	2:11.08
	Emily Richardson	31.52
	Alice McCone	34.40
	Lauren Watson	34.42
	Molly Kenwright	30.74
	Cockermouth	DQ ST-
	Catherine Trafford	
	Anna Harker	
	Courtney Watson	
	Anna Broadbent	

**EVENT 158 FINAL OF Boys 13/14 Yrs 200m Freestyle Team**

Place	Name	Time
1	Barrow A	1:51.21
	Samuel Jefferson	28.69
	Curtis Corrie	26.57
	Andrew Kerr	29.84
	Oliver Atkinson	26.11
2	City of Carlisle	1:55.41
	Anthony Ryan	27.43
	Jack Lee	30.22
	Alistair Campbell	30.85
	Jack Kenwright	26.91
3	Copeland	2:00.55
	Scott Bailey	28.74
	Paul Balduenza	29.81
	Ben Carhart	34.06
	Haydn Birkett	27.94
4	Carlisle WP	2:01.98
	Andrew Robinson	29.69
	Michael Studholme	34.61
	Kieran Harrison	30.20
	Sam Routledge	27.48
5	Barrow B	2:06.55
	Andrew McAlinden	31.27
	Joseph Singleton	31.01
	Joel Bland	32.81
	Jamie Briggs	31.46

6 Kendal		2:08.31
	Matthew Clarke	29.57
	James Quinn	37.26
	Liam Bagge	34.40
	Calvin Dollard	27.08

**EVENT 159 FINAL OF Girls 15/16 Yrs 200m Freestyle Team**

Place	Name	Time
1	City of Carlisle	2:02.40
	Amy Richardson	29.24
	Georgia Routledge	32.00
	Laura Potts	31.15
	Carla McWilliams	30.01
2	Carlisle WP	2:04.23
	Laura Ward	30.23
	Alexandra Armstrong	30.32
	Lucy Warwick	30.99
	Emma Studholme	32.69
3	Workington	2:07.45
	B Ivison	32.35
	Rebecca Lyall Smith	32.45
	D Ridley	32.69
	Lorna Hughes	29.96

**EVENT 160 FINAL OF Boys 15/16 Yrs 200m Freestyle Team**

Place	Name	Time
1	Carlisle WP	1:45.13
	Jake Harrison	25.44
	Ryan Wilkie	27.75
	Alex Magill	26.60
	Noel Howson	25.34
2	City of Carlisle	1:47.31
	Jack Barker	25.61
	Matthew Kelly	27.51
	Alex Messenger	29.49
	Harry Twentyman	24.70